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# Ribhuproktam Svatmanirupanam

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## ऋभुप्रोक्तं स्वात्मनिरूपणम्

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### Document Information

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ऋभुप्रोक्तं स्वात्मनिरूपणम्



(स्वात्मानि स्वयमेव)

स्वयमेव स्वयम्भास्यं स्वयमेव हि नान्यतः ।

स्वयमेवात्मनि स्वस्थः इत्येवं मन्त्रमुत्तमम् ॥ ९.४५ ॥

स्वयमेव स्वयं भुङ्क्ते स्वयमेव स्वयं रमे ।

स्वयमेव स्वयञ्ज्योतिः स्वयमेव स्वयं रमे ॥ ९.४६ ॥

स्वस्यात्मनि स्वयं रंस्ये स्वात्मन्येवावलोकये ।

स्वात्मन्येव सुखेनासि (स्म)इत्येवं मन्त्रमुत्तमम् ॥ ९.४७ ॥

स्वचैतन्ये स्वयं स्थास्ये स्वात्मराज्ये सुखं रमे ।

स्वात्मसिंहासने तिष्ठे इत्येवं मन्त्रमुत्तमम् ॥ ९.४८ ॥

स्वात्ममन्त्रं सदा पश्यन्स्वात्मज्ञानं सदाऽभ्यसन् । ९।४९(१)

॥ इति शिवरहस्यान्तर्गते ऋभुप्रोक्तं स्वात्मनिरूपणं सम्पूर्णम् ॥

- ॥ श्रीशिवरहस्यम् । शङ्कराख्यः षष्ठांशः । अध्यायः ९ । ४५-४९(१) ॥

- .. shrIshivarahasyam . shankarAkhyah ShaShThAMshaH . adhyAyaH 9 .  
45-49(1) ..


Notes :


There is numbering error in the source text from shloka 43 onwards.

Shiva Rahasyam Amsa-06 consists of the 50 Adhyaya-s that comprise the Ribhu Gita.

Selected verses from Ribhu Gita have been compiled here based on similarity of content.

Proofread by Ruma Dewan

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*Ribhuproktam Svatmanirupanam*  
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