#### Ardhanarishvarastotram with meaning

\_\_\_\_\_ અર્ધનારીશ્વરસ્તોત્રમ્ સાર્થ

# Document Information

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#### Ardhanarishvarastotram with meaning





ચામ્પેયગૌરાર્ધશરીરકાયૈ કર્પૂરગૌરાર્ધશરીરકાય | ધમ્મિલ્લકાયૈ ચ જટાધરાય નમઃ શિવાયૈ ચ નમઃ શિવાય ॥ ૧ ॥

One half shines with golden yellow color like chAmpeya flower and other half shines in bright white of karpUra. One side of the head is adorned with a beautiful braided decoration and other sports an unkempt jaTAmakuTam. I bow to ShivA and Shiva in the form of ardhanArishvara.

કસ્તૂરિકાકુઙ્રુમચર્ચિતાયૈ ચિતારજઃપુગ્જવિચર્ચિતાય । કૃતસ્મરાયૈ વિકૃતસ્મરાય નમઃ શિવાયૈ ચ નમઃ શિવાય ॥ ૨ ॥

The left half of ardhanArIshvara which is occupied by ambAL is adorned with musk and kumkumam. The other half occupied by the Lord is smeared with ashes from the funeral pyre. The ambAL aspect is well adorned and pleasing to reflect on, the Lord's half is ill adorned (with ashes, snakes, elephant skin) is dreadful. I bow to this wonderful form, I bow to ambA ShivA and Lord Shiva.

## ઝણત્કવણત્કઙ્રુણનૂપુરાયૈ પાદાબ્જરાજત્ફણિનૂપુરાય । હેમાઙ્ગદાયૈ ભુજગાઙ્ગદાય નમઃ શિવાયૈ ચ નમઃ શિવાય ॥ ૩ ॥

The left side of the Lord, which is occupied by ambAL is adorned with beautiful kankana (bracelets worn on the wrist) and nUpura (worn at the ankle). These make very pleasing sounds when they move. The right lotus foot is adorned with a cobra as nUpura. angada is an ornament adorning the lower elbows. On the left side it is made of gold and on the right side it is a snake. Such is the wonderful form of the Lord. I bow to shrI

shivA and Lord Shiva.

Snakes represent the senses. They are dreadful and lead one to the cycle of death and birth. By wearing snakes, as a yogIshvara, the Lord demonstrates His mastery and control over them.

# વિશાલનીલોત્પલલોચનાયૈ વિકાસિપડ્ડેુરુહલોચનાય । સમેક્ષણાયૈ વિષમેક્ષણાય નમઃ શિવાયૈ ચ નમઃ શિવાય ॥ ૪ ॥

ambAL's eyes are often described as long, extending upto the ears. This is indicated by the term vishAla. Her eyes (left half) are long and beautiful like nIlotpalaa flower. Lords eyes are radiant like lotus flowers. IxaNa can mean look or eye. viShameXana means some thing odd or different to look at or one who has three eyes. sameXana means it is pleasing to look at. sa ma means with laxmI, and HER eyes are auspicious and can bestow prosperity to the devotees. The ardhanArIshvara form is a beautiful combination of ShivA and Shiva. I bow to shrI ShivA and Lord shiva.

(i) The three eyes of Shiva-Shakti svarUpam have many beautiful descriptions in saundaryalaharI. In one verse, the right eye is compared to the sun, the left one is compared to moon and the one of forehead is compared to fire. They respectively produce day, night and the sandhya kAlam.

(I) Once a poetic puzzle was posed to mahAkavi kaLidAsa asking whether someone has seen a flower inside another flower. He replied that the face of a woman is like Lotus flower and her two eyes are like nIlotpalaa flowers. It is traditional to relate woman's eyes with nIlotpalaa flower.

(Ii) IxaNa = look or glance (cast by the eye)

sama = even (as in number), even/smooth/peaceful (as in look/gaze-cast by the eye)

viShama = odd (as in number), rough/terrible (as in look/gaze-cast by the eye)

shivA = the even eyed one (2 eyes); who casts a peaceful glance shiva = the odd eyed one (3 eyes); who casts a rough/terrible glance

## મન્દારમાલાકલિતાલકાયૈ કપાલમાલાક્રિતકન્ધરાય | દિવ્યામ્બરાયૈ ચ દિગમ્બરાય નમઃ શિવાયૈ ચ નમઃ શિવાય ॥ ૫ ॥

ambAL's forhead is adorned with garlands made of mandAram (Hibiscus) and the Lord's neck is adorned with a garland made of skulls. SHE dresses in royal and divine clothes and HE has directions alone as HIS clothes. I bow to shrI ShivA and Lord Shiva. The word digambara indicates that HE does not wear clothes, as a mark of renunciation. The skulls indicate to the devotees that life in a body is transient and impermanent, one day you will have to die, so do not get mixed up with this world. digambara can also mean brahman. How can you clothe something which is the biggest and the greatest. If so one could say then that HE is contained in the dress and not outside it. A similar sentiment is indicated in the Bible, when Jesus says he has no resting place. A principle that pervades everything can have no particular resting place.

#### અમ્ભોધરશ્યામલકુન્તલાયૈ તડિત્પ્રભાતામ્રજટાધરાય | નિરીશ્વરાયૈ નિખિલેશ્વરાય નમઃ શિવાયૈ ચ નમઃ શિવાય ॥ ૬ ॥

HER hair is dark like water bearing clouds and HIS hair locks are coppery and radiant like a lightening SHE has none superior to HER and HE is the Lord of all. Such is the wonderful form of ardhanArishvara. I bow to shrI ShivA and Lord Shiva.

# પ્રપગ્ચસૃષ્ટ્યુન્મુખલાસ્યકાયૈ સમસ્તસંહારકતાણ્ડવાય | જગજ્જનન્યૈ જગદેકપિત્રે નમઃ શિવાયૈ ચ નમઃ શિવાય ॥ ૭ ॥

SHE dances in delight with captivating beauty at face of creation which springs forth from them. His dance of destruction is in fury and the cosmos subsides back in them. SHE is the mother of this world and He is the Father. Such is the wonderful nature of ardhanArIshvara, I bow to shrI ShivA and Lord Shiva.

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પ્રદીમરત્નોજ્જ્વલકુણ્ડલાયૈ સ્કુરન્મહાપન્નગભૂષણાય |
શિવાન્વિતાયૈ ચ શિવાન્વિતાય નમઃ શિવાયૈ ચ નમઃ શિવાય ॥ ૮ ॥
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HER (left half) sparkling ear ring is studded with blazing precious stones and HE (right half) is adorned with a terrifying snake as HIS ear ring. Supreme auspiciousness (which is brahman) is the essence of both shrI ShivA and Lord Shiva. Such is the wonderful form of ardhanArIshvara. I bow to shrI ShivA and Lord Shiva.

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એતત્પઠેદષ્ઠકમિષ્ટદં યો ભક્ત્યા સ માન્યો ભુવિ દીર્ઘજીવી ।
પ્રાપ્નોતિ સૌભાગ્યમનન્તકાલં ભૂયાત્સદા તસ્ય સમસ્તસિદ્ધિઃ ॥ ૯ ॥
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This final verse is the phala shruti of this stotram. (S)He who reads this stotram containing eight verses with bhakti will obtain all (s)he desires, honor, a long life, and all auspicious things for eternity. One who repeats it again and again will attain all powers and perfection.

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ઇતિ શ્રીમત્પરમહંસપરિવ્રાજકાચાર્યસ્ય શ્રીગોવિન્દભગવત્પૂજ્યપાદશિષ્યસ્ય
શ્રીમચ્છંકરભગવતઃ કૃતૌ અર્ધનારીશ્વરસ્તોત્રમ્ સંપૂર્ણમ્ ॥
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Thus concludes the ardhanArIshvara stotram, composed by shrI Adi sha.nkarAchArya, disciple of shrI govinda bhagavatpAda.

Encoded and proofread by Sridhar Seshagiri sridhar.seshagiri at gmail.com Translated by Ravi Mayavaram msr at comco.com

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