
kaupIna panchakaM

ಕೌಪೀನಪಂಚಕಂ ಅಥವಾ ಯತಿಪಂಚಕಂ ಸಾಧರ್ಢ

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ಕೌಪೀನಪಂಚಕಂ ಅಥವಾ ಯತಿಪಂಚಕಂ ಸಾರ್ಥಂ



ಕೌಪೀನ ಪಂಚಕಂ

Five Stanzas on the wearer of loin-cloth

ವೇದಾಂತವಾಕ್ಯೇಷು ಸದಾ ರಮಂತೋ

ಭಿಕ್ಷಾನ್ನಮಾತ್ರೇಣ ಚ ತುಷ್ಟಿಮಂತಃ .

ವಿಶೋಕಮಂತಃಕರಣೇ ಚರಂತಃ

ಕೌಪೀನವಂತಃ ಖಲು ಭಾಗ್ಯವಂತಃ .. 1..

Roaming ever in the grove of Vedanta,

Ever pleased with his beggar's morsel,

Wandering onward, his heart free from sorrow,

Blest indeed is the wearer of the loin-cloth . (1)

ಮೂಲಂ ತರೋಃ ಕೇವಲಮಾಶ್ರಯಂತಃ

ಪಾಣಿದ್ವಯಂ ಭೋಕ್ತುಮಮಂತ್ರಯಂತಃ .

ಕಂಠಾಮಿವ ಶ್ರೀಮಪಿ ಕುತ್ಸಯಂತಃ

ಕೌಪೀನವಂತಃ ಖಲು ಭಾಗ್ಯವಂತಃ .. 2..

Sitting at the foot of a tree for shelter,

Eating from his hands his meagre portion,

Spurning wealth like a patched-up garment,

Blest indeed is the wearer of the loin-cloth . (2)

ಸ್ವಾನಂದಭಾವೇ ಪರಿತುಷ್ಟಿಮಂತಃ

ಸುಶಾಂತಸರ್ವೇಂದ್ರಿಯವೃತ್ತಿಮಂತಃ .

ಅಹರ್ನಿಶಂ ಬ್ರಹ್ಮಸುಖೇ ರಮಂತಃ

ಕೌಪೀನವಂತಃ ಖಲು ಭಾಗ್ಯವಂತಃ .. 3..

Satisfied fully by the Bliss within him,

Curbing wholly the cravings of his senses,

Delighting day and night in the bliss of Brahman,

Blest indeed is the wearer of the loin-cloth . (3)

ದೇಹಾದಿಭಾವಂ ಪರಿವರ್ತಯಂತಃ
ಸ್ವಾತ್ಮಾನಮಾತ್ಮನ್ಯವಲೋಕಯಂತಃ .
ನಾಂತಂ ನ ಮಧ್ಯಂ ನ ಬಹಿಃ ಸ್ಮರಂತಃ
ಕೌಪೀನವಂತಃ ಖಲು ಭಾಗ್ಯವಂತಃ .. 4..

Witnessing the changes of mind and body,
Naught but the Self within him beholding,
Heedless of outer, of inner, of middle,
Blest indeed is the wearer of the loin-cloth . (4)

ಬ್ರಹ್ಮಾಕ್ಷರಂ ಪಾವನಮುಚ್ಚರಂತೋ
ಬ್ರಹ್ಮಾಹಮಸ್ಮೀತಿ ವಿಭಾವಯಂತಃ .
ಭಿಕ್ಷಾಶಿನೋ ದಿಕ್ಷು ಪರಿಭ್ರಮಂತಃ
ಕೌಪೀನವಂತಃ ಖಲು ಭಾಗ್ಯವಂತಃ .. 5..

Chanting Brahman, the word of redemption,
Meditating only on 'I am Brahman',
Living on alms and wandering freely,
Blest indeed is the wearer of the loin-cloth . (5)

.. ಇತಿ ಶ್ರೀಮದ್ ಶಂಕರಾಚಾರ್ಯಕೃತ ಕೌಪೀನ ಪಂಚಕಂ ಸಂಪೂರ್ಣಂ ..
source: 'Self-Knowledge' of Adi

Sankaracharya, by Swami Nikhilananda,
Ramakrishna Math, Madras (1967)
(From appendix on miscellaneous stotras).

Encoded and proofread by P . P . Narayanaswami at swami at math.mun.ca

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