
Parabrahma Pratahsmarana Stotram

परब्रह्मप्रातःस्मरणस्तोत्रम् सार्थम्

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परब्रह्मप्रातःस्मरणस्तोत्रम् सार्थम्



प्रातः स्मरामि हृदि संस्फुरदात्मतत्त्वं
सस्थित्सुप्तं परमलसगतिं तुरीयम् ।
यत्स्वप्नजागरसुषुप्तिमिवैति नित्यं
तद्ब्रह्म निष्कलमलं न च भूतसङ्घः ॥ १ ॥

I remember in the early morning, the self-effulgent
Atma-Tattwa in the heart, which is Existence-Knowledge-Bliss,
which is the goal of the Parmahamsa, which is the fourth state.
I am that Brahman Who is eternal, attributeless,
Who transcends and is superior to the states of waking,
dreaming and sleeping, I am not the sum total of the
elements.

प्रातर्ब्रह्मि मनसो वयसाभगभ्यं var मनसा
वाचो विभान्ति निम्बिला यदनुग्रहेण ।
यन्नेतिनेतिवयनैर्निगमा अवोचु-
स्तं देवदेवमजमथ्युतमाहुःश्रुतम् ॥ २ ॥

I resort in the early morning to that God of gods,
Who is described as the Unborn, the Imperishable, and
the Foremost, Who is beyond the reach of mind and
speech, by Whose grace all speech is illuminated
and Whom the Vedas describe with statements of
" not this, not this."

प्रातर्नमामि तमसः परमर्कवर्णं
पूर्णां सनातनपदं पुरुषोत्तमाप्यम् ।

यस्मिन्निदं जगदशेषमशेषमूर्तो

रज्ज्वां भुजङ्गम एव प्रतिभासितं वै ॥ ३ ॥ var रज्जौ

I bow in the early morning to the eternal state
called Purshottama, who is full, beyond darkness,
brilliant like the sun, in whose secondless Being
this entire universe is apparent like the snake in the rope.

श्लोकत्रयमिदं पुण्यं लोकत्रयविभूषणम् ।

प्रातः काले पठेद्यस्तु स गच्छेत्परमं पदम् ॥ ४ ॥

One who recites these three sacred verses, which are
the ornaments of the three worlds, in the early
morning shall reach the Supreme State.

The first three verses are in vasantatilakA meter,
and the last in anuShTubh.

Encoded by Dhruv Chand

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