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## Manashshuddhyati Jagat Shuddhyati

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மநஸ்ஸுத்<sup>3</sup>த்<sup>4</sup>யதி ஜகத்<sup>3</sup> ஸுத்<sup>3</sup>த்<sup>4</sup>யதி

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Please note that proofreading is done using Devanagari version and other language/scripts are generated using **sanscript**.

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मनस्सुत्त<sup>3</sup>त्त<sup>4</sup>यति जक<sup>3</sup>त्त<sup>4</sup>यति



मनस्सुत्त<sup>3</sup>त्त<sup>4</sup>यति जक<sup>3</sup>त्त<sup>4</sup>यति ॥ त<sup>4</sup>रुवम ॥

सस्सिन्तने सज्जिवनं सज्जिवने सन्तुप्तिः ।

सत्कार्ये अत्तमवर्त<sup>4</sup>नं अत्तमवर्त<sup>4</sup>ने सन्तुष्टिः ॥ 1 ॥

अत्तमप्रीतिः अत्तमप<sup>3</sup>न्तुः<sup>4</sup> अत्तमक<sup>2</sup>यातिः अत्तमसत्तुः ।

प्रीतिर<sup>2</sup>मुक<sup>2</sup>या क<sup>2</sup>यातिस्तयाज्या प्रीतिर<sup>3</sup>प<sup>3</sup>न्तुः<sup>4</sup> क<sup>2</sup>यातिः सत्तुः ॥ 2 ॥

मनोविकासे जिवविकासः जिवविकासे विस्वविकासः ।

विस्वविकासे सर्वानन्तः<sup>3</sup> सर्वानन्त<sup>3</sup>े मन्तानन्तः<sup>3</sup> ॥ 3 ॥

0. If mind is purified, the world is too.

1. Good thoughts lead to good life; good life leads to contentment.

Good deeds increase self-strength; a strong-self guarantees satisfaction.

2. Self-love is our true friend; Self-praise is our enemy.

Love is vital and plaudits should be let off, because Love is our friend and fame is our enemy.

3. A blossomed mind paves way to a blossomed self and a blossomed self to a beautiful world.

An enriched and beautiful world brings all joy, which rests in ultimate bliss.

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