

Manasa Satatam Smaraniyam

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मनसा सततं स्मरणीयम्

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मनसा सततं स्मरणीयम्



मनसा सततं स्मरणीयं
वयसा सततं वदनीयं
लोकहितं मम करणीयम् ॥ लोकहितम् ॥

न भोगभवने रमणीयं
न य सुप्रशयने शयनीयम् ।
अदर्निशं जागरणीयं
लोकहितं मम करणीयम् ॥ १ ॥


न जातु दुःखं गणनीयं
न य निजसौख्यं मननीयम् ।
कार्यक्षेत्रे त्वरणीयं
लोकहितं मम करणीयम् ॥ २ ॥

दुःखसागरे तरणीयं
कष्टपर्वते चरणीयम् ।
विपत्तिविपिने भ्रमणीयं
लोकहितं मम करणीयम् ॥ ३ ॥


गलनारण्ये धनान्धकारे
अन्धुजना ये स्थिता गह्वरे ।
तत्र मया सञ्चरणीयं
लोकहितं मम करणीयम् ॥ ४ ॥

- ॐ श्रीधर भास्कर वर्णिकर

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