

ghora kaShToddhAraNa stotram

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ಘೋರ ಕಷ್ಠೋದ್ಧಾರಣಸ್ತೋತ್ರಂ

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ಘೋರ ಕಷ್ಟೋದ್ಧಾರಣಸ್ತೋತ್ರಂ



ಶ್ರೀಪಾದ ಶ್ರೀವಲ್ಲಭ ತ್ವಂ ಸದೈವ . ಶ್ರೀದತ್ತಾಸ್ತಾನ್ಮಾಹಿ ದೇವಾಧಿದೇವ ..
ಭಾವಗ್ರಾಹ್ಯ ಕ್ಲೇಶಹಾರಿನ್ಸುಕೀರ್ತೇ . ಘೋರಾತ್ಕಷ್ಟಾದುದ್ಧರಾಸ್ತಾನ್ಮಮಸ್ತೇ .. 1..

Lord of Lords, Shri Datta ! Shripada Shrivallabha ! One who
only likes Bhakti, and who has good fame - you always protect
us. Save us (deliver us, rescue us, extricate us) from awful,
(hurtful, painful) difficulties. We bow down unto you.

ತ್ವಂ ನೋ ಮಾತಾ ತ್ವಂ ಪಿತಾಪೋರೂಪಿಸ್ತ್ವಂ . ತ್ರಾತಾ ಯೋಗಕ್ಷೇಮಕೃತ್ಸದ್ಗುರುಸ್ತ್ವಂ

..
ತ್ವಂ ಸರ್ವಸ್ವಂ ನೋಽಪ್ರಭೋ ವಿಶ್ವಮೂರ್ತೇ . ಘೋರಾತ್ಕಷ್ಟಾದುದ್ಧರಾಸ್ತಾನ್ಮಮಸ್ತೇ
.. 2..

Prabho ! (one who has no God above, one who is God himself,
highest authority). One who is Vishvamurti (entire universe is
whose form), you are our mother, father, owner, relatives and
Sadguru. You only sustain us and look after our daily activities
and well being (YogakShema). You are everything for us, hence
save us (deliver us, rescue us, extricate us) from awful,
(hurtful, painful) difficulties. We bow down unto you.

ಪಾಪಂ ತಾಪಂ ವ್ಯಾಧಿಮಾಧಿಂ ಚ ದೈನ್ಯಂ . ಭೀತಿಂ ಕ್ಲೇಶಂ ತ್ವಂ ಹರಾಶು ತ್ವದನ್ಯಂ ..
ತ್ರಾತಾರಂ ನೋ ವೀಕ್ಷ್ಯ ಈಶಾಸ್ತಜೂರ್ತೇ . ಘೋರಾತ್ಕಷ್ಟಾದುದ್ಧರಾಸ್ತಾನ್ಮಮಸ್ತೇ ..

3..

Hey Ishwara , you immediately deliver us from Papa (sin),
Tapa (misery/ agony/ torment) bodily illnesses, mental agonies,
poverty, fears and sufferings. Hey Lord , who saves us from
difficulties, we cannot see, locate any other saviour other
than you hence ..Save us (deliver us, rescue us, extricate us)
from awful, (hurtful, painful) difficulties. We bow down unto you.

ನಾನ್ಯಸ್ತಾತಾ ನಾಪಿ ದಾತಾ ನ ಭರ್ತಾ . ತ್ವತ್ತೋ ದೇವ ತ್ವಂ ಶರಣ್ಯೋಽಕಹರ್ತಾ ..
 ಕುರ್ವಾತ್ರೇಯಾನುಗ್ರಹಂ ಪೂರ್ಣರಾತೇ . ಘೋರಾತ್ಕಷ್ಟಾದುದ್ಧರಾಸ್ಮಾನ್ನಮಸ್ತೇ ..
 4..

Hey God, we have no other Trata (protector) other than you,
 no other Data (giver) nor Bharta (Lord / Chief/ husband /
 master). You protect the ones, who surrender unto you and
 you get rid of their sorrows. Hey Atreya (son of Atri Rishi -
 Dattatreya) oblige us (Do Krupa on us) Oh Purnarate (One who
 has no desires / desireless) and Save us (deliver us, rescue
 us, extricate us) from awful, (hurtful, painful) difficulties.

We bow down unto you.

ಧರ್ಮೇ ಪ್ರೀತಿಂ ಸನ್ಮತಿಂ ದೇವಭಕ್ತಿಂ . ಸತ್ಸಂಗಾಪ್ತಿಂ ದೇಹಿ ಭುಕ್ತಿಂ ಚ ಮುಕ್ತಿಂ .
 ಭಾವಾಸಕ್ತಿಂ ಚಾಖಿಲಾನಂದಮೂರ್ತೇ . ಘೋರಾತ್ಕಷ್ಟಾದುದ್ಧರಾಸ್ಮಾನ್ನಮಸ್ತೇ .. 5..

Hey Akhilanandmurte Deva, (one whose very nature is of
 complete joy) grant us , love towards Dharma, Bhakti, and
 good Buddhi (good thought process / power of discrimination).
 Grant us Satsang (company of good people) , Bhukti (Fulfill
 our material needs) and also grant us Mukti (liberation)
 and give us deep attachment towards Pure Bhakti. Fulfill all
 our desires. Save us (deliver us, rescue us, extricate us)
 from awful, (hurtful, painful) difficulties. We bow down unto
 you.

ಶ್ಲೋಕಪಂಚಕಮೇತದ್ಯೋ ಲೋಕಮಂಗಲವರ್ಧನಂ .
 ಪ್ರಪರೇನ್ನಿಯತೋ ಭಕ್ತ್ಯಾ ಸ ಶ್ರೀದತ್ತಪ್ರಿಯೋ ಭವೇತ್ ..

All these five shlokas (couplets) one who recites or chants
 regularly with devotion, it will bring about (increase) Mangalam
 (auspiciousness and good fortune) among people in the world and
 he / she who chants it will be very dear to the Lord Datta.

ಇತಿ ಶ್ರೀಮತ್ ಪರಮಹಂಸ ಪರಿವ್ರಾಜಕಾಚಾರ್ಯ
 ಶ್ರೀಮದ್ ವಾಸುದೇವಾನಂದಸರಸ್ವತೀಸ್ವಾಮೀವಿರಚಿತಂ
 ಘೋರಕಷ್ಟೋದ್ಧಾರಣಸ್ತೋತ್ರಂ ಸಂಪೂರ್ಣಂ ..


Thus the "ghorakaShTa uddhAraNa stotram" written by Shrimat,


ಘೋರ ಕಷ್ಟೋದ್ಧಾರಣಸ್ತೋತ್ರಂ

Paramhansa, Parivrajakacharya, Shrimad VAsudevananda Saraswati
Swami is complete.

Encoded by Sunder Hatttangadi

Proofread by Sunder Hatttangadi, Narendra Kapre and Avinash Sathaye

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