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## Vairagya Shatakam with Translation

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# वैराग्यशतकम् सार्थम्

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### Document Information

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Text title : Vairagya Shatakam by bhartRihari with translation

File name : vairagya\_mean.itx

Category : shataka, major\_works, bhartrihari

Location : doc\_z\_misc\_major\_works

Transliterated by : Sunder hattangadi

Proofread by : Sunder hattangadi, P R Iyer iyerpr49 at gmail.com, kalyana krrit  
kalyanakrrit at gmail.com

Translated by : Sunder hattangadi

Description-comments : vairAgya from Bhartrihari@'s three hundred-verse sets

Latest update : January 22, 1999, June 17, 2018

Send corrections to : sanskrit at cheerful dot com

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March 24, 2024

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### वैराग्यशतकम् सार्थम्



१ तुष्णादूषणम् ।

चूडोत्तंसितचन्द्रचारुकलिकाचञ्चिछखाभास्वरो  
लीलादग्धविलोलकामशलभः श्रेयोदशाग्रे स्फुरन् ।  
अन्तःस्फूर्जदपारमोहतिमिरप्रागभारमुच्चाटयनः  
चेतःसद्बन्नियोगिनां विजयते ज्ञानप्रदीपो हरः ॥ १ ॥

1 Condemnation of Desire

To Him who appears radiant in the shimmering rays, like half-bloomed buds, of the crescent moon which ornaments His head; who sportively burned Cupid like a moth; whose presence augurs supreme well-being; who, like the sun, inwardly dispels the dense darkness of ignorance engulfing the mind; who is like a lamp of knowledge shining in the hearts of yogis; Victory to Shiva!

तुष्णा = thirst (of desire)

दूषणं = condemnation

चूड = head

उत्तंसित = made an ornament

चन्द्र = moon

चारु = beautiful

कलिका = partially opened buds

चञ्चिछखा = lambent beams

भास्वरः = shining sun

लीला = sport

दग्ध = burnt up

विलोल = unsteady

काम = passion

**शलभः** = a moth

**श्रेयोदशा** = circumstances of prosperity

**अग्रे** = in front of

**स्फुरन्** = appearing

**अन्तःस्फूर्जत्** = spreading forth in the heart

**अपार** = endless

**मोह** = ignorance

**तिमिर** = night

**प्राग्भारं** = heavy mass at the front

**उच्चाटयनः** = smites away

**चेतः** = heart

**सद्वानि** = in the temple of

**योगिनां** = of the yogi

**विजयते** = proves victorious

**ज्ञानप्रदीपः** = light of knowledge

**हरः** = Siva

**भ्रान्तं देशमनेकदुर्गविषमं प्राप्तं न किञ्चित्कलं**

**त्यक्त्वा जातिकुलाभिमानमुचितं सेवा कृता निष्फला ।**

**भुक्तं मानविवर्जितं परग्रहेष्वाशङ्कया काकवत्**

**तृष्णो जृम्भसि पापकर्मपिशुने नाद्यापि सन्तुष्यसि ॥ २ ॥**

Travelling across many difficult and dangerous places brought me no wealth; giving up pride of lineage, I have served the rich in vain, without self-respect, in others' homes; I have craved and eaten like crows in others' homes; and still, oh Desire! instigator of wicked deeds, you prosper and even then remain unsatisfied.

**भ्रान्तं** = roamed

**देशं** = places

**अनेक** = various

**दुर्ग** = difficult

**विषमं** = obstacles

**प्राप्तं** = obtained

**न** = not

**किञ्चित्** = even a little

**फलं** = result/wealth

**त्यक्त्वा** = having given up

**जाति** = birth in a caste

**कुलं** = lineage

**अभिमानं** = pride

**उचितं** = proper

**सेवा** = service

**कृता** = having performed

**निष्फला** = fruitless

**भुक्तं** = fed

**मान** = honor

**विवर्जितं** = devoid of

**परगृहेशु** = in others' homes

**आशङ्क्या** = hankering after gain

**काकवत्** = like a crow

**तृष्णो** = thirsting desire

**जृम्भसि** = increases

**पापकर्मपिशुने** = indicative of evil deeds

**न अद्य अपि** = not now even

**सन्तुष्ट्यसि** = satisfied

**उत्खातं निधिशङ्क्या क्षितितलं ध्माता गिरेद्यातवो**

**निस्तीर्णः सरितां पतिरृपतयो यद्बेन संतोषिताः ।**

**मन्त्राराधनतत्परेण मनसा नीताः इमशाने निशाः**

**प्राप्तः काणवराटकोऽपि न मया तृष्णो सकामा भव ॥ ३॥**

Digging the earth for wealth, smelting the rocks for precious metals,  
crossing the oceans, laboring to keep in favor of kings, chanting  
incantations with a totally absorbed mind in cremation sites,—brought  
me not even a broken piece of a glimmering shell. Oh Desire! therefore,

remain contented.

उत्खातं = dug

निधि = precious metals

शङ्क्या = in quest of

क्षितितलं = earth

ध्र्माता = smelted

गिरेः = stones

धातवः = precious metals

निस्तीर्णः = crossed

सरितां = oceans

पतिः = chief

नृपतयः = royal

यत्नेन = with effort

संतोषिताः = favored

मन्त्र = incantations

आराधन = worship

तत्परण = utmost effort

मनसा = mentally

नीताः = carried out

श्मशाने = cremation grounds

निशाः = nights

प्राप्तः = achieved

काणवराटकः = a broken cowrie

अपि = even

न = not

मया = by me

तृष्णो = desire

सकामा = satisfied

भव = be

खलालापाः सोदाः कथमपि तदाराधनपरैः

निगृह्यान्तर्बाष्णं हसितमपि शून्येन मनसा ।

कृतो वित्तस्तम्भप्रतिहतधियामङ्गलिरपि  
त्वमाशो मोघाशो किमपरमतो नर्तयसि माम् ॥ ४ ॥

Enduring somehow in servility the talk of the wicked; holding back tears;  
smiling with a vacant mind; bowing low to wealthy but stupid people; oh  
insatiable Desire! What other futile deeds would you have me dance in?

**खल** = wicked

**आलापाः** = talk

**सोढाः** = shabby

**कथमपि** = somehow

**तत्** = that

**आराधनपरैः** = servile attendance

**निगृह्य** = suppressing

**अन्तर्बाष्ण** = tears

**हसितं** = smiling

**अपि** = even

**शून्येन** = vacant

**मनसा** = mentally

**कृतः** = made

**वित्त** = wealth

**स्तम्भ** = inactive

**प्रतिहत** = dulled

**धियां** = intellect

**अञ्जलिः** = obeisance

**अपि** = also

**त्वं** = you

**आशो** = oh Desire!

**मोघाशो** = with hopes thwarted

**किं** = what

**अपरं** = other

**अतः** = hence

**नर्तयसि** = dance

मां = me

अमीषां प्राणानां तुलितविसिनीपत्रपयसां  
कृते किं नास्माभिर्विगलितविवेकैर्व्यवसितम् ।  
यदाढ्यानामग्रे द्रविणमदनिःसंज्ञमनसां  
कृतं वीतव्रीडैर्निजगुणकथापातकमपि ॥ ५ ॥

Our energies, as fickle as the water drops on the lotus leaf, we have spent  
with thoughtless abandon. In front of the rich, with their minds dulled by the  
arrogance of wealth, we have sinned by flattering ourselves.

अमीषां = our

प्राणानां = all the vital forces

तुलित = unsteady

विसिनी = lotus

पत्र = leaf

पयसां = water

कृते = done

किं = what

न = not

अस्माभिः = by us

विगलित = depraved

विवेकैः = conscience

व्यवसितं = performed

यत् = which

आढ्यानां = of the rich

अग्रे = in the presence

द्रविणमद = pride of wealth

निःसंज्ञ = stupefied

मनसां = minds

कृतं = committed

वीत = without

व्रीडैर् = shame

निजगुण = own virtues

**कथा** = reciting

**पातकं** = sin

**अपि** = even

**क्षान्तं न क्षमया गृहोचितसुखं त्यक्तं न संतोषतः**

**सोढा दुःसहशीतवाततपनक्लेशा न तसं तपः ।**

**ध्यातं वित्तमहर्निंशं नियमितप्राणैर्न शम्भोः पदं**

**तत्तत्कर्म कृतं यदेव मुनिभिस्तैर्स्तैः फलैर्वञ्चिताः ॥ ६ ॥**

Forgiving out of weakness, giving up comforts of the home out of lack of fulfilment, tolerating the unbearable cold, wind, heat, without fulfilling austerities, thinking of riches day and night with intense energy but not on Shiva's feet; thus have we performed the actions of the ascetic recluse, but devoid of the benefits.

**क्षान्तं** = forgiven

**न** = not

**क्षमया** = forgiveness

**गृहोचितसुखं** = comforts of home-life

**त्यक्तं** = renounced

**न** = not

**संतोषतः** = with contentment

soDhA

**दुःसह** = inclement

**शीत** = cold

**वात** = wind

**तपन** = heat

**क्लेशा** = suffered inclement weather

**न** = not

**तसं** = heated

**तपः** = austerities

**ध्यातं** = meditating

**वित्तं** = money

**अहर्निंशं** = day and night

**नियमित** = controlled

**प्राणैः** = breath and vital forces

**न** = not

**शम्भोः** = of Shiva

**पदं** = feet

**तत्तत्कर्म** = those very acts

**कृतं** = done

**यदेव** = which verily

**मुनिभिः** = by reclusive saints

**तैस्तैः** = those only

**फलैः** = of good results

**वञ्चिताः** = deprived of

**भोगा न भुक्ता वयमेव भुक्ताः**

**तपो न तसं वयमेव तस्ताः ।**

**कालो न यातो वयमेव याता-**

**स्तृणा न जीर्णा वयमेव जीर्णाः ॥ ७॥**

We have not enjoyed mundane pleasures, but ourselves have been devoured by

desires. We have not performed austerities, but got scorched ourselves, nevertheless; time is not gone but we approach the end. Desires do not wear out, only we ourselves are struck down by senility.

**भोगा** = worldly pleasures

**न** = not

**भुक्ता** = enjoyed

**वयं एव** = we ourselves

**भुक्ताः** = eaten up

**तपः** = austerities

**न** = not

**तसं** = performed

**वयं एव** = we ourselves

**तस्ताः** = burnt

कालः = time

न = not

यातः = gone

वयं एव = we ourselves

याताः = gone

तृष्णा = desire

न = not

जीर्णा = reduced

वयं = we

एव = alone

जीर्णाः = aged

वलीभिर्मुखमाक्रान्तं पलितेनाङ्कितं शिरः ।

गात्राणि शिथिलायन्ते तृष्णौका तरुणायते ॥ ८॥

Face covered with wrinkles, the head painted white with gray hair, the limbs feeble, and yet Desire alone stays youthful.

वली = with wrinkles

मुखं = face

आक्रान्तं = attacked

पलितेन = grey hair

अङ्कितं = painted white

शिरः = head

गात्राणि = limbs

शिथिलायन्ते = enfeebled

तृष्णौका = desire alone

तरुणायते = rejuvenating

निवृत्ता भोगेच्छा पुरुषबहुमानोऽपि गलितः

समानाः स्वर्याताः सपदि सुहृदो जीवितसमाः ।

शनैर्यष्टुत्थानं धनतिमिररुद्धे च नयने

अहो मूढः कायस्तदपि मरणापायचकितः ॥ ९॥

With desires receding, even much respect of many dropping away, dear

friends close to my heart fleeing to heaven, standing up slowly with the help of a stick, eyesight darkened by cataracts,—even then the body in its stupidity, wonders at the prospect of death!

**निवृत्ता** = receded

**भोगेच्छा** = desire for pleasures

**पुरुष** = person

**बहुमानः** = respect

**अपि** = also

**गलितः** = lost

**समानाः** = compeers

**स्वर्यांताः** = gone to heaven

**सपदि** = swiftly

**सुहृदः** = dear friends

**जीवितसमाः** = as much as life

**शनैः** = slowly

**यस्थुत्थानं** = raise oneself slowly with the help of a staff

**घनतिमिररुद्धे** = covered by dense cataracts

**च** = and

**नयने** = eyes

**अहो** = alas

**मूढः** = stupidity

**कायः** = the body

**तदपि** = even then

**मरणापायचकितः** = wonders at the thought of death

आशा नाम नदी मनोरथजला तुष्णातरञ्जाकुला

रागग्राहवती वितर्कविहगा धैर्यदुमध्वंसिनी ।

मोहावर्तसुदुस्तरातिगहना प्रोत्तुञ्जनिन्तातटी

तस्याः पारगता विशुद्धमनसो नन्दन्ति योगीश्वराः ॥ १० ॥

Hope, like a river, with fantasies as water, agitated by waves of desires; attachments to various objects serving as prey; abounding in thoughts of greed, like birds; destroying the foes of courage; surrounded by eddies of ignorance

deep and difficult to cross; with precipitous banks of anxiety—such a river  
the perfected yogis of pure minds, cross to enjoy beatitude.

**आशा** = hope

**नाम** = named

**नदी** = river

**मनोरथजला** = of the water of desires

**तृष्णा** = passions

**तरङ्ग** = waves

**आकुला** = raging

**रागग्राहवती** = grasped by attachments to objects

**वितर्क** = scheming thoughts (of greed)

**विहगा** = birds

**धैर्य** = courage

**द्रुम** = tree

**ध्वंसिनी** = destroyer

**मोहावर्त** = whirlpools of ignorance

**सुदुस्तर** = impassable

**अति** = great

**गहना** = deep

**प्रोत्तुङ्ग** = precipitous

**चिन्ता** = anxiety

**तटी** = banks

**तस्याः** = their

**पारगताः** = cross beyond

**विशुद्ध** = purified

**मनसः** = mind

**नन्दन्नि** = enjoy

**योगीश्वराः** = great yogis

**विषयपरित्यागविड्भ्वना ।**

**न संसारोत्पन्नं चरितमनुपश्यामि कुशलं**

**विपाकः पुण्यानां जनयति भयं मे विमृशतः ।**

**महद्दिः पुण्यौद्यैश्चिरपरिगृहीताश्च विषया**  
**महान्तो जायन्ते व्यसनमिव दातुं विषयिणाम् ॥ ११ ॥**

I do not see true well-being accruing from actions repeated life after life in this world. On deep thought, I find it fearsome this collection of merits. By this great store of merits further enjoyments can be procured. Attachment to

pleasures only brings more misery.

**विषय** = sensual objects

**परित्याग** = giving up

**विडम्बना** = futile efforts

**न** = not

**संसारोत्पन्नं** = produced through life after life

**चरितं** = performed

**अनुपश्यामि** = see

**कुशलं** = well-being

**विपाकः** = accumulation

**पुण्यानां** = of virtues

**जनयति** = engenders

**भयं** = fear

**मे** = in me

**विमृशतः** = on deep thinking

**महद्दिः** = by great

**पुण्य** = merit

**ओद्यैः** = stream

**चिर** = constant

**परिगृहिताः** = earned

**च** = and

**विषया** = sensual pleasures

**महान्तः** = greatly

**जायन्ते** = produces

**व्यसनमिव** = misery

**दातुं** = giving

**विषयिणां** = those attached to pleasures

**अवश्यं यातारश्चिरतरमुषित्वापि विषया**

**वियोगे को भेदस्त्यजति न जनो यत्स्वयममून् ।**

**ब्रजन्तः स्वातन्त्र्यादतुल्परितापाय मनसः:**

**स्वयं त्यक्ता ह्येते शमसुखमनन्तं विदधति ॥ १२ ॥**

Sensual pleasures will surely leave us sometime, even if they stay with us for a long time. Then, what difference does it make if the people discard them by their own choice? The mind is sorely afflicted if pleasures leave us of their own accord. However, if people renounce them voluntarily, such self-control gives infinite bliss.

**अवश्यं** = certainly

**यातारः** = gone

**चिरतरं** = long time

**उषित्वापि** = even after staying

**विषया** = sensual pleasures

**वियोगे** = departure

**कः** = what

**भेदः** = difference

**त्यजति** = give up

**न** = not

**जनः** = people

**यत्स्वयममून्** = that of their own accord

**ब्रजन्तः** = leave

**स्वातन्त्र्यात्** = on their own

**अतुल** = incomparable

**परितापाय** = misery

**मनसः** = mental

**स्वयं** = by themselves

**त्यक्ता** = give up

**ह्येते** = verily these

**शम** = self-control

**सुखं** = happiness

**अनन्तं** = infinite

**विदधति** = specially give

**ब्रह्मज्ञानविवेकनिर्मलधियः कुर्वन्त्यहो दुष्करं**

**यन्मुञ्चन्त्युपभोगभाङ्गपि धनान्येकान्ततो निःस्पृहाः ।**

**सम्प्राप्तान्नं पुरा न सम्प्रति न च प्राप्तौ दृढप्रत्ययान्**

**वाञ्छामात्रपरिग्रहानपि परं त्यकुं न शक्ता वयम् ॥ १३ ॥**

Ah! knowledge of Reality gained by discrimination through purified intellect must be difficult. For it results from the absolute renunciation of desires which wealth enabled them to enjoy. The same obtained in the past or present, or to be obtained in the future, we are unable to renounce, though they remain as mere longings.

**ब्रह्मज्ञान** = knowledge of supreme reality

**विवेक** = discrimination

**निर्मल** = pure

**धियः** = minds

**कुर्वन्ति** = do

**अहो** = ah!

**दुष्करं** = difficult to achieve

**यत्** = which

**मुञ्चन्त्य्** = discard

**उपभोगभाङ्गपि** = bringing enjoyment

**धनानि** = wealth

**एकान्ततः** = wholly

**निःस्पृहाः** = those devoid of craving

**सम्प्राप्तान्नं** = not obtained

**पुरा** = in the past

**न** = not

**सम्प्रति** = in the present

**न** = not

च = and

प्राप्तौ = obtained

दृढ़ = firm

प्रत्ययान् = conviction

वाञ्छामात्र = desiring

परिग्रहानपि = to obtain

परं = lasting

त्यकुं = to give up

न = not

शक्ता = able

वयं = we

धन्यानां गिरिकन्द्ररेषु वसतां ज्योतिः परं ध्यायतां

आनन्दश्रुकणापिवन्ति शकुना निःशङ्कमङ्केशयाः ।

अस्माकं तु मनोरथोपरचितप्रासादवापीतट-

क्रीडाकाननकेलिकौतुकजुषामायुः परं क्षीयते ॥ १४ ॥

Blessed are they who live in mountain-caves, meditating on the Supreme Light,  
with the birds fearlessly sitting on their laps drinking the tears of joy.

Our life fades away, revelling in fantasies in palaces or on the banks  
of refreshing ponds, or in pleasure gardens.

धन्यानां = blessed

गिरिकन्द्ररेषु = in mountain-caves

वसतां = living

ज्योतिः = light

परं = supreme

ध्यायतां = meditating

आनन्द = joy

अश्रुकणान् = tear drops

पिवन्ति = drink

शकुना = birds

निःशङ्क = without fear

अङ्केशयाः = sitting on laps

अस्माकं = our

तु = indeed

मनोरथ = fantasies

उपरचित = created

प्रासाद = palaces

वापीतट- = on banks of waters

क्रीडा = sport

काननकेलिकौतुक = pleasure gardens

जुषां = fast

आयुः = life

परं = fast

क्षीयते = weakens ..14..

भिक्षाशनं तदपि नीरसमेकवारं

शस्या च भूः परिजनो निजदेहमात्रम् ।

वस्त्रं विशीर्णशतखण्डमयी च कन्था

हा हा तथापि विषया न परित्यजन्ति ॥ १५॥

For eating I have tasteless food once a day, after begging of alms; the earth for a bed, and my own body as a servant; for dress, a blanket made from hundreds of rags; and yet alas! sensual desires do not leave me!

भिक्षाशनं = food by begging

तदपि = that too

नीरसं = tasteless

एकवारं = once a day

शस्या = bed

च = and

भूः = earth

परिजनः = attendants

वस्त्रं = dress

विशीर्ण = worn out

शतखण्डमयी = torn in hundred pieces

च = and

कन्था = patched up

हा = alas

हा = alas

तथापि = even then

विषया = sensual craving

न = not

परित्यजन्ति = give up

स्तनौ मांसग्रन्थी कनककलशावित्युपमितौ

मुखं श्लेष्मागारं तदपि च शशाङ्केन तुलितम् ।

स्रवन्मूत्रक्षीनं करिवरशिरस्पर्धि जघनं

मुहुर्निन्द्यं रूपं कविजनविशेषैर्गुरु कृतम् ॥ १६ ॥

The poets give such metaphors as golden vessels to the breasts which are but two lumps of flesh; the mouth, seat of phlegm and mucus, are compared to

the moon; the loins, outlet for wet urine, are likened to the forehead of an elephant; thus glorifying the human form that is always contemptible.

स्तनौ = breasts

मांसग्रन्थी = lumps of flesh

कनककलशावित्युपमितौ = compared to golden jugs

मुखं = mouth

श्लेष्म = saliva/phlegm

अगारं = seat

तदपि = yet

च = and

शशाङ्केन = to the moon

तुलितं = compared to

स्रवन् = flowing

मूत्र = urine

क्षीनं = fouled

करिवर = elephant

**शिर** = head

**स्पर्धि** = likened to

**जघनं** = hip and loins

**मुहुर्निन्द्यं** = ever despicable

**रूपं** = form

**कविजन** = poets

**विशेषैः** = especially

**गुरु** = great

**कृतं** = done

एको रागिषु राजते प्रियतमादेहार्धहारी हरे

नीरागेषु जनो विमुक्तललनासङ्गे न यस्मात्परः ।

दुर्वारस्मरबाणपन्नगविषव्याविद्धमुग्धो जनः

शेषः कामविडम्बितान्न विषयान्मोक्षं न मोक्षमः ॥ १७॥

Uniquely great is Shiva among the sensuous, for he shares half the body with His beloved; among the dispassionate no one excels Him in detachment from women.

Rest of the people, stunned in infatuation by Cupid's irresistible arrows tipped with serpent poison, can neither enjoy their desires nor give them up at will.

**एकः** = one, unique

**रागिषु** = sensual

**राजते** = stands out

**प्रियतमा** = beloved

**देह** = body

**अर्धहारी** = sharing

**हरः** = Siva

**नीरागेषु** = among the dispassionate

**जनः** = people

**विमुक्त** = free

**ललना** = woman

**सङ्गः** = company

**न** = not

**यस्मात्** = from which

**परः** = superior

**दुर्वारस्मर** = irresistible, Cupid

**बाण** = arrow

**पन्नग** = snake

**विष** = poison

**व्याविद्ध** = smitten

**मुण्धः** = stupefied

**जनः** = people

**शेषः** = rest

**कामविडम्बितान्** = infatuated by love

**न** = not

**विषयान्मोक्षुं** = enjoying desires

**न** = not

**मोक्षुं** = give up

**क्षमः** = able

अजानन्दाहात्म्यं पततु शलभस्तीव्रदहने

स मीनोऽप्यज्ञानाद्विशयुतमश्चात् पिशितम् ।

विजानन्तोऽप्येते वयमिह विपज्जालजटिलान्

न मुच्चामः कामानहह गहनो मोहमहिमा ॥ १८॥

Like a moth falling in fire, not knowing its burning power; or like the fish caught in ignorance by the baited hook; we, despite knowing the dangers, do not

renounce sensual pleasures. Oh! how profound is the glory of delusion!

**अजानन्** = not knowing

**दाहात्म्यं** = burning power

**पततु** = falls

**शलभः** = moth

**तीव्र** = glowing

**दहने** = in fire

**स** = that

**मीनः** = fish

**अपि** = also

**अज्ञानाद्** = due to ignorance

**वडिश** = fish-hook

**युतं** = with

**अश्वातु** = fish also due to ignorance eats from the hook

**पिशितं** = bait

**विजानन्तः** = intellectual understanding

**अपि** = even

**एते** = herewith

**वयमिह** = we here

**विपज्जालजटिलान्** = complex and dangerous

**न** = not

**मुञ्चामः** = give up

**कामानहह** = sensuality

**गहनः** = profound

**मोहमहिमा** = power of delusion

**तृष्णा शुष्प्रत्यास्ये पिबति सलिलं शीतमधुरं**

**क्षुधार्तः शाल्यान्नं कवलयति मांसादिकलितम् ।**

**प्रदीप्ते कामामौ सुट्टरमालिङ्गति वधूं**

**प्रतीकारं व्याधेः सुखमिति विपर्यस्यति जनः ॥ १९ ॥**

When the mouth is parched with thirst, a person drinks cool and sweet water; when smitten with hunger the person eats rice, flavored with meat et cetera.; when afire with passion, he embraces the wife with great firmness; thus, joy is the remedying of these diseases(thirst,hunger,lust), and yet how much distress

in these remedies!

**तृष्णा** = thirst

**शुष्प्रत्** = parched

**आस्ये** = mouth

**पिबति** = drinks

**सलिलं** = water

**शीत** = cold

**मधुरं** = refreshing

**क्षुधार्तः** = hunger-stricken

**शात्यानं** = cooked food

**कवलयति** = eats

**मांसादिकलितं** = made delicious by adding meat, etc.

**प्रदीपे** = aroused

**कामाश्वौ** = fiery desire

**सुदृढतरं** = very firmly

**आलिङ्गति** = embraces

**वधूं** = wife

**प्रतीकारं** = opposing

**व्याघेः** = diseases

**सुखमिति** = happiness

**विपर्यस्यति** = upset

**जनः** = persons

**तुङ्गं वेश्म सुताः सतामभिमताः संरव्यातिगाः सम्पदः**

**कल्याणी दयिता वयश्च नवमित्यज्ञानमूढो जनः ।**

**मत्वा विश्वमनश्वरं निविशते संसारकारागृहे**

**संदृश्य क्षणभंगुरं तदरिखिलं धन्यस्तु संन्यस्यति ॥ २० ॥**

Owning towering mansions, with sons honored by the learned and wealthy; with a charitable and youthful wife, the ignorant people regard this world as permanent, and enter this prison of repeated cycles of birth and death. Blessed indeed is one who sees the momentary transience and renounces it.

**तुङ्गं** = tall

**वेश्म** = mansions

**सुताः** = sons

**सतामभिमताः** = honored by the learned

संख्यातिगः = immeasurable

सम्पदः = wealth

कल्याणी = beneficent

दयिता = charitable

वयः = age

च = and

नवं = young

इति = thus

अज्ञान = ignorance

मूढः = deluded

जनः = persons

मत्वा = thinking

विश्वं = world

अनश्वरं = permanent

निविशते = regard

संसार = world cycles (creation-dissolution)

कारागृहे = prison

संदृश्य = having seen

क्षणभंगुरं = momentariness

तद्रिखिलं = all that

धन्यस्तु = blessed indeed

संन्यस्यति = renounces

याज्ञादैन्यदूषणम् ।

दीना दीनमुखैः सदैव शिशुकैराकृष्टजीर्णाम्बरा

क्रोशद्धिः क्षुधितैर्निरन्नविधुरा दृश्या न चेद्देहिनी ।

याज्ञाभज्जभयेन गद्दगलच्छुट्याद्विलीनाक्षरं

को देहीति वदेत्स्वदग्धजठरस्यार्थं मनस्वी पुमान् ॥ २१ ॥

Distressed, misery written on her face, constantly tugged at her worn-out clothes by hungry, crying children—if one were to see such a wife, what wise <sup>¶</sup> person, smitten with hunger, with a choked and faltering voice, would say Give me, fearing refusal of his entreaty?

**याच्चा** = supplicant attitude

**दैन्य** = poverty

**दूषणं** = condemnation

**दीना** = suffering

**दीनमुखैः** = piteous faces

**सदैव** = always

**शिशुकैः** = by children

**आकृष्ट** = pulling

**जीर्ण** = worn out

**अम्बरा** = clothes

**क्रोशाद्धिः** = crying

**क्षुधितैर्निरन्त्रविघुरा** = hungry without food

**दृश्या** = seeing

**न** = not

**चेद्** = if it be

**गोहिनी** = one's wife

**याच्चा** = request

**भङ्ग** = refusal

**भयेन** = fear of

**गद्ददगलत्** = choking

**तुख्यद्** = faltering

**विलीन** = jumbled

**अक्षरं** = voice

**कः** = who

**देहीति** = give me, thus

**वदेत्** = speaks

**स्व** = one's own

**दग्ध** = on fire

**जठरस्य** = of the stomach

**अर्थे** = for the sake of

**मनस्वी** = wise

**पुमान्** = man

अभिमतमहामानग्रन्थप्रभेदपटीयसी  
गुरुतरगुणयामाभोजस्फुटोज्ज्वलचन्द्रिका ।  
विपुलविलसल्लज्जावल्लीवितानकुठारिका  
जठरपिठरी दुष्घूरेयं करोति विडम्बनम् ॥ २२ ॥

Clever in undoing the knots of self-respect; like the moonlight brightly shining on the lotus of virtues; like a hatchet cutting off the lush creepers of our vaunted modesy— such is the hard mockery of filling the pit of the stomach

अभिमतमहामानग्रन्थप्रभेदपटीयसी = fond self-respect,like  
knots,being cleverly cut

गुरुतरगुणयामाभोजस्फुटोज्ज्वलचन्द्रिका = greatly valued  
virtues of the lotus in bright moonlight

विपुलविलसल्लज्जावल्लीवितानकुठारिका = great modesty,growing  
abundantly like creepers, cut by a scythe

जठरपिठरी = pit of the stomach

दुष्घूरेयं = hard to fill

करोति = do

विडम्बनं = undoing

पुण्ये ग्रामे वने वा महाति सितपटच्छन्नपालिं कपालिं

द्यादाय न्यायगर्भद्विजहृतहृतभुग्धूमधूमोपकणे ।

द्वारं द्वारं प्रविष्टो वरमुदरदरीपूरणाय क्षुधार्तो

मानी प्राणैः सनाथो न पुनरनुदिनं तुल्यकुल्येषु दीनः ॥ २३ ॥

Wandering in holy places or extensive forests, whose outskirts are grey with smoke of fires tended by priests expert in rituals; a begging bowl in hand covered with a white cloth; entering from door to door to appease the distressing

hunger by filling the stomach and sustaining the energy, is preferred by a self-respecting person to being a beggar among his compeers every day.

पुण्ये = holy

**ग्रामे** = places  
**वने** = forests  
**वा** = or  
**महति** = great  
**सित** = white  
**पटच्छन्नपालिं** = cloth covering  
**कपालिं** = begging bowl  
**हि** = indeed  
**आदाय** = taking  
**न्यायगर्भ** = experts in rituals  
**द्विज** = brahmanas  
**हुतहुतभुग्** = sacrificial fires  
**धूम** = smoke  
**धूम्र** = grey  
**उपकण्ठे** = periphery  
**द्वारं** = door  
**द्वारं** = door  
**प्रविष्टः** = enter  
**वरं** = man of self respect  
**उदरदरी** = cavity of the stomach  
**पूरणाय** = filling  
**क्षुधार्तः** = craving with hunger  
**मानी** = self-respecting  
**प्राणैः** = energies  
**सनाथः** = preserved  
**न** = not  
**पुनरनुदिनं** = day to day  
**तुल्यकुल्येषु** = among one's peers  
**दीनः** = beggar  
  
**गङ्गातरङ्गकणशीकरशीतलानि**  
**विद्याधराध्युषितचारुशिलातलानि ।**

स्थानानि किं हिमवतः प्रलयं गतानि  
यत्सावमानपरपिण्डरता मनुष्याः ॥ २४ ॥

Have the Himalayan ranges, cooled by the fine spray from the waves of the Ganges,  
and with the beautiful rocky plateaus habited by celestial musicians, dissolved  
and disappeared, prompting people to disgrace themselves by depending on others  
for their livelihood?

**गङ्गातरङ्गः** = waves of Ganges

**कण** = minute bits

**शीकर** = spray

**शीतलानि** = cool

**विद्याधर** = celestial beings expert in the arts

**अध्युषित** = inhabited

**चारु** = beautiful

**शिला** = rock

**तलानि** = plateaus

**स्थानानि** = places

**किं** = why

**हिमवतः** = rocky

**प्रलयं** = destruction

**गतानि** = gone

**यत्** = which

**सावमान** = humiliated

**परपिण्डरता** = dependent on others

**मनुष्याः** = human beings

कि कन्दा: कन्दरेभ्यः प्रलयमुपगता निर्झरा वा गिरिभ्यः  
प्रधस्ता वा तरुभ्यः सरसफलभृतो वल्कलिन्यश्च शाखाः ।  
वीक्ष्यन्ते यन्मुखानि प्रसभमपगतप्रश्रयाणां खलानां  
दुःखासस्वल्पवित्तस्मयपवनवशान्नर्तिं ब्रूलतानि ॥ २५ ॥

Have the roots and herbs from the caves gone out of existence, or have the streams disappeared from the mountains, or have the trees yielding succulent fruits on their branches and barks from their trunks been destroyed, which would lead these wicked folks, destitute of good breeding, to show their faces, with eyebrows dancing like wind-blown creepers due to arrogance of laboriously earning their meager livelihood?

किं = is it

**कन्दः:** = roots/herbs

**कन्दरेभ्यः:** = from caves

**प्रलयमुपगता** = disappeared

**निझरा** = streams

**वा** = or

**गिरिष्यः:** = from mountains

**प्रचस्ता** = destroyed

**वा** = or

**तरुभ्यः:** = from trees

**सरस** = juicy

**फल** = fruits

**भृतः:** = bearing

**वत्कलिन्यः:** = giving barks

**च** = and

**शाखाः:** = branches

**वीक्ष्यन्ते** = gone

**यन्मुखानि** = whose faces

**प्रसर्वं** = extremely

**अपगत** = devoid of

**प्रश्रयाणां** = good breeding

**खलानां** = wicked

**दुःख** = misery

**आस** = acquired

**स्वत्प्य** = little

**वित्त** = wealth

**स्मय** = arrogance

**पवन** = wind

**वशान्** = moved by

**नर्तित** = dancing

**भ्रू** = eye-brow

**लतानि** = creepers

पुण्यैर्मूलफलैस्तथा प्रणयिनीं वृत्तिं कुरुष्वाधुना

भूशाय्यां नवपल्लवैरकृपणैरुत्तिष्ठ यावो वनम् ।

क्षुद्राणामविवेकमूढमनसां यत्रेश्वराणां सदा

वित्तव्याधिविकारविहृलगिरां नामापि न श्रूयते ॥ २६ ॥

Now, accepting lovingly the sacred roots and fruits for sustenance and the earth covered with fresh leaves of branches for a bed, let us go forth to the forest, where people whose minds are mean and devoid of discretion, and who always talk excruciatingly of the afflictions of wealth, are not even heard from.

**पुण्यैः** = sacred

**मूल** = roots

**फलैः** = fruits

**तथा** = therefore

**प्रणयिनीं** = enjoyable

**वृत्तिं** = attitude

**कुरुष्व** = make

**अधुना** = now

**भूशाय्यां** = the earth as a bed

**नव** = new

**पल्लवैः** = leaves

**अकृपणैः** = without grief

**उत्तिष्ठ** = arise

**यावः** = go

**वनं** = forest

**क्षुद्राणां** = of the trivial

**अविवेक** = unintelligent

**मूढ़** = stupid

**मनसां** = minds

**यत्रेश्वराणां** = where, of the rich

**सदा** = always

**वित्त** = wealth

**व्याधि** = afflictions

**विकार** = unfavorable changes

**विह्ल** = excruciating

**गिरां** = talk

**नामापि** = even the name

**न** = not

**श्रूयते** = heard

**फलं स्वेच्छालभ्यं प्रतिवनमखेदं क्षितिरुहां**

**पयः स्थाने स्थाने शिशिरमधुरं पुण्यसरिताम् ।**

**मृदुस्पर्शा शश्या सुललितलतापल्लवमयी**

**सहन्ते सन्तापं तदपि धनिनां द्वारि कृपणाः ॥ २७॥**

With fruits available at will in every forest, and cool, sweet water from holy streams in every place, and a bed made of tender leaves and twigs, still these miserable people endure sorrow at the gates of the rich.

**फलं** = fruit

**स्वेच्छा** = at will

**लभ्यं** = got

**प्रतिवनं** = in every forest

**अखेदं** = without sorrow

**क्षितिरुहां** = walk on the earth

**पयः** = water

**स्थाने** = place

**स्थाने** = place

**शिशिरमधुरं** = cool, sweet

**पुण्यसरितां** = holy streams

**मृदुस्पर्शा** = soft to touch

शस्या = bed

सुलिलित = tender

लता = creepers

पळ्वमयी = made of twigs

सहन्ते = suffer

सन्तापं = grief

तदपि = still

धनिनां = of the wealthy

द्वारि = at the doors

कृपणाः = pitiable

ये वर्तन्ते धनपतिपुरः प्रार्थनादुःखभाजो

ये चाल्पत्वं दधति विषयाक्षेपपर्यासबुद्धेः ।

तेषामन्तःस्फुरितहसितं वासराणि स्मरेयं

ध्यानच्छेदे शिखरिकुहरग्रावशस्यानिषण्णः ॥ २८॥

Those who grovel before the rich, and those given to meanness with their reason

satisfied with mere sensual pleasures, may I recall their days of plight with an inner smile, while lying down on a stone-bed in a mountain-cave, during lulls

in-between meditation.

ये = who

वर्तन्ते = behave

धनपतिपुरः = rich

प्रार्थना = supplication

दुःखभाजः = suffering misery

ये = who

चाल्पत्वं = and meanness

दधति = given to

विषय = sensual pleasures

आक्षेपपर्यास = contented

बुद्धेः = minds

तेषां = their

अन्तःस्फुरित = inwardly arising

हसितं = smiling

वासराणि = days

स्मरेयं = remember

ध्यानच्छेदे = in intervals of meditation

शिखरि = on the mountain

कुहर = cave

ग्रावशस्या = bed of stone

निषण्णः = lying

ये सन्तोषनिरन्तरप्रमुदितास्तेषां न भिन्ना मुदो

ये त्वन्ये धनलुब्धसंकुलधियस्तेषां न तृष्णा हता ।

इत्थं कर्त्य कृते कृतः स विधिना कीट्कपदं सम्पदं

स्वात्मन्येव समाप्तहेममहिमा मेरुन मे रोचते ॥ २९॥

The joy of those who are contented remains uninterrupted, while those greedy for

wealth and with confused reason never have their cravings killed. Therefore, for

what purpose did the Creator bring into existence the Meru mountain of infinite

riches, which serves only to glorify itself? I have no taste for it.

ये = they

सन्तोष = contentement

निरन्तर = uninterrupted

प्रमुदितः = felicitous

तेषां = their

न = not

भिन्ना = interrupted

मुदः = happy

ये = they

त्वन्ये = others

धन = wealth  
 लुभ्य = greed  
 संकुल = confounded  
 धियः = reason  
 तेषां = of those  
 न = not  
 तृष्णा = thirst, craving  
 हता = killed  
 इत्थं = such  
 कस्य = whose  
 कृते = done  
 कृतः = finished  
 स = that  
 विधिना = by the Creator  
 कीट्टकपदं = thus  
 सम्पदां = wealth  
 स्वात्मन्येव = in itself  
 समाप्त = end  
 हेम = gold  
 महिमा = glory  
 मेरुर्न = not Meru (mountain of gold)  
 मे = to me  
 रोचते = like

भिक्षाहारमदैन्यमप्रतिसुखं भीतिच्छिदं सर्वतो  
 दुर्मात्सर्यमदाभिमानमथनं दुःखोघविघ्वंसनम् ।  
 सर्वत्रान्वहमप्रयत्नसुलभं सायुप्रियं पावनं  
 शम्मोः सत्रमवार्यमक्षयनिधिं शंसन्ति योगीश्वराः ॥ ३० ॥

Food obtained by begging alms is not humiliating, gives joy that is not dependent on fulfilling others' needs, and is totally devoid of fear. It destroys envy, arrogance, pride, impatience, and the stream of miseries. It is easily available everywhere, without great effort, and

regarded as sacred by holy persons. It is like Shiva's feeding house, ever accessible and inexhaustible. Thus do the perfected yogis describe it.

**भिक्षा** = alms

**आहारं** = food

**अदैन्यं** = not humiliating

**अप्रतिसुखं** = pleasure, not dependent(earning,social duty,etc)

**भीतिच्छिदं** = devoid of fear

**सर्वतः** = totally

**दुर्मात्सर्य** = wicked envy

**मद्** = arrogance

**अभिमान** = pride

**मथनं** = destruction

**दुःख** = sorrow

**ओच** = flow

**विघ्वसनं** = removal

**सर्वत्र** = everywhere

**अन्वहं** = everyday

**अप्रयत्न** = with little effort

**सुलभं** = easily

**साधुप्रियं** = dear to the holy persons

**पावनं** = purifying

**शम्भोः** = Siva's

**सत्रं** = feeding house

**अवार्यं** =accessible

**अक्षयनिधिं** = inexhaustible

**शंसन्ति** = praise

**योगीश्वराः** = perfected yogis

**भोगास्थैर्यवर्णनम् ।**

**भोगे रोगभयं कुले च्युतिभयं वित्ते नृपालाद्धयं**

**माने दैन्यभयं बले रिपुभयं रूपे जराया भयम् ।**

शास्त्रे वादिभयं गुणे खलभयं काये कृतान्ताद्ययं  
सर्वं वस्तु भयान्वितं भुवि नृणां वैराग्यमेवाभयम् ॥ ३१ ॥

#### 4 Description of the transiency of Enjoyments:

There is fear of disease in the enjoyment of sensual pleasures; in lineage, fear of decline; in riches, fear of kings; fear of humiliation in honor; fear of enemies when in power; fear of old age in beauty; in learning, fear of disputants; in virtue, fear of the wicked; in body, fear of death. All facets of man's life on earth engender fear; renunciation alone is fearless.

**भोग** = enjoyments

**अस्थैर्य** = trasitoriness

**वर्णनं** = description

**भोगे** = in enjoyment

**रोग** = disease

**भयं** = fear

**कुले** = in lineage

**च्युतिभयं** = fear of disgrace

**वित्ते** = in wealth

**नृपालाद्ययं** = fear of more powerful kings

**माने** = in honor

**दैन्यभयं** = dishonor

**बले** = in strength

**रिपुभयं** = fear of enemies

**रूपे** = in beauty

**जराया** = old age

**भयं** = fear

**शास्त्रे** = in scriptural knowledge

**वादिभयं** = fear of debaters

**गुणे** = in virtue

**खलभयं** = fear of the wicked

**काये** = in body

कृतान्ताद्धयं = fear of death

सर्वं = all

वस्तु = existece

भयान्वितं = pervaded by fear

भुवि = in this world

नृणां = of persons

वैराग्यं = renunciation

एव = alone

अभयं = fearless

आक्रान्तं मरणेन जन्म जरसा चात्यज्ज्वलं यौवनं

सन्तोषो धनलिप्सया शमसुखं प्रौढाङ्गनाविभ्रमैः ।

लोकैर्मत्सरिभिर्गुणा वनभुवो व्यालैर्नृपा दुर्जनैः

अस्थैर्येण विभूतयोऽप्युपहता ग्रस्तं न किं केन वा ॥ ३२ ॥

Birth is attacked by death, and bright youth by old age; contentment by greed for wealth; peace of mind by seductive women; virtues by the envy of others; forests by beasts of prey; kings by the unscrupulous; and even fame by transitoriness. Is there anything on earth that is not afflicted by something?

आक्रान्तं = attacked

मरणेन = by death

जन्म = birth

जरसा = by old age

च = and

अति = exceedingly

उज्ज्वलं = bright

यौवनं = youth

सन्तोषः = joy

धनलिप्सया = by greed

शमसुखं = joy of self-control

प्रौढ = clever

अङ्गना = women

विभ्रमैः = wiles  
 लोकैः = people's  
 मत्सरिभिः = envy  
 गुणा = virtues  
 वनभूवः = forests  
 व्यालैः = by beasts of prey

नृपा दुर्जनैः = kings by the unscrupulous

अस्थैर्यं = by transience  
 विभूतयः = powers  
 अपि = even

उपहता = destroyed

ग्रस्तं = afflicted by

न = not

किं = what

केन = by what

वा = indeed

आधिक्याधिशतैर्जनस्य विविधैरारोग्यमुन्मूल्यते  
 लक्ष्मीर्यत्र पतन्ति तत्र विवृतद्वारा इव व्यापदः ।  
 जातं जातमवश्यमाशु विवशं मृत्युः करोत्यात्मसात्  
 तत्किं तेन निरङ्कुशेन विधिना यन्निर्मितं सुस्थिरम् ॥ ३३ ॥

Hundreds of varieties of illness root out health of people. Adversities find an open door wherever Laxmi, Goddess of Wealth, is present. Whatever is born, Death is sure to make it powerless and absorb it into itself, again and again.

Then what has the Creator made that can be regarded as stable?

आधिक्याधिशतैः = hundreds of ailments

जनस्य = of people

विविधैः = various

आरोग्यं = health

उन्मूल्यते = destroyed

लक्ष्मीः = where the Goddess of wealth

यत्र = where

पतन्ति = lurk

तत्र = there

विवृत = open

द्वारा = doors

इव = as if

व्यापदः = perils

जातं = born

जातं = born

अवश्यं = surely

आशु = very soon

विवशं = powerless

मृत्युः = death

करोति = makes

आत्मसात् = its own

तत्किं = then, what

तेन = by him

निरङ्कुशेन = absolute

विधिना = by the Creator

यन्निर्मितं = whatever is created

सुस्थिरं = stable

भोगास्तुङ्गतरङ्गभङ्गतरलाः प्राणाः क्षणध्वंसिनः

स्तोकान्येव दिनानि यौवनसुखस्फूर्तिः प्रियासु स्थिता ।

तत्संसारमसारमेव निखिलं बुद्धा बुधा बोधकाः

लोकानुग्रहपेशलेन मनसा यतः समाधीयताम् ॥ ३४ ॥

Sensual pleasures are transient like the breaking of high waves. Life can end in a moment. Youthful cheerfulness in infatuation lasts only a few days. Wise teachers, having realised that the whole revolving wheel of life is lacking in true worth, strive to achieve equanimity for the benefit of the people.

भोगाः = enjoyments

तुङ्ग = high

तरङ्ग = waves

भङ्ग = broken  
 तरलाः = unstable  
 प्राणाः = life  
 क्षण = moment  
 ध्वंसिनः = destroyed  
 स्तोकान्येव = few, indeed  
 दिनानि = days  
 यौवन = youth  
 सुखस्फूर्तिः = buoyancy of happiness  
 प्रियासु = loved ones  
 स्थिता = stays  
 तत् = that  
 संसारं = wheel of existence  
 असारं = that wheel of life, with no substance  
 एव = verily  
 निखिलं = all  
 बुद्धा = knowing  
 बुद्धा = wise ones  
 बोधकाः = preachers  
 लोक = humanity  
 अनुग्रह = benefit  
 पेशलेन = motivated for  
 मनसा = in their minds  
 यत्रः = effort  
 समाधीयतां = to attain equanimity  
 भोगा मेघवितानमध्यविलसत्सौदामिनीचञ्चला  
 आयुर्वायुविघट्टिताजपतलीलीनाम्बुवद्भुरम् ।  
 लोला यौवनलालसास्तनुभृतामित्याकलय्य द्रुतं  
 योगे धैर्यसमाधिसिद्धसुलभे बुद्धिं विघड्यं बुधाः ॥ ३५ ॥

Sensual pleasures are as fickle as the flash of lightning in the clouds. Life can collapse as easily as the drop of water on the edge of a

lotus leaf swayed by the wind. Fickle are the longings in youth. Quickly realising this, let the wise ones engage their minds in equanimity, attained easily by courage.

**भोगा** = enjoyments

**मेघवितानमध्य** = in a mass of clouds

**विलसत्** = play

**सौदामिनी** = lightning

**चञ्चला** = fleeting quick

**आयुः** = life

**वायु** = wind

**विघट्टित** = dispersed

**अज्ज** = lotus

**पटली** = leaf

**लीन** = attached

**अम्बुवत्** = like water

**भङ्गुरं** = insecure

**लोला** = unsteady

**यौवन** = youth

**लालसाः** = desires

**तनु** = body

**भृतां** = bearing

**इति** = thus

**आकलय्य** = realising

**द्रुतं** = speedily

**योगे** = in union with the Divine

**धैर्य** = patience

**समाधि** = equanimity

**सिद्ध** = attained

**सुलभे** = easily

**बुद्धिं** = mind/intellect

**विघधं** = fix

**बुधाः** = wise ones

आयुः कल्पोललोलं कतिपयदिवसस्थायिनी यौवनश्रीः  
 अर्थाः संकल्पकल्पा घनसमयतडिद्विभ्रमा भोगपूर्णाः ।  
 कण्ठाश्लेषोपगृहं तदपि च न चिरं यत्प्रियाभिः प्रणीतं  
 ब्रह्मण्यासकृचित्ता भवत भवभयाम्बोधिपारं तरीतुम् ॥ ३६ ॥

Life undulates like a wave. Youthful beauty lasts a few days. Riches are as short-lived as thoughts. The successive enjoyments are like autumnal lightning flashes. The beloved's embrace round the neck lasts only a moment. Lovingly tie your mind to Brahman to overcome the fear of crossing the ocean of cycles of births and deaths.

आयुः = life

कल्पोल = big wave

लोलं = changing

कतिपय = a few

दिवस = days

स्थायिनी = lasts

यौवन = youth

श्रीः = beauty

अर्थाः = wealth

संकल्पकल्पा = transient as thought

घनसमय = autumnal

तडित् = lightning

विभ्रमा = occasional flashes

भोगपूर्णाः = whole series of enjoyments

कण्ठाश्लेष = around the neck

उपगृहं = embrace

तदपि = yet

च = and

न = not

चिरं = long

यत् = which

**प्रियाभिः** = by the loved ones

**प्रणीतं** = given

**brahmaNi** in Brahman

**आसक्तः** = engrossed

**चित्ता** = mind

**भवत** = your

**भव** = existence

**भय** = fear

**अम्बोधि** = ocean

**पारं** = beyond

**तरीतुं** = to cross over

कृच्छ्रेणामेध्यमध्ये नियमिततनुभिः स्थीयते गर्भवासे

कान्ताविश्लेषदुःखव्यातिकरविषमो यौवने चोपभोगः ।

वामाक्षीणामवज्ञाविहसितवसतिर्वृद्धभावोऽप्यसाधुः

संसारे रे मनुष्या वदत यदि सुखं स्वल्पमप्यस्ति किञ्चित् ॥ ३७॥

Life in the womb involves lying in discomfort amidst unclean surroundings, with the limbs confined. Enjoyments in youth are vitiated by intense sorrow when separated from the beloved. Even old age incurs contempt and derision of women. Oh, men! say, is there even a trace of happiness in such a life?

**कृच्छ्रेण** = with difficulty

**अमेध्य** = impure matter

**मध्ये** = amidst

**नियमिततनुभिः** = with the body cramped

**स्थीयते** = resides

**गर्भवासे** = in the womb

**कान्ता** = wife

**विश्लेष** = separation

**दुःख** = sorrow

**व्यतिकर** = misfortune

**विषमः** = difficult

यौवने = in youth

च = and

उपभोगः = enjoyment

वामाक्षीणां = of women

अवज्ञा = contempt

विहसितवसतिः = laughing

वृद्ध = old

भावः = emotion

अपि = even

असाधुः = undesirable

संसारे = in the wheel of life

रे = oh!

मनुष्या = men

वदत = say

यदि = when

सुखं = happiness

स्वत्पं = a little

अपि = even

अस्ति = exists

किञ्चित् = small

व्याघ्रीव तिष्ठति जरा परितर्जयन्ती

रोगाश्च शत्रव इव प्रहरन्ति देहम् ।

आयुः परिस्ववति भिन्नघटादिवाम्भो

लोकस्तथाप्यहितमाचरतीति चित्रम् ॥ ३८ ॥

Like a tigress, fearsome is old age. Illnesses attack the body like enemies. Life flows like water from a leaky vessel. Yet, is it not a wonder that man engages in actions not conducive to well-being?

व्याघ्रीव = like a tigress

तिष्ठति = stands

जरा = old age

परितर्जयन्ती = frightens

**रोगाः** = diseases

**च** = and

**शत्रव** = enemies

**इव** = like

**प्रहरन्ति** = attack

**देहं** = body

**आयुः** = life

**परिस्थवति** = flows

**भिन्न** = broken

**घटात्** = pot

**इव** = as if

**अम्मः** = water

**लोकः** = people

**तथापि** = even then

**अहितं** = wicked

**आचरतीति** = perform

**चित्रं** = wonderful

**भोगा भज्जुरवृत्तयो बहुविधास्तैरेव चायं भवः**

**तत्कस्येह कृते परिश्रमत रे लोकाः कृतं चेष्टितैः ।**

**आशापाशाशतोपशान्तिविशदं चेतः समाधीयतां**

**कामोत्पत्तिवशात्स्वधामनि यदि श्रद्धेयमस्मद्वचः ॥ ३९॥**

Varied and transient pleasures make up this life. Then why do you wander here exerting yourself incessantly? The bonds of hope arising from desires, with their hundreds of strings, to be appeased to attain equanimity of mind, only faith in the word of the Supreme Abode and mental concentration on it can achieve it.

**भोगा** = enjoyments

**भज्जुर** = transient

**वृत्तयः** = nature

**बहुविधाः** = various

**तैः** = by them

एव = only  
 चायं = and this  
 भवः = world  
 तत् = that  
 कस्य = of which  
 इह = here  
 कृते = do  
 परिभ्रमत = wander  
 रे = oh!  
 लोकाः = people  
 कृतं = done  
 चेष्टितैः = exerting  
 आशा = desire  
 पाश = noose  
 शत = hundred  
 उपशान्ति = peace  
 विशदं = disturbing  
 चेतः = mind  
 समाधीयतां = for equanimity  
 काम = desire  
 उत्पत्तिवशात् = arising from  
 स्वधामनि = in its Supreme Foundation  
 यदि = if  
 श्रद्धेयं = faith  
 अस्मद् = our  
 वचः = word  
 ब्रह्मेन्द्रादिमरुदणांस्तुणकणान्यत्र रिथतो मन्यते  
 यत्स्वादाद्विरसा भवन्ति विभवास्त्रैलोक्यराज्यादयः ।  
 भोगः कोऽपि स एक एव परमो नित्योदितो जृम्भते  
 भो साधो क्षणभंगुरे तदितरे भोगे रतिं मा कृथाः ॥ ४० ॥

Where Brahma, Indra, and other hosts of gods appear as worth as little

as blades of grass; where taste is lost for the greatest possessions, like the sovereignty over the three worlds; such is the unique enjoyment of Brahman, eternal, supreme, and immutable. Oh Pure One! indulge not in any pleasure that lasts no more than a moment.

**ब्रह्मा** = Brhma

**इन्द्रः** = Indra

**आदि** = and other

**मरुद्रुणान्** = hosts of gods

**तृणकणान्** = like blades of grass

**यत्र** = where

**स्थितः** = stand

**मन्यते** = consider

**यत्** = which

**स्वादाद्** = tasting

**विरसा** = tasteless

**भवन्ति** = become

**विभवाः** = sovereignty

**त्रैलोक्य** = three worlds

**राज्य** = rulership

**आदयः** = and other wealth

**भोगः** = enjoyments

**कोऽपि** = who even

**स** = he

**एक** = one

**एव** = only

**परमः** = supreme

**नित्योदितः** = immutable

**जृमते** = increases

**भो** = oh!

**साधो** = saint!

**क्षणभंगुरे** = transitory

तदितरे = that other

भोगे = enjoyment

रतिं = pleasures

मा = do not

कृथाः = engross

कालमहिमानुवर्णनम् ।

सा रम्या नगरी महान्स नृपतिः सामन्तचक्रं च तत्

पार्श्वे तस्य च सा विद्गंधपरिषत्ताश्चन्द्रविम्बाननाः ।

उद्घृतः स च राजपुत्रनिवहस्ते बन्दिनस्ताः कथाः

सर्वं यस्य वशादगात्मुतिपथं कालाय तस्मै नमः ॥ ४१ ॥

Description of the Glory Of Time:

Salutations to Time! Under your sway all these passed away to form mere memories: that enchanting city, that great king surrounded by his vassals and clever advisers by his side, beauties with moon-like faces, headstrong princes, and flattering court-musicians!

काल = time

महिमा = glory

अनुवर्णनं = description

सा = that

रम्या = enchanting

नगरी = city

महान्स = that great

नृपतिः = king

सामन्तचक्रं = surrounded by

च = and

तत् = that

पार्श्वे = side

तस्य = his

च = and

सा = that

विद्गंध = crafty

**परिषत्ता:** = counsellors

**चन्द्रः** = moon

**विम्ब** = disk

**आननाः** = faces

**उद्भूत्तः** = wayward

**स** = he

**च** = and

**राजपुत्रनिवहस्ते** = wayward princes

**बन्दिनस्ता:** = courtiers

**कथाः** = songs

**सर्वं** = all

**यस्य** = whose

**वशात्** = influenced

**अगात्** = went

**स्मृति** = memory

**पथं** = way

**कालाय** = Father Time

**तस्मै** = to him

**नमः** = salutations

**यत्रानेकः कच्चिदपि गृहे तत्र तिष्ठत्यथैको**

**यत्राप्येकस्तदनु बहवस्तत्र नैकोऽपि चान्ते ।**

**इत्थं नेयौ रजनिदिवसौ लोलयन्द्राविवाक्षौ**

**कालः कल्यो भुवनफलके कीडति प्राणिशारैः ॥ ४२ ॥**

Where in some home there were many occupants, now there is only one; where there

was one or successively many, none is left in the end. Thus does Time expertly play the game on the checker-board of this world, with creatures as the pieces to be moved, and throwing the dice of days and nights.

**यत्र** =where

**अनेकः** = many

**कच्चिदपि** = in some

गृहे = home  
 तत्र = there  
 तिष्ठति = stands  
 अथ = now  
 एकः = one  
 यत्र = where  
 अपि = even  
 एकः = one  
 तदनु = afterward  
 बहवः = many  
 तत्र = there  
 न = not  
 एकः = one  
 अपि = even  
 च = and  
 अन्ते = in the end  
 इत्थं = thus  
 नेयौ = these two  
 रजनिदिवसौ = night and day  
 लोलयन् = throws  
 द्वाविवाक्षौ = the two dice  
 कालः = time  
 कल्यः = clever, dextrous  
 भुवनफलके = checkerboard of life  
 क्रीडति = plays  
 प्राणिशारैः = with creatures  
 आदित्यस्य गतागतैरहरहः संक्षीयते जीवितं  
 व्यापारैर्बहुकार्यभारगुरुभिः कालोऽपि न ज्ञायते ।  
 दृष्ट्वा जन्मजराविपत्तिमरणं त्रासश्च नोत्पद्यते  
 पीत्वा मोहमर्यां प्रमादमदिरामुन्मत्तभूतं जगत् ॥ ४३ ॥

With the sun rising and setting daily, life ebbs away, and Time passes

unknowingly under the heavy burden of various activities. Watching birth, ageing, suffering, and death, no distress is felt, for the world has become insane by drinking the intoxicating wine of infatuation.

**आदित्यस्य** = of the sun

**गतागतैः** = going and coming

**अहरहः** = day after day

**संक्षीयते** = shortens

**जीवितं** = life

**व्यापारैः** = affairs

**बहुकार्य** = many duties

**भार** = burden

**गुरुभिः** = heavy

**कालोऽपि** = even time

**न** = not

**ज्ञायते** = not felt

**दृष्ट्वा** = seeing

**जन्म** = birth

**जरा** = old age

**विपत्ति** = calamity

**मरणं** = death

**त्रासः** = fear

**च** = and

**नोत्पद्यते** = not produce

**पीत्वा** = drinking

**मोहमर्याँ** = producing delusion

**प्रमाद्** = stupefying

**मदिरां** = wine

**उन्मत्त** = mad

**भूतं** = become

**जगत्** = world

**रात्रिः सैव पुनः स एव दिवसो मत्वा मुधा जन्तवो**

धावन्त्युद्यमिनस्तथैव निभृतप्रारब्धतत्तत्कियाः ।  
 व्यापारैः पुनरुक्तभूत विषयैरित्थंविधेनामुना  
 संसारेण कदर्थिता वयमहो मोहान्न लज्जामहे ॥ ४४ ॥

Watching the night following the day, creatures still vainly persist in running busily with various actions motivated by desires. Such repetitious actions, alas! born of desires bring us no shame, keeping us deluded in the revolving cycles of

births and deaths.

**रात्रिः** = night

**सैव** = that even

**पुनः** = again

**स** = that

**एव** = even

**दिवसः** = day

**मत्वा** = seeing

**मुद्धा** = vainly

**जन्तवः** = creatures

**धावन्ति** = run

**उद्यमिनः** = persistently

**तथैव** = similarly

**निभृत** = set in motion

**प्रारब्ध** = results of past deeds

**तत्तत्कियाः** = various activities

**व्यापारैः** = by actions

**पुनरुक्तभूत** = repeatedly

**विषयैः** = by desires

**इत्थंविधेन** = thus

**अमुना** = by us

**संसारेण** = by the revolving wheel of life

**कदर्थिता** = by what reason

**वयमहः** = we alas

**मोहन्न** = not deluded

**लज्जामहे** = ashamed

**न ध्यातं पदमीश्वरस्य विधिवत्संसारविच्छिन्नये**

**स्वर्गद्वारकवाटपाटनपटुर्धर्मोऽपि नोपार्जितः ।**

**नारी पीनपयोधरोरुगलं स्वप्नेऽपि नालिङ्गितं**

**मातुः केवलमेव यौवनवनच्छेदे कुठारा वयम् ॥ ४५ ॥**

To break away from the bondage of this world, we have not meditated on the Lord's feet; nor have we performed rituals to acquire merits enough to open heaven's gates. Nor, even in our dreams, have we embraced a woman with full-grown breasts. We have, by being born, only served the purpose like an axe to to cut the bloom of our mother's youth.

**न** = not

**ध्यातं** = meditated on

**पदमीश्वरस्य** = the Lord's feet

**विधिवत्** = in prescribed form

**संसार** = wheel of life

**विच्छिन्नये** = for destroying the (bondage) of the world

**स्वर्ग** = heaven

**द्वारकवाट** = panels of the door

**पाटनपटुः** = dextrous in breaking open

**धर्मः** = merit

**अपि** = even

**नोपार्जितः** = not accumulated

**नारी** = woman

**पीन** = rounded

**पयोधरः** = breasts

**युगलं** = pair

**उरु** = thigh

**स्वप्नेऽपि** = even in dream

**नालिङ्गितं** = embraced

**मातुः** = mother

**केवलं** = essentially

**एव** = only

**यौवन** = youth

**वन** = garden

**च्छेदे** = destroying

**कुठारा** = hatchet

**वयं** = we

**नाभ्यस्ता प्रतिवादिवृन्ददमनी विद्या विनीतोचिता**

**खड्गायैः करिकुम्भपीठदलनैर्नाकं न नीतं यशः ।**

**कान्ताकोमलपल्लवाधररसः पीतो न चन्द्रोदये**

**तारुण्यं गतमेव निष्फलमहो शून्यालये दीपवत् ॥ ४६ ॥**

Not having studied and acquired adequate knowledge to defeat scholarly debaters; not having gained heaven-high fame , like wielding the sword strongly enough to knock down an elephant's head; nor kissed at moonrise the tender lips of a woman! Alas! all youth has slipped by fruitlessly, like a lamp in a deserted house.

**नाभ्यस्ता** = not studied

**प्रतिवादि** = debaters

**वृन्ददमनी** = conquering groups

**विद्या** = knowledge

**विनीतोचिता** = properly acquired

**खड्गायैः** = by the sword-points

**करि** = elephant

**कुम्भपीठ** = temples

**दलनैः** = smashing

**नाकं** = heaven

**न** = not

**नीतं** = taken

**यशः** = success

**कान्ता** = woman

**कोमल** = tender

**पद्मवाघर** = bud-like lower lips

**रसः** = juice secreting from

**पीतः** = drunk

**न** = not

**चन्द्रोदये** = at moon-rise

**तारुण्यं** = youth

**गतं** = gone

**एव** = indeed

**निष्फलमहो** = fruitless, alas

**शून्यालये** = deserted home

**दीपवत्** = like a lamp

**विद्या नाधिगता कलङ्करहिता वित्तं च नोपार्जितं**

**शुश्रूषापि समाहितेन मनसा पित्रोनं सम्पादिता ।**

**आलोलायतलोचनाः प्रियतमाः स्वप्रेऽपि नालिङ्गिताः**

**कालोऽयं परपिण्डलोलुपतया काकैरिव प्रेर्यते ॥ ४७॥**

Faultless knowledge has not been gained, nor riches acquired; nor served the parents devotedly; nor, even in dreams, embraced the beloved with her dancing eyes; whole life has been spent, like greedy crows, in subordination to others.

**विद्या** = knowledge

**नाधिगता** = not mastered

**कलङ्करहिता** = faultless

**वित्तं** = wealth

**च** = and

**नोपार्जितं** = not earned

**शुश्रूषापि** = even service

**समाहितेन** = with due concern

**मनसा** = mentally

**पित्रोनं** = not to parents

**सम्पादिता** = rendered

आलोलायतलोचनाः = dancing eyes

प्रियतमाः = beloved

स्वप्नेऽपि = in dream even

नालिङ्गिताः = not embraced

कालोऽयं = this time

परपिण्डलोलुपतया = greed for others' food

काकैरिव = like crows

प्रेर्यते = motivates

वयं येभ्यो जाताश्चिरपरिचिता एव खलु ते

समं यैः संवृद्धाः स्मृतिविषयतां तेऽपि गमिताः ।

इदानीमेते स्मः प्रतिदिवसमासन्नपतना

गतास्तुल्यावस्थां सिकतिलनदीतीरतरुभिः ॥ ४८॥

Those who begot us have passed on into eternity. Those with whom we grew up

have also become parts of memory only. Now with every passing day our condition

is akin to the trees on the sandy banks of a river.

वयं = we

येभ्यः = from whom

जाताः = born

चिरपरिचिता = known to Eternity(dead)

एव = thus

खलु = indeed

ते = they

समं = together

यैः = with whom

संवृद्धाः = brought up

स्मृतिविषयतां = subjects of memory

तेऽपि = they also

गमिताः = have become

इदानीमेते = now these

**स्मः** = have

**प्रतिदिवसं** = everyday

**आसन्नपतना** = coming near the end

**गताः** = becoming

**तुल्य** = similar

**अवस्थां** = condition

**सिकतिल** = sandy

**नदी** = river

**तीर** = banks

**तरुभिः** = trees

**आयुर्वर्षशतं नृणां परिमितं रात्रौ तदर्धं गतं**

**तस्यार्धस्य परस्य चार्धमपरं बालत्ववृद्धत्वयोः ।**

**शेषं व्याधिवियोगदुःखसहितं सेवादिभिर्नीयते**

**जीवे वारितरञ्चञ्चलतरे सौख्यं कुतः प्राणिनाम् ॥ ४९ ॥**

Men's life-span is limited to a hundred years. Half of it is spent in the darkness of nights. Of the remaining half, half is spent in childhood and old age; and the rest illnesses, bereavements, and vexatious service of others. Where is the happiness for creatures whose life is as fickle as the ripples of water?

**आयुः** = life

**वर्ष** = years

**शतं** = 100

**नृणां** = humans

**परिमितं** = limited

**रात्रौ** = nights

**तदर्धं** = half

**गतं** = spent

**तस्य** = of that

**अर्धस्य** = half

**परस्य** = other

**च** = and

**अर्धं** = half

**अपरं** = again

**बालत्वं** = childhood

**वृद्धत्वयोः** = in old age

**शेषं** = remainder

**व्याधिः** = illness

**वियोग** = separation

**दुःखः** = sorrow

**सहितं** = along with

**सेवादिभिः** = serving others

**नीयते** = takes

**जीवे** = in life

**वारि** = water

**तरङ्गं** = ripples

**चञ्चलतरे** = fluctuating rapidly

**सौख्यं** = happiness

**कुतः** = where

**प्राणिनां** = of creatures

**क्षणं बालो भूत्वा क्षणमपि युवा कामरसिकः**

**क्षणं वित्तैर्हीनः क्षणमपि च सम्पूर्णविभवः ।**

**जराजीर्णेरङ्गनेट इव वलीमण्डिततनुः**

**नरः संसारान्ते विशति यमधानीयवनिकाम् ॥ ५० ॥**

For a moment like a child, for another moment a lascivious youth; one moment a pauper, another a wealthy person; at the end of life, the body worn out by age and covered with wrinkles, man enters the abode of Death like an actor exiting the stage.

**क्षणं** = moment

**बालः** = child

**भूत्वा** = becoming

**क्षणमपि** = again for a moment

**युवा** = youth

कामरसिकः = lustful  
 क्षणं = moment  
 वित्तैर्हीनः = devoid of riches  
 क्षणमपि = momentarily again  
 च = and  
 सम्पूर्णविभवः = full of wealth  
 जरा = old age  
 जीर्णैः = worn out  
 अङ्गैः = body  
 नट = actor  
 इव = as if  
 वली = wrinkle  
 मणिडत = covered  
 तनुः = body  
 नरः = human  
 संसारान्ते = at the end of life  
 विशति = enters  
 यमधानी = death's abode  
 यवनिकां = ??  
 यतिनृपतिसंवादवर्णनम् = ??

त्वं राजा वयमयुपासितगुरुप्रज्ञाभिमानोन्नताः  
 ख्यातस्त्वं विभवैर्यशासि कवयो दिक्षु प्रतन्वन्ति नः ।  
 इत्थं मानधनातिदूरमुभयोरप्यावयोरन्तरं  
 यद्यस्मासु पराङ्मुखोऽसि वयमप्येकान्ततो निःस्पृहाः ॥ ५१ ॥

6 Description of a dialogue between an ascetic and a king:  
 You are a king; we also, through service to our Teacher, have been uplifted in wisdom. You are famous by your wealth; our successes are broadcast in all directions by the learned. Thus, there is a great difference between us regarding honor and wealth. If you are indifferent towards us, we also are perfectly dispassionate towards you.  
 यति = ascetic

**नृपति** = king  
**संवाद** = dialogue  
**वर्णनं** = description  
**त्वं** = you  
**राजा** = king  
**वयं** = we  
**अपि** = also  
**उपासित** = serving  
**गुरु** = teacher  
**प्रज्ञा** = wisdom  
**अभिमान** = pride  
**उन्नताः** = elevated  
**ख्यातस्त्वं** = famous, you  
**विभवैर्यशांसि** = by wealth and success  
**कवयः** = the learned  
**दिक्षु** = in all directions  
**प्रतन्वन्ति** = spread  
**नः** = our  
**इत्थं** = thus  
**मान** = honor  
**धन** = riches  
**अतिदूरं** = great  
**उभयोः** = two  
**अपि** = even  
**आवयोः** = of us  
**अन्तरं** = difference  
**यदि** = if  
**अस्मासु** = to us  
**पराङ्मुखः** = disregard  
**असि** = you  
**वयं** = we  
**अपि** = also

एकान्ततः = perfectly

निःस्मृहाः = indifferent

अर्थानामीशिषे त्वं वयमपि च गिरामीश्महे यावदर्थं

शूरस्त्वं वादिदर्पच्युपशमनविधावक्षयं पाटवं नः ।

सेवन्ते त्वां धनाढ्या मतिमलहतये मामपि श्रोतुकामा

मस्यप्यास्था न ते चेत्त्वयि मम नितरामेव राजननास्था ॥ ५२ ॥

You are the master of wealth; we are also masters of words. You are brave; we are ever skilful in subduing the pride of debaters. The rich serve you; we are served by those who would study scriptures to purify the mind. If you show no regard for me, I have none for you either.

अर्थानामीशिषे = lordship over wealth

त्वं = you

वयमपि = we also

च = and

गिरामीश्महे = lords of speech

यावदर्थं = in all senses

शूरस्त्वं = hero, you are

वादि = debaters

दर्प = pride

च्युपशमनविधौ = subduing

अक्षयं = unfailing

पाटवं = skill

नः = our

सेवन्ते = serve

त्वां = you

धनाढ्या = wealthy

मति = mind

मल = impurities

हतये = to destroy

मामपि = me too

श्रोतुकामा = desirous of learning

mayi in me

अपि = also

आस्था = regard

न = not

ते = to you

चेत् = if it be

त्वयि = in you

मम = my

नितरां = absolutely

एव = quite

राजन् = o king

ननास्था = no regard

वयमिह परितुष्टा वल्कलैस्त्वं दुकूलैः

सम इव परितोषो निर्विशेषो विशेषः ।

स तु भवतु दरिद्रो यस्य तृष्णा विशाला

मनसि च परितुष्टे कोऽर्थवान्को दरिद्रः ॥ ५३ ॥

We are content to wear tree-barks for clothes, and you with rich dresses; but the contentment is alike, and the difference is not significant. He whose desires are numerous is indeed poor. If contentment is in the mind, then who is rich or poor?

वयं = we

इह = here

परितुष्टा = satisfied

वल्कलैः = tree-bark as clothes

त्वं = you

दुकूलैः = rich dresses

सम = similar

इव = as if

परितोषः = satisfaction

निर्विशेषः = no difference

विशेषः = difference

स = he

तु = indeed

भवतु = is

दरिद्रः = poor

तुष्णा = desire

विशाला = great

मनसि = in mind

च = and

परितुष्टे = contented

कोऽर्थवान्कः = who rich, who

दरिद्रः = poor

फलमलमशनाय स्वादु पानाय तोयं  
क्षितिरपि शयनार्थं वाससे वल्कलं च ।  
नवधनमधुपानभ्रान्तसर्वेन्द्रियाणां  
अविनयमनुमन्तु नोत्सहे दुर्जनानाम् ॥ ५४ ॥

Enough for us are fruits for food, tasty water to drink, the earth for a bed, and tree-barks for dress. I have no taste for the immodesty of the wicked, deluded by drinking the wine of wealth.

फलमलमशनाय = fruits to eat

स्वादु = tasteful

पानाय = to drink

तोयं = water

क्षितिरपि = also earth

शयनार्थं = to sleep on

वाससे = to dress

वल्कलं = tree-barks

च = and

नव = new

धन = riches

मधुपान =drinking intoxicant wine

भ्रान्त =deluded

सर्वनिद्रियाणां = all senses

अविनयं = disrespect

अनुमन्तुः = to approve

न = not

उत्सहे = enthused

दुर्जनानां = of the wicked

अशीमहि वयं भिक्षामाशावासो वसीमहि ।

शयीमहि महीपृष्ठे कुर्वीमहि किमीश्वरैः ॥ ५५ ॥

We shall eat from the begging of alms; we shall wear the sky for clothing;  
lie down on the earth for a bed; why bother with the rich?

अशीमहि = let us eat

वयं = we

भिक्षां = alms

आशावासः = the sky for clothing

वसीमहि = let us dress

शयीमहि = let us sleep

महीपृष्ठे = on the earth

कुर्वीमहि = shall we have to do

किं = what

ईश्वरैः = with the rich

न नटा न विटा न गायका

न च सम्येतरवादचुञ्चवः ।

नृपमीक्षितुमत्र के वयं

स्तनभारानमिता न योगितः ॥ ५६ ॥

We are not actors, nor jesters, nor singers, nor experts in debating in court,  
nor courtesans, to wish to meet the king.

न = not

नटा = actors

न = not

विटा = jesters

न = not

गायका = singers

न = not

च = and

सभ्येतरवादचुञ्चवः = experts in disputations

नृपं = king

ईक्षितुं = seeing

अत्र = here

के = who

वयं = we

स्तनभारानमिता = seductive mistresses

न = not

योषितः = desiring

विपुलहृदयैरीशैरैतज्जगजनितं पुरा

विघृतमपरैदत्तं चान्यैर्विजित्य तृणं यथा ।

इह हि भुवनान्यन्ये धीराश्वतुर्दशा भुज्ञते

कतिपयपुरस्वाम्ये पुंसां क एष मदज्वरः ॥ ५७ ॥

In days of yore, these kingdoms were created by kings with generous hearts, ruled by others, and conquered or squandered like straw by still others. Some heroes even now enjoy everything in the universe. Why then this inordinate pride

of ruling over a few towns?

विपुलं = great

हृदयैः = hearted

ईशैः = by the kings

एतत् = this

जगत् = world

जनितं = made

पुरा = in ancient times

विघृतं = ruled

अपरैः = by others

**दत्तं** = given away

**च** = and

**अन्यैः** = by others

**विजित्य** = conquered

**तुणं** = like grass

**यथा** = just as

**इह** = here

**हि** = indeed

**भुवनानि** = worlds

**अन्ये** = others

**धीराः** = heroes

**चतुर्दश** = fourteen

**भुज्ञते** = enjoy

**कतिपय** = for what then

**पुर** = towns

**स्वाम्ये** = sovereignty over

**पुंसां** = men

**क** = who

**एष** = this

**मद्** = arrogance

**ज्वरः** = feverish

**अभुक्तायां यस्यां क्षणमपि न जातं नृपशतः**

**भुवस्तस्या लाभे क इव बहुमानः क्षितिभूताम् ।**

**तदंशस्याप्यंशो तदवयवलेशोऽपि पतयो**

**विषादे कर्तव्ये विदधति जडाः प्रत्युत मुदम् ॥ ५८॥**

The earth has not been left unenjoyed, even for a moment, by hundreds of rulers.

Will its acquisition then bring any honor to any king? The dull-witted, instead of grieving, are joyous in owning even the most trifling fraction of it.

**अभुक्तायां** = not enjoyed

**यस्यां** = whose

**क्षणमपि** = even a moment

**न** = not

**जातं** = made

**नृपशतः** = hundreds of kings

**भुवः** = world

**तस्या** = its

**लाभे** = gaining

**क** = who

**इव** = as if

**बहुमानः** = high honor

**क्षितिभृतां** = earth

**तत्** = that

**अंशस्य** = of a portion

**अपि** = even

**अंशो** = portion

**तत्** = that

**अवयव** = limb

**लेशो** = part

**अपि** = even

**पतयः** = fallen

**विषादे** = in grief

**कर्तव्ये** = in duty

**विद्धति** = give

**जडाः** = stupid

**प्रत्युत** = on the contrary

**मुदं** = joy

**मृत्पिण्डो जलरेखया वलयितः सर्वोऽप्ययं नन्वणुः**

**स्वांशीकृत्य तमेव संगरशतै राज्ञां गणा भुज्जते ।**

**ते दद्युर्दद्तोऽथवा किमपरं क्षुद्रा दरिद्रा भृशं**

**धिग्धिक्तान्मुरुषाधमान्धनकणान्वाज्जन्ति तेभ्योऽपि ये ॥ ५९॥**

The earth is a mere clod rimmed by water. Even the whole of it is but an

atom. Hosts of kings enjoy it after fighting for it a hundred times. With their paltry and mean minds they may or do give; for it is not strange to them. But despicable are the men who would beg from them petty riches.

**मृत्** = clay

**पिण्डः** = lump

**जल** = water

**रेख्या** = by a ring of

**वलयितः** = surrounded by

**सर्वः** = all

**अपि** = even

**अयं** = this

**ननु** = not even

**अणुः** = an atom

**स्वांशीकृत्य** = fractioned it themselves

**तं** = that

**एव** = too

**संग्र** = battle

**शतै** = hundreds

**राज्ञां** = of kings

**गणा** = many

**भुञ्जते** = enjoy

**ते** = they

**दद्युः** = may give

**ददतः** = do give

**अथवा** = or

**किं** = what

**अपरं** = else

**क्षुद्रा** = cheap

**दरिद्रा** = poor

**भृशां** = strange

**धिग्धिक्तान्** = contemptible

**पुरुष** = men

अधमान् = mean

धनकणान् = paltry coins

वाञ्छन्ति = beg

तेभ्यः = on them

अपि = also

ये = who

स जातः कोऽप्यासीन्मदनरिपुणा मूर्खिं धवलं

कपालं यस्योच्चैर्विनिहितमलंकारविधये ।

नृभिः प्राणत्राणप्रवणमतिभिः कैश्चिद्धुना

नमद्दिः कः पुंसामयमतुलदर्पज्वरभरः ॥ ६० ॥

His birth is worthwhile indeed, whose death provides his white skull  
as an ornament on the head of Shiva, Cupid's enemy. Men engrossed in  
protecting their own lives, flatter others showing immoderate pride,  
to what purpose?

स = he

जातः = born

कः = who

अपि = even

आसीत् = placed

मदनरिपुणा = by Shiva(enemy of Madana/Cupid)

मूर्खिं = on the head

धवलं = white

कपालं = skull

यस्य = whose

उच्चैः = high

विनिहितं = held

अलंकारविधये = like an ornament

नृभिः = by men

प्राण = life

त्राण = limb

प्रवण = preserving

**मतिभिः** = by those who think of

**कैश्चिद्** = by them

**अधुना** = nowadays

**नमद्धिः** = adored

**कः** = who

**पुंसां** = person

**अयं** = this

**अतुल** = incomparable

**दर्प** = pride

**ज्वर** =fever

**भरः** = afflicted with

**मनःसम्बोधननियमनम् ।**

परेषां चेतांसि प्रतिदिवसमाराध्य बहुधा

प्रसादं किं नेतुं विशासि हृदय क्लेशकलितम् ।

प्रसन्ने त्वय्यन्तः स्वयमुदितचिन्तामणिगणो

विविक्तः संकल्पः किमभिलषितं पुष्यति न ते ॥ ६१ ॥

Control of Mind by Wisdom:

Winning the favors of others is hard; why then does your heart seek to appease the minds of others? With inward tranquillity and abstaining from social intercourse, wise thought will arise in you spontaneously; and should you wish for anything what will you not acquire?

**मनः** = mind

**सम्बोधन** = inculcating wisdom

**नियमनं** = control

**परेषां** = of others

**चेतांसि** = minds

**प्रतिदिवसं** = every day

**आराध्य** = supplicating

**बहुधा** = in various ways

**प्रसादं** = grace

**किं** = why

**नेतुं** = to secure

**विशसि** = enter

**हृदय** = heart

**क्लेशकलितं** = fraught with pain

**प्रसन्ने** = contented

**त्वच्यन्तः** = in your inner self

**स्वयं** = by itself

**उदित** =arising

**चिन्तामणि** = gems of thoughts

**गणः** = many

**विविक्तः** = in solitude

**संकल्पः** = wish

**किं** = whatever

**अभिलषितं** = wished for

**पुष्यति** = nurture

**न** = not

**ते** = they

**परिभ्रमसि** किं मुधा क्लचन चित्त विश्राम्यतां

स्वयं भवति यदथा भवति तत्था नान्यथा ।

अतीतमननुस्मरन्नपि च भाव्यसंकल्पयन्

नतर्किंतस्मागमाननुभवामि भोगानहम् ॥ ६२ ॥

Oh Mind! Why do you wander about in vain? Rest somewhere. Whatever happens is

bound to happen, of itself, not otherwise. Thus not recalling the past, nor planning for the future, I experience the joys that come, without question.

**परिभ्रमसि** = wander

**किं** = why

**मुधा** = mind

**क्लचन** = somewhere

**चित्त** = mind

**विश्राम्यतां** = for rest

स्वयं = yourself

यद्यथा = whatever

भवति = happens

तत्तथा = that thus

नान्यथा = not otherwise

अतीत = past

मननुस्मरन्नपि = mental memories recalled

च = and

भाव्य = future

संकल्पयन् = desiring

नतर्कित = without debating

समागमान् = coming on their own

अनुभवामि = experience

भोगान् = enjoyments

अहं = I

एतस्माद्विरमेन्द्रियार्थगहनादायासकादाश्रय

श्रेयोमार्गमशेषदुःखवशमनव्यापारदक्षं क्षणात् ।

स्वात्मीभावमुपैहि संत्वज निजां कल्लोल्लोलां गतिं

मा भूयो भज भङ्गरां भवरतिं चेतः प्रसीदाधुना ॥ ६३॥

Therefore, refrain yourself from the perilous maze of sense-objects. Take to the

path of supreme welfare that can, in a moment, remove all sorrows. Reach the state of your True Self. Abandon the wavelike agitation and change. Do not cling

to the transitory joys of the world, and now seek the tranquillity of the mind.

एतस्मात् = therefore

विरम = turn away

इन्द्रियार्थ = senses

गहनात् = complex

आयासकात् = wearisome

आश्रय = shelter

**श्रेयोमार्गं** = way of supreme welfare

**अशेषं** = total

**दुःखं** = sorrow

**शमनं** = relief

**व्यापारं** = affairs

**दक्षं** = capable of

**क्षणात्** = in a moment

**स्वात्मीभावं** = status of own Self

**उपैहि** = reach

**संत्यज** = give up

**निजां** = your own

**कल्पोलं** = wave

**लोलां** = agitated

**गतिं** = movement

**मा** = do not

**भूयः** = again

**भज** = seek

**भङ्गुरां** = transitory

**भवरतिं** = mundane pleasures

**चेतः** = mind

**प्रसीदाध्युना** = be calm now

**मोहं मार्जय तामुपार्जय रतिं चन्द्रार्धचूडामणौ**

**चेतः स्वर्गतरङ्गिणीतटभुवामासङ्गमङ्गीकुरु ।**

**को वा वीचिषु बुद्धुदेषु च तडिल्लेखासु च श्रीषु च**

**ज्वालाग्रेषु च पञ्चगेषु च सुहृद्गर्गेषु च प्रत्ययः ॥ ६४ ॥**

Clear up all misperception; worship the One in whose crown the gem is the crescent. Situate yourself on the banks of the celestial river, Ganga. How can you rely on waves or bubbles, flashes of lightning, fickle fortune, flames of fire, serpents, or hosts of friends?

**मोहं** = delusion

**मार्जय** = cleanse

तां = them

उपाज्य = acquire

रतिं = liking

चन्द्रार्ध = half-moon, crescent

चूडामणौ = gem on the crown(head)

चेतः = mind

स्वर्ग = heaven

तरङ्गिणी = river

तट = banks

भुवां = places

आसङ्गं = attachment

अङ्गीकुरु = accept

कः = who

वा = or

वीचिषु = waves

बुद्धेषु = bubbles

च = and

तडिल्लेखासु = flashes of lightning

च = and

श्रीषु = wealth

च = and

ज्वालाग्रेषु = flames of fire

च = and

पन्नगेषु = serpents

च = and

सुहृद्गेषु = hosts of friends

च = and

प्रत्ययः = reliability

चेतश्चिन्तय मा रमां सकृदिमामस्थायिनीमास्थया

भूपालभ्रुकटीकुटीविहरणव्यापारपण्याङ्नाम् ।

कन्थाकञ्चुकिनः प्रविश्य भवनद्वाराणि वाराणसी

अथ्यापङ्किषु पाणिपात्रपतितां भिक्षामपेक्षामहे ॥ ६५॥

Oh Mind! do not dwell on the thought of the capricious goddess of fortune, whose nature resemble the courtesan at the beck and call as the king moves his eyebrows. Clad in rags, and standing at the doors in the streets of Varanasi, let us beg for alms with our hands as bowls.

**चेतश्चिन्तय** = O heart, think

**मा** = do not

**रमां** = goddess of fortune

**सकृद्** =even once

**इमां** = this

**अस्थायिनीं** = wandering

**आस्थया** = haunt

**भूपाल** = king

**भुकुटी** = eyebrow

**कुटी** = wrinkle

**विहरण** = moving

**व्यापारपणि** = business of

**आङ्गनां** = street women

**कन्धाकञ्जुकिनः** = ragged garments

**प्रविश्य** = entering

**भवन** = house

**द्वाराणि** = doors

**वाराणसीः** = in Varanasi

**अथ्यापङ्किषु** = in the streets

**पाणि** = hand

**पात्र** = vessel

**पतितां** = placed

**भिक्षां** = alms

**अपेक्षामहे** = expect

**अग्रे गीतं सरसकवयः पार्श्वयोर्दक्षिणात्याः**

**पश्चाल्लीलावलयरणितं चामरग्राहिणीनाम् ।**

यद्यस्त्वेवं कुरु भवरसास्वादने लम्पटत्वं  
नो चेचेतः प्रविशा सहसा निर्विकल्पे समाधौ ॥ ६६ ॥

If there be music playing in front of you, by your side expert poets from the South, and behind you the courtesans waving fans and shaking their bracelets with a clinking sound, then indulge unstintingly in these worldly pleasures. If not, O Mind! enter the realm of beatitude devoid of all thoughts.

**अग्रे** = in front

**गीतं** = song

**सरस** = skilful

**कवयः** = poets

**पार्श्वयो ह्** = by the side

**दाक्षिणात्याः** = from the South

**पश्चात्** = later

**लीलावलयरणितं** = tinkling of moving bracelets

**चामर** = fan

**ग्राहिणीनां** = women waving

**यदि** = if

**अस्तु** = it be

**एवं** = thus

**कुरु** = do

**भव** = mundane

**रस** = essence

**आस्वादने** = tasting

**लम्पटत्वं** = attachment

**नो चेत्** = otherwise

**चेतः** = mind

**प्रविश** = enter

**सहसा** = absolute

**निर्विकल्पे** = transcending thought

**समाधौ** = meditation

प्राप्तः श्रियः सकलकामदुधास्ततः किं  
न्यस्तं पदं शिरसि विद्विषतां ततः किम् ।  
सम्पादिताः प्रणयिनो विभवैस्ततः किं  
कल्पस्थितास्तनुभृतां तनवस्ततः किम् ॥ ६७ ॥

What if one acquires wealth that will fulfil all desires? Even stomping on the enemies' heads with one's feet? Or if riches bought friends? Or even if one's body lasts till the end of time?

प्राप्तः = acquired

श्रियः = prosperity

सकल = all

काम = desire

दुधाः = milked

ततः किं = what then

न्यस्तं = placed

पदं = foot

शिरसि = on the head

विद्विषतां = of the enemies

ततः किं = what then

सम्पादिताः = bringing

प्रणयिनः = friends

विभवैः = by wealth

ततः किं = what then

कल्पस्थिताः = last till end of world

तनुभृतां = embodied beings

तनवः = bodies

ततः किं = what then

भक्तिभवे मरणजन्मभयं हृदिस्थं

स्नेहो न बन्धुषु न मन्मथजा विकाराः ।

संसर्गदोषरहिता विजना वनान्ता

वैराग्यमस्ति किमितः परमर्थनीयम् ॥ ६८ ॥

If there be devotion in the heart and the fear of death and birth, no ties to family, nor agitation by passions; when there is the solitude of uninhabited forests, and dispassion, what gain can be better than this?

**भक्तिः** = devotion

**भवे** = in Shiva

**मरण** = death

**जन्म** = birth

**भयं** = fear

**हृदिस्थं** = in the heart

**स्वेहः** = attachment

**न** = not

**बन्धुषु** = towards kinspeople

**न** = not

**मन्मथजा** = born of lust

**विकाराः** = passions

**संसर्ग** = company

**दोष** = fault

**रहिता** = devoid

**विजना** = without people

**वनान्ता** = in forest

**वैराग्यं** = dispassion

**अस्ति** = is

**किं** = what

**इतः** = beyond this

**परमर्थनीयं** = of supreme value

**तस्मादनन्तमजरं परमं विकासि**

**तद्वद्वच्चिन्तय किमेभिरसद्विकल्पैः ।**

**यस्यानुषङ्गिण इमे भुवनाधिपत्य-**

**भोगादयः कृपणलोकमता भवन्ति ॥ ६९॥**

Therefore, meditate on the infinite, ageless, supreme, luminous Reality. Why these false thoughts about the unreal? The sovereignty over

the world, with its accompanying pleasures, will appear as the desires of the petty-minded when compared to the pursuit of Reality.

**तस्माद्** = therefore

**अनन्तं** = infinite

**अजरं** = ageless

**परमं** = supreme

**विकासि** = effulgent

**तद्** = that

**ब्रह्म** = Reality

**चिन्तय** = meditate

**किं** = what

**एभिः** = by these

**असद्** = unreal

**विकल्पैः** = mental agitation

**यस्य** = whose

**अनुषंगिणः** = associating

**इमे** = these

**भुवन** = world

**अधिपत्य** = sovereignty

**भोगादयः** = such enjoyments

**कृपणलोकमता** = desires of pitiable men

**भवन्ति** = become

**पातालमाविशसि यासि नभो विलङ्घ**

**दिञ्चण्डलं भ्रमसि मानस चापलेन ।**

**भ्रान्त्यापि जातु विमलं कथमात्मनीनं**

**न ब्रह्म संस्मरसि निर्वृतिमेषि येन ॥ ७० ॥**

With such a fickle mind, you will enter the nether worlds one moment, fly to the limits of the sky, or wander in all directions. Why, in a floundering manner even, do you not meditate on that Transcendent Truth, of the nature of perfection of your true Self?

**पातलं** = netherworld

आविशसि = enter

यासि = go

नभः = skies

विलङ्घा = crossing beyond

दिक्खण्डलं = spheres of all directions

भ्रमसि = wander

मानस = mind

चापलेन = fickle

भ्रान्त्यापि = even mistakenly

जातु = become

विमलं = pure

कथं = how

आत्मनीनं = in the Self

न = not

ब्रह्म = highest Truth

संस्मरसि = remember well

निर्वृतिं = supreme detachment

एषि = reach

येन = by which

नित्यानित्यवस्तुविचारः ।

किं वेदैः स्मृतिभिः पुराणपठनैः शास्त्रैर्महाविस्तरैः

स्वर्गग्रामकुटीनिवासफलदैः कर्मक्रियाविभ्रमैः ।

मुत्त्वैकं भवदुःखभाररचनाविध्वंसकालानलं

स्वात्मानन्दपदप्रवेशकलनं शेषैर्वणिगवृत्तिभिः ॥ ७१ ॥

#### 8. Discrimination of the Immutable from the Mutable:

Of what use is the study of Vedas, scriptures, mythology, the extensive codes, and the bewildering labyrinth of rituals which promise a passage to heaven, which is but a hamlet of hutments? The only way to destroy the burden of life's sorrows like the apocalyptic fire, is that which lets you enter the beatitude of self-realisation. All else is but bartering for profit! नित्य = immutable अनित्य = mutable

**वस्तु** = essence

**विचारः** = discrimination

**किं** = how much

**वेदैः** = by vedas

**स्मृतिभिः** = by smritis

**पुराण** = puranas

**पठनैः** = by studying

**शास्त्रैः** = by shastras

**महाविस्तरैः** = of immense

**स्वर्ग** = heaven

**ग्राम** = village

**कुटी** = hut

**निवास** = resting place

**फलदैः** = resulting from

**कर्मक्रियाविभ्रमैः** = by mazes of ceremonials

**मुक्त्वा** = freeing

**एकं** = one

**भव** = life cycles

**दुःख** = sorrow

**भार** = burden

**रचना** = condition

**विघ्नं** = destruction

**काल** = time

**अनलं** = fire

**स्वात्म** = one's own Self

**अनन्दं** = bliss

**पदं** = place

**प्रवेश** = entrance

**कलनं** = way

**शेषैः** = everything else

**वणिगवृत्तिभिः** = traders' attitude

यतो मेरुः श्रीमान्निपतति युगान्तामिवलितः  
 समुद्रा शुष्यन्ति प्रचुरमकरग्राहनिलयाः ।  
 धरा गच्छत्यन्तं धरणिधरपादैरपि धृता  
 शरीरे का वार्ता करिकलभकर्णाग्रचपले ॥ ७२ ॥

When the majestic Meru mountain collapses in the fire of the cosmic conflagration; when the oceans, in which reside numerous sharks and other aquatic animals, dry up; when the earth, even though supported by mountains, meets its end; what can you say about this body, which is only as steady as the ear-tip of a baby elephant!

**यतः** = from where

**मेरुः** = mount Meru

**श्रीमान्** = of great fame

**निपतति** = falls down

**युगान्त** = at the end of a time cycle

**अग्नि** = fire

**वलितः** = surrounded by

**समुद्रा** = seas

**शुष्यन्ति** = dry up

**प्रचुर** =replete

**मकर** = crocodiles

**ग्राह** = sharks

**निलयाः** = homes

**धरा** = earth

**गच्छति** = goes

**अन्तं** = end

**धरणि** = earth

**धर** = holding

**पादैः** = by the feet

**अपि** = also

**धृता** = held

**शरीरे** = body

का = what

वार्ता = news

करिकलभ = young elephant

कर्ण = ear

अय = tip

चपले = unsteady

गात्रं संकुचितं गतिर्विगलिता भ्रष्टा च दन्तावलिः-

दृष्टिनश्यति वर्धते बधिरता वक्रं च लालायते ।

वाक्यं नाद्रियते च बान्धवजनो भार्या न शुश्रूषते

हा कष्टं पुरुषस्य जीर्णवयसः पुत्रोऽप्यमित्रायते ॥ ७३ ॥

With feeble limbs, unsteady movements, teeth that have fallen off, poor eye-sight, worsening deafness, drooling mouth,; with relatives disregarding what you say, the wife offering no help, the son turning hostile, such, alas! are the miseries of senility. **गात्रं** = limbs

**संकुचितं** = shrivel

**गतिः** = walking

**विगलिता** = unsteady

**भ्रष्टा** = useless

**च** = and

**दन्तावलिः** = rows of teeth

**दृष्टिः** = eyesight

**नश्यति** = lost

**वर्धते** = increases

**बधिरता** = deafness

**वक्रं** = mouth

**च** = and

**लालायते** = slobbers

**वाक्यं** = speech

**न** = not

**अद्रियते** = valued

**च** = and

**बान्धवजनः** = relatives

**भार्या** = wife

**न** = not

**शुश्रूषते** = offer service

**हा** = alas

**कष्टं** = misery

**पुरुषस्य** = man's

**जीर्ण** = old

**वयसः** = in years

**पुत्रः** = son

**अपि** = also

**अमित्रायते** = becomes unfriendly

**वर्णं सितं झटिति वीक्ष्य शिरोरुहाणां**

**स्थानं जरा परिभवस्य तदा पुमांसम् ।**

**आरोपितास्थिशतकं परिहृत्य यान्ति**

**चण्डालकूपमिव दूरतरं तरुण्यः ॥ ७४ ॥**

When hair grows white on a man's head, indicating the disconcert of senility, young women run away from him, like the outcastes' well encircled with bones!

**वर्णं** = color

**सितं** = white

**झटिति** = instantly

**वीक्ष्य** = seeing

**शिरोरुहाणां** = on the head

**स्थानं** = condition

**जरा** = old age

**परिभवस्य** = caused by

**तदा** = then

**पुमांसं** = man's

**आरोपित** = characterised by

**अस्थि** = bones

**शतकं** = hundreds

**परिहृत्य** = abandoning

**यान्ति** = go

**चण्डाल** = least respected

**कूपं** = well

**इव** = as if

**दूरतरं** = far away

**तरुण्यः** = youthful

यावत्स्वस्थमिदं शरीरमरुजं यावज्जरा दूरतो

यावचेन्द्रियशक्तिरप्रतिहता यावत्क्षयो नायुषः ।

आत्मश्रेयसि तावदेव विदुषा कार्यः प्रयत्नो महान्

संदीप्ते भवने तु कूपखननं प्रत्युद्यमः कीदृशः ॥ ७५॥

As long as this body is healthy and free of infirmity, as long as senility is distant, as long as the faculties have not lost their vigor, as long as life is not enfeebled, till then should the wise ones make great efforts to reach the supreme goal of life. For what is the use of digging a well when the house is on fire?

**यावत्** = as long as

**स्वस्थं** = free from disease

**इदं** = this

**शरीरं** = body

**अरुजं** = decrepitude

**यावत्** = as long as

**जरा** = old age

**दूरतः** = far off

**यावत्** = as long as

**च** = and

**इन्द्रिय** = organs

**शक्तिः** = strength

**अप्रतिहता** = unaffected

**यावत्** = so long as

**क्षयः** = decay

**न** = not

**अयुषः** = life

**आत्मश्रेयसे** = for one's own supreme welfare

**तावत्** = till then

**एव** = alone

**विदुषा** = wise

**कार्यः** = deeds

**प्रयत्नः** = efforts

**महान्** = great

**संदीप्ते** = on fire

**भवने** = house

**तु** = indeed

**कूप** = well

**खननं** = digging

**प्रत्युच्यमः** = setting about

**कीदृशः** = what avails

**तपस्यन्तः सन्तः किमधिनिवसामः सुरनदीं**

**गुणोदारान्दारानुत परिचरामः सविनयम् ।**

**पिबामः शास्त्रौघानुत विविधकाव्यामृतरसान्**

**न विद्वः किं कुर्मः कतिपयनिमेषायुषि जने ॥ ७६ ॥**

Shall we live ascetically on the banks of the heavenly river, or serve humbly our virtuous wives? Shall we drink at the streams of scriptures or the nectarine poetry? With a life-span of a few eye-winks, we do not know what action to take!

**तपस्यन्तः** = austerities

**सन्तः** = practising

**किं** = what

**अधिनिवसामः** = live

**सुरनदीं** = heavenly river

**गुणोदारान्** = virtuous

**दारानुत** = wives

**परिचरामः** = serve

**सविनयं** = humbly

**पिबामः** = drink

**शास्त्रौघानुत** = currents of scripture

**विविध** = varied

**काव्य** = poetry

**अमृत** = nectar

**रसान्** = essence

**न** = not

**विद्मः** = know

**किं** = what

**कुर्मः** = do

**कतिपय** = few

**निमेष** = twinkling of an eye

**अयुषि** = longevity

**जने** = people

**दुराराध्याश्वामी तुरगचलचित्ताः क्षितिभुजो**

**वयं च स्थूलेच्छाः सुमहति फले बद्धमनसः ।**

**जरा देहं मृत्युर्हरति दयितं जीवितमिदं**

**सखे नान्यच्छेयो जगति विदुषोऽन्यत्र तपसः ॥ ७७ ॥**

The these earthly rulers are difficult to please and fickle-minded like the horse, and we have strong desires, and intent on huge gains. Senility gnaws away the body and death steals this dear life. Oh Friend! for the wise nothing is as salutary as austerities.

**दुराराध्याः** = hard to please

**च** = and

**अमी** = these

**तुरग** = horse

**चलचित्ताः** = restless minds

**क्षितिभुजः** = rulers of the earth

**वयं** = we

च = and

स्थूलेच्छाः = ambitious

सुमहति = vast

फले = gain

बद्धमनसः = mind bent on

जरा = old age

देहं = body

मृत्युः = death

हरति = takes away

दयितं = dear

जीवितं = life

इदं = this

सखे = oh, friend

न = not

अन्यत् = other

छ्रेयः = good

जगति = in the world

विदुषः = wise

अन्यत्र = except

तपसः = austerities

माने म्लायिनि खणिडते च वसुनि व्यर्थे प्रयातेऽर्थिनि

क्षीणे बन्धुजने गते परिजने नष्टे शनैर्योवने ।

युक्तं केवलमेतदेव सुधियां यज्ञहुकन्यापयः-

पूतग्रावगिरीन्द्रकन्दरतटीकुञ्जे निवासः क्वचित् ॥ ७८ ॥

When honor declines, riches squandered away, flatterers depart, the circle of friends dwindles, attendants leave, and slowly the youth is spent, the wise have only one proper way left to follow—make a home somewhere on the side of a valley in the Himalayas, whose rocks have been made holy by the water of the Ganges.

माने = honor

म्लायिनि = faded

**खण्डते** = ruined

**च** = and

**वसुनि** = wealth

**व्यर्थे** = wasted

**प्रयाते** = gone

**अर्थिनि** = favors

**क्षीणे** = dwindled

**बन्धुजने** = friends

**गते** = departed

**परिजने** = dependents

**नष्टे** = destroyed

**शनैः** = slowly

**यौवने** = youth

**युक्तं** = proper

**सुधियां** = wise

**यत्** = which

**जहुकन्या** = Ganga river (daughter of Janhu)

**पयः** = water

**पूतग्राव** = purified

**गिरीन्द्र** = chief among mountains (Himalaya)

**कन्दर** = valley

**तटी** = on the side

**कुञ्जे** = grove

**निवासः** = shelter

**कचित्** = somewhere

**रम्याश्चन्द्रमरीचयस्तुणवती रम्या वनान्तःस्थली**

**रम्यं साधुसमागमागतसुखं काव्येषु रम्याः कथाः ।**

**कोपोपाहितबाष्पविन्दुतरलं रम्यं प्रियाया मुखं**

**सर्वं रम्यमनित्यतामुपगते चित्ते न किञ्चित्पुनः ॥ ७९॥**

Enchanting are the moonbeams and the verdant outskirts of the forest;  
delightful is the company of the wise, and the poetry of stories;

charming is the beloved's face gleaming in tears of indignation; all is fascinating, except when the mind realises the transience of it all.

**रम्या:** = delightful

**चन्द्रः** = moon

**मरीचयः** = rays

**तुणवती** = grassy plots

**रम्या** = delightful

**वनान्तःस्थली** = in the forests

**रम्यं** = delightful

**साधु** = saint

**समागमागत** = company of

**सुखं** = joy

**काव्येषु** = in poetry

**रम्या:** = delightful

**कथाः** = stories

**कोप** = anger

**उपाहित** = covered

**वाष्प** = water (tears)

**बिन्दु** = drops

**तरलं** = swimming

**रम्यं** = delightful

**प्रियाया** = of the beloved

**मुखं** = face

**सर्वं** = all

**रम्यं** = delightful

**अनित्यतां** = evanescent

**उपगते** = gone

**चित्ते** = in the mind

**न** = not

**किञ्चित्** = nothing

**पुनः** = again

रम्यं हर्म्यतलं न किं वसतये श्राव्यं न गेयादिकं  
 किं वा प्राणसमासमागमसुखं नैवाधिकप्रीतये ।  
 किंतु भ्रान्तपतञ्जपक्षपवनव्यालोलदीपाङ्कुर-  
 च्छायाचञ्चलमाकलच्छ्य सकलं सन्तो वनान्तं गताः ॥ ८० ॥

Living in a palace is pleasant, is it not? Or listening to music with its accompaniments? or the company of women, as dear as life? But wise persons have taken to forest life, having realised that these are as fickle as the shadow of a flickering flame on the fluttering wings of a delirious moth.

**रम्यं** = pleasurable

**हर्म्यतलं** = palace

**न** = not

**किं** = is it

**वसतये** = to live

**श्राव्यं** = pleasant to listen to

**न** = not

**गेयादिकं** = music with accompaniments

**किं** = is it

**वा** = or

**प्राण** = life

**समासमागमसुखं** = joy of woan's company

**न** = no

**एव** = in fact

**अधिक** = much

**प्रीतये** = pleasing

**किंतु** = but

**भ्रान्त** = hovering

**पतञ्ज** = moth

**पक्ष** = wing

**पवन** = wind

**व्यालोल** = shaken

दीपाङ्कुरत् = flame of a lamp

छाया = shadow

चञ्चलं = unstable

आकलय्य = having understood

सकलं = all

सन्तः = wise ones

वनान्तं = to the forest

गतोः = gone

शिवार्चनम् ।

आसंसारात्तिभुवनमिदं चिन्वतां तात ताद्-

ज्ञैवास्माकं नयनपदवीं श्रोत्रमार्गं गतो वा ।

योऽयं धत्ते विषयकरिणीगाढगूढाभिमान-

क्षीबस्यान्तःकरणकरिणः संयमानायलीलाम् ॥ ८१ ॥

### 9 Worship of Shiva

My son! Since creation, in our search in all the three worlds, we have not seen nor heard anything that can act like a trap to control the mind, deeply and inexplicably infatuated with sensuality, like an elephant wildly excited by the female elephant.

शिवार्चनं = worship of Shiva

आसंसारात् = from the very beginning of creation

त्रिभुवनं = three worlds

इदं = this

चिन्वतां = searching

तात = oh dear!

तादृक् = like that

न = not

एव =even

अस्माकं = our

नयनपदवीं = in sight

श्रोत्रमार्गं = in hearing

गतोः = gone

वा = or

यः = who

अयं = this

धते = gives

विषयकरिणी = arousing sensuality

गाढगूढ = mysterious, and deep

अभिमान = pride

क्षीबस्य = enraged

अन्तःकरणकरिणः = infatuating

संयम = control

आनाय = elephant trap

लीलां = play

यदेतत्स्वच्छन्दं विहरणमकार्पण्यमशनं

सहार्यैः संवासः श्रुतमुपशमैकब्रतफलम् ।

मनो मन्दस्पन्दं बहिरपि चिरस्यापि विमृशन्

न जाने कस्यैष परिणतिरुदारस्य तपसः ॥ ८२॥

The vows of roaming freely, eating pure food, associating with holy persons, and cultivating spiritual wisdom, yields only the fruit of a peaceful mind. Even after prolonged contemplation, I fail to understand that such lofty austerities can control the mind and lead it to peace.

यत् = which

एतत् = this

स्वच्छन्दं = one's own free will

विहरणं = wandering

अकार्पणं = without meanness

अशनं = eating

सह = with

आर्यैः = holy

संवासः = company

श्रुतं = vedic wisdom

उपशाम = cessation of worries

एकव्रत = sole vow  
 फलं = result  
 मनः = mind  
 मन्दस्पन्दं = restrained  
 बहिः = external  
 अपि = also  
 चिरस्य = long time  
 अपि = also  
 विमृशन् = thoughtfully  
 न = not  
 जाने = know  
 कस्य = whose  
 एष = this  
 परिणतिः = cosummation  
 उदारस्य = noble  
 तपसः = austerities

जीर्णा एव मनोरथाश्च हृदये यातं च तद्यौवनं  
 हन्ताङ्गेषु गुणाश्च वस्त्यफलतां याता गुणज्ञैर्विना ।  
 किं युक्तं सहसाभ्युपैति बलवान्कालः कृतान्तोऽक्षमी  
 हा ज्ञातं मदनान्तकाङ्गियुगलं मुक्तवास्ति नान्या गतिः ॥ ८३ ॥

The fantasies of the heart are exhausted; youth has also left the body. Alas! Virtues have proven barren for lack of discriminating admirers. The mighty, unforgiving, all-consuming Death is gathering speed. What is the proper action? Alas! there is no way other than to surrender oneself at the feet of Shiva.

जीर्णा = worn out  
 एव = verily  
 मनोरथाः = fantasies  
 च = and  
 हृदये = in the heart  
 यातं = gone

- च = and  
 तत् = that  
 यौवनं = youth  
 हन्त् = alas!  
 अङ्गेषु = in the body  
 गुणाः = virtues  
 च = and  
 वन्ध्य = barren  
 फलतां = fruit  
 याता = gone  
 गुणज्ञैः = those who appreciate virtue  
 विना = without  
 किं = what  
 युक्तं = proper  
 सहसा = fast  
 अभ्युपैति = coming near  
 बलवान् = powerful  
 कालः = time  
 कृतान्तः = death  
 अक्षमी = relentless  
 हा = alas!  
 ज्ञातं = known  
 मदन = Cupid  
 अन्तक = destroyer  
 अङ्गि = foot  
 युगलं = pair  
 मुक्त्वा = freeing  
 अस्ति = is  
 न = not  
 अन्या = other  
 गतिः = way .83..

महेश्वरे वा जगतामधीश्वरे  
 जनार्दने वा जगदन्तरात्मनि ।  
 न वस्तुभेदप्रतिपत्तिरस्ति मे  
 तथापि भक्तिस्तरुणेन्दुशेखरे ॥ ८४ ॥

Between the great Lord of the universe, Shiva, and the innermost Self of the universe, Vishnu, there is no difference for me. However, my devotion is to Shiva, holding the crescent moon on His head.

**महेश्वरे** = Shiva

**वा** = or

**जगतां** = of the universe

**अधीश्वरे** = Lord

**जनार्दने** = Vishnu

**वा** = or

**जगत्** = universe

**अन्तरात्मनि** = innermost soul

**न** = not

**वस्तुभेद** = essential difference

**प्रतिपत्तिः** = admission

**अस्ति** = is

**मे** = my

**तथापि** = still

**भक्तिः** = devotion

**तरुणेन्दु** = crescent moon

**शेखरे** = on the crown

स्फुरत्स्फारज्योत्स्नाधवलिततले कापि पुलिने  
 सुखासीनाः शान्तध्वनिषु रजनीषु द्युसरितः ।  
 भवाभोगोद्विग्राः शिव शिव शिवेत्युच्चवचसः:  
 कदा यास्यामोऽन्तर्गतबहुलबाध्याकुलदशाम् ॥ ८५ ॥

Sitting peacefully on the banks of the celestial river, in the bright scattered glow of the moonlight, when silence pervades the

nights,distressed by the thoughts of birth and death, when shall we roar  
the names of Shiva, and reach the state of holding back tears of ecstasy?

**स्फुरत्स्फार** = bright diffused

**ज्योत्स्ना** = moonlight

**धवलिततले** = white glow

**कापि** = somewhere

**पुलिने** = banks

**सुखासीनाः** = seated happily

**शान्ताध्वनिषु** = soundless silence

**रजनीषु** = at night

**द्युसरितः** = heavenly river

**भवाभोग** = miseries of birth and death

**उद्दिश्माः** = fearful

**शिव शिव शिव** = repeatedly calling Shiva

**इति** = thus

**उच्च** = loud

**वचसः** = voice

**कदा** = when

**यास्यामः** = attain

**अन्तर्गत** = internal

**बहुल** = copious

**बाष्प** = tears

**आकुल** = ecstasy

**दशां** = condition

**वितीर्णे सर्वस्वे तरुणकरुणापूर्णहृदयाः**

**स्मरन्तः संसारे विगुणपरिणामां विधिगतिम् ।**

**वयं पुण्यारण्ये परिणतशरचन्द्रकिरणाः**

**त्रियामा नेष्यामो हरचरणचिन्तैकशरणाः ॥ ८६ ॥**

Forsaking all, with the heart full of the most tender compassion, recalling  
the sorrowful fate, let us spend the nights in holy forests, in the glow of  
the autumnal moonbeams, meditating on Siva's feet, our sole shelter.

**वितीर्णे** = giving away  
**सर्वस्वे** = all  
**तरुण** =tender  
**करुणा** = compassion  
**पूर्ण** = filled with  
**हृदयाः** = heart  
**स्मरन्तः** = remembering  
**संसारे** = cycles of creation and dissolution  
**विगुण** = undesirable  
**परिणामां** = effects  
**विधिगतिं** = destiny  
**वयं** = we  
**पुण्य** = holy  
**अरण्ये** = forest  
**परिणत** = full  
**शरत्** = autumnal  
**चन्द्र** = moon  
**किरणाः** = rays/beams  
**त्रियामा** = nights  
**नेष्यामः** = spend  
**हर** = Shiva  
**चरण** = feet  
**चिन्ता** = meditation  
**एक** = only  
**शरणाः** = refuge  
  
**कदा वाराणस्याममरतटिनीरोधसि वसन्**  
**वसानः कौपीनं शिरसि निदधानोऽञ्जलिपुटम् ।**  
**अये गौरीनाथ त्रिपुरहरशम्भो त्रिनयन**  
**प्रसीदेति क्रोशान्निमिषमिव नेष्यामि दिवसान् ॥ ८७ ॥**

When shall I spend my momentary life on the banks of the heavenly river in Varanasi, wearing just a loin-cloth, holding my folded hands

over my head, and weeping loudly, " Oh! Lord of Gauri! Conqueror of the demon Tripura! Ever auspicious and having the third eye (of the Supreme Light)! Have compassion on me!

**कदा** = when

**वाराणस्यां** = in Varanasi

**अमरतटिनीरोधसि** = on the banks of the celestial river

**वसन्** = stay

**वसानः** = dress

**कौपीनं** = loin cloth

**शिरसि** = on the head

**निदधानः** = raised

**अञ्जलिपुटं** = folded hands

**अये** = oh!

**गौरीनाथ** = Shiva (husband of Gauri)

**त्रिपुरहर** = slayer of Tripura

**शम्भो** = giver of supreme good

**त्रिनयन** = with three eyes

**प्रसीद्** = have mercy

**इति** = thus

**क्रोशन्** = crying

**निमिषं** = a moment

**इव** = as if

**नेष्यामि** = spend

**दिवसान्** = days

स्नात्वा गाङ्गैः पयोभिः शुचिकुसुमफलैर्चयित्वा विभो त्वां

ध्यये ध्यानं निवेश्य क्षितिधरकुहरयावपर्यङ्कमूले ।

आत्मारामः फलाशी गुरुवचनरतस्त्वत्प्रसादात्स्मरारे

दुःखं मोक्ष्ये कदाहं समकरचरणे पुंसि सेवासमुत्थम् ॥ ८८॥

After bathing in the waters of the Ganga, worshipping you with the choicest fruits and flowers, with my mind meditating on you, seated on a bed of stone in a mountain-cave, enjoying the bliss of the Self,

surviving on fruits, joyfully engrossed in the spiritual preceptor's instructions, Oh! Cupid's Enemy! when will you free me with your grace, from the sorrow of having served the rich?

**स्नात्वा** = after bathing

**गाङ्गैः** = by Ganges

**पयोभिः** = waters

**शुचि** = pure

**कुसुम** = flowers

**फलैः** = fruits

**अर्चयित्वा** = offering

**विभो** = o Lord!

**त्वां** = to you

**ध्येये** = the object of meditation

**ध्यानं** = mind

**निवेश्य** = concentrating

**क्षितिघर** = mountain

**कुहर** = cave

**ग्राव** = stony

**पर्यङ्कमूले** = by the bed

**आत्मारामः** = blissful in the Self

**फलाशी** = eating fruits

**गुरु** = teacher

**वचन** = words

**रतः** = devoted to

**त्वत्** = your

**प्रसादात्** = grace

**स्मरारे** = O Thou Enemy of Cupid!

**दुःखं** = sorrow

**मोक्ष्ये** = freedom

**कदा** = when

**अहं** = I

**स** = with

मकर = shark

चरणे = feet [ a shark on the feet (sign of uncommon prosperity)]

पुंसि = man

सेवा = service

समुत्थं = released

एकाकी निःस्पृहः शान्तः पाणिपात्रो दिगम्बरः ।

कदा शम्भो भविष्यामि कर्मनिर्मूलनक्षमः ॥ ८९॥

When shall I be free from the roots of action, leading a life of solitude, dispassion, serenity, with my hands serving as a bowl, and the sky for clothing?

एकाकी = alone

निःस्पृहः = free from desire

शान्तः = peaceful

पाणि = hand

पात्रः = vessel

दिगम्बरः = naked

शम्भो = O Shiva!

भविष्यामि = will become

कर्म = action

निर्मूलन = root out

क्षमः = capable

पाणिं पात्रयतां निसर्गशुचिना भैक्षेण संतुष्यतां

यत्र कापि निषीदतां बहुतृणं विश्वं मुहुः पश्यताम् ॥

अत्यागीऽपि तनोरखण्डपरमानन्दावबोधस्पृशां

अथा कोऽपि शिवप्रसादसुलभः सम्पत्यते योगिनाम् ॥ ९०॥

Using the hands as a bowl, contented with the naturally pure food from alms, resting in any place, constantly viewing the world to be worth no more than a blade of grass, experiencing uninterrupted supreme joy even before the body falls, for such aspirants alone the grace of Shiva makes the path of liberation easy of attainment.

**पाणि** = hand

**पात्रयतां** = used like a vessel

**निसर्ग** = nature

**शुचिना** = pure

**भैक्षण** = by begging alms

**संतुष्यतां** = contented

**यत्र** = where

**कापि** = anywhere

**निषीदतां** = resting

**बहुतृणं** = almost a blade of grass

**विश्वं** = world

**मुहुः** = constantly

**पश्यतां** = seeing

**अत्यागे** = giving up

**अपि** = even

**तनोः** = of the body

**अखण्ड** = uninterrupted

**परम** = supreme

**अनन्द** = bliss

**अवबोधस्पृशां** = knowledge

**अध्वा** = path

**कः** = who

**अपि** = even

**शिवप्रसाद** = grace of Shiva

**सुलभः** = easy

**सम्पत्यते** = attain

**योगिनां** = of yogis

**अवधूतचर्या ।**

कौपीनं शतखण्डजर्जरतरं कथा पुनस्तादशी

नैश्चिन्त्यं निरपेक्षभैक्षमशनं निद्रा श्मशाने वने ।

स्वातञ्च्येण निरङ्गुशं विहरणं स्वान्तं प्रशान्तं सदा

स्थैर्यं योगमहोत्सवेऽपि च यदि त्रैलोक्यराज्येन किम् ॥ ९१ ॥

The Way of Life of a Self-Realised Ascetic: Wearing a loin-cloth worn-out and tattered into a hundred rags, with a wrap-around in similar condition, free from anxiety, eating food from alms begged without any expectations, sleeping in a forest or a cremation-ground, roaming freely without hindrance, ever indrawn and calm, and also established in the great joy of Divine union, ——for such a one even sovereignty of the three worlds is beneath comparison.

**अवधूत** = a self-realised ascetic with the highest spiritual freedom

**चर्या** = the way of life

**कौपीनं** = loin cloth

**शत** = hundred

**खण्ड** = torn

**जर्जरतरं** = much worn out

**कन्था** = rag

**पुनः** = again

**तादृशी** = of the same condition

**नैश्चिन्त्यं** = free from all disturbing thoughts

**निरपेक्ष** = without expectation

**भैङ्गं** = food got by begging

**अशनं** = eating

**निद्रा** = sleep

**श्मशाने** = in a cremation ground

**वने** = in a forest

**स्वातन्त्र्येण** = freely

**निरङ्कुशं** = without hindrance

**विहरणं** = wandering

**स्वान्तं** = one's mind

**प्रशान्तं** = very peaceful

**सदा** = always

**स्थैर्यं** = steadfastness

योग = yoga

महोत्सवे = festive joy

अपि = also

च = and

यदि = when

त्रैलोक्य = three worlds

राज्येन = by sovereignty

किं = what

ब्रह्माण्डं मण्डलीमात्रं किं लोभाय मनस्विनः ।

शफरीस्फुरितेनाद्यिः क्षुब्धो न खलु जायते ॥ ९२ ॥

Will the wise ones show greed for this universe, which is but a mere mirage?

Indeed, the ocean is not agitated by the movements of a fish!

ब्रह्माण्डं = universe

मण्डली = reflection

मात्रं = mere

किं = what

लोभाय = for greed

मनस्विनः = wise

शफरी = a small fish

स्फुरितेन = by movement

अद्यिः = ocean

क्षुब्धः = agitated

न = not

खलु = indeed

जायते = become

मातर्लक्ष्मि भजस्व कंचिदपरं मत्काङ्क्षिणी मा स्म भूः

भोगेषु स्पृह्यालवस्तव वशे का निःस्पृहाणामसि ।

सद्यःस्यूतपलाशपत्रपुटिकापात्रे पवित्रीकृतै-

र्मिक्षावस्तुभिरेव सम्प्रति वर्यं वृत्तिं समीहामहे ॥ ९३ ॥

Oh Mother LakShmi! devote yourself to someone else! Do not long for

me! Those who covet pleasures are under your sway; what are you to us who are dispassionate? Now, we want to subsist on alms gathered and purified in a bowl instantly made from the leaves of Palasa tree.

**मातः** = mother

**लक्ष्मि** = O Laxmi!

**भजस्व** = serve

**कंचित्** = someone

**अपरं** = else

**मत्** = me

**काङ्क्षिणी** = long for

**मा** = do not

**स्म** = indeed

**भूः** = be

**भोगेषु** = in enjoyments

**स्पृहयालवः** = desiring

**तव** = your

**वशे** = captive

**का** = what

**निःस्पृहाणां** = free from desires

**असि** = are

**सद्यः** = immediately

**स्फूत** = put together

**पलाश** = palAsha

**पत्र** = leaf

**पुटिका** = ??

**पात्रे** = vessel

**पवित्रीकृतैः** = sanctified

**भिक्षावस्तुमिः** = articles obtained by begging

**एव** = only

**सम्भृति** = in the right way

**वयं** = we

**वृत्तिं** = attitude

**समीहामहे** = wish

महाशङ्क्या पृथ्वी विपुलमुपधानं भुजलता  
 वितानं चाकाशं व्यजनमनुकूलोऽयमनिलः ।  
 शरचन्द्रो दीपो विरतिवनितासङ्गमुदितः  
 सुखी शान्तः शेते मुनिरतनुभूतिर्नृप इव ॥ ९४ ॥

With the earth for a bed, the arms for a large pillow, the sky for a roof,  
 the gentle breeze for a fan, the autumnal moon for a lamp, renunciation  
 as conjugal bliss, the sage sleeps in contentment and tranquillity,  
 like a sovereign of immense glory.

**महा** = great

**शङ्क्या** = bed

**पृथ्वी** = earth

**विपुलं** = ample

**उपधानं** = pillow

**भुजलता** = arms

**वितानं** = canopy

**च** = and

**आकाशं** = sky

**व्यजनं** = fan

**अनुकूलः** = pleasant

**अयं** = this

**अनिलः** = breeze

**शरत्** = autumn

**चन्द्रः** = moon

**दीपः** = light

**विरति** = abnegation

**वनिता** = wife

**सङ्ग** = company

**मुदितः** = elevated (rejoicing)

**सुखी** = blissful

**शान्तः** = peaceful

शेते = sleeps

मुनिः = sage

अतनु = not small (undiminished)

भूतिः = glory

नृप = king

इव = as if

भिक्षाशी जनमध्यसङ्गरहितः स्वायत्तचेष्टः सदा  
हानादानविरक्तमार्गनिरतः कथित्परस्वी स्थितः ।  
रथ्याकीर्णविशीर्णजीर्णवसनः सम्प्राप्तकन्धासनो  
निर्मानो निरहंकृतिः शमसुखाभोगैकबद्धस्पृहः ॥ ९५॥

Living on alms, unattached to the company of people, ever acting with total freedom, devoted to the path of dispassion towards the exchange of wealth, such a one is a true ascetic. Wearing worn-out rags thrown in the streets, using a blanket received by chance for a seat, without pride or selfishness, the ascetic wishes solely for the joy of the controlled mind.

भिक्षाशी = eating alms

जनमध्य = society

सङ्गरहितः = unattached

स्वायत्तचेष्टः = free in actions (independent)

सदा = always

हानादान = give and take

विरक्त = indifferent

मार्ग = path

निरतः = pursuing

कथित् = who but

तपस्वी = engaged in austerities

स्थितः = living

रथ्या = in the streets

कीर्ण = thrown away

विशीर्ण = shattered

जीर्णं = worn out

वसनः = garment

सम्प्राप्तं = gotten by chance

कन्थं = blanket

आसनः = seat

निर्मानः = without pride

निरहंकृतिः = without egoism

शमं = self-control

सुखाभोगं = enjoying the happiness

एकबद्धं = bound by only one

स्पृहः = desiring

चण्डालः किमयं द्विजातिरथवा शूद्रोऽथ किं तापसः:

किं वा तत्त्वविवेकपेशलमतियोगीश्वरः कोऽपि किम् ।

इत्युत्पन्नविकल्पजल्पमुखरैराभाष्यमाणा जनैः

न कुद्धाः पथि नैव तुष्टमनसो यान्ति स्वयं योगिनः ॥ ९६ ॥

॥ Is this person an outcaste? or a twice-born? or a shudra? or an ascetic? or else some master yogi with the mind filled with philosophical discernment? When people address the ascetic thus, doubting and debating garrulously, the Yogis themselves walk awy, neither angry nor pleased.

चण्डालः = outcaste

किं = what

अयं = this

द्विजातिः = twice-born (initiated in scriptures)

अथवा = or

शूद्रः = servant

अथ = thus

किं = what

तापसः = ascetic

किं = what

वा = or

तत्त्वं = truth

**विवेक** = discrimination  
**पेशल** = expert  
**मतिः** = mind  
**योगीश्वरः** = supreme yogi  
**कः** = who  
**अपि** = also  
**किं** = what  
**इति** = thus  
**उत्पन्न** = arising  
**विकल्प** = doubt  
**जल्प** = argumentative  
**मुखरौः** = garrulously  
**आभाष्यमाणा** = accosted  
**जनैः** = by people  
**क्रुद्धाः** = angry  
**पथि** = on the way  
**न** = not  
**एव** = only  
**तुष्ट** = pleased  
**मनसः** = mind  
**यान्ति** = go  
**स्वयं** = own way  
**योगिनः** = yogis

**हिंसाशून्यमयबलभ्यमशनं धात्रा मरुत्कल्पितं**  
**व्यालानां पशवस्तुणाङ्कुरभुजस्तुष्टाः स्थलीशायिनः ।**  
**संसारार्णवलङ्घनक्षमाधियां वृत्तिः कृता सा नृणां**  
**तामन्वेषयतां प्रयान्ति सततं सर्वे समासिं गुणाः ॥ ९७॥**

The creator has provided for serpents air as food, got without violence or effort. Beasts are satisfied with eating sprouting grass and laying on the ground. Likewise, for people intellectually able enough to cross the sea of birth-death cycles, some such means of living has

been created. Those who seek this are able to bring to final cessation the play of their natural attributes.

**हिंसाशून्यं** = without killing

**अयत्** = without effort

**लभ्यं** = obtainable

**अशानं** = for eating

**धात्रा** = by the Creator

**मरुत्** = air

**कल्पितं** = provided

**व्यालानं** = for serpents

**पशवः** = beasts

**तृण** = grass

**अङ्गुरभुजः** = feeding on sprouts

**तुष्टाः** = contented

**स्थलीशायिनः** = lying on ground

**संसार** = transmigratory life

**अर्णव** = ocean

**लङ्घनक्षम** = capable to cross over

**धियां** = intelligence

**वृत्तिः** = inclined to

**कृता** = made

**सा** = that

**नृणां** = of people

**तां** = to them

**अन्वेषयतां** = seeking

**प्रयान्ति** = go

**सततं** = constantly

**सर्वे** = all

**समाप्ति** = ending

**गुणाः** = qualities (inertia, activity, and understanding)

**गङ्गातीरे हिमगिरिशिलाबद्धपद्मासनस्य**

ब्रह्मध्यानाभ्यसनविधिना योगनिद्रां गतस्य ।  
किं तैर्भाव्यं मम सुदिवसैर्यत्र ते निर्विशङ्काः  
कण्डूयन्ते जरठहरिणाः स्वाङ्गमञ्जं मदीये ॥ ९८॥

Seated in the lotus-posture on a stone in the Himalayas on the banks of the Ganga; attaining yogic sleep by the practice of meditation on the Supreme Reality; with deer, old with age and free from fear, caressing their bodies against mine—— will such fortune come to me?

**गङ्गातीरे** = on the banks of river Ganges

**हिमगिरि** = Himalayas

**शिला** = stone

**बद्ध** = bound/sitting

**पद्मासनस्य** = lotus posture

**ब्रह्म** = transcendent truth

**ध्यान** = meditation

**अभ्यसन** = practice

**विधिना** = in the prascribed manner

**योगनिद्रां** = Samadhi (with consciousness of the external world lost)

**गतस्य** = going/falling

**किं** = what

**तैः** = by them

**भाव्यं** = resulting from

**मम** = my

**सुदिवसैः** = happy days

**यत्र** = where

**ते** = they

**निर्विशङ्काः** = fearless

**कण्डूयन्ते** = rub

**जरठहरिणाः** = old deer

**स्वाङ्गं** = own bodies

**अञ्जं** = body

**मदीये** = my

**पाणिः** पात्रं पवित्रं भ्रमणपरिगतं भैक्षमक्षय्यमन्नं  
 विस्तीर्णं वस्त्रमाशादशकमचपलं तल्पमस्वल्पमुर्वी ।  
 येषां निःसङ्गताङ्गीकरणपरिणतस्वान्तसंतोषिणस्ते  
 धन्याः संन्यस्तदैन्यव्यतिकरनिकराः कर्म निर्मूलयन्ति ॥ ९९ ॥

The hands serving as a sacred bowl, subsisting on the never-dwindling alms obtained while roaming, the vast expanse of the sky serving as a dress, and the earth for a stable, spacious bed—people with such dispassion are blessed indeed, for they have renounced the poverty of attitude seeking mundane pleasures and thus giving up worldly contacts, and inwardly contented in heart fulfilled by accepting solitude, and thus able to uproot all actions ( the roots of future rebirths and deaths).

**पाणिः** = hand

**पात्रं** = vessel

**पवित्रं** = pure

**भ्रमण** = wandering

**परिगतं** = obtained

**भैक्षं** = alms

**अक्षय्यं** = never running short

**अन्नं** = food

**विस्तीर्णं** = ample

**वस्त्रं** = cloth

**आशा** = space

**दशकं** = ten directions

**अचपलं** = fixed

**तल्पं** = bed

**अस्वल्पं** = spacious

**उर्वी** = wide earth

**येषां** = whose

**निःसङ्गत** = without associating

**अङ्गीकरण** = absorb

**परिणत** = matured

स्वान्त् = inwardly

संतोषिणः = blissful

ते = they

धन्याः = blessed

संन्यस्त = forsaking

दैन्य = deprivation

व्यतिकर = contact

निकराः = best of objects

कर्म = actions

निर्मूलयन्ति = root out

मातर्मेदिनि तात मारुत सखे तेजः सुबन्धो जल

भ्रातर्योम निबद्ध एव भवतामन्त्यः प्रणामाञ्जलिः ।

युष्मत्सङ्गवशोपजातसुकृतस्कारस्फुरन्निर्मल-

ज्ञानापास्तसमस्तमोहमहिमा लीये परब्रह्मणि ॥ १०० ॥

Oh Mother Earth! Oh Wind, my Father! Oh Fire, my friend! Oh Water, my good relative! Oh Sky, my Brother! With clasped hands this is my concluding salutations to you! My association with you all resulted in an accumulation of scintillating merits, culminating in abundance of pure knowledge, which helped me overcome the marvellous sway of Unreality! May I now unite with the Transcendent Truth!

मातः = O Mother

मेदिनि = Earth

तात = O Father

मारुत = Wind

सखे = O Friend

तेजः = Fire

सुबन्धः = O my good relative

जल = Water

भ्रातः = O Brother

व्योम = Sky

निबद्ध = tied to

एव = only  
भवतां = with you all  
अन्त्यः = last  
प्रणाम = salutations  
अञ्जलिः = clasped hands  
युष्मत् = with you all  
सङ्घवश = association with  
उपजात = developed  
सुकृत = good deeds, merits  
स्फार = wide  
स्फुरत् = trembling, resplendent  
निर्मल = without blemish, pure  
ज्ञान = knowledge  
अपास्त = discard  
समस्त = all  
मोह = delusion  
महिमा = wondrous power  
लीये = merge  
परब्रह्मणि = in the Transcendent Reality  
इति भर्तुहरिविरचितं वैराग्यशतकं सम्पूर्णम् ।

Encoded and Translated by Sunder hattangadi  
Proofread by Sunder Hattangadi, P R Iyer,  
kalyana krrit kalyanakrrit at gmail.com

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*Vairagya Shatakam with Translation*  
pdf was typeset on March 24, 2024

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Please send corrections to [sanskrit@cheerful.com](mailto:sanskrit@cheerful.com)

