

Vedic WAVES

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Vedic Shield against Visible and Invisible Organisms

–Dr. Raghava S. Boddupalli (<https://vedicwaves.wordpress.com/about-authors/>)

Introduction

Coronaviruses (CoV) are a large family of viruses, including some that cause the common cold to some that cause major diseases such as the Severe Acute Respiratory Syndrome (SARS) and the Middle East Respiratory Syndrome (MERS). In December 2019, the pandemic outbreak of a novel 'Coronavirus disease' (COVID-2019), later termed as SARS-CoV-2, is potentially fatal and a highly contagious disease. Given that in absence of a definitive COVID-19 treatment and the presence of asymptomatic carriers, the conventional intervention measures to curb the rate of infection and deaths are highly challenging. This novel coronavirus (2019-nCoV) is a new strain that has not been previously identified in humans. Respiratory involvement, presenting as mild flu like illness to potentially lethal acute respiratory distress syndrome or fulminant pneumonia resembling that of SARS-CoV is the dominant clinical manifestation of COVID-19. Like other respiratory tract infections, pre-existing comorbidities are reported to enhance vulnerability to COVID-19 patients. Although the pathophysiology of SARS-CoV-2 is not well studied yet, existing evidences suggest likely resemblances to other SARS-CoVs' infection; the acute lung injury resulting from aggressive inflammation triggered by viral replication. People with compromised immune systems, the very old and young and those with diagnosed heart and lung conditions are most at risk of developing complications if they contract an infection like this. While currently there is no cure for this, we can work with our mind and body through natural remedies to greatly strengthen our immune system. If our immune system is strong, then we can fight and prevent any infection.

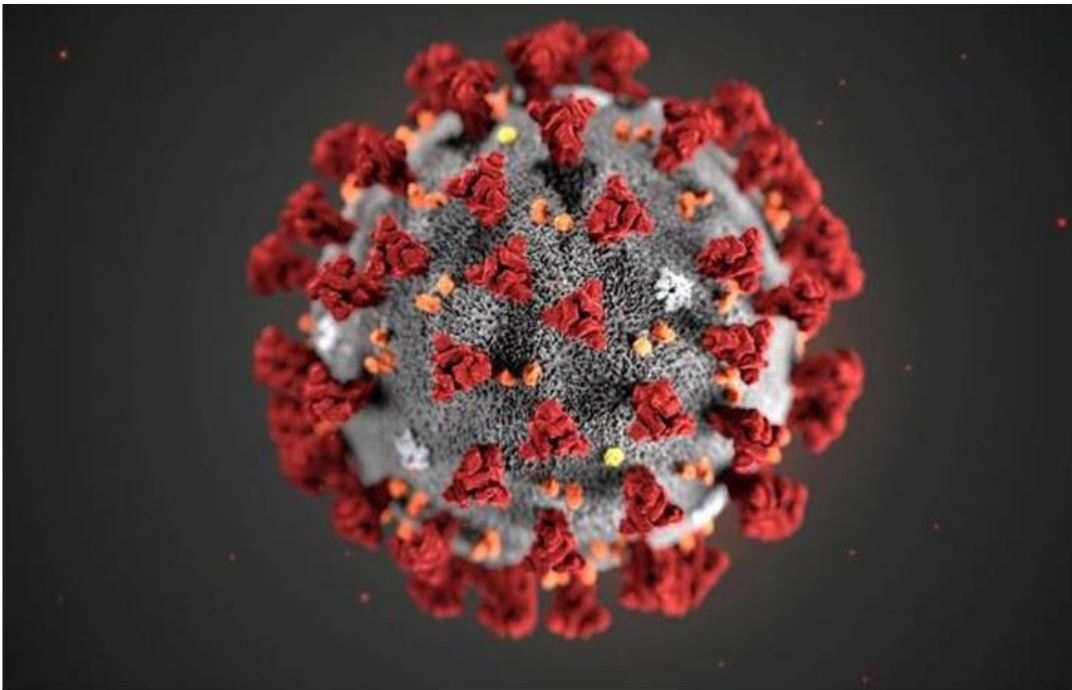


Figure 1: The ultra-structural morphology exhibited by the 2019 Novel Coronavirus seen in an illustration released by the Centers for Disease Control and Prevention on January 29, 2020.

Homa oblations to control bacterial and fungal pathogens

According to Vedic scholars, the combination of the powerful energy of the fire and the Vedic *mantras*/liturgy creates extremely auspicious and purifying vibrations that are beneficial to the people attending yajña or hōma. The homa-*ājya* that is used in the yajñas is made only from the cow's milk. Research reports indicate that the cow-ghee contains many essential

nutrients, anti-oxidants and saturated fatty acids. These reports provided experimental evidence that the cow-ghee is having anti-bacterial and anti-fungal properties. The practice of *Agnihotra* and placing *havan* (fire offerings) purifies the house and the outside environment. A scientific report states that *homa* is an effective method to reduce the fungal spores load in small office or room. As per the [experiments](https://agris.fao.org/agris-search/search.do?recordID=US201300790508) (https://agris.fao.org/agris-search/search.do?recordID=US201300790508), conducted, the *homa* fire smoke has the potency to kill fungal spores. In another [study](https://www.ncbi.nlm.nih.gov/pubmed/17913417) (https://www.ncbi.nlm.nih.gov/pubmed/17913417), it is experimentally shown that the medicinal smoke emanated by burning wood (*samidha*) and a mixture of odoriferous and medicinal herbs has the ability to effectively reduce pathogenic bacteria in the air. Another [report](https://www.ncbi.nlm.nih.gov/pubmed/28483188) (https://www.ncbi.nlm.nih.gov/pubmed/28483188), conceptualizes the principle of *Agnihotra yajña* as having potent pharmacological action. The anti-viral property of the *homa* needs to be experimented and tested.

Microorganisms in Vedas

The word *krimi* occurs in the Vedas for different macroscopic and microscopic creatures. Right from germs like bacteria, viruses and others, various insects like *kiṭa*, *patamga* are referred as *krimi*. There are two types of *krimis* viz., *drṣṭa* (visible / macroscopic) and *adrṣṭa* (invisible / microscopic) were described in Atharvaveda (AV) as an entire hymn [5-5-23].

*yō aksyau parisarpati yō nāsē parisarpati |
datām yō madhyam gacchati tam krimim jambhayāmasmi ||*

AV 5-5-23(3)

नेत्रों में घूमने वाले, नाक के नथुने में घूमने वाले तथा दाँत में रहने वाले कृमियों को हम नष्ट करते हैं।

*utpurastātsūrya ēti viśvadrṣṭō adrṣṭahā |
drṣṭāmśca dnannadrṣṭāmśca sarvāśca pramrṇākrimīn ||*

AV 5-5-23(6)

सब प्राणियों के लिए दर्शनीय सूर्य अदृश्य कीटों को नष्ट करते हैं। वे दृश्य, अदृश्य सब प्रकाश के कृमियों को मारते हुए पूर्व से उदय हो रहे हैं।

We pray that both the worms (*krimi*) that we can see, and that we see not, be destroyed. These two categories encompass nearly all *krimi* (microbes / pathogens). According to their origin and habitat they are categorized as *pranyaśrayī* and *anyasthānaśrayī*. Different *śārīrika*, *mānasika* and *ādhyātmika vyādhis* were thought to be originated from these *krimis*. These harmful and debilitating (*puṣṭināśaka*) organisms are recognized by various names based on troubles/sufferings they produce. Sun and fire (*agni*) were described as internal source of treatment (*krimi cikitsa*). Today, science also confirms these facts that early morning ultraviolet light rays emanating from sun can be used for various *krimijanya-vyādhis*. Apart from this, various treatment modalities by using various natural resources, herbal drugs, mineral drugs, fumigation, cleansing (*mārjan-prōksana*) and hymns are described for *krimi* and diseases caused by them in Yajurveda and Atharvaveda.

Prayer to Soma (god of medicinal herbs), Rudra (primordial doctor) and other deities

*sōmārudrā vi vr̥hatam viśūcīmamivā yā nō gayamāvivēśa |
ārē bādhēthām nirṛtim parācaih kṛtam cidēnah pra mumuktamasmat ||*

Yajurveda [TS 1-8-22(22)]

Oh *Soma* (god of medicinal herbs) and *Rudra*! Enter our homes and eradicate morbidity. Drive away and trouble the unfavorable disease from afar. You will remove from us the sin (which is in the form of disease) that is stuck to our bodies.

*adhyavōcadadhivaktā prathamō daivyo bhiṣak |
ahīgśca sarvāñjambhayamṭhsarvāśca yātudhānyah ||*

Yajurveda [TS 4-5-1(2), MS 16-5]

The first *anuvaka* of *Namakam* in *Śrī Rudram* is not only chanted for all-round development of the community as well as the well-being of the chanter, but will also provide protective shield (*kavaca*) against the visible and invisible enemies like virulent fevers, fatal disorders, absolution from evil stars and bad karma.

*udgrābham ca nigrābham ca brahma dēvā avīvr̥dhann |
athā saptnānimḍrāgnī mē viśūcīnānvyasyatām ||*

Yajurveda [TS 1-6-4]

Brahma and other *devatas* improved the two-fold nature (*udgrābha* and *nigrābha*) of the ladle, increasing its prosperity. Using this, *Indra* and *Agni* drove away and destroyed cholera.

Remedy for germs

atrinā tvā krimē hanmi | kaṇvēna jamadaggninā | viśvāvasōrbhrahmanā hataḥ | krimiṇāgum rājā | apyēṣāgsthapatir hataḥ | athō māātāthō pitā | athō sthūrā athō kṣudrāḥ | athō kṛṣṇā athō śvētāḥ | athō āśātikā hataḥ | śvētābhi ssaha sarvē hataḥ ॥

Taittirīya Āranyaka [TA] 4-36

O Germ! I kill you with the mantra revealed by the *rṣis* Atri, Kaṇva and Jamadagni. The leader of the germs was killed by the mantra revealed by Visvavasu, a Gandharva. The other germ leaders were also killed. The mother and father of the germs were destroyed. All types of germs – big and small, black and white were killed. Moreover, the germs in the bodies of animals like cows and horses were also killed. We offer the havis in the hōma, in the yajñāsāla. Similarly, through this mantra, we keep the enemies, in the tooth of Yama. We can listen to the crushing sound of the enemies, while they are killed.

yā vyāghram viśūcikā | ubhauvrkaṃcaraksati | śyēnam patatrināgum sigumham | sēmam pātvaḥgumhasah ॥

Taittirīya Brāhmaṇa [TB] 2-6-1(5)

व्याधियों को दूर करने वाली विषूचिका यजमान की उसी प्रकार रक्षा करें जिस प्रकार व्याघ्र, वृक, सिंह और पक्षी को जरण दोष नहीं होता।

This mantra implores the deity of cholera, *viśūcikā* (<http://www.andhrabharati.com/dictionary/index.php?w=%E0%B0%B5%E0%B0%BF%E0%B0%B7%E0%B1%82%E0%B0%9A%E0%B0%BF>), to protect the sacrificer from distress in the same way that the tiger, wolf, winged hawk and the lion are protected or spared.

Prayer to Vayu and Prajapati

vātam prāṇam manasānvārabhāmahē | prajāpatim yō bhuvanasya gōpāḥ | sanōmrtyōstrāyatām pātvaḥgumhasah | jyōgjīvā jarāmaśīmahī ॥

TB 3-7-7(2)

प्राण रूपी वायु और प्रजापति जो इस भुवन के स्वामी हैं। वे हमारे मन से मृत्यु के भय को हटाये। हम चिरकाल तक जीवन जीये अर्थात् वृद्धावस्था तक

It is a prayer for *vāyu* (custodian of vital air – *prāṇam*) and *Prajāpati*, who is the creator and protector of the universe (*bhuvanās*) – heaven, earth, and hell – (*bhuvanasya gōpāḥ*) and the people living in them. They relieve us from the attack of *mṛtyu* (dangers and untimely unhappy occurrences) as well as from the sins (*agumhasah*). These may be carried on by the *jīva* even to the next birth. We have to mark the definite hope expressed in the expression: '*jyōgjīvā jarāmaśīmahī*'. This desire is also mentioned as prayer to Sun God in *Śaura sūkta*. As there are many uncertainties in one's life, there no guarantee in reaching old age. From birth to death, many *mayantarayas* (*mṛtyu*) occur. Hence, they need to be curbed periodically. When this *mantra* is performed as *japa*, surely the deities under prayer shall focus this care on the devotees. They promote health and save us from death and distress (Prabhakar, C.L., *Veda Nada Sarit*, 27(228), April 2020).

Cure for respiratory diseases

jarāyujah prathama usriyā vrṣā vātābhrajā stanayannēti vrṣtyā |

sanō mrḍāti tanvaruḥjugō rujan ya ēkamōjāstrēdhā vicakramē ॥

AV 1-3-12(1)

जरायु से उत्पन्न जगत् से पूर्व सृष्टि में सबसे प्रथम उत्पन्न वायु के समान शीघ्रगामी और अनंत बल संपन्न सूर्य मेघों को गर्जाते हुए वर्षा के साथ आते हैं। वे सूर्य हमें त्रिदोष जनित रोगों से मुक्त कर। वे सीधे चलने वाले सूर्य जो एक होकर भी तीन प्रकार से प्रकाशित होते हैं, हमारे शरीर को सुख दें।

We pray the Sun, who shines strong even through the heavy clouds and rain, and provide comfort to our body by curing many diseases.

aṅgē aṅgē śōciṣā śriśriyāṇam namasyamta stvā haviṣā vidhēma |

aṅkāṃtsamaṅkān haviṣā vidhēma yō agrabhīt parvāsyā grabhītā ॥

AV 1-3-12(2)

प्रत्येक अवयवों में अपनी दीप्ति रूप से व्याप्त हे सूर्य! हम स्तुति, हवि आदि से आपको पूजते हैं। आपके समीपवर्ती देवताओं को भी हवि द्वारा सेवा करते हैं। रोगों से ग्रसित इस पुरुष की रोग निवृत्ति के लिए हम आपको पूजते हैं।

In this mantra, salutations are offered to the Sun, who pervades in full brilliance in all creatures. Oblations are offered to the Sun, His followers and other deities to cure us all from the virulent diseases and viral fevers which affect our body.

Remedy through Cow-Urine

*idamidvā u bhēṣajamidam rudrasya bhēṣajam |
yēnēṣumēkatējanām śataślyāmapabratat ||*

AV 6-12-57(1)

इस रोग को दूर करने वाली औषधि को मैं करूंगा यह रुद्र की औषधि अंत काल में सबको रुलाती है। इसका शिव ने प्रयोग किया था।

To cure *wrana* i.e., all diseases the medicines made available by Rudra are indeed the only cures. According to Monier Williams, *wrana* stands for wound, sore, ulcer, abscess, tumors, cancer, boil, scar, cicatrix, cracks etc.

*jālāsēnābhi śiñcata jālāsēnōpa siñcata |
jālāsamugram bhēṣajam tēna nō mrḍa gīvasē ||*

AV 6-12-57(2)

हे परिचारको! तुम गोमूत्र के फेन जल से घाव को धोओ, यह रोग को दूर करने में श्रेष्ठ है। हे रुद्र! इस औषधि से हमको सुख दो।

The body parts affected by disease and nearest to the disease parts should be thoroughly washed with the mixture of cow urine (*gō-mutra*) and activated water. This is the most potent remedy blessed by Rudra for giving healthy life to us for the treatment of these diseases.

*sam ca nō mayāśca nō mā ca nah kim canāmamat |
kṣmā rapō viśvam nō astu bhēṣajam sarvam nō astu bhēṣajam ||*

AV 6-12-57(3)

हे देव! हमको सुख मिले हमारे पशु-मनुष्य रोग-ग्रस्त न हों और पाप का नाश हो। संपूर्ण विश्व और उनके श्रेष्ठ कर्म हमारे लिए औषधि के समान हों।

Let there be health for us, peace for us, pleasure for us, let nothing cause injury and harm to us, let all diseases be banished, let all the objects in this world be promoters of our health.

The above mentioned three Atharvaveda *mantras* [11-13] describe how the urine of cow can be used in treating against unicellular amoeba-like organisms (Vedas call them creatures without mouths). Use of the cow urine is suggested as a mixture with vigorously stirred – foaming water – activated water, similar to the making of homeopathic and bio-dynamic preparations. Research reports indicate that the cow urine has antimicrobial activities and particularly on fungal pathogens. As of now, there is no published report with regard to the measures to fight the virus by using cow urine. It is time to investigate the effectiveness of cow urine against even the coronavirus.

Conclusions

It is unfortunate that now-a-days, humans are facing many diseases. The outbreak of coronavirus has been detected a few months ago. *Ishvara* being our real inspiration has given us the knowledge of four Vedas to destroy illusion and solve all kinds of problems, including those of medical science. Many fatal infections can be destroyed by performance of *yajñās* and *yāgyās*. When we obey the Vedic principles, diseases are either destroyed from its roots or do not even generate. Vedic *mantras* state that *agnihotra* purifies food grains, water, and bestows mental and physical strength so that people can enjoy prosperous life. Veda *mantras* have the ability to drive away the health hazards and *sādhana* is important for *siddhi*.

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