Artiharastotram



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Artiharastotram

——ઃ આર્તિહરસ્તોત્રમ્ સાર્થ



Artiharastotram by Shri Shridhara Venkatesa.

This is a short poem consisting of nine verses. Herein the poet prays to Lord Shiva to remove the afflictions of the devotee. He asks if it is alright for the Lord not to respond to his prayers when He is reputed to protect those who even think of Him. Then he says that he is just the opposite of the Lord who is omnipotent and omniscient in that he is a weakling and ignoramus. How is it, he asks, that Lord has not taken pity on him. These verses are very moving in their appeal. The poem is a precious gem and the reader would like to add it to the collection of hymns they recite during their prayer.

બુeginmedshloka

II અથ આર્તિહરસ્તોત્રમ્ II

શ્રી શંભો મયિ કરુણાશિશિરાં દૃષ્ટિં દિશન્ સુધાવૃષ્ટિમ્ ! સન્તાપમપાકુરુમે મન્તાપરમેશ તવ દયાયાઃ સ્યામ્ ॥ ૧॥ અવસીદામિ યદાર્તિભિરનુગુણિમદમોકસોંહસાં ખલુ મે ! તવ સન્નવસીદામિ યદન્તકશાસન નતત્તવાનુગુણમ્ ॥ ૨॥ દેવ સ્મરંતિ તવ યેતેષાં સ્મરતોડિપ નાર્તિરિતિકીર્તિમ્ ! કલયસિ શિવ પાહીતિક્રન્દન્ સીદામ્યહં કિમુચિતિમદમ્ ॥ ૩॥ આદિશ્યાદ્યકૃતૌ મામન્તર્યામિન્નસાવદાત્મેતિ ! આર્તિષુમજ્જયસે માં કિંબ્રૂયાં તવકૃપૈકપાત્રમહમ્ ॥ ૪॥ મન્દાગ્ણીરહં તવ મયિ કરુણાં ઘટયિતું વિબોનાલમ્ ! આકૃષ્ટું તાન્તુ બલાદલમિહ મદ્દૈન્યમિતિ સમાશ્રસિતિ ॥ ૫॥

ત્વં સર્વજ્ઞોડહં પુનરજ્ઞોડનીશોહમીશ્વરત્વમસિ !

ત્વં મિય દોષાન્ ગણયસિ કિંકથયે તુદતિ કિંદયા નત્વામ્ ॥ ६॥ આશ્રિતમાર્તતરં મામુપેક્ષસે કિમિતિ શિવ ન કિંદયસે । શ્રિતગોપ્તા દીનાર્તિહૃદિતિ ખલુ શંસંતિ જગતિ સન્તસ્ત્વામ્ ॥ ૭॥ પ્રહરાહરેતિવાદી ફિણિતમદાખ્ય ઇતિ પાલિતો ભવતા । શિવ પાહીતિ વદોડહં શૃતો ન કિંકવાં કર્ય ન પાલ્યસ્તે ॥ ८॥ શરણં વ્રજ શિવમાર્તીસ્સતવ હરેદિતિ સતાં ગિરાડહમ્ ત્વામ્ । શરણં ગતોડસ્મિ પાલય ખલમિપ તેષ્વીશ પક્ષપાતાન્મામ્ ॥ ૯॥ ઇતિ શ્રી શ્રીધરવેંકટેશાર્યકૃતિષુ આર્તિહરસ્તોત્રં સંપૂર્ણમ્ ॥

એndshlokab

The author of this poem, Shridhara Venkatesa was a great devotee. He took immense delight

in chanting and singing the names of the Lord. One of the traits of a true devotee is his concern for the welfare of other beings. Krishna mentions (દયા ભૂતેષુ) compassion to others who are suffering, as one of the noble (દેવી સંપત્) qualities that one should acquire to make spiritual progress. Great devotees like Shridhara have their minds firmly fixed in the Lord and so were not unduly worried about themselves. They knew that Lord will take care of their welfare. Thus, having been freed from worries about their own welfare, they show concern about the welfare of other beings.

They are moved by the sufferings and sorrows of others. Shri Shankaracharya points out this

quality of the great people in Vivekachudamani (37). They have themselves obtained God's grace and liberation. They are willing to help others also without any motive whatsoever.

It is in their nature to do good to others. In this they are like the spring season.

બ્eginmedshloka

શાન્તા મહાન્તો નિવસન્તિ સન્તો વસન્તવલ્લોકહિતં ચરન્તઃ I તીર્ણા સ્વયં ભીમભવાર્ણવં જનાનહેતુનાન્યાનપિ તારયન્તઃ II એndshlokab

The poet Shridhara who was a saintly person had done exactly this in this poem. Another popular verse from the Subhashita in praise of the hearts of good people says this with a nice example. Normally their hearts are compared to butter since, like the butter they easily melt. But the verse points out that the comparison is not correct. The reason is that the butter melts only when it is exposed to heat. But the hearts of good people melt when they are exposed to other peoples' sufferings. The sanskrit word for heat is tApa atta: and it also means distress.

Thus there is a pun on the word tApa.

બeginmedshloka

સજ્જનસ્ય હૃદયં નવનીતં ઇતિ યદ્ધદિન્ત કવયઃ તદલીકમ્ l અન્યદેહવિલસદ્પરિતાપાત્ સજ્જનો દ્રવિત નો નવનીતમ્ ll એndshlokah

Keeping the helplessness of the vast number of people who have chosen to forget the Lord in their concern for their own well being, great saints and acharyas like Shridhara have composed short and long pieces of poems that show us the way to pray and seek His grace. The present piece is one such poem. This is a short poem consisting of nine verses. Herein the poet identifies himself with one such person - a weakling and an ignoramus - and consequently is afflicted with a variety of sorrows and prays to Lord Shiva to remove the afflictions. આર્તિ: means distress, affliction. Four types of people worship Me, says Krishna in Gita (BG-7-16). The first among them and the most common one is the distressed. ચતુર્વિધા ભજનતે માં જનાઃ સુકૃતિનોડર્જુન ! આર્તી જિજ્ઞાસુરર્થાથી જ્ઞાની ચ ભરતર્ધભ !!

The Lord welcomes all of them, calls them virtuous, and says He will respond to their prayers.

In this poem Shridhara appeals to the Lord for redressal of his sufferings. These verses are very moving in their appeal. The poem is a precious gem and the readers would like to add it to the collection of hymns they recite during their prayer. The translations given are not exact, but will convey the meaning of the verses. Brief notes have also been provided. Some verses from other great acharyas are also given to show the similarity in their thinking. Happily, some of the names used to address the Lord refer to both Shiva and Vishnu and so one can take the verses as appealing to either or both. The following abbreviations are used in the notes.

1 - VS - Shri Vishnu Sahasranama with Shri Shankaracharya's commentary.

- 2 SS Shri Shiva Sahasranama (from Padma Purana) known as Vedasara Sahasram with the commentary of HH Shri Paramashivendra Saraswati.
- 3 LS Shri Lalita Sahasranamam with the commentary of Shri Bhaskararaya.
- 4 BG Shrimad Bhagavadgita with Shri Shankaracharya's commentary.
- 5 BH Shrimad Bhagavatam.
- 6 AS Atmarpanastuti by Shri Appayya DikShitar.
- 7 SA Shiva Ashtottarashata nama stotram with commentary "Shivstattva Rahasyam" by Shri Nilakanta DikShita.

બ્eginmedshloka

II અથ આર્તિહરસ્તોત્રમ્ II

શ્રી શંભો મયિ કરુણાશિશિરાં દૃષ્ટિં દિશન્ સુધાવૃષ્ટિમ્ l સન્તાપમપાકુરુ મે મન્તા પરમેશ તવ દયાયાઃ સ્યામ્ ll ૧ ll એndshlokab

Meaning:- O Lord Shambhu! please cast Your vision that is full of nectar like kindness on me and dispel my suffering.

Then only will I understand the truth about Your kind nature.

Note:- The Lord is addressed as શંભુઃ - શં સુખં ભાવયતિ ઉત્પાદયતીતિ શંભુઃ l શિવંકર ઇત્યર્તઃ l "શિવ એકો ધ્યેયઃ શિવંકરઃ" ઇતિ શ્રુતેઃ l SA(3) and VS(38).

"Shambhu" - the name means one who will remove distress and give happiness.

Since the poet says he is distressed and wants relief he addresses the Lord appropriately as Shambhu. How does one get distress? It is the consequence of sins committed by one in this or earlier births.

This will be experienced in the form of a variety of sufferings like getting an inferior birth, bad tendencies, sickness, death, being tossed into hell etc.

Devotion to the Lord can make one escape these terrible sufferings. He is known as ω eginmedshloka

ભૂરિભારાર્તિહર્તા | અધિક અસહ્યદુઃખનિવારકઃ ભૂરિભારાર્તિહર્તા | અવિદ્યાસ્મિત-રાગદ્વેષાભિનિવેશ-પુણ્યાપુણ્ય-મિશ્રકર્મ ગર્ભજન્મ-જરા-મરણસ્થાવર-નારકદુઃખ-રાગદ્વેષાદિરૂપ સંસાર-મોચકઃ | રિક્કે્જ્રાત્વા દેવં મુચ્યતે સર્વપાપૈઃ' - ઇતિ | SS(563). એndshlokah Another of His names says He removes the sorrows of His devotees even when He is just thought of.

શોકનાશનઃ - સ્મૃતિમાત્રેણ ભક્તાનાં શોકં નાશયતીતિ શોકનાશનઃ l (VS-632)

Next, the poet describes the eye sight of the Lord. The eyes are cooling, implying they are comforting. Just as the moon light is soothing and brings relief to people who have been scorched by the sun's heat during the day time, the sight of the Lord's eyes brings immense relief to the people who are suffering from a variety of causes. As said earlier the word dute means both heat and affliction. So, the poet prays to the Lord to dispel his sufferings by casting His eyes on him. Shiva is the repository

of mercy, compassion. Shiva's sight is comforting because they are overflowing

Some of them are:- દયાળુઃ - દયાશીલો દયાળુઃ \ SS (155).

with compassion. He has many names that allude to His kindness.

કૃપાનિધિઃ - કૃપા પરદુઃખપ્રહાણેચ્છા, તસ્યા નિધિરિત્યનેન સદા

વર્તમાનત્વમુક્તં ભવતિ I

તચ્છિવસ્ય શ્રુતિપ્રસિદ્ધમ્ "અહિત્રદં દયસે વિશ્વમબ્ભુવમ્ ।

ન વા ઓજીયો રુદ્ર ત્વદસ્તિ" ઇતિ l sa (30).

The Navavarnaratnamala mentions that Shiva's eyes are brimming with compassion and as a result are moist. ક્લિમ્રેક્ષણમતિકૃપયા I

The Lord's vision is also like nectar. The word અમૃત or "Nectar" is used to refer to anything that is extraordinarily lovely or beneficial. Nectar is reputed to be the drink of the gods and it confers on them freedom from sickness and old age. So, it is considered to be great. But it cannot confer immortality. The Gita says that the gods like Indra and Brahma will be reborn and come down to the earth when their quota of merit is expended. આબ્રહ્મભ્વનાલ્લોકાઃ પ્નરાવર્તિનોડર્જન 1 BG(8-16)

But the sight from the Lord is incomparably superior to the nectar.

The Lord is reputed to have most auspicious eyes as they can not only remove sorrows of His devotees, but also confer all that is good including immortality. So He has the name શુભેક્ષણ: - ઈક્ષણં દર્શનં યસ્ય શુભં શુભકરં, મુમુક્ષૂણાં મોક્ષદં, ભોગાર્થીનાં ભોગદં, સર્વસન્દેહ-વિચ્છેદકારણં, પાપિનાં પાવનં, હૃદયત્રન્થેર્વિચ્છેદકરં,

સર્વકર્મણાં ક્ષપણં, અવિદ્યાયાશ્ચ નિવર્તક સ શુભેક્ષણ: I VS(393).

Those eyes can give liberation to those who seek liberation, worldly pleasures to those who seek them, destroy the sins of the sinners, clarify all doubts, remove the knot of ignorance in the mind and dissolve the pile of accumulated karmas. Shri Lalita also has a name that implies this meaning. She is known as ભવદાવસુધાવૃષ્ટિ: I ભવઃ સંસાર એવ દાવો વનવિક્ષ: તસ્ય શામકત્વાત્સુધાવૃષ્ટિ:, પીયૂષ્યવર્ધમિવ I LS(741). She is like a shower of nectar that puts out the forest fire of cyclic existence (i.e) endless cycle of rebirth.

The question that arises now is what should one do to make the Lord look at him? Should one have to try hard and do anything extraordinarily difficult to get His favour? NO. It is very easy to please Him. Krishna has said that He accepts with delight a leaf, a flower, a fruit or water offered by a devotee. BG(9-26). પત્રં પુષ્પં ફુલં તોયં યો મે ભક્ત્યા પ્રયચ્છતિ I

તદહં ભક્ત્યુપહૃતમશ્નામિ પ્રયતાત્મનઃ ॥

Accordingly Shiva is pleased when He is offered some water or even some grass (like the panic grass considered sacred and fit for offering to deities).

This is implied in His name.

કારુણ્યનિધિઃ - કારુણ્યં કૃપા અસ્મિન્નિધીયતે ઇતિ કારુણ્યનિધિઃ l અતિસુલભ-ચુલુક જલ, દૂર્વાદિ, તૃણસ્વીકારેણ ભોગ-મોક્ષપ્રદત્વાત્ l "દલં કિંચિત્સમાદાય ચુલુકં જલમેવ વા l યો દત્તે નિયમેનાસૌ તસ્મૈ દત્તે જગત્ત્રયં" - ઇતિ ll

શિવગીતાયામ્ II "ઘૃણિન કપર્દિન" ઇતિ શ્રુતિઃ I SS(872).

The devotee Shri Appayya DikShitar regrets that even after knowing the fact that it is very easy to please the Lord with such simple offerings and get even salvation in return, he failed to worship Him as he was a slave to senses and consequently is hastening towards his downfall.

બ્eginmedshloka

અર્ક-દ્રોણ-પ્રભૃતિકુસુમૈઃ અર્ચનં તે વિધેયં પ્રાપ્યં તેન સ્મરહર ફલં મોક્ષસામ્રાજ્યલક્ષ્મીઃ **!** એતજ્જાનન્નપિ શિવ શિવ વ્યર્થયન્કાલમાત્મન્ આત્મદ્રોહી કરણવિવશો ભૃયસાડધઃ પતામિ **II** AS(8)

એndshlokab

The poet Shridhara accepts the fact that he had committed many sins in the following verse and totally surrenders to Him saying "I am Yours now.

બeginmedshloka

અવસીદામિ યદાર્તિભિઃ અનુગુણમિદં ઓકસોંહસાં ખલુ મે l તવ સન્નવસીદામિ યદન્તકશાસન નૈતત્તવાન્ગુણમ્ ॥ ૨॥

એndshlokah

Meaning:- O Lord, I am suffering as the consequence of numerous sins committed by me. But, I am yours now. So, if I am suffering in this manner it does not behoove Your greatness.

Note:- It is clear that one should not commit acts of sin. But it is in human nature, an inborn weakness to commit sins.

But we have heard of expiatory rites (known as પ્રાયશ્ચિત્ત કર્માણિ).

Can not we resort to them and get rid of our sins? No, say the shastras.

These rites like performing some sacrifices, giving alms and gifts to deserving people, going on pilgrimages etc., are no doubt efficacious and will wipe off the sins. But, they are not comparable to devotion to the Lord in efficiency.

This fact is repeatedly stressed in Shri Bhagavatam.

બ્eginmedshloka

યમાદિભિર્યોગપથૈઃ કામલોભહતો મુહુઃ I

મકન્દસેવયા યદ્ધત્તથાડત્માડધ્દા ન શામ્યતિ ॥ BH(1-6-36)

વિદ્યાતપઃ પ્રાણનિરોધમૈત્રી તીર્થાભિષેક-વ્રતદાનજપ્યૈઃ I

નાત્યન્તશૃદ્ધિં લભતેડન્તરાત્મા યથા હૃદિસ્થે ભગવત્યનન્તે **II** BH(12-3-48).

એndshlokab

These verses say that learning (studying texts), regulation of breath, kindliness, pilgrimages, gifts, repetition of mantras - none of these practices can purify the mind (that is smitten by likes, dislikes, anger etc.) so efficiently as the constant remembrance of the Lord. The reason is simple.

These expiatory rites, while they are capable of removing some sins, do not make the mind give up its inherent tendencies (called vAsanA-s).

The senses will continue to exert their pull, and consequently we will,

before long, fall a victim to their wiles. Even wise persons are helpless as the senses are very powerful. Krishna points out this in Gita.(2-60).

યતતો હ્યપિ કૌન્તેય પુરુષસ્ય વિપશ્ચિતઃ I

ઇન્દ્રિયાણિ પ્રમાથીનિ હરન્તિ પ્રસભં મનઃ ॥

The mind is powerfully influenced by evil tendencies inherited from previous births. So, attempts to restrain or mend its ways will not yield success easily.

પ્રકૃતિં યાન્તિ ભૂતાનિ નિગ્રહઃ કિં કરિષ્યતિ II BG(3-33).

This is discussed at length in Book six in the story of Ajamila.

The King ParikShit brings up the point giving the example of an elephant.

The elephant goes to a river for a bath. After enjoying a long bath,

it gets out. On going to the bank of the river it will toss

mud all over its body and get dirty again. Similarly, if the the mind is left to itself, it will go in its old ways.

ક્વચિન્નિવર્તતેડભદ્રાત્ ક્વચિચ્ચરતિ તત્પુનઃ ।

પ્રાયશ્ચિત્તમતોડપાર્થં મન્યે કુગ્જરસૌચવત્ I BG(6-1-10)

Then, is there no way to get rid of our sins? The only way is to tie the mind to God by developing devotion to Him. The sage Shuka answers this by narrating the story of Ajamila. A part of the story is a dialogue between the messengers of the Lord and messengers of Yama. The following verses are from the explanation given by the former about expiatory rites. The translation given is not exact but gives the meaning of the verses.

નૈકાન્તિકં તાદ્ધકૃતેડપિ નિષ્કૃતે મનઃ પુનર્ધાવતિચેદસત્પથે 1

તત્કર્મનિર્હારમભીપ્સતાં હરેર્ગુણાનુવાદઃ ખલુ સત્ત્વભાવનઃ II BH(6-2-12)

The process of expiation cannot be considered complete if one's mind runs back to its evil ways after it is completed. Because of this reason,

for those who want the eradication of the stock of their sins the uttering of the glory of the Lord is the only remedy since it undoubtedly purifies the mind.

ગુરૂણાં ચ લઘૂનાં ચ ગુરૂણિ ચ લઘૂનિ ચ 🛭

પ્રાયશ્ચિત્તાનિ પાપાનાં જ્ઞાત્વોક્તાનિ મહર્ષિભિઃ II BH(6-2-16)

The great sages have prescribed arduous and easy processes of expiation for the case of serious and small sins. તૈસ્તાન્યઘાનિ પૂયન્તે તપોદાનજપાદિભિઃ I નાધર્મજં તદ્ધૃદયં તદપીશાઙ્ધ્રિસેવયા II BH(6-2-17)

The processes of expiation, such as penance, charity and chanting of prayers,

do no doubt get rid of the sins. But the vestige in the form of impressions

which is traceable to the unrighteous acts remains. These impresions (vAsanA-s વાસના) too are eradicated by devotion to the Lord's feet.

The Narayaneeyam states this succinctly as follows. (22-7).

શ્રુતિસ્મૃત્ભ્યાં વિહિતા વ્રતાદયઃ પુનન્તિ પાપં ન લુનન્તિ વાસનામ્ 1

અનન્તસેવા તુ નિકન્તતિ દ્વયીમિતિ પ્રભો ત્વત્પુરુષા બભાષિરે 🛚

The austerities like fasting etc., prescribed in the scriptures will destroy sins but not the impressions. But service to the Lord destroys both the sins and impressions.

Because of this fact, saints and acharyas have sought God's mercy to overcome their problems with their minds. The great acharya Shri Vedanta Desika in his Nyasa Dasakam (8) pleads to the Lord and says "You have to forgive my sins and make them inoperative. And also please make sure I do not again indulge in such sinful activities in future. It is possible for You to do this as You are all powerful and known to be the reservoir of mercy.

Thus he shows the way to pray.

ત્વદેકરક્ષસ્ય મમ ત્વમેવ કરુણાકર ! ન પ્રવર્તય પાપાનિ પ્રવૃત્તાનિ નિવર્તય !!

It is because of this fact that Lord is known as Hari - one who removes sins of those who surrender to Him.

હરિઃ I હરતિ પાપાનિતિ I SA(96) and VS(359) -

સ્મૃતિમાત્રેણ પુંસાં પાપં સંસારં વા હરતીતિ !

also as પાપનાશકરઃ I લૌકિકવૈદિક-નામભિઃ કીર્તિતઃ, તથા લૌકિકવૈદિકૈઃ સ્તોત્રૈસ્તુતઃ

તથા પગ્ચાક્ષરાદિભિઃ જપ્તઃ પૂજિતશ્ચ ઉમાસહાયત્વાદિરૂપેણ સ્મૃતો ધ્યાનેન વા

પાપનાશકર: I SS(355). Whether His names are uttered or praised by hymns or remembered by chanting mantras like the panchAkShara or worshipped or meditaed upon He removes the sins. તવાસ્મિ "I am yours now These words should at once bring to our mind the famous assurance of the Lord, in His incarnation as Rama,

given when Vibhishana surrendered to Him. Rama proclaimed (Yuddha Kanda- 18-33):

સકૃદેવ પ્રપન્નાય તવાસ્મીતિ ચ યાચતે Ι અભયં સર્વભૂતેભ્યો દદામ્યેતદ્ વ્રતં મમ ΙΙ

"I assure security from all beings to him who comes to me once and asks for

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protection saying "I am yours. This is my vow.
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Shri Appayya DikShita also says "I am no doubt a sinner, easily yielding to sense pleasures, always transgressing the scriptural injunctions, petty minded, not having even a trace of merit and so on. But now I have surrendered at Your feet. It is not proper on Your part to ignore me now.

બeginmedshloka

પાપિષ્ઠોડહં વિષયચપલઃ સન્તતદ્રોહશાલી કાર્પણ્યૈકસ્થિરનિવસતિઃ પુણ્યગન્ધાનભિજ્ઞઃ I યદ્યપ્યૈવં તદપિ શરણં ત્વત્પદાબ્જં પ્રપન્નં નૈનં દીનં સ્મરહર તવોપેક્ષિતું નાથ યુક્તમ્ II AS(28).

એndshlokab

Why does the poet say that his suffering does not behoove Shiva's greatness? Shiva is addressed here by Shridhara as અન્તકશાસનઃ I one who controls Yama - the god of death. This implies that by getting His grace and protection one can escape even death as the sage Markandeya did. The fear of death is the worst suffering any living being can experience. But Yama himself is afraid of Lord Shiva. So Shiva has the names kAlakAla and Mrityunjaya.

કાલકાલઃ I કાલયતિ નાશયતીતિ વ્યુત્પત્ત્યા કાલો યમઃ, તસ્યાપિ કાલઃ,

કાલિયતા ઉપસંહરકઃ ઇતિ I SA (29).

and મૃત્યુંજયઃ I મૃત્યુઃ મરણં સ્વભક્તાનાં મૃત્યું જયતિ

સ્વોપાસનયા પરિહરતીતિ મૃત્યુંજયઃ I

"ત્ર્યંબકં યજામહે સુગન્ધિં પુષ્ટિવર્ધનમ્ **I**

ઉર્વારુકમિવ બન્ધનાન્મૃત્યોર્મૃક્ષીય મામૃતાત્" I ઇતિ

"યસ્મિન્યુક્તા ૠષયો દેવતાશ્ર, તમેવ જ્ઞાત્વા

મૃત્યુપાશાગ્છિનત્તિ" ઇતિ શ્રુતેશ I SA (71) and SS(123).

Yama being the destroyer of everything is known as kAla. Even Yama is destroyed by Him and so Shiva is known as kAlakAla.

બeginmedshloka

દેવ સ્મરંતિ તવ યે તેષાં સ્મરતોડિપ નાર્તિરિતિ કીર્તિમ્ !

કલયસિ શિવ પાહીતિ ક્રન્દન્ સીદામ્યહં કિમુચિતમિદમ્ ॥ ૩॥

એndshlokab

Meaning:- O Lord, I have heard that those who think of You do not get exposed

to suffering. I am crying "Shiva! save me, and still continue to suffer.

Is this proper?

Note:- As said earlier, Shiva has the name Hari. The name means that he removes the sins of even those whose hearts are loaded with evil tendencies.

હરિઃ । "હરિર્હરતિ પાપાનિ દુષ્ટચિત્તૈરપિ સ્મૃતઃ" ઇતિ ।

SS(542). Thus the author should not have been exposed to suffering.

How to express the fact that "I have surrendered to You and am yours now?

This is answered by saying that I am crying and saying "Shiva, save me.

Keeping this idea in the mind, we have the habit of saying the following verse at the end of our daily puja or prayer

અન્યથા શરણં નાસ્તિ ત્વમેવ શરણં મમ **I**

તસ્માત કારુણ્યભાવેન રક્ષ રક્ષ મહેશ્વર ॥

'O Lord, Maheshvara! I have no recourse other than You.

So, out of mercy, please protect me.'

બeginmedshloka

આદિશ્યાઘકૃતૌ મામન્તર્યામિન્નસાવઘાત્મેતિ !

આર્તિષ્મજ્જયસે માં કિંબ્રુયાં તવકપૈકપાત્રમહમ્ ॥ ૪॥

એndshlokab

Meaning:- You are my inner Self. This being so, it is clear that it is by Your inducement only I committed various sins and as the result am now suffering.

What can I say in this matter? I deserve to be the recepient of Your grace.

Note:- An important qualification of one who claims to be the Lord's devotee is to desist from acts prohibited in the scriptures as wrong and sinful.

The scriptures were given out by the Lord Himself. So, violating the scriptural injunctions amounts to disobeying His orders and as a result become a serious offence. This being so, how can one say 'I am a sinner' and claim to be a devotee and have surrendered to Him? The author puts forth a specious explanation to justify his sins of omission and commission. We too would have heard the same statements from some people. They say that God is behind every act and thought of ours. The upanishads and Gita too have some

statements that seem to support this view. For example, Krishna said that different kinds of dispositions of beings, such as intelligence, wisdom,

non-illusion, patience, truth, self-restraint, calmness, pleasure, pain, birth, death, fear, security, innocence, equanimity, contentment, austerity, beneficience, fame, shame all arise from Him, the Lord alone. (BG 10-4,5). બ્eginmedshloka બુદ્ધિર્જ્ઞાનમસંમોહઃ ક્ષમા સત્યં દમઃ શમઃ ! સુખં દુઃખં ભવોડભાવો ભયં ચાભયમેવ ચ !! અહિંસા સમતા તૃષ્ટિસ્તપો દાનં યશોડયશઃ ! ભવન્તિ ભાવા ભૂતાનાં મત્ત એવ પૃથગ્વિધાઃ !

This being so, should not He be held responsible for whatever good or evil one does? The answer is that no doubt He is the cause behind all our mental dispositions. But He is the general cause, or the સામાન્ય કારણમ્ \ but our own deeds are responsible for our individual dispositions. An analogy will make it easier to understand. People plant different kinds of seeds on the earth. The earth supports all of them and they grow. But only a coconut tree comes out of a coconut seed, a mango tree out of a mango seed and so on. Thus, the earth is the general cause and the respective seeds are the special cause, or the વિશેષ કારણમ્ I In the same way, The Lord is the general cause, supporting all dispositions and our own deeds or karmas are the special cause. So, it is said that બુદ્ધિઃ કર્માનુસારિણી \ or one's thinking is shaped by his deeds. God is behind the power to think, but responsibility to use the power properly and take the right decisions rests with the individual eventually. We may think of another example - a car. The car in the hands of a careful driver can take the passengers safely to places they want to reach. But the same car in the hands of a rash and negligent driver will become a vehicle of accident or even death. We cannot hold the car responsible for the accident. It just provides the motive power.

The result, a safe journey or an accident is in the hands of the driver. God has given us intelligence. We have to use it to travel in the right path shown by the scriptures. Because of this reason, the intellect is often compared to a driver. બુદ્ધિ તુ સારશિં વિદ્ધિ says the Kathopanishad. (1-3-3)

The author of the popular hymn Sharada Bhujangam presents this situation from another angle, that is interesting to read. He is addressing Sharada Devi.

He says that, if She does not come to his rescue and relieve the distress in his heart, then She too will suffer since She is present in his heart, as in the hearts of all beings!

યદિ ત્વં મદીયં શુચં નાપનુદ્યાઃ તદા દુઃખવિ્નપ્રતમેડન્તરઙ્ગે !

મદીયે સ્થિતાયાસ્તવાપ્યંબ ખેદૌ ભવએદિત્યહં ચિન્તયાડડર્તોડસ્મિ ભૂયઃ ॥

બeginmedshloka

મન્દાગ્રણીરહં તવ મયિ કરુણાં ઘટયિતું વિબો નાલમ્ !

આકૃષ્ટું તાં તુ બલાત્ અલમિહ મદ્દૈન્યમિતિ સમાશ્વસિમિ ॥ ૫॥

એndshlokab

Meaning:- I am a dullard, and the foremost one at that. I have not known how to be worthy of Your grace and hence took the wrong path. I am just a wretched person. You should thrust Your grace on me and save me.

Note:- After putting forth the plausible argument, the author immediately feels remorseful and prays to the Lord to save him.

Why should the poet call himself a dull witted person?

The word "dullard or 4-6: has a special meaning in the

vedantic parlance. It is used to refer to one who lacks discrimination and does not have the wisdom to make the right choice when several options are open to him. For example, when a child is asked to choose between a big colorful baloon and a hundred rupees note, it will go for the baloon only. This is because the baloon appears colorful and it can derive joy by playing with the baloon. The child, being immature cannot understand the value of the currency note. Similarly, our scriptures present two options to us. One is the path that provides for material benefits that can provide worldly enjoyment. The other is the path that shows the way to benediction or blessedness that can give lasting happiness. But the latter being not visible and immediately available, most opt for the first path that seems to give happiness here while living. The scriptures say that such people are immature and lack deep wisdom. This is because the happiness one can get in this world is short lived. They will come to an end some day. And they are not unmixed with sorrow. So, they cannot be

termed as real joy. Whereas the path that leads to God assures lasting peace and happiness though the results may not be evident here and now. Because of these reasons people who have not studied the scriptures deeply and lack full faith in what they say, stay away from the superior path shown by them. Yama, the god of death, says this to his student Nachiketas in Kathopanishad. (1-2-2).

શ્રેયશ્ચ પ્રેયશ્ચ મનુષ્યમેતસ્તૌ સંપરીત્ય વિવિનક્તિ ધીરઃ I

શ્રેયો હિ ધીરોડભિ પ્રેયસો વૃણીતે પ્રેયો મન્દો યોગક્ષેમાત્ વૃણીતે 🛚 🖠

How do such "dull witted people spend their time? Shri Bhagavata says that they slog in pursuit of wealth, security etc. But these things so earned cannot assure happiness or security. So, the text terms the effort spent in search of money and such material gains as "frivolous pursuits" and calls these people as "unfortunate ones. They work hard during the day and by the end of the day they are totally exhausted. So, they drop off to sleep. Thus their lives are frittered away in sleep by night and in frivolous pursuits by day.

They miss the very goal of life. BH(1-16-9)

મન્દસ્ય મન્દપ્રજ્ઞસ્ય વયો મન્દાયુષસ્ય ચ 1

નિદ્રયા હ્રિયતે નક્તં દિવા ચ વ્યર્થકર્મભિઃ I

God is the power behind the mind as said earlier. But He had also given us scriptures to guide our conduct. They clearly state what constitutes the right deed and what acts are prohibited and so to be given up. One who wants to grow spiritually and seek the Lord's grace should use his discretion and take the right path. Krishna says this to Arjuna and points out that if one still takes to neglect the scriptural injunctions under the impulse of desire or greed he will not attain happiness in this world nor the higher worlds. BG-(16-23,24). યઃ શાસ્ત્રવિધિમૃત્સૃજ્ય વર્તતે કામકારતઃ I ન સ સિદ્ધિમવાપ્રોતિ ન સુખં ન પરાં ગતિમ્ II તસ્માચ્છાસ્ત્રં પ્રમાણં તે કાર્યાકાર્ય-વ્યવસ્થિતૌ I ફાાત્વા શાસ્ત્રવિધાનોક્તં કર્મ કર્તુમિહાહસિ II The sages have also said this in their Smriti texts. Sage Yagnavalkya had said in his work thus -

વિહિતસ્યાનનુષ્ઠાનાત્ નિન્દિતસ્ય ચ સેવનાત્ l અનિગ્રહાચ્ચેન્દ્રિયાણાં નરઃ પતનમૃચ્છતિ ll By failing to do the prescribed duties,

by doing deeds that are prohibited by the scriptures and by not having control

over the senses one seeks his fall. Keeping this in mind, Shri Vedanta Desika admits his failings and prays to the Lord. (Nyasa Dasakam. 9). He says - અફત્યાનાં ચ કરણં ફત્યાનાં વર્જનં ચ મે I ક્ષમસ્વ નિખિલં દેવ પ્રણતાર્તિહર પ્રભો II You, the Lord known to be the one who removes the sufferings of the devotees who surrender to You, have to pardon me for committing the acts prohibited by the scriptures and failure to perform those acts that are prescribed by the scriptures. Shri Appayya DikShitar also appeals to the Lord to excuse his transgressions that he had made knowingly. He is going about without shame or fear of the consequences of such transgressions. And he says he had done so in his previous births also. He wonders how he can get away from his innumerable problems without Lord's grace.(AS-11).

બ્eginmedshloka

ઉલ્લઙ્ઘ્યાજ્ઞામુડુપતિકલાચુડ તે વિશ્વવન્દ્ય

ત્યક્તાચારઃ પશુવદધુના મુક્તલજીશ્વરામિ 1

એવં નાનાવિધભવતતિપ્રાપ્તદીર્ઘાપરાધઃ

ક્લેશાંભોધિં કથમહમૃતે ત્વત્પ્રસાદાત્તરેયમ્ ॥

એndshlokab

Mind is known as one of the organs like the eyes and ears. The word mind is used to refer to the intellect, memory and the capacity to recollect also according to the context. Only, it being invisible is called an inner organ and it leads the external organs to act according to its dictates. Because our mind is scattered in many directions due to our attachments and vicissitudes in our lives it is restless. It is difficult to control and focus it on a specific object like God. Even the great warrior Arjuna had accepted this fact and said that the mind is indeed restless, turbulent, strong and obstinate.

Therefore it is virtually impossible to restrain it. It is as difficult as restraining the wind.

બ્eginmedshloka

ચગ્ચલં હિ મનઃ કૃષ્ણ પ્રમાથિ બલવદ્ દૃઢમ્ I

તસ્યાહં નિગ્રહં મન્યે વાયોરિવ સુદુષ્કરમ્ II BG (6-34).

એndshlokab

A question may arise at this point that if the mind is so difficult to control,

but is fickle and insubordinate why have we been provided with such an instrument? The reason is that, though the mind may be turbulent and difficult to control, it is a powerful instrument given to us. The minds of the animals have vastly reduced capacity compared to our minds. They are controlled by instincts and have no free will. The animal birth is meant solely to expiate for the sins committed in the previous births. In such a birth one cannot do acts, like going to the temples and offering prayers to the Lord, that will improve its quality of life in the ensuing births. On the other hand, we can do all of them. Using the free will we may discard courses that are not beneficial to us and choose the path that appears right to us. Thus, God has blessed us with a powerful organ with which we can achieve great goals. The greatest goal, said in our scriptures is mokSha or liberation from cyclic existence. This can be attained by humans only. To help us to achieve this objective, the kindly God has also given us scriptures which talk in detail about the way to attain the goal. Since all of us cannot be expected to read and understand the texts, He has also sent us great saints who are willing to guide us. We are only required to heed their advice, get hold of the mind and channelise it towards God. It is admittedly a difficult task. The task is comparable to capturing a wild elephant and taming it. The elephant is a very strong animal. But, once it is tamed, it can be trained to do very difficult jobs. Our mind is like the wild elephant - difficult to train. If we try hard and tame it and train it to do our bidding it can lead us to liberation itself. So the upanishad says: મન એવ મનુષ્યાણાં કારણં બન્ધમોક્ષયોઃ Ι બન્ધાય વિષયાસક્તં મક્તં નિર્વિષયં સ્મૃતમ્ ΙΙ Mind is the cause for both bondage and liberation. Attached to the objects it becomes the cause for bondage. Freed of attachments it becomes source of freedom. It is in our power to realise the wrong deeds we commit. We have to

બ્eginmedshloka

ત્વં સર્વજ્ઞોડહં પુનરજ્ઞોડનીશોહમીશ્વરત્વમસિ !

stay away from such acts in future.

ત્વં મયિ દોષાનુ ગણયસિ કિંકથયે તુદતિ કિંદયા નત્વામ્ ॥ ૬॥

એndshlokab

Meaning:- I confess I am an ignoramus and a weakling. In contrast, You are omniscient and omnipotent. Because of Your omniscience You are aware of my faults.

What shall I say? Does not Your compassion prod You to overlook my faults?

Note:- By saying that he is ignoramus, the author implies that the teachings of the holy texts have not fully sunk in his mind. As a

result his mind still lacks total faith in the teachings of the sacred books and saints. It is wavering and has many doubts. Such people will encounter

difficulty in the path of spiritual progress. Krishna says this. BG(4-40).

અજ્ઞશ્ચાશ્રદ્ધધાનશ્ચ સંશયાત્મા વિનશ્યતિ 1

નાયં લોકોડસ્તિ ન પરો ન સુખં સંશયાત્મનઃ ॥

By saying he is a weakling the poet is referring not to physical weakness but to that of the mind. A weak mind is not settled in a particular pursuit but goes after many objects. It had been doing so not only in this birth but in the innumerable births we had prior to this present birth also. It is not used to being controlled. When the mind is not under control, it is easily swayed by emotions like desire or anger. One whose mind is thus out of control cannot be expected to have discrimination and judgement. Krishna said: ઇન્દ્રિયાણાં હિ ચરતાં યન્મનોડનવિધીયતે I

તદસ્ય હરતિ પ્રજ્ઞાં વાયુ-ર્નાવમિવાંભસિ **II** BG (2-67)

The upanishads state this clearly. They say that the supreme Being cannot be obtained by one without strength of mind. He should have his goal clearly in mind and work for it with determination.

નાયમાત્મા બલહીનેન લભ્યઃ \ MU (3-2-4) and again in Kathopanishad (1-3-24).

Yama says that the Supreme Being is not obtained by one who has not abandoned evil conduct, whose is not calm, who has not subdued his senses and mind, though the person be endowed with sharp intellect.

નાવિરતો દુશ્વરિતાન્નાશાન્તો નાસમાહિતઃ l નાશાન્તમનસો વાપિ પ્રજ્ઞાનેનૈનમાપ્નુયાત્ ll So, it is very necessary to get control over it and turn it to the other direction, namely the spiritual path.

The poet said that his mind is still not fully established in the Lord's feet. So he still has a long way to travel before he can call himself a devotee. We should remember here that the author Shridhara is saying this as our representative.

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બeginmedshloka
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આશ્રિતમાર્તતરં મામપેક્ષસે કિમિતિ શિવ ન કિંદયસે !

શ્રિતગોપ્તા દીનાર્તિહૃદિતિ ખલુ શંસંતિ જગતિ સન્તસ્ત્વામ્ ॥ ૭॥

એndshlokab

Meaning:- I depend on You. Still why do You ignore me? Cannot You show some mercy towards me? The saintly people say that You take care of those who depend upon You and remove the distress of those who are destitute and helpless.

Note:- God had assured this in Gita. (9-22).

અનન્યાશ્ચિન્તયન્તો માં યે જનાઃ પર્યુપાસતે I

તેષાં નિત્યાભિયુક્તાનાં યોગક્ષેમં વહામ્યહમ્ ॥

Shri Shankaracharya puts this idea in a very nice way in his Shivanandalahari (14).

He says that he is the foremost among the weak and destitute. And Shiva is renowned to be the protector of the weak and destitute. Thus there exists a unique relationship between them. Because of this reason, his proptection is the responsibility of Shiva. HE has to overlook all his weaknesses and faults and save him.

બeginmedshloka

પ્રભુ-સ્ત્વં દીનાનાં ખલુ પરમબન્ધુઃ પશુપતે

પ્રમુખ્યોડહં તેષામપિ કિમુત બન્ધુત્વમનયોઃ I

ત્વયૈવ ક્ષન્તવ્યા શિવ મદપરાધાશ્ચ સકલાઃ

પ્રયત્નાત્કર્તવ્યં મદવનમિયં બન્ધુશરણિઃ ॥

એndshlokab

બeginmedshloka

પ્રહરાહરેતિ વાદી ફણિત-મદાખ્ય ઇતિ પાલિતો ભવતા !

શિવ પાહીતિ વદોડહં શ**ૃતો ન કિં** ત્વાં કથં ન પાલ્યસ્તે **॥** ૮**॥**

એndshlokab

Meaning:- I have heard a story that You blessed a dacoit leader because he was unwittingly repeating Your name "Hara" whenever he said

prahara પ્રહર to mean "beat him up, and Ahara આહર

to mean "kill him. I am wittingly uttering Your name "Shiva" and saying "save me.Am I not dependant on You? Do I not desreve to be protected by You?

Note:- Even when uttered casually or unwittingly, the Lord's names purify.

They are so powerful. This is said in Shivagita. This says that even if one utters His name as an exclamation in surprise, or in fear or distress like hunger, he is purified and gets the highest goal.

આશ્ચર્યે વા ભયે શોકે ક્ષુતે વા મમ નામ યઃ I

વ્યાજેન વા સ્મરેદ્યસ્તુ સ યાતિ પરમાં ગતિમ્ ॥

A similar statement is seen in Shri Bhagavatam also.

સાંકેત્યં પારિહાસ્યં વા સ્તોભં હેલનમેવ વા 1

વૈકુણ્ઠ-નામ-ગ્રહણં અશેષાઘહરં વિદુઃ ॥

Lord's names utterd as a gesture or in joke or in the midst of a song or even out of disrespect washes away all sins.

યથાગદં વીર્યતમમુપ્યુક્તં યદ્ચ્છયા I

અજાનતોડપ્યાત્મગુણં કુર્યાન્મન્ત્રોડપ્યુદહૃતઃ ॥ BH(6-2-14,19)

Just as a potent medicine will certainly produce its salutary effect even when taken by one who is unaware of its efficiency, though by chance, so does the Lord's name reveal its efficacy even when it is uttered by someone without being aware of its power. DakShayani put this forcefully to her father DakSha when he insulted Shiva in a sacrifice conducted by him. He did not invite Shiva and His wife DakShayani. Her father added insult to the injury by not making any offering to Shiva, her husband. She was greatly outraged by all this and in her reply said the two letters (Qiq) SIVA uttered by one even casually in the course of a conversation will remove the sins quickly.

યદ્ દ્વયક્ષરં નામ ગિરેરિતં નૃણાં સકૃત્-પ્રસઙ્ગાદઘમાસુ હન્તિ તત્ !

પવિત્રકીર્તિ તમલ્કુધ્યશાસનં ભવાનહો દ્વેષ્ટિ શિવં શિવેતરઃ II BH(4-4-14).

બ્eginmedshloka

શરણં વ્રજ શિવં આર્તિં સ તવ હરેદિતિ સતાં ગિરાડહમ્ ત્વામ્ !

શરણં ગતોડસ્મિ પાલય ખલમપિ તેષ્વીશ પક્ષપાતાન્મામ્ ॥ ૯॥

એndshlokab

Meaning:- I have heard noble people say "surrender to Shiva. He will remove your distress. Having faith in those words I surrender to You. I admit I am a mean person. Will not You save me atleast to make their statement true?

Note:- Surrender to the Lord is the only way for one who wants to walk the

new way of life that will free one from sorrows. In particular this is suited to one who does not have great deal of scholarship and had not lead a disciplined life. The poet says this in Sharada bhujanga stotram thus.

ન મન્ત્રં ન યન્ત્રં ન વા સ્તોત્રરીતિં વિજાનેડમ્બ વક્તું ચ મદુઃખરીતિમ્ ।

ત્વદંધ્રિપ્રણમ્રો ન પાત્રં શુચઃ સ્થાદિતિ ત્વાં પ્રપદ્યે તવૈવ પ્રસાદાત્ ॥

He says "I do not know mantram, tantram, the manner of praising You and not even how to express my distress. One who prostrates at Your feet will not suffer any more. Knowing this I surrender to You by Your grace only.

Krishna says that even if a person had lived an evil life, but had decided

to turn a new leaf and worships Him, the Lord considers such a person to be a righteous one and saves him. BG(9-30,31).

બ્eginmedshloka

અપિ ચેત્સુદુરાચારો ભજતે મામનન્યભાક્ I સાધુરેવ સ મન્તવ્યઃ સમ્યગ્વ્યવસિતો હિ સઃ II

ક્ષિપ્રં ભવતિ ધર્માત્મા શશ્ચચ્છાન્તિં નિગચ્છતિ । કૌન્તેય પ્રતિજાનીહિ ન મે ભક્તઃ પ્રણશ્યતિ ॥

એndshlokab

Krishna assures that one who turns to Him and becomes devoted to Him will not perish. In a similar situation, Shri Vedanta Desika surrenders to the Lord accepting his weaknesses.

બeginmedshloka

અજ્ઞાનવારિધિ-મપાયધુરન્ધરં માં

આજ્ઞાવિભગ્જન-મકિગ્ચનસાર્વભૌમમ્ ।

વિન્દન્ ભવાન્ વિબુધનાથ સમસ્તવેદી

િક નામ પાત્રમપરં મનુતે કૃપાયાઃ II Devanayaka Panchashat.(49).

એndshlokab

The poet says "O Lord! You are omniscient. I am an ocean of ignorance. I am the first among sinners. I have broken all Your mandates regarding the Do's and Dont's. I have no virtue to claim or take to the path of devotion or surrender. Thus I am the most indigent person. Thus I am the one who needs Your mercy most. Why then are You looking for another person to

show Your mercy? It is seen that in these verses the poet repeatedly says he is a weakling, sinner etc. Obviously such statements do not sound nice. They sound like cringing and whining. Should one keep on making such statements before God who is said to be kind and merciful? All of us do make mistakes. Sometimes such mistakes are made knowingly and often unknowingly also. But no one likes to think of them, not to speak of admitting them before someone else. It is not in one's nature to confess one's serious sins to another person. Our ego stands in the way of doing so. In the normal case any person has no means of knowing other person's mistakes unless he witnesses the act. A criminal has to confess his crimes to a judge when confronted with strong evidences. If he denies the charges or tries to evade them by telling lies etc., he will get into more trouble. On the other hand if he confesses and pleads for mercy explaining he was forced to commit the crime under force of circumstances, the judge may consider his case with sympathy. He may let the offender off with the minimum penalty. But in our case, many of our sins might have been committed in privacy with no one seeing them. Sins are committed not only by way of bodily actions but by words and thoughts also. The question, then, is why not keep quiet without talking about them? The answer is that we may be able to hide our mistakes from other people, but not from God who sees all and knows all, including our innermost thoughts. Aptly He is known as the Great Witness or sAkShL So, there is no question of hiding anything from Him. But, if we are devoted to Him and sincerely repent our past mistakes He may take a lenient view and rid us of the sins that pollute our minds. Krishna tells that just as the blazing fire burns the faggots put into it to ashes quickly, devotion to Him destroys the sins of a devotee. BH(11-14-19). યથાગ્નિઃ સુસમૃદ્ધાર્ચિઃ કરોત્યૈધાંસિ ભસ્મસાત્ !

Artiharastotram.pdf

તથા મદ્ભિષ્યા ભક્તિઃ ઉદ્ધવૈનાંસિ કૃત્સ્નશઃ ॥ Because of this reason God gets the name પાપનાશનઃ - કીર્તિતઃ પૃજિતો ધ્યાતઃ સ્મૃતઃ પાપરાશિં નાશયન્ પાપનાશનઃ l VS(992). Whether by chanting of His names, or worshipped or meditated upon He destroys the heaps of sins of His devotee.

And also

પવિત્રઃ - પાવનઃ: પરમસ્તુ પુમાન્ ધ્યાતો દૃષ્ટઃ કીર્તિતઃ

શ્રુતઃ પૂજિતઃ સ્મૃતઃ પ્રણતઃ સ સર્વાન્ પાપાન્ ઉન્મૂલયતીતિ ॥

પુષ્કરમહં પવિત્રમહ મિતિ શ્રુતિઃ II SS(90).

Fully knowing this, great devotees have repeatedly prayed to Lord to forgive their sins. They say that they have been unable to resist the pull of senses and fallen a prey to petty desires, anger, lust, greed etc., and have committed many mistakes. They have now realised that they cannot win over these powerful enemies with their volition and have come to the Lord as the final recourse. So, it is now incumbent on Him to rescue them who are now full of repentance.

ઇતિ શ્રી શ્રીધરવેંકટેશાર્યકૃતિષુ આર્તિહરસ્તોત્રં સંપૂર્ણમ્ ॥

Artiharastotra

O Lord Shambhu! please cast Your vision that is full of nectar like kindness on me and dispel my suffering. Then only will I understand the truth about Your kind nature. 1

O Lord, I am suffering as the consequence of numerous sins committed by me. But, I am yours now. So, if I am suffering in this manner it does not behoove Your greatness. 2

O Lord, I have heard that those who think of You do not get exposed to suffering. I am crying "Shiva! save me, and still continue to suffer. Is this proper? 3

You are my inner Self. This being so, it is clear that it is by Your inducement only I committed various sins and as the result am now suffering. What can I say in this matter? I deserve to be the recepient of Your grace. 4

I am a dullard, and the foremost one at that. I have not known how to be worthy of Your grace and hence took the wrong path. I am just a wretched person. You should thrust Your grace on me and save me. 5 I confess I am an ignoramus and a weakling. In contrast, You are omniscient and omnipotent. Because of Your omniscience You are aware of my faults. What shall I say? Does not Your compassion prod You to overlook my faults? 6

I depend on You. Still why do You ignore me? Cannot You show some mercy towards me? The saintly people say that You take care of those who depend upon You and remove the distress of those who are destitute and helpless. 7

I have heard a story that You blessed a dacoit leader because he was unwittingly repeating Your name "Hara whenever he said prahara to mean "beat him up, and Ahara to mean "kill him. I am wittingly uttering Your name "Shiva and saying "save me. Am I not dependant on You? Do I not desreve to be protected by You? 8 I have heard noble people say "surrender to Shiva. He will remove your distress. Having faith in those words I surrender to You. I admit I am a mean person. Will not You save me atleast to make their statement true? 9

Thus ends the Artiharastotram composed by Shridhara Venkatesha.

LIFE OF SRIDHARA VENKATESA

શ્રીક્ષ્ઇિમિવ ભાસ્વન્તં શિવનામપરાયણમ્ l શ્રીધરં વેક્કુટેશાર્યં શ્રેયસે ગુરુમાશ્રયે ll Shridhara Venkatesa lived about 300 years ago in Tiruvisanallur, a village in Tanjavur district in Tamilnadu. He was called Tiruvisanallur Ayyaval (deeply respected person) out of great respect people held for him. Even today he is known by that name only. He was the son of Lingayaryar who was a minister to the Maharaja of Mysore. Even as a young boy Ayyaval was deeply religious and in particular had great devotion to Shiva but he made no distinction between Shiva and Vishnu. He studied Vedas, shastras and puranas and had a great desire to travel and spread the message of the puranas and in particular the glory of Lord's name among the people. After his father's death the Maharaja wanted him to take his father's job but he politely declined and left Mysore state with his wife and mother. He came to Tiruchirapalli in Tamilnadu and stayed for some time giving talks. He was supposed to have brought back to life a woman who had died by praying to the Lord. This attracted people who wanted him to solve their problems. Ayyaval did not like this and left the place. He proceeded to Tanjavur. It seems that King Shahaji (1684-1710.AD) who was ruling at that time in Tanjavur wanted him to stay in Tanjavur but Ayyaval wanted to lead a quiet life. King Shahaji was inviting scholarly brahmins to stay in his kingdom. He renamed the village Tiruvisanallur as Shahajirajapuram. One street was allotted for their stay. Ayyaval also stayed in a house there. Ayyaval was a proponent of the view that in this dark kali age chanting the lord's name will ward off its evil effects. He was the senior contemporary of Bodhendra Swami who was the 59th pontiff of the Shankara Math at Kanchipuram and who was an ardent advocate of the glory of the lord's name. Ayyaval wrote a book ભગવન્નામભુષણમ્ (Bhagavannamabhushanam) on the subject which is sadly not available now. Bodhendra Swami had also written a book નામામૃતરસાયનમ્ (Namamritarasayanam) on the subject wherein he had made references to the work of Ayyaval. Once Ayyaval had to perform a shrAddha ceremony in his house. Therein food is prepared and offered to the departed forefathers who are invoked in three brahmins invited for the occasion. When every thing was getting ready Ayyaval saw an outcaste with his family in a famished condition begging for food. His heart melted with compassion at their condition. Without any hesitation he offered them the food that was being prepared for the ceremony. He then had the house washed and prepared to conduct the ceremony again. But the brahmins in the village considered this act reprehensible and refused to conduct the ceremony again. Ayyaval pleaded

with them quoting texts from the scriptures to support his action but the Brahmins were not convinced. He asked them what he should do to remedy the situation. They said that the only atonement was having a bath in the Ganges. But there was no time to go to Varanasi and return. So he prayed to Lord Shiva (in Gangashtakam) to release the waters of Ganga from His matted hair as he did on an earlier occasion for Bhagiratha. Water started flowing out of the well in his house and flooded the streets of the village. The villagers got scared and prayed to Ayyaval to forgive them and stop the flood that was threatening the village. He accordingly prayed again to stop the flooding and requested her to appear in the well every year on that day. Even now people flock to that place every year on that day and take bath in the waters of the well in the belief that Ganga is present in the well on that day. Ayyaval had composed a number of works some of which are not yet been printed and some not available. Some of his works are listed below. (1) Bhagavannama Bhushanam. (2) Akhyashashti. (3) Daya satakam. (4) Matrubhutasatakam. (5) Stuti paddhati. (6) Shiyabhakthikalpalata. (7) Shiyabhakta lakShanam. (8) Taravali stotram. (9) Artihara stotram. (10) Kuliresvarashtakam. (11) Jambhunathashtakam. (12) Doshapariharashtakam. (13) Krishnadwadasha manjari. (14) Achyutashtakam. (15) Dola navarathnamala. (16) Padamanimanjari - a sanskrit dictionary. (17) Shahajiraja charitam.

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Artiharastotram

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