

Rogaghna Upanishad

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रोगघ्नोपनिषत्

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ऋग्वेद संहिता मण्डल १, सूक्त ५०, ११-१३
ऋषि- प्रस्कण्वः काण्वः, देवता - सूर्यः, छन्दः- अनुष्टुप्, स्वरः - गान्धारः
उ॒द्यन्न॒द्य मि॒त्रम॒ह आ॒रोह॒न्नुत्तरां॑ दि॒वम् ।
हृ॒द्रोगं॑ मम सूर्य॑ हरि॒माणं॑ च नाशय ॥ १.०५०.११
शु॒केषु॑ मे हरि॒माणं॑ रो॒पणा॒कासु॑ दध्मसि ।
अथो॑ हारि॒द्रवेषु॑ मे हरि॒माणं॑ नि दध्मसि ॥ १.०५०.१२
उद॒गाद॒यमा॒दित्यो॑ विश्वे॒न सह॑सा सह ।
द्वि॒षन्तं॑ मह्यं॑ रन्ध॒यन्मो॑ अहं॑ द्वि॒षते॑ रधम् ॥ १.०५०.१३
उद्यन्नद्य मित्रमह आरोहन्नुत्तरां दिवम् ।
हृद्रोगं मम सूर्य हरिमाणं च नाशय ॥ १.०५०.११
शुकेषु मे हरिमाणं रोपणाकासु दध्मसि ।
अथो हारिद्रवेषु मे हरिमाणं नि दध्मसि ॥ १.०५०.१२
उदगादयमादित्यो विश्वेन सहसा सह ।
द्विषन्तं मह्यं रन्धयन्मो अहं द्विषते रधम् ॥ १.०५०.१३
इति रोगघ्नोपनिषत् ।


रोगघ्न उपनिषद्

Griffith:


Rising this day, O rich in friends, ascending to the loftier
heaven, Surya remove my heart's disease, take from me this my
yellow hue. 11

To parrots and to starlings let us give away my yellowness,
Or this my yellowness let us transfer to Haritala trees. 12
With all his conquering vigour this Aditya hath gone up on high,

Giving my foe into minehand: let me not be my foeman's prey. 13

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