
kaupIna panchakaM

कौपीनपञ्चकं अथवा यतिपञ्चकम् सार्थम्

Document Information

Text title : kaupIna pa.nchakaM (sha.nkarAchArya)

File name : kaupiina5.itx

Category : panchaka, shankarAchArya

Location : doc_z_misc_shankara

Transliterated by : P. P. Narayanaswami swami at math.mun.ca

Proofread by : P. P. Narayanaswami swami at math.mun.ca

Latest update : November 1, 2010

Send corrections to : sanskrit at cheerful dot c om

This text is prepared by volunteers and is to be used for personal study and research. The file is not to be copied or reposted without permission, for promotion of any website or individuals or for commercial purpose.

Please help to maintain respect for volunteer spirit.

Please note that proofreading is done using Devanagari version and other language/scripts are generated using **sanscript**.

December 22, 2023

sanskritdocuments.org

कौपीनपञ्चकं अथवा यतिपञ्चकम् सार्थम्



कौपीन पञ्चकम्

Five Stanzas on the wearer of loin-cloth

वेदान्तवाक्येषु सदा रमन्तो
भिक्षान्नमात्रेण च तुष्टिमन्तः ।
विशोकमन्तःकरणे चरन्तः
कौपीनवन्तः खलु भाग्यवन्तः ॥ १ ॥

Roaming ever in the grove of Vedanta,
Ever pleased with his beggar's morsel,
Wandering onward, his heart free from sorrow,
Blest indeed is the wearer of the loin-cloth . (1)

मूलं तरोः केवलमाश्रयन्तः
पाणिद्वयं भोक्तुममन्त्रयन्तः ।
कन्थामिव श्रीमपि कुत्सयन्तः
कौपीनवन्तः खलु भाग्यवन्तः ॥ २ ॥

Sitting at the foot of a tree for shelter,
Eating from his hands his meagre portion,
Spurning wealth like a patched-up garment,
Blest indeed is the wearer of the loin-cloth . (2)

स्वानन्दभावे परितुष्टिमन्तः
सुशान्तसर्वेन्द्रियवृत्तिमन्तः ।
अहर्निशं ब्रह्मसुखे रमन्तः
कौपीनवन्तः खलु भाग्यवन्तः ॥ ३ ॥

Satisfied fully by the Bliss within him,
Curbing wholly the cravings of his senses,
Delighting day and night in the bliss of Brahman,
Blest indeed is the wearer of the loin-cloth . (3)

देहादिभावं परिवर्तयन्तः

स्वात्मानमात्मन्यवलोकयन्तः ।

नान्तं न मध्यं न बहिः स्मरन्तः

कौपीनवन्तः खलु भाग्यवन्तः ॥ ४ ॥

Witnessing the changes of mind and body,
Naught but the Self within him beholding,
Heedless of outer, of inner, of middle,
Blest indeed is the wearer of the loin-cloth . (4)

ब्रह्माक्षरं पावनमुच्चरन्तो

ब्रह्माहमस्मीति विभावयन्तः ।

भिक्षाशिनो दिक्षु परिभ्रमन्तः

कौपीनवन्तः खलु भाग्यवन्तः ॥ ५ ॥

Chanting Brahman, the word of redemption,
Meditating only on 'I am Brahman',
Living on alms and wandering freely,
Blest indeed is the wearer of the loin-cloth . (5)

॥ इति श्रीमद् शङ्कराचार्यकृत कौपीन पञ्चकं सम्पूर्णम् ॥

source: 'Self-Knowledge' of Adi

Sankaracharya, by Swami Nikhilananda,

Ramakrishna Math, Madras (1967)

(From appendix on miscellaneous stotras).

Encoded and proofread by P . P . Narayanaswami at swami at math.mun.ca

kaupīna panchakaM

pdf was typeset on December 22, 2023

Please send corrections to sanskrit@cheerful.com

