
shrIviShNudvAdashanAmanyAsaH

श्रीविष्णुद्वादशनामन्यासः

Sanskrit Document Information



Text title : viShNudvAdashanAmanyAsaH

File name : viShNudvAdashanAmanyAsaH.itx

Category : vishhnu, dvAdasha

Location : doc_vishhnu

Proofread by : PSA Easwaran psawaswaran at gmail.com

Latest update : March 10, 2018


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May 6, 2018

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केशवः पातुमे पादौ जङ्घे नारायणो मम ।
माधवो मे कटि पातु गोविन्दो गुह्यमेव च ॥ १ ॥
नाभिं विष्णुस्तु मे पातु जठरं मधुसूदनः ।
उरस्त्रिविक्रमः पातु हृदयं पातु वामनः ॥ २ ॥
श्रीधरः पातु मे कण्ठं हृषीकेशो मुखं मम ।
पद्मनाभस्तु नयने शिरो दामोदरो मम ॥ ३ ॥
एवमेतानि नामामि जपकाले विशेषतः ।
विन्यसेदात्मरक्षार्थं सर्वमङ्गलसिद्धये ॥ ४ ॥
इति श्रीविष्णुद्वादशनामन्यासः समाप्तः ।

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pdf was typeset on May 6, 2018

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