

Atmanatha Dhyanam

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आत्मनाथध्यानम्

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Document Information



Text title : Atmanatha Dhyanam 1

File name : AtmanAthadhyAnam.itx

Category : shiva, dhyAnam

Location : doc_shiva

Proofread by : Aruna Narayanan

Description/comments : From Atmanatha Stuti Manjari, Ed. S. V. Radhakrishna Sastri

Latest update : December 12, 2022

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December 22, 2022

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दशशतदलपद्मे संस्थमानन्दकन्दं

विधिउरिगिरिशैक्यं विद्युदुद्भासमानम् ।

प्रणवमयमतर्क्यं सूक्ष्मसूक्ष्मं मडान्तं

शिवपुरनिलयं तं चिन्तयाम्यात्मनाथम् ॥

आदौ धातृउरीश्वरस्थितिकरी वेदागमोद्धारिणी

योगाध्यादिरताऽद्रिजेऽप्सितकरीक्षाऽदेवसंलारिणी ।

सन्दिग्धावनिनिश्चये नृपतये वाञ्छुप्रदात्री शिवैः

कीऽन्ती द्विजभक्तिमुक्तिघटिनी ज्यात्मेशलीलागतिः ॥

एति आत्मनाथध्यानं सम्पूर्णम् ।

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pdf was typeset on December 22, 2022

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