## shrI hanumat pancha chAmaram



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## shrI hanumat pancha chAmaram



#### INTRODUCTION.

This is a short and sweet stotram consisting of nine verses arranged in the Pancha chamara meter.

They constitute a prayer to Hanuman to help one to destroy the six internal enemies that form an obstruction on the road to spirutual progress. They seek his help to place one's mind at the feet of Lord Rama. Thus chanting of these verses will help to calm the mind which is a prerequisite for efficacious prayer or meditation.

Indian mythology offers some unique characters the like of whom are not available in mythologies of other countries. To name some, they are Sage Vyasa, Naradha and Hanuman. We will briefly talk about Hanuman here.

#### REFERENCES TO HANUMAN IN PURANAS/EPICS.

Hanuman is loved and venerated by all.

He is known for his erudition, bravery, valour and above all his great self effacing humility. His life story appears in chapters 35 and 36 of the Uttara Kanda of Shrimad Valmiki Ramayana. Sage Agastya narrated it to Shri Rama.

Hanuman is also referred to in Siva Purana, Brahma Purana, Bhagavata Purana, Bhavishya Purana and Mahabharata. According to Bhagavata Purana, Hanuman stayed behind after Rama left Ayodhya and remained in Kimpurusha Varsha where he is still living listening to Ramayana being sung by the denizens of the place and himself joining them in the singing.

કિંપુરુષે વર્ષે ભગવન્તમાદિપુરુષં

લક્ષ્મણાગ્રજં સીતાભિરામં રામં તચ્ચરણસંનિકર્ષાભિરતઃ પરમભાગવતો- હનમાન સહ કિંપરુષૈઃ અવિરતભક્તિરુપાસતે I આર્ષ્ટિષેણેન સહ ગન્દર્વેરનુગીયમાનં પરમકલ્યાર્ણી ભર્તભગવત્કથાં સમૃપશરણોતિ સ્વયં ચેદં ગાયતિ ॥ (5-19-1,2) Full account of Hanuman is given in Parasara Samhita also. The samhitas are that portion of the vedas that contain the prayers, mantras set to appropriate chandas (meter) and rituals to propitiate the God. They are given out by sages who got them as revelations by divine grace. The author of this samhita is not the Parasara who was sage Vyasa's father, but his the third generation disciple (Vyasa->Paila->Baskala->Parasara) who learnt Rig veda. The samhita contains in detail the story of Hanuman - the god. According to it, Anjaneya is the ninth incarnation of Hanuman. It contains a sahasranama. Interestingly, one of the 108 names of Hanuman is ૐ ભવિષ્યછ્ચતુરાનનાય નમઃ I. That is, he will succeed present Brahma as Lord of creation in the next yuga. According to the samhita this boon was granted to Hanuman by Brahma Himself when he visited Brahmaloka. There is no hint of this in Valmiki Ramayana. Hanuman was born with an aspect of Lord Siva. This is stated specifically in Ananda Ramayana. Vrishakapi is the name of one of the eleven Rudras according to the Vishnu Purana. This name appears in one of the Sivasahasranamams. Brahma Purana refers to Hanuman by this name. The third Yajus in the seventh Anuvaka of Shri Rudram reads:નમો દૂતાય ચ પ્રહિતાય ચ l dUta is a messenger who is an expert in conveying information and also gathering information. Prahitha is one deputed by his master on a specific occassion for a specific duty. The commentators state that god Agni is meant here as he is said to be the messenger of the gods. He is also the prahitha or special agent of the yajaman or performer of a sacrifice to carry the oblations to the god specified. Thus the Lord Himself acts as a messenger to His devotees and protects them in that capacity. We may say that it was the Lord as

Krishna who acted as a messenger to the Pandavas. Similarly, we may say that it was the Lord who as Hanuman acted as a messenger and conveyed Rama's message to Ravana and also gathered information about Lanka that will be useful to Rama in case He had to engage in a fight with Rayana. Lord Siva incarnated as Hanuman to demonstrate to the world the value of bhakti and the characteristics of a true devotee. He is also known as Vayuputra, the son of Vayu deva or the wind god. The great philosopher Madhvacharya explained that Vayu, in this context refers, not to the Vayu deva but to Mukhyaprana - the first of Lord Vishnu's creation - who is also known as Hiranyagarbha. He represents not the individual (વ્યષ્ટિ) prana but the total (સમષ્ટિ) prana or the aggregate of all the individual pranas. Thus the devas depend on Him for their survival. So He is more powerful than all the devas and omniscient too (સર્વફા:). That is why he was able to perform deeds that could not be performed by anyone else. Jambavan when he was encouraging Hanuman to cross the ocean said that Hanuman was a great scholar and had no equal in strength, wisdom and courage. Rama himself admited that what Hanuman had done was impossible even to be imagined by others. (Yuddha Kanda.1.2)

કૃતં હનુમતા કાર્યં સુમહદ્ ભુવિ દુર્લભમ્ l મનસાડપિ યદન્યેન ન શક્યં ધરણીતલે ॥

Madhvacharya has quoted extensively from Rig Veda, Skanda Purana and Vayu Purana to prove that Mukyaprana took three incarnations. They are Hanuman, Bhimasena and Madhvacharya himself. Hanuman is described in the Rigveda

as હનુ શબ્દો જ્ઞાનવાચિ હનુમાન્ મતિશબ્દિતઃ l (i.e) the word Hanuman means one who has perfect knowledge. He is also known as intelligent.

Hanuman learnt all the scriptures from the Sun god himself. The Sun god is always on the move and because of this Hanuman had to learn while on the move. He had to keep flying in front of his guru, the

Sun god and also facing him, since he cannot be showing his back to his guru while listening to the guru! He learnt all the vedas and the six vedangas in a very short time. Hanuman wanted to offer his teacher the gurudakShina which is to be given at the end of learning. Initially the Sun god did not want any thing as dakShina. But when Hanuman insisted, the Sun said that his son Sugriva was living on earth with his brother Vali and was not having good relationship with him. Vali was much more powerful than Sugriva. In view of this the Sun god wanted Hanuman to be with his son Sugriva and be of help to him. Accordingly Hanuman stayed with Sugriva all the time as his friend, philosopher and guide.

Hanuman is reputed to have mastered vyakarana - the science of grammar. He is therefore called nava vyakarana pandita (master of the nine sytems of grammar). Rama pointed this out to LakShmana when they meet Hanuman for thr first time in Kishkinda forests.

Hanuman met them taking the form of a celibate

(brahmachari) and engaged LakShmana in a conversation in a bid to find out their identity as Sugriva was afraid that they might have been sent by Vali to kill him. Rama did not speak a word himself, but was just listening to the conversation. He concluded that Hanuman was no ordinary person as none but an erudite person could speak in that polished manner. He points out these characteristics in Hanuman's speech that made him to arrive at this conclusion to LakShmana. Rama, in his admiration, said: (Valmiki

Ramayana.Kishkindha Kanda.3-28 to 33).

નાનૃગ્વેદવિનીતસ્ય નાયજુર્વેદધારિણઃ I

નાસામવેદવિદુષઃ શક્યમેવં વિભાષિતુમ્ ॥ ૨૮١

નૂનં વ્યાકરણં કૃત્સ્નમનેન બહુધા શ્રુતમ્ I

બહુ વ્યાહરતાનેન ન કિગ્ચિદપશબ્દિતમ્ ॥ ૨૯١

ન મુખે નેત્રયોશ્રાપિ લલાટે ચ ભ્રુવોઃ તથા **I** 

અન્યેષ્વપિ ચ સર્વેષુ દોષઃ સંવિદિતઃ ક્વચિત્ ॥ ૩૦١

અવિસ્તરમસન્દિગ્ધમવિલમ્બિતમવ્યયમ્ ।

ઉરઃસ્થં કણ્ઠગં વાક્યં વર્તતે મધ્યમસ્વરમ્ ॥ ૩૧ સંસ્કારમસમ્પન્નામદ્ભ્તામવિલમ્બિતામ્ । ઉચ્ચારયતિ કલ્યાણીં વાચં હૃદયકર્ષિણીમ્ ॥ ૩૨ । અનયા ચિત્રયા વાચા ત્રિસ્થાનવ્યગ્જનસ્થયા । કસ્ય નારાધ્યતે ચિત્તમુદ્યતાસેરરેરપિ ॥ ૩૩ ।

Rough translations of these verses are given below.

To speak in the way he (Hanuman) has done is not possible for one who has not studied Rig veda ,Yajurveda and also Sama veda with meaning. Surely he had studied the entire range of grammar thoroughly, as

is clear from the fact that nothing has been wrongly worded by him even though he spoke a great deal. No fault of expression was noticed anywhere in his face, or eyes, or forehead or eyebrows or in anyone of his limbs. The speech emanating from his bosom and articulated by his throat is marked by abscence of prolixity, is unambiguous and unfaltering. It does not make a grating impression on one's ears, uttered as it were in a modulated tone. He utters a wholesome, distinct and remarkable speech that is gramatically correct, fluent and delightful to the mind. Whose mind will not be rendeed favourable by this wonderful speech which has its seat in the three articulating organs (the bosom, throat and head)?. The mind even of an enemy with his sword uplifted will be made friendly thereby.

Please note that this encomium is paid by Rama who himself is reputed to be an eloquent speaker and had studied all the shastras like Hanuman. This is stated in the very beginning of Ramayana by sage Narada to Valmiki. In Narada's words: Rama is વાગ્મી or eloquent and: વેદવેદાન્ત તત્ત્વફાઃ knows the truth of the vedas and the six sciences (grammar etc.) auxiliary to them and સર્વશાસ્ત્રાર્થતત્ત્વફાઃ સ્મૃતિમાન્ પ્રતિમાનવાન્: knows the real meaning of all the scriptures, has a sharp memory and is possessed of quick wit. Sage Agastya also mentioned this fact to Rama

when he was narrating the life of Hanuman. The sage said: સર્વાસુ વિદ્યાસુ તપોવિધાને પ્રસ્પર્ધતેડયં હિ ગુરું સુરાણામ્ ! સોડયં નવવ્યાકરણાર્થવેત્તા બ્રહ્મા ભવિષ્યત્યપિ તે પ્રસાદાત્ ॥

Sita also paid compliments to Hanuman's qualities of speaking. This was when he conveyed to her Rama's victory in the battle with Ravana.

She said: (Valmiki Ramayana. Yuddha kanda. 113 - 26).

અતિલક્ષણ-સમ્પન્નં માધુર્યગુણ-ભૂષણમ્ ।

બુદ્ધ્યા-હ્યષ્ટાડ્ગયા યુક્તં ત્વમેવાર્હસિ ભાષિતુમ્ ॥

You alone are competent to speak words that are endowed with the mark of quality, sweet in expression, adorned with virtues, alert in mind that is characterised by (the well known) eight excellences. Buddhi is the awakened, alert mind. The ashtanga, the eight qualities of Buddhi, a sound and ripe intellect are given in the following verse of the Nitisara Kamandaka quoted by the commentators. શુશ્રૂષા શ્રવણ ચૈવ ત્રહણ ધારણ તથા !

ઉહોડપોહોડર્થવિજ્ઞાનં તત્ત્વજ્ઞાનં ચ ધીગુણાઃ II

They are: (1) keenness to hear discourses especially on spiritual topics, (2) readiness to hear such topics, (3) receptivity, (4) retentive power, (5) reasoning for and, (6) against a proposition, (7) the faculty of comprehension and (8) realisation of the truth.

No wonder, then, that Rama being a shrewd person observed Hanuman's bearing combined with his gift of powers of communication and concluded that he was suited to be an ideal messenger. Rama stated this after listening to

Hanuman's introductory talk in Kishkinda (referred to above). Rama said (Valmiki Ramayana. Kishkinda Kanda. 3 - 34, 35) એવં વિધો યસ્ય દૂતો ન ભવેત્ પાર્થિવસ્ય તુ l સિદ્ધ્યન્તિ હિ કથં તસ્ય કાર્યાણાં ગતયોડનઘ ll ૩૪ l એવડ્ગુણગણૈર્યુક્તા યસ્ય સ્યુઃ કાર્યસાધકાઃ l તસ્ય સિદ્ધ્યન્તિ સર્વેર્થા દ્તવાક્યપ્રચોદિતાઃ ll ૩૫ l

How can the progress of undertakings of a king in whose service no

such envoy exists actually meet with success? By the very pleading of an envoy, all the objects of a sovereign in whose service there happen to be agents adorned with such virtues are surely accomplished. Manu prescribes certain qualifications that a king should look for in a messenger. He says: દૂતં ચૈવ પ્રકુર્વીત સર્વશાસ્ત્રવિશાસ્દમ્ | ઇડ્ગિતાકારચેષ્ટફાં શુચિ દક્ષં કુલોદ્ગતમ્ || અનુરક્તઃ શુચિ₹્દક્ષઃ સ્મૃતિમાન્દેશકાલવિત્ | વપુષ્પાન્વીતભીવાંગમી દૃતો રાજ્ઞઃ પ્રશસ્થતે ||

Roughly translated, these verses say that the king should select one who is expert in scriptures, who could read the intention from gestures, physical appearances and features, who is a man of character, clever and belonging to a high family. He should love his king, be pious, dexterous, intelligent, should feel easy at any place, time or circumstance, handsome and strongly built, fearless and a good orator. We find that Hanuman possessed all these qualifications and was fit to be a messenger. Rama had studied the qualities of Hanuman and had no difficulty in chosing him to be his messenger.

Rama, though he claimed himself to be Dasaratha's son, and tried to act like a mortal could not conceal his real identity from the eyes of the devotee Hanuman. So, Hanuman did not waste even a second, but surrended at Rama's feet. Prahlada classifies devotion into nine kinds. He said this in his reply to his father Hiranyakasipu when he was asked to say what according to him was the best he learnt at the gurukula.

શ્રવણં કીર્તનં વિષ્ણોઃ સ્મરણં પાદસેવનમ્ । અર્ચનં વન્દનં દાસ્યં સખ્યં આત્મનિવેદનમ્ ॥ ઇતિ પુંસાર્પિતા વિષ્ણૌ ભક્તિશ્રેન્નવલક્ષણા । ક્રિયતે ભગવત્યદ્ધા તન્મન્યેડધીતમૃત્તમમ્ ॥ (Shri Bhagavata. 7-5-23 and 24). The nine types of devotion that Prahlada talks about are:(1) to hear the names, glories and stories of the Lord, (2) to chant them, (3) to remember Him (as well as His names and stories, (4) to wait upon Him, (5) to offer worship, (6) to offer salutations to Him, (7) to dedicate one's actions to Him, (8) to cultivate friendship with Him and (9) to offer one's body and belongings to Him.

Hanuman's devotion comes under the seventh category (viz.) the dasya bhakti (i.e.)

devotedness to the Lord with a sense of service. He proudly proclaimed himself to be the servant of Rama in Lanka when he was surrounded by the solders of Ravana in the Ashoka Vana. દાસોડહં કોસલેન્દ્રસ્ય રામસ્યાક્લિષ્ટકર્મણ: l (Valmiki Ramayana. Sundara Kanda - 42-34)

Also his is a solitary example of this type of devotion. This is stated in the following popular verse. શ્રીવિષ્ણો: શ્રવણે પરીક્ષિદભવદ્ વૈયાસિકિ: કીર્તને પ્રહ્લાદ:સ્મરણે તદક્ષ્મિભજને લક્ષ્મી: પૃથુ: પૂજને l અક્રૂરસ્ત્વભિવન્દને કપિપતિર્દાશ્યેડથ સખ્યેડર્જુન: સર્વસ્વાત્મનિવેદને બલિરભૂત્ કૃષ્ણામિરેષાં પરમ્ ll

A devotee practising this type of devotion is inspired with a sense of service to the Lord and feels that the Lord is his master and he is His servant. He does not nourish any kind of ego but surrenders himself, body and soul to the Lord. The master can expect any kind of work from him. In the case of Hanuman, his devotion was so intense that it transcended the boundaries of this particular type and spanned the full extent of types 8 and 9 also: that is, he was considered a friend by Rama and he also surrendered himself totally to Rama. He tried to be in Rama's company as much as possible so that he could enjoy His glories from close quarters. Also since proximity creates affection, by being close to Rama, he could receive Rama's love. He is the one chosen by the Lord to obtain His love as mentioned by the Katha Upanishad that states (2-23) ચમેવેષ

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વૃણતે તેન લભ્યઃ 🛭
                 He is attained only by the one whom He
chooses. This also brings to our mind the verse in
Varadarajapanchasat by the great poet Shri Vedanta Desika. He says:
સૌશીલ્યભાવિતધિયા ભવતા કથગ્યિત્
    સંછાદિતાનપિ ગુણાન્ વરદ ત્વદીયાન્ 1
પ્રત્યક્ષયન્ત્યવિકલં તવ સન્નિકૃષ્ટાઃ
    પત્યુસ્ત્વિષામિવ પયોદવૃતાન્ મયુખાન્ ॥ ૨૭॥
One peculiarity of the types 4, 7,8 and 9 of devotions is that it
involves acceptance by the other party, namely the Lord also. One
cannot claim himself to be the Lord's friend or servant unless the
Lord also accepts the offer of friendship or service. Did Rama accept
Hanuman's services? We find that Rama unhesitatingly acknowledged his
services. He told the sage Agastya that but for Hanuman he could not
have had the news about Sita languishing in Lanka, win the war with
Ravana, regain Sita, Laksmana and others. (Valmiki Ramayana. Uttara
Kanda, 35-9 and 10)
એતસ્ય બાહુવીર્યેણ લડ્ડા સીતા ચ લક્ષ્મણઃ I
પ્રાપ્તા મયા જયશ્ચેવ રાજ્યં મિત્રાણિ બાન્ધવાઃ ॥ ૯॥
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હનુમાન્ યદિ મે ન સ્યાદ્ વાનરાધિપતેઃ સખા l પ્રવૃત્તિમપિ કો વેત્તું જાનક્ર્યાઃ શક્તિમાન્ ભવેત્ ॥ ૧૦॥

This is evident from the following incident narrated in Uttara Kanda. After Rama's coronation, all those who all those who helped him were given presents and given leave to depart. Rama sends back other friends, including monkeys, bears and ogres. At that time Hanuman said સ્નેહો મે પરમો રાજંસ્ત્વયિ તિષ્ઠતુ નિત્યદા | ભક્તિશ્ચ નિયતા વીર ભાવો નાન્યત્ર ગચ્છતુ || ૧૬ || યાદ્મામકથા વીર ચરિષ્યતિ મહીતલે | તાવચ્છરીરે વત્સન્તુ પ્રાણા મમ ન સંશયઃ || ૧૭ ||

Hanuman pleaded saying may my supreme affection for you stand for

ever. May my devotion to you be constant. Let not my love be diverted to anyone else. May life continue in my body as long as your story remains current on this earth. On hearing this, Rama was moved and said

એકૈકસ્યોપકારસ્ય પ્રાણાન્ દાસ્યામિ તે કપે | શેષસ્યેહોપકારાણાં ભવામ ઋણિનો વયમ્ || ૨૩| મદડ્ગે જીર્ણતાં યાતુ યત્ ત્વયોપકૃતં કપે | નરઃ પ્રત્યુપકારાણામાપત્સ્વાયતિ પાત્રતામ્ || ૨૪|

In reply Rama said you have done me numerous services. For anyone of them my life is an adequate return. If my life is pledged in return for one of your services then I shall be in debt in respect of others. I shall be indebted to you in a manner that I can never think of repaying you. Let there be no occassion for me to repay your services; for one deserves to be requitted for services rendered onle when one is in trouble. Can there be a better way of acknowledging the services rendered by Hanuman?

Incidentally the above request by Hanuman whose whole being was imbued with the spirit of service to the Lord shows that such a devotee will not accept any of the many types of liberation. He is content with the thought that Lord to whom services has been offered by him had accepted his services. This was said by Lord Kapila in His advice to His mother Devahuti.

સાલોક્યસાર્ષ્ટિસામીપ્યસારૂપ્યૈકત્યમપ્યુત **l** દીયમાનં ન ગૃજ્ષન્તિ વિના મત્સેવનં જનાઃ **ll** (Shri Bhagavata. 3-30-13).

Hanuman had other endearing qualities too. Sita found in him the following qualities:energy, firmness, renown, dexterity, competence, modesty, prudence and intelligence. Rama had given a beautiful pearl necklace (given to him by the wind-god) to Sita. She, in turn, with the consent of Rama gave it to Hanuman with whom she was very pleased and found the above said qualities in him.

તેજો ધૃતિર્યશો દાક્ષ્યં સામર્ત્યં વિનયો નયઃ I

પૌરુષ વિક્રમો બુર્દ્ધિયંસ્મિન્નેતાનિ નિત્યદા **II** (Valmiki Ramayana.Yuddha Kanda.128-82.) That is why it is said that one who worships Hanuman will inherit

these qualities. This is mentioned in this following popular verse. બદ્ધિર્બલ યશો ધૈર્ય નિર્ભયત્વમરોગતા I

ખુાદ્કબલ વશા વવાનભવત્વમરાગતા । અજાડ્યં વાકપટુત્વં ચ હનુમત્સ્મરણાદ્ ભવેત્ ॥

Hanuman is renowned for his great strength. In North India he is known as Bajrang Bali. This is a dialectical variation of the word વજાડ્ગ બલી (vajranga balee) implying he has a body strong as Indra's Vajrayuda. But he was equally known for his humility because of which he preferred to call himself as the servant of Rama.(દાસોડઓહં કોશલેન્દ્રસ્ય રામસ્ય ). With the combination of these qualities and gift of supernatural powers got even when he was a child he could easily accomplish great feats like crossing the ocean, bringing the mountain etc.. which no mortal can even think of. The great poet Kalidasa, known for his similies, describes Hanuman's crossing of the ocean with an apt simile thus.મારુતિઃ સાગરં તીર્ણ: સંસારમિવ નિર્મમ: | Hanuman crossed the ocean like one having no attachments goes across the ocean of samsara. Hanuman himself talked of his ability to perform superhuman acts to Rama when he said whenever Hanuman takes a pledge fate itself is nullified and death turns into life.હનમતિ કૃતપ્રતિજ઼઼઼એ દૈવમદૈવં યમોડપ્યર્યમઃ l (Hanumannataka.XIII-16) This is not an idle boast but the result of his immense faith that with Rama's blessings he could accomplish anything.

It was said earlier that Hanuman was blessed with long life by Rama. So, though he served Rama in the Treta Yuga he continued to live and was present during the Lord's descent as Krishna in the next Dwapara Yuga. He had a meeting with the Pandava prince Bhima. This is mentioned in the Aranya Parva of Mahabharata. Initially Bhima could not make out who the monkey was. But later on when Hanuman disclosed

his identity, Bhima was overjoyed and saluted him. He sought Hanuman's blessings. Hanuman was only too happy to bless him. He said he could not take up arms and fight in the ensuing KurukShetra war: but he would be seated in the banner of Arjuna and discourage his enemies by his loud roars. This is referred to in the Bhagavat Gita (Ch1-20) wherein Arjuna is called square -one with the mark of monkey in his flag.

અથ વ્યવસ્થિતાન્દૃષ્ટ્વા ધાર્તરાષ્ટ્રાન્ કપિધ્વજઃ ।

પ્રવૃત્તે શસ્ત્રસમ્પાતે ધનરુદ્યમ્ય પાણ્ડવઃ ॥

As a result, he had the great fortune to listen to the song celestial

- Bhagavat Gita- first hand as it flowed out of the sacred lips of the Lord. The Muktikopanishad says that he had earlier learnt the upanishads from Rama in Ayodhya. According to a popular verse Gita is the milk drawn from the upanishads - the cow.

Krishna milked the cow using Arjuna as the calf.

સર્વોપનિષદો ગાવો દોગ્ધા ગોપાલનન્દનઃ I

પાર્થો વત્સઃ સુધીર્ભોક્તા દુગ્ધં ગીતામૃતં મહત્ ॥

Hanuman, having studied the upanishads at the feet of the Lord already, listened to the teaching of Gita from the Lord (as Krishna) with rapt attention and

could understand the purport of Gita without difficulty.

The saint composer Thyagaraja says in his song Gitartamu that the true meaning of Gita was grasped only by Hanuman the savant.

HANUMAN AS GURU. The Ramayana of Valmiki is known as Itihasa or a historical narrative. But, for a devout Hindu, it is not merely a narrative but a book of great spiritual significance. It was the supreme Being who incarnated as Rama to carry out certain specific tasks. This is mentioned in the following popular verse: વેદવેશે પરેપ્સિ જાતે દશરતાત્મજે I

વેદઃ પ્રાચેદસાદસીત સાક્ષાત રામામાયણાત્મના ॥

When the Supreme Being, who is to be known (only)

on the authority of vedas, was born as the son of Dasaratha, the vedas became Ramayana through (the agency of) the sage Valmiki. This implies that the Ramayana is vedas in the form of the story of Rama. That is why the great book has been rendered in many Indian Languages. Many commentaries have been written on it and will continue to be written in future also. The ardent devotees of Rama have the habit of regularly reading one or more chapters of the text daily. They believe that the holy book has the power to ward off or alleviate the evil effects of past karma. Great acharyas have dived deep into the sacred text and coaxed rare interpretations that are a great treat to chew and digest. They substantiate their interpretations with quotations from vedas, upanishads and works of saints and philosophers. A phrase from a popular verse describes this phenomenon by comparing Ramayana to the ocean. સમુદ્રમિવ રતાઢ્યમ્ I The ocean is believed to be the repository of precious stones. So it is known as રતાકર:.

A casual vistor to tha sea may take a stroll along the beach and come across some shells cast by the waves. A novice diver will be able to dive to a short depth only and may chance upon one or few diamonds of little value. The more experienced diver can plunge to greater depth, stay for a longer time and find many more valuable diamonds. But the case of an experienced one is very different. He has studied the characteristics of the ocean in his area. He is equipped with special equipments and will be able to go down to greater depths, stay for as long as is required. He can make a thorough search of the dark recesses that could not have been accessed by the lesser divers and gather very rare gems. Similar is the case with Ramayana. It has, just like other spiritual texts the capacity to divulge newer and rare meanings pari passu with one's scholarship, faith and devotion.

No wonder then then a devotee uses Ramayana

to aid on the spiritual path.

A guru is a must for one who wants to proceed on the spiritual path.

One has to seek a guru to know the truth about God. Krishna says this in Gita.(4-34).

તદ્વિદ્ધિ પ્રણિપાતેન પરિપ્રશ્નેન સેવયા 1

ઉપદેક્ષ્યન્તિ તે જ્ઞાનં જ્ઞાનિનસ્તત્વદર્શિનઃ ॥

The Munadakopanishad also says that one should approach a guru and gain knowledge from him only.

તદ્ધિજ્ઞાનાર્થં સ ગુરુમેવાભિગચ્છેત્

સમિત્પાણિઃ શ્રોતિયં બ્રહ્મનિષ્ઠમ્ ॥(1-2-12).

A discussion on the need for a guru and his qualifications are available in Gurvashtakam with meaning in this site. As said earlier Rama is the Supreme Being who incarnated as Dasaratha's son. He may be worshipped either in Hisસગુણ aspect; that is as the Lord with attributes or in Hisનિર્ગૃણમ્ aspect. In the નિર્ગૃણમ્ aspect the supreme Being is spoken of in the upanishads as being without form and beyond sense perception.

અશબ્દમસ્પર્શમરૂપમવ્યયં તથારસં નિત્યમગન્ધવચ્ચ યત્ 1

અનાદ્યનન્તં મહતઃ પરં ધ્રુવં નિચાય્ય તન્મૃત્યુમુખાત્

પ્રમુચ્યતે ll (Kathopanishad.(1-3-15). Conceiving of such a Being which is not accessible to one's senses and then worshipping Him is obviously a very difficult job. This is beyond the reach of most people and not an attractive proposition too. In view of this, our scriptures allow us to worship God in a form that appeals to us.

Thus, one may worship the Lord as Rama, Krishna, Ganapathi, Devi etc., in a picture or icon or any other suitable medium. Krishna, in Gita, says (7-21) that He accepts such a worship done with faith.

યો યો યાં યાં તનું ભક્તઃ શ્રદ્ધયાડર્ચિત્મિચ્છતિ I

તસ્ય તસ્યાચલાં શ્રદ્ધાં તામેવ વિદધામ્યહમ્ ॥

Such devotees who worship the Lord with form also make progress. The Lord endows them with necessary wisdom by which they can reach Him as their own Self.

તેષાં સતતયુક્તાનાં ભજતાં પ્રીતિપૂર્વકમ્ I

દદામિ બુધ્દ્રિયોગં તં યેન મામુપયાન્તિ તે ॥ (10-10).

The saint composer Thyagaraja was a great devotee of Rama and worshipped Rama in an icon, but had described Rama in both forms in his songs. The saint Sadasiva Brahmendra had said in one of his songs begining ખેલતિ મમ હૃદયે that Rama is the supreme being whose nature is existance, knowledge and bliss that shines in his heart

શાન્તિવિદેહ-સુતસહચારી દહરાયોધ્યા-નગરવિહારી **!** પરમહંસસાંરાજ્યોદ્ધારી સત્યજ્ઞાનાનન્દશરીરી **!** 

He took on a human form for a specific purpose. People use a tame elephant to train a newly captured elephant. In the same way the Lord put on a human form to teach righteous conduct to other men. Shri Bhagavatam says this:(5-19-5) that is - the descent of the Lord in a human form is to teach mankind the ways of the great and not merely to exterminate the demon race.મત્યાવતારસ્તિવહ મત્યશિક્ષણં રક્ષોવધાયેવ ન કેવલં વિભો: I Rama set an example to all by strict adherence to the scriptural injunctions. Hanuman had known Rama and served him devoutedly. As a result he had received Rama's blessings in abundance. He also has all the qualifications prescribed for a guru in our scriptures.

According to one interpretation of Ramayana, Sita represents the individual soul or Jivatma. It is living happily with Rama who represents the supreme being or paramatma. Unfortunately, in a moment of weakness, its attention is diverted from the paramatma, who represents bliss, towards the wordly attractions outside. That these external attractions are illusory and not real is shown by the golden deer. There is no such thing as a golden deer. The moment the jivatma's attention is diverted and is separated from the Lord, it falls a prey to the senses, as denoted by the ten headed Ravana. The sense organs are ten. As the jivatma is held a prisoner in the control of the sense organs, it repents its folly and pines for reunion with the Lord. As the longing becomes intense with the

passage of time, the kindly Lord, who is never away from the jivatma, senses the desparate situation. He sends a guru (represented by Hanuman) to meet the jiva. The guru offers consolation. He gives the news about the Lord, instils the hope that the day of deliverance is not far away and so there is no need for despair. The overly perturbed jiva, thus gets encouragement, continues its prayers and looks forward to redemption. Sure enough, the Lord comes and redeems the jiva who once again joins Him. This is the story behind Ramayana. Sage Narada includes Hanuman's name along with the names of renowned sages like Sanatkumara, Vyasa and Sukadeva as great teachers of devotion in his aphorisms on bhakti.(No:83 of Narada Bhakti Sutra.) Even in worldly matters we find that when we want to approach a highly placed dignitary, like a minister, for a favour we have to observe the required protocol and go through the proper channel. The proper channel for approaching the Lord is via devotees. The Lord appeared as Kapila to teach His mother Devahuti the way to liberation. During the course of the teaching Kapila says more than once that He is the Lord Himself. But nevertheless, He advises her to have recourse to saints who have great devotion to Him. He Himself did not directly grant her salvation. Similarly we find in Bhagavatam that the Lord appeared as Rishabadeva and ruled the earth for a long time. He decided to renounce and hand over the rule to His son. Before departure He called His sons and advised them that the human birth is very valuable and is not meant to be frittered away in pursuit of petty sense pleasures that are enjoyed even by lowly animals. Instead life should be used to work for attaining the greatest good, that is liberation from the cycle of birth and death. To do this one has to seek the help of sadhus. As in the case of Kapila, He also hints that He is the Lord Himself, but advises His sons to come through the proper channel. Thus it is most proper that one resorts to Hanuman for getting Rama's grace as is being done in the following verses. Incidentally, we are told in the

Mundakopanishad (3-2-10) that one can get mundane prosperity by approaching and worshipping a realised person.

અાત્મફાં અર્ચયેત્ ભૂતિકામ: I It is not wrong to ask for wealth from Him as one requires money for having a comfortable life. And money is definitely required for leading a religious life by performing the religious rites as ordined

by the scriptures. In Gita, Krishna says that he considers the one who prays to Him for prosprity as His devotee. He welcomes such a devotee also and fulfils his desires.

Let us move on to the stotram proper. Rough translations of the verses are given.

નમોડસ્તુ તે હનુમતે દયાવતે મનોગતે સુવર્ણપર્વતાકૃતે નભસ્સ્વતઃ સુતાય તે l ન ચાગ્જનેય તે સમો જગત્ત્રયે મહામતે પરાક્રમે વચઃક્રમે સમસ્તસિદ્ધિસડક્રમે ll ૧ ll

Salutations to you, merciful Hanuman, son of wind god! You are fast like mind and shining like mount Meru. You have no equal in all the worlds in valour or the art of speaking or acquisition of supernatural powers. You possess immense wisdom. (નભસ્વત્ = the wind). મિતિઃ is synonymous with બુદ્ધિઃ and means intellect. So મહામતિઃ is same as મહાબુદ્ધિઃ l Shri Sankaracharya defines મહાબુદ્ધિઃ occuring as one of the names (No.173) of Lord Vishnu in Vishnusahasranama to mean બુદ્ધિમતામપિ બુદ્ધિમત્ત્વાત્ મહાબુદ્ધિઃ best amongst jnanis or realised persons. We may, without hesitation, accept this meaning and say that Hanuman is a great jnani and so most suited to be taken as a guru.

રવિં ગ્રસિષ્ણુરુત્પતન્ ફલેચ્છયા શિશુર્ભવાન્ રવેર્ગૃહીતવાનહો સમસ્તવેદશાસ્ત્રકમ્ I ભવન્મનોજ્ઞભાષણં બભૂવ કર્ણભૂષણં રદ્યૂત્તમસ્ય માનસામ્બુજસ્ય પૂર્ણતોષણમ્ II ૨ II When you were a child, you once wanted to eat a fruit. You saw the sun and (taking him to be a fruit) you jumped towards it and were about to seize it. What a wonder! from the same sun you learnt all the vedas and scriptures. Your endearing way of talking became an ornament to the ears of Rama, the best of Raghus and immensely delighted his heart.

ધરાત્મજાપતિં ભવાન્ વિભાવયન્ જગત્પતિં જગામ રામદાસતાં સમસ્તલોકવિશ્રુતામ્ I વિલડ્ઘ્ય વારિધિં જવાત્ વિલોક્ય દીનજાનકીં દશાનનસ્ય માનસં દદાહ લડ્સ્યા સમમ્ II 3 II

You could find out that Rama was none other than the Lord of the universe Himself. You became renowned as Rama's servant. You jumped across the ocean quickly, met the hapless Janaki. You burnt Lanka along with heart of Ravana.

વિલોક્ય માતરં ફશાં દશાનનસ્ય તદ્ધને ભવાનભાષત પ્રિયં મનોહરં ચ સંસ્કૃતમ્ l સમસ્તદુષ્ટરક્ષસાં વિનાશકાલસૂચનં ચકાર રાવણાગ્રતઃ નયેન વા ભયેન વા ll ૪ ll

You met the Mother Sita in the (Ashoka) garden of Ravana. You talked to her in a pleasing manner in beautiful Sanskrit. You also met Ravana and indicated to him, through gentle persuation and also by serious threat, that the time of the destruction of his entire retinue is not for away.

Note. When Hanuman Sita in the garden of Ravana (Ashoka) she was surrounded by Ravana's servants. He was waiting for a suitable opportunity to talk to her. At that time he was deliberating how to talk to her and in what language. He felt that if he talked in chaste Sanskrit spoken by learned brahmins she may imagine that Hanuman was only Ravana in disguise and may be frightened. So he decided to talk

to her in the colloquial Sanskrit as used by the common people.

વાચં ચોદાહરિષ્યામિ માનુષીમિહ સંસ્કૃતામ્ l યદિ વાચં પ્રદાસ્યામિ દ્વિજાતિરિવ સંસ્કૃતામ્ l રાવણં મન્યમાના માં સીતા ભીતા ભવિષ્યતિ ll (Sundara kanda. 30-17 and 18). This is referred to here. મહાબલો મહાચલં સમુહ્ય ચૌષધિપ્રભં ભવાન્ ૨૨ક્ષ લક્ષ્મણં ભયાવહે મહાવહે l મહોપકારિણં તદા ભવન્તમાત્મબાન્ધવં

સમસ્તલોકબાન્ધવોડપ્યમન્યત સ્વયં વિભઃ ॥ ૫॥

You possessed immense strength. You carried the huge mountain that was shining brightly with medicinal plants and revived LakShmana (who fell down unconscious) in the fearful battle. The Lord Rama, though He is the intimate relative of all beings, considered you, who thus rendered an invaluable help, a close relative.

ભવાંશ્ચ યત્ર યત્ર તત્ શૃણોતિ રામકીર્તનં કરોતિ તત્ર તત્ર ભોઃ સભાષ્યમસ્તકાગ્જલિમ્ I પ્રદેહિ મેડગ્જનાસુત ત્વદીયભક્તિવૈભવં વિદેહિ મે નિરગ્જનં ચ રામદાસદાસતામ્ II ૬ II

Oh Anjaneya, wherever you hear the glories of Rama being sung, you are present there with tears flowing from your eyes and hands raised over your head in salute. Please grant me the grandeur of your devotion and the untainted status of being servant to you - the servant of Rama.

Note. It was said earlier that Hanuman's devotion was pure and unalloyed. The devotee prays for such a sincere devotion here: because very often people pray to God for getting relief from some suffering or for gain. In such cases one uses God as a means to attain some material gain. This is an inferior type of devotion. Also, please note the prayer here is for being a servant of servant of God. In Bhagavatam, Krishna said to His devotee Uddhava that He

follows a sincere devotee. Thus by following such a devotee one is sure to find Him. This is like saying that by locating a calf one finds the cow which is inextricably tied by bonds of love to the calf. The devotee Kulashekara prays for similar boon from Krishna in Mukundamala. He wants the Lord to grant him the status of the servant of the servant

મજજન્મનઃ ફલમિદં મધુકૈટભારે! મત્પ્રાર્થનીયમદનુગ્રહ એષ Eq l ત્વત્ભૃત્યભૃત્ય-પરિચારક-ભૃત્યભૃત્યભૃત્યસ્ય ભૃત્ય ઇતિ માં સ્મર લોકનાથ! ll One commentator had given an interesting explanation for Kulasekhara wishing to be a devotee's devotee than just being a devotee. He says that any one who is heriditarily rich is entitled to greater honour than one who suddenly finds himself rich due to a windfall. In the same way devotion secured by inheritance and that had percolated down several layers of devotees is refined and has got an unique flavour not to be seen in the devotion obtained by one's own effort.

અગણ્યપુણ્યવાન્ ભવાન્ અનન્યધન્યજીવનઃ વિમુચ્ય મૌક્તિકસ્તજં દદૌ ધરાત્મજા મુદા l ભવન્તમાલિલિઙ્ગ યદ્ રઘૂત્તમઃ સ્વયં વદન્ ઇદં હિ મે હન્મતઃ પ્રદેયસર્વમિત્યહો ॥ ૭॥

You are of inconceivable merit and greatly blessed unlike any one else. Sita herself took out her pearl necklace from her neck and gave it to you. Also Rama Himself embraced you exclaiming This is the only thing I can give to Hanuman.

ધરા = earth. So, ધરાત્મજા = daughter.of earth, meaning Sita.

વિદેહરાજનિન્દિનીમનોહરે વરે પરે વિદેહમુક્તિદાયકે વિધેહિ મે મનો હરે I ક્ષણં ક્ષણં નિરીક્ષણં ભવેદ્ યથા મથિ પ્રભોઃ તથા નિવેદયસ્વ મદ્દશાં દશાનનાન્તકે II ૮ II

O Hanuma! please place my mind on Shri Rama, the beloved consort of

Sita. He confers liberation after the fall of the body. Please bring my plight to His notice so that He may cast His glances at me very often.

Note. What happens when one is caught in the range of His glance? One of His names (No:393 in Vishnusahasranama)

is શુભેક્ષણઃ I one with auspicious looks. Shri Sankaracharya in his commentary explains the significance of the name as follows.

ઈક્ષણં દર્શનં યસ્ય શુભં શુભકરં,

મુમુક્ષૂણાં મોક્ષદં, ભોગાર્થીનાં ભોગદં,

સર્વસન્દેહવિચ્છેદકારણં. પાપિનાં

પાવનં, હદગ્રન્દેર્વિચ્છેદકરં, સર્વકર્માણાં ક્ષપણં,

અવિદ્યાયાશ્ચ નિવર્તકં સ શુભેક્ષણઃ ! "ભિદ્યતે

હૃદયગ્રન્તિઃ" ઇત્યાદિ શ્રુતેઃ ॥ His auspicious looks grants

liberation (mokSha) to those who seek liberation, grants pleasures to those who seek pleasures, destroys the sins of the sinners, removes all doubts, removes the knot of ignorance that ties up the mind and destroys all remnants of karma and also ignorance. What more can one desire from Him? A similar idea is expressed in a highly poetic form by the well known acharya Shri Vedanta Desika in his Shreestuti. This poem is in praise of Shree (LakShmi) Devi.

આર્તત્રાણવ્રતિભિરમૃતાસાર નીલામ્બુવાહૈઃ અમ્ભોજાનામુષસિ મિષતામન્તરડ્ગૈરપાડ્ગૈઃ I યસ્યાં યસ્યાં દિશિ વિહરતે દેવિ દૃષ્ટિસ્ત્વદીયા તસ્યાં તસ્યાં અહમહમિકાં તન્વતે સમ્પદોઘાઃ II ૧૫ II

The poet says that Her eyes are like freshly blown lotuses. They are verily the dark clouds that pour rains of nectar that yield mokSha or immortality. In whichever direction Her glances travel, to the end of that direction, all good things are showered. In fact there seems to be a competition amongst the good things to flood the devotee with prosperity and relieve him of his material wants.

ઇદં ચ પગ્ચચામરં ગુહાણ દાસકલ્પિતં

સમીરણાત્મસમ્ભવ પ્રમોદમાનચેતસા l રિપૂન્ ષડાન્તરાન્ વિનાશયાશુ દુર્દમાન્ પુનર્ભવાખ્યકર્દમાત્ વિમુચ્ય પાહિ પાહિ મામ્ ll ૯ ll

O Hanuman! please deign to accept this hymn composed by your servant with pleasure. Please destroy the six (internal) enemies that are hard to be won over by me. Please extricate me from the mire known as rebirth. Please save me, save me!

Note. ષડ્ = six. અન્તરાન્ = internal. રિપૃન્ = enemies.

The six internal enemies are mentioned in our scriptures are: SLH:

ક્રોધસ્તથા લોભો મદમોહૌ ચ મત્સરઃ I These are said to be

internal because they perturb the mind and are thus form obstacles one faces in his spiritual path. They are difficult to conquer.

Krishna warns Arjuna to be careful and avoid falling a prey to them.

For example He said

ત્રિવિધં નરકસ્થેદં દ્વરં નાશનમાત્મનઃ I

કામઃ ક્રોધસ્તથા લોભસ્તસ્માદેતત્ત્રયં ત્યજેત્ ॥

Here He calls lust, anger and greed as the three gateways to

hell.મદઃ pride, arrogance.મોહઃ = delusion, confusion.

માત્સર્યમ્ = envy, jealousy.

Encoded, proofread, and translation by N. Balasubramanian

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Please send corrections to sanskrit@cheerful.com

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