
Hymn to Shri Uma Devi

श्रीलुमादेविसुत्रम्

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ಶ್ರೀಉಮಾದೇವೀಸ್ತೋತ್ರಂ



ಅಸ್ಯ ಶ್ರೀ ಉಮಾ ಭಗವತೀ ಮಂತ್ರಸ್ಯ ಭೈರವಖುಷಿಃ, ಅನುಷ್ಟುಪ್ಪಂದಃ,
ಶ್ರೀ ಉಮಾ ಭಗವತೀ ದೇವತಾ, ಹ್ರೀಂ ಬೀಜಂ, ಶ್ರೀಂ ಶಕ್ತಿಃ,
ಹೂಂ ಕೀಲಕಂ, ಆತ್ಮನೋ ವಾಚ್ಛನಃ ಕಾಯೋಪಾರ್ಜಿತ ಪಾಪನಿವಾರಣಾರ್ಥಂ
ಶ್ರೀಉಮಾಭಗವತೀಪ್ರೀತ್ಯರ್ಥಂ ಜಪೇ ವಿನಿಯೋಗಃ .

ಅಂಗನ್ಯಾಸಃ -

ಭೈರವ ಋಷಯೇ ನಮಃ ಶಿರಸಿ .

ಅನುಷ್ಟುಪಚ್ಚಂದಸೇ? ನಮಃ ಮುಖೇ .

ಉಮಾ ಭಗವತೀ ದೇವತಾಯೈ ನಮಃ ಹೃದಿ .

ಹ್ರೀಂ ಬೀಜಾಯ ನಮಃ ನಾಭೌ .

ಶ್ರೀಂ ಶಕ್ತಯೇ ನಮಃ ಗುಹ್ಯೇ .

ಹೂಂ ಕೀಲಕಾಯ ನಮಃ ಪಾದಯೋಃ .

ಜಪೇ ವಿನಿಯೋಗಾಯ ನಮಃ ಸರ್ವಾಂಗೇಷು ..

ಕರನ್ಯಾಸಃ -

ಓಂ ಹ್ರೀಂ-ಅಂಗುಷ್ಟಾಭ್ಯಾಂ ನಮಃ .

ಓಂ ಶ್ರೀಂ-ತರ್ಜನೀಭ್ಯಾಂ ನಮಃ .

ಓಂ ಹೂಂ-ಮಧ್ಯಮಾಭ್ಯಾಂ ನಮಃ .

ಓಂ ಉಮಾ-ಅನಾಮಿಕಾಭ್ಯಾಂ ನಮಃ .

ಓಂ ಭಗವತ್ಕೈ-ಕನಿಷ್ಠಕಾಭ್ಯಾಂ ನಮಃ .

ಓಂ ನಮಃ- ಕರತಲಕರ ಪೃಷ್ಠಾಭ್ಯಾಂ ನಮಃ ..

ಹೃದಯಾದಿನ್ಯಾಸಃ -

ಓಂ ಹ್ರೀಂ-ಹೃದಯಾಯ ನಮಃ .

ಓಂ ಶ್ರೀಂ-ಶಿರಸೇ ಸ್ವಾಹಾ .

ಓಂ ಹೂಂ-ಶಿಖಾಯೈ ವಷಟ್ .

ಓಂ ಉಮಾ-ಕವಚಾಯ ಹೂಂ .

ಓಂ ಭಗವತ್ಕೈ-ನೇತ್ರಾಯ ವೌಷಟ್ .

ಓಂ ನಮಃ ಅಸ್ತ್ರಾಯ ಫಟ್ . (ಇತಿ ಪ್ರಾಣಾಯಮಃ) ..

ಧ್ಯಾನಂ -

ಸ್ವಧಾ ಕಲಶ ಸತ್ಪಷ್ಪಾ ಮಾಲಾ ಹಸ್ತಾ ಸುಶೋಭನಾ
ಆಕಾಶ ಮಾತರಃ ಏಕಾ ವಕ್ತ್ರಂ ದೇವಸ್ಯ ಸನ್ಮುಖಂ .

ಶ್ರೀ ಗಾಯತ್ರೀ

ಓಂ ಹ್ರೀಂ ಉಮಾ ದೇವ್ಯೈ ವಿದ್ಮಹೇ . ಶ್ರೀಂ ಮಹಾ ಮಾಯಾಯೈ ಧೀಮಹಿ .

ತನ್ನಃ ಉಮಾ ಪ್ರಚೋದಯಾತ್ . (ತ್ರಿವಾರಂ ಜಪೇತ್)

ಮೂಲ ಮಂತ್ರಃ -

ಓಂ ಹ್ರೀಂ ಶ್ರೀಂ ಹೌ ಉಮಾ ಭಗವತ್ಕೈ ನಮಃ . (108 ವಾರಂ ಜಪೇತ್) .

ಪ್ರಾಣಾಯಮಃ, ಪೂರ್ವೇವನ್ಮ್ಯಾಸಃ

ಅಥ ಶ್ರೀಉಮಾದೇವೀಸ್ತೋತ್ರಂ .

ಚಾಮರಂ ದಕ್ಷಿಣೇ ಹಸ್ತೇ ಕಮಲಂ ಚೋತ್ತರೇ ತಥಾ .

ರಕ್ತಾಂಬರಾ ಸೌಮ್ಯ ಮೂರ್ತಿಃ ಪ್ರಸನ್ನೋಮಾಸ್ತು ನಃ ಸದಾ .. 1..

May Uma Devi of a cheerful and smiling face and wearing red
garments, with a Chamar in Her right hand a Lotus in her left,

be always graciously pleased with us

ಸುವರ್ಣಸದೃಶೀಂ ಗೌರೀಂ ಭುಜದ್ವಯಸಮನ್ವಿತಾಂ,

ನೀಲಾರವಿಂದಂ ವಾಮೇನ ಪಾಣಿನಾ ಬಿಭ್ರತೀಂ ಸದಾ .

ಸಶುಕ್ಲಂ ಚಾಮರಂ ದೃತ್ವಾ ಪಾಣೌ ತು ದಕ್ಷಿಣೇ ತಥಾ,

ಸುಮುಖೀ ವರದಾಂ ದೇವೀಂ ತಿಷ್ಠಂತೀಂ ಪರಿಚಿಂತಯೇತ್ .. 2..

Let us meditate on the sweet face of Mother Uma of golden hue,

having two arms with white 'Chamar' in her right hand and blue

lotus in her left, and always grant boons to deserving devotees.

ಭಕ್ತಾಯ ಶಿವರಾಮಾಯ ಸ್ನುಷಾ ಬ್ರಾಹ್ಮಸ್ಯ ನಿಕಟೇ,

ಸ್ವಪ್ನೇಪ್ಯದರ್ಶಯತ್ ದಿವ್ಯಂರೂಪಂ ವೈರಾಗ್ಯದಂ ಶುಭಂ .. 4..

The Goddess Snusha Devi, near the village of Brah, gave divine

darshan to her devotee, Shiv Ram, in a dream and blessed him

with Vairagya.

ಕಾಕರೂಪಾ ಹ್ಯುಮಾದೇವೀ ಭಕ್ತಸ್ಯಾನುಗೃಹಾಯ ಚ,

ಓಂಕಾರರೂಪೇಣಾಭವತ್ ಪಂಚಧಾಽಭಯದಾಯಿನೀ .. 5..

Uma Devi appearing as a crow began to flow in the Five Springs

in the form of OM to show favour to her devotees and to grant

them fearlessness and immortality.

ಪ್ರಾದುರ್ಭೂಯ ನದೀ ಭೂತ್ವಾ ಹೃಭೀಷ್ಟ ಫಲದಾಯಿನೀ,
ಓಂಕಾರರೂಪೇಣ ಸದಾ ಪ್ರವಹತಿ ತು ಪಂಚಧಾ .. 6..

She manifested Herself in the form of a stream and appeared
in the shape of 'Omkar' in five springs, to bless the devotees
with fulfilment of their aspirations.

ಇಯಂ ಪ್ರಭಾವಾಂ ತಾಂ ದೇವೀಂ ಸ್ವಯಮಾನಂದನಾಮಕಃ,
ದೃಷ್ಟ್ವಾ ಯಜ್ಞಾ ಜಾತಹರ್ಷಃ ನಿರ್ಮಾಣಾಯ ವ್ಯಚಾರಯತ್ .. 7..

Being deeply impressed with the blissful influence of the
Goddess, after performing the Yajna Svayamananda is prompted
to take up the work of construction of temple and improvement
of the Shrine (springs)

ಓಂಕಾರರೂಪೇಣ ವಿರಾಜಮಾನಾ

ಹೃಪಾಸಕಾನಾಂ ವರದಾಯಿನೀ ಚ .

ರಕ್ತಾಂಬರಾ ಸೌಮ್ಯಮೂರ್ತಿಃ ಪ್ರಸನ್ನಾ

ಪಶ್ಚಾದುಮಾಖ್ಯಾಂ ಪ್ರಥಿತಾ ಜಗಾಮ .. 8..

Resplendent in the form of Omkar and fulfilling the desires
of Her Devotees, Uma of cheerful and smiling features and
wearing red garments became known all the world over.

ಲೋಕಾನಾಮುಪಕಾರಾಯ ಸ್ವಯಮಾನಂದಕಾಯ ಚ
ದೀನಾನಾಥೇನ ತು ಕೃತಾ ಸ್ತುತಿರ್ಭಕ್ತೇಷ್ಟದಾಯಿನೀ .. 9..

These verses in praise of the Goddess have been composed by
Dina Nath (Zadoo) for the good of the world and dedicated to
Svayamananda and to help the devotees to get the heart-felt
wishes fulfilled. OM Shanti!

ಇತಿ ದೀನಾನಾಥೇನ ವಿರಚಿತಂ ಶ್ರೀಉಮಾದೇವೀಸ್ತೋತ್ರಂ ಸಂಪೂರ್ಣಂ .

Uma Jivani

Goddess Uma, the Universal Mother is that Supreme Power which
upholds the whole universe, and fulfils the aspirations of
all true devotees. Her vision in golden effulgent rays was
got by Dev-Raj Indra, as mentioned in Kena Upanishad. In
Mahabharat, she is described as Radha of Shri Krishrna and
Lakshmi of Vishnu. Shaivas believe her to be the consort of

Shiva. In Puranas, she is mentioned as Mahakali or Chandi, and worshipped as Devi in various forms. Yogis, by meditating on Her in the core of their heart as 'Kundalini Shakti' the Cosmic Power, experience Divine Powers. It is she, who helps us in self-realisation and in being one with Brahman to be able to enjoy eternal Bliss, such as can never be described in words. In this gross world of mortals, She is said to have selected Her abode in the lap of the great Himalayas in Kashmir, at Uma Nagri, Uttarasu. Swami Bhaskaranand, the President of the World Federation of Saints has declared this spot as 'Sidhi Pitha,' when he visited this Sacred Shrine in the years 1956-58. He has said that success in Spiritual practices is easy of attainment at this place by any devotee, whatever caste, creed or colour he may have.

ಯಸ್ಯಾಃ ಪ್ರಭಾವಮತುಲಂ ನಾಲಂವಕ್ತುಂ ಚತುರ್ಮುಖಃ
ಸೋಮಾ ಭವತು ಸಂತುಷ್ಟಾ ಸ್ವಯಮಾನಂದ ಭಕ್ತಿದಾ .

May that Mother Uma whose greatness cannot be adequately described even by Brahma, be pleased to bless the whole World and grant devotion to Svayamananda.

Encoded and proofread by Aaditya Kalyanaraman

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