shrI kapAlIshvarAShTakam

ஸ்கபாலீஸ்வராஷ்டகம்

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ஸ்ரீகபாலீர்வராஷ்டகம்



ஸ்ரீகபாலீமங்க³ளாஷ்டகம்

INTRODUCTION-

Shri Kapalishvara is the name of Lord Shiva who is the presiding deity at the ancient temple of Shiva in Mylapore, Chennai - the capital of the State of Tamilnadu. His consort has the name Kalpakambal. Ashtakam (அஷ்டகம்) means a poem consisting of eight verses. In this case the verses are in praise of Shri Kapalishvara. He is praised here with qualities referred to in the vedas, puranas and also as the Infinite Supreme Being. This shows that it is the Supreme Being that appears as Kapalishvara in the temple in Mylapore as any god in any other temple.

NOTE:-

The following symbols are used in the explanations that are given below. (1) - SA :- Saiva Agama. (2) - SP :- Shiva Purana. (3) - SAN - Shiva 108 Namavali. (4) - SL - Shivanandalahari of Shri Shankaracharya. (5) - VS -Vishnu sahasranama. (6) - BG - Bhagavad Gita. (7) - SS - Siva sahasranama (From Padmapurana) with the commentary by late H.H. Sri Parasivendra Saraswati of Kanchi Kamakoti Peetham.

The vedas (Taittariya Upanishad, Anandavalli) declare that the Supreme Being is beyond reach of senses and mind. யதோ வாசோ நிவர்தந்தே 1 அப்ராப்ய மநஸா ஸஹ 1 For this, reason His qualities cannot be adequately portrayed by anyone. The Shiva Mahimmna stotram (22) puts this up in a graphic manner. The poet says that even if the blue mountain were to be a lump of ink powder, the ocean the ink-pot, the branch of the heavenly tree Parijata be pen, the earth itself the writing leaf, and by taking these Saradha the Goddess of Learning writes for eternity, even then His virtues cannot be fully described. அஸிதகி³ரிஸமம் ஸ்யாத் கஜ்ஜலம் ஸிந்து:⁴ பாத்ரம்

ஸுரதருவரமாகா² லேக²நீ பத்ரமூர்வீ **l** லிக²தி யதி³ க்³ரு'ஹீத்வா ஸாரதா³ ஸர்வகாலம்

தத³பி தவ கு³ணுநாமீர பாரம் ந யாதி **l** The quesion then is, why should one take up the futile job of writing a stotram in praise of the Lord knowing full well that it can never be done satisfactorily? The same author of Mahimna Stotram provides the answer right at the beginning of the work.

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மது<sup>4</sup>ஸ்பீதா வாச: பரமமம்ரு'தம் நிர்மிதவத-
ஸ்தவ ப்<sup>3</sup>ரஹ்மந் கிம் வாக<sup>3</sup>பி ஸுரகு<sup>3</sup>ரோர்விஸ்மயபத<sup>3</sup>ம் I
மம த்வேதாம் வாணீம் கு<sup>3</sup>ணகத<sup>2</sup>நபுண்யேந ப<sup>4</sup>வத:
புநாமீத்யர்தே<sup>2</sup>5ஸ்மிந் புரமத<sup>2</sup>ந பு<sup>3</sup>த்<sup>3</sup>தி<sup>4</sup>ர்வ்யவஸ்தி<sup>2</sup>கா II
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He says that the Lord has given out the wonderful vedas which are sweet as the nectar. So, even the hymns composed by Brihaspathi, the learned guru of the devas will be insignificant to the Lord. This being so, I have ventured to praise You because the act will purify my speech.

Our puranas repeatedly say that chanting the Lord's names and singing His glories destroy one's sins. One need not worry about the level of his learning to start in this endeavour. Sage Narada pointed this out to Sage Vyasa and advised him to write about the glories of the Lord.

தத்³வாக்³விஸர்கோ³ ஜநதாக⁴விப்லவோ யஸ்மிந் ப்ரதிர்ஸோகமப³த்³த⁴வத்யபி நாமாந்யநந்தஸ்ய யரோSங்கிதாநி யச்ச்²ரு'ண்வந்தி கா³யந்தி க்³ரு'ணந்தி ஸாத⁴வ: ∥BH(1-5-11).

The composition may be replete with faults. Yet, if each vesre speaks of the Lord's glory, such a work alone will be liked by noble souls. They will hear it, sing it and repeat it to the listeners. Because of this reason scholars and poets continue to write hymns in praise of the Lord.

THE TEMPLE:-

The temple of Shri Kapalishvara is many centuries old. The Lord here has

been sung by several Tamil saints known as Nayanmars. The famous composer Papanasam Sivan lived in Mylapore near the temple and was an ardent devotee of Kapalishvara. He had composed many songs in praise of the Lord and Devi Kalpakambal. Originally, the temple was situated on the sea shore. But it was badly damaged by tidal waves that battered the structure in the second half of the 16th century. It was later moved to the present location where a magnificient temple has come up. There is a large tank before the temple which is used for the float festival.

Being a major temple devoted to Lord Shiva all the important festivals associated with Lord Shiva are observed punctiliously. The temple is very popular and attracts a large number of devotees even on normal days. It includes locals and tourists from from all over India and abroad too. The crowds are particularly heavy on weekends, Fridays, on important days such as pradoshams (on the Trayodashi days) and Sivaratri.

NOTE:-

In the passages that follow there may be statements that will appear to eulogise Lord Shiva as the Supreme Being and place other Gods on lower pedastals. These statements may cause some confusion or displeasure to some. There is no need at all for such feelings. Our puranas always resort to this kind of statements in which one form of God is praised as the Supreme Being and others are shown as an inferior to that particular deity. This is just to glorify that particular form. The intention is never to slight any deities. All puranas are particular in stating what is said in the vedas that it is the one Supreme Being which appears as different Gods and in essence all are one and the same. The Lord says clearly in Gita that He receives worship offered to God in any form.

யே யதா² மாம் ப்ரபத்³யந்தே தாம்ஸ்ததை²வ ப₄ஜாம்யஹம் மம வர்த்மாநுவர்தந்தே மநுஷ்யா: பார்த² ஸர்வரூ: II BG(4-11). We see in some movies that one actor plays the roles of the hero and also other characters. The hero frequently fights with others (played by same person). And finally some event reveals the fact that all of them are born to the same lady and are brothers. They hug each other in great joy and live happily ever after. Similarly. the one Supreme Being alone appears in various forms. So, essentially all forms depict the same Being.

LINGAM -

Shri Kapalishvara in the sanctum in the temple is in the form of a lingam. The form has esoteric significance. The word lingam means a sign or emblem that characterises an object. லிங்க்³யதே**S**நேந இதி லிங்க³ம் I The Agama texts, however, interpret the word to describe the Supreme Being from which the universe emerges (நிர்க³ச்ச²ந்தி) and into which it finally merges. லயம் க³ச்ச²ந்தி பூ⁴தாநி ஸம்ஹாரே நிகி²லாநி ச I நிர்க³ச்ச²ந்தி யதம்சாபி லிங்கோ³க்திஸ்தேந ஹேதுநா II The Supreme Being is without parts and form. (அரூப). However this form is not easily understood or suitable for worship by most people since they have intense attchment to their bodies. Krishna says this clearly.

க்லேரோ\$தி⁴கதரஸ்தேஷா-மவ்யக்தாஸக்த-சேதஸாம் Ⅱ

அவ்யக்தா ஹி க³திர்து:³க²ம் தே³ஹவத்³பி⁴ரவாப்யதே **Ⅱ** BG(12-5).

Considering this problem that will face many, our shastras provide three concepts of the Lord. That is, sakala (one with form, rupa, like Nataraja, DakShinamurty etc.,), nishkala (one without form, arupa) and sakala-nishkala (one with and without parts or specific form, rupa-arupa). The lingam belonga to the third category - a combination of form and formlessness. It is thus extremely suitable for worship. Its form is made of mantras and hence it is said that the Sivalinga is constituted of vidya or mantra deha. The three chapters of the Shiva linga, namely the square base, the octogonal column and the upper part relate respectively to Brahma the creator, Vishnu the preservator and Rudra the annihilator.

ப்³ரஹ்மா விஷ்ணும்ச ருத்³ரம்ச த்ரிக²ண்ட³மிதி கத்²யதே **l** ஊர்த்⁴வம் து மிவபா⁴க³ஸ்யாத் விஷ்ணுபா⁴க³ஸ்து மத்⁴யம: **l** ப்³ரஹ்மாபா⁴க³ஸ்த்வத:⁴ ப்ரோக்த: மாஸ்த்ரஜ்ஞைர்லிங்க³கும்ப⁴யோ: **ll** Thus the lingam represents the Supreme Being that embodies in itself the

triad of gods. One of the names of Shiva is

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லிங்க<sup>3</sup>ரூபீ - லீநமர்த<sup>2</sup>ம் க<sup>3</sup>மயதீதி லிங்க<sup>3</sup>ம் | தத்<sup>3</sup>ரூபீ லிங்க<sup>3</sup>ரூபீ |
அவித்<sup>3</sup>யாதிரோஹித-ஜட<sup>3</sup>ப்ரபஞ்சஸ்ய க<sup>3</sup>மகத்வம் ப்ரகாரைத்மகஸ்ய சைதந்யஸ்ய,
தத்<sup>3</sup>ரூபீ பரமேர்வர: இத்யர்த:<sup>2</sup> | தது<sup>3</sup>க்தம் ஸ்காந்தே<sup>3</sup> -
ஸூத::-
அதா<sup>2</sup>த: ஸம்ப்ரவக்ஷயாமி மிவலிங்க<sup>3</sup>ம் ஸமாஸத: |
யஸ்ய விஜ்ஞாநமாத்ரேண விமுக்தோ மாநவோ ப⁴வேத் ||
மிவ ஏவ ஸ்வயம் லிங்க<sup>3</sup>ம் க<sup>3</sup>மகமேவ ஹி |
மிவேந க<sup>3</sup>ம்யதே ஸர்வம் மிவோ நாந்யேந க<sup>3</sup>ம்யதே ||SS(653).
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Now we will say a few words about some important days observed in the temple. These days may be divided into two types - festivals and vratams. Their purpose is the same, that is to make strong the remembrance of the Lord and bring us close to Him. Festivals like Deepavali and Dusserrah are marked by celebrations. The vratams, such as the Ekadasi and Shivaratri are marked by fasting, devotion, austeriry and observance of vows.

PRADOSHAM: -

We are familiar with the story of the churning of the ocean by devas and asuras to obtain the Amrit or nectar. It is said that they used the mountain Manthara as the churning pestle and the snake Vasuki as the rope. The asuras held the snake near the head and the devas the tail portion. As they started churning the snake suffered intense agony and vomitted its venom. It was very potent and threatened to engulf the world. The devas ran to Lord Shiva and prayed to Him to save them and the world. Shiva, who is the embodiment of compassion took pity on them and consumed the venom. All the devas who gathered at that time felt immense relief and worshipped the Lord in gratitude without taking any food. This was the Ekadasi day. The Lord was pleased with their worship and distribute the Amrit to them. On the following day (that is, on the dwadasi) the devas finished their puja early in the morning and had their food. On the next day, that is on trayodasi, the Lord who was pleased with their devotion performed a dance in the evening. Devi Parvati was watching the dance along with the devas. This dance performance lasted for one yAma

(unin) or three hours. The period came to be known as pradosham. This is a vratam and devoted exclusively for the worship of Lord Shiva.

If the pradosham falls on a Saturday then it becomes specially auspicious. The pradosham is auspicious as on that occasion all the gods and devas assemble to have the darshan of Lord Shiva and witness His dance. So, by visiting the temple on that occasion one can have the benefit of having the darshan of Lord Shiva as also all gods. Some verses from Shiva Puranam that talk about the glory of pradosham are given below. Rough translations of the verses are also given.

யம்பு⁴ரேவ ததா³ பூஜ்யோ நாந்யே விஷ்ண்வாத³யஸ்ஸுரா: யத்தத்ர ஸாவே்பி ஸுராஸ்திஷ்ட²ந்தி மிவஸந்நிதௌ⁴ அதஸ்தஸ்யார்சநம் பூஜா கதா²கு³ணக³ணஸ்தவம் தந்மந்த்ரஸ்ய ஜபம்சைவ கர்தவ்யோ மோக்ஷகாங்கூடிபி:⁴ தா³ரித்³ர்யது:³க²தாந்தா⁴நாம் ஏதத்³தி³வ்யாஞ்ஜநம் ஸ்ம்ரு'தம் ரு'ணுர்ணவநிமக்³நாநாம் உடு³போ5யம் ஸுதாரக: **II**

On that occasion (evening of pradosham day) Lord Shiva alone is to be worshipped, and not other devas like Vishnu. For, all of them are there in the prescence of Lord Shiva. So, one who seeks liberation should do His puja, listen to stories that narrate His glories and chant His mantra. Those who are severly afflicted by poverty and sorrow will get relief by this. This will serve as a boat that will help those who are immersed in ocean of debts.

ப்ரதோ³ஷே பார்வதீநாதே² மஹத்தந்வதி தாண்ட³வம் **!** வாக்³தே³வீ வல்லவீந்த⁴த்தே ம்ரு'த³ங்க³ம் க³ருட³த்⁴வஜ: **!** ரமா கா³நகலாம் ப்³ரஹ்மா தாலம் வேணும் தி³வஸ்பதி: **!!** ஸர்வே சாந்யே ஸுபர்வாண: ஸேவந்தே தம் மஹேர்வரம் **!** புண்யக்ஷேத்ரம் ஸமாஸாத்³ய மஹாலிங்க³ம் நிஷேவ்ய ச**!!** பஞ்சக்ரு'த்வா நமஸ்குர்யாத் ஸாஷ்டாங்க³ம் ப⁴க்திபூர்வகம் **!** பாம்ஸூநாம் அங்க³லக்³நாநாம் ஏகைகஸ்ய நமஸ்க்ரு'தௌ **!!** தி³வ்யவர்ஷஸஹஸ்ரந்து ரிவலோகே மஹீயதே**!** During pradosha time Lord Shiva dances along with Parvathi Devi. Sarasvati Devi plays on veena. Vishnu plays on mridangam. Laxmi Devi sings and Brahma plays on cymbals. Indra plays on flute. All gods witness the glorious sight. One should reach a holy shrine and worship Mahalingam by prostrating to Him five times. By saluting thus one gets to live in Shivaloka for as many years as the dust particles that had stuck to his body.

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த³ர்ருநம் வந்த³நம் லிங்க³ப்ரத³கூதிணஞ்ச தர்பணம் ।
ப்ரதோ³ஷே ரு'ணமுக்கே: ஸ்யாக் ப⁴வதாலமஹாநில: ॥
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பு⁴க்திா்மைது²நமப்⁴யங்க³ம் ஹாித³ா்ரைகீா்தநே ↓
வ்யா்தா²லாபம் ப்ரதோ³ஷே து வா்ஜயேத்³வைதி³கோ ஜந: Ⅱ
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Having darsan of Shivalingam, circumambulating It and performing tarpanam will pay off the five obligations one is born with. One should not indulge in eating, sex, oil bath, darsan of Hari and idle gossip during pradosham.

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விஷ்ண்வர்சநம் ஸதா³ கார்யம் ப்ரதோ³ஷஸமயம் விநா !
தத்ராபி நரஸிம்ஹம் து கீர்தயேத்³த³ர்ரூயேத்³பு⁴த:⁴ !!
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ஏவம் ப்ரதோ³ஷஸமயே பூஜாம் கர்துமரக்நுவந் l
க³த்வா மிவாலயம் பஶ்யேத் ப⁴க்தோSப⁴க்தோSதவா மிவம் ll
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One should worship Lord Vishnu always except on pradosham days. It is beneficial to have darsan of Lord Narasimha and worship Him on pradosham time. One who is unable to do puja etc., as said above during pradosham can get the benefit by having a darsan of the temple of Lord Shiva.

NOTE:-

It is said here that one should not have darsan of Vishnu on pradosham days but it does good to have darsan and worship Narasimaha. The reason is that Narasimha is Shiva only and not different from Him. The following quote from Nrisimhapurvatapani upanishad states this clearly.

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ஓ ரு'தம் ஸத்யம் பரம் ப்<sup>3</sup>ரஹ்ம புருஷம் ந்ரு'கேஸரி விக்<sup>3</sup>ரஹம் ↓
க்ரு'ஷ்ணபிங்க<sup>3</sup>ல-மூர்த்⁴வரேதம் விரூபாக்ஷம் ரங்கரம் நீலலோஹிதம்
உமாபதிம் பருபதிம் பிநாகிநம் ஹ்யமிதத்<sup>3</sup>யுதி-மீரைந:— ↓
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SHIVARATRI.

The pradosham day occuring in the Magha month (11th in the Hindu calendar) is very special and is celebrated as Shivaratri. This is the day when Lord Shiva revealed His glorious form to the gods to show that He alone is the Supreme Being. He appeared to them in the form of infinite effulgence. He told them that they all can derive benefit by worshipping Him. Accordingly the gods offered special puja to Him. Lord Shiva was pleased with their worship. He added that the day will be known as Shivaratri and will be a very auspecious one.

தி³நமேதத் தத: புண்யம் ப⁴விஷ்யதி மஹத்தரம் **l** மிவராத்ரிரிதி க்²யாதா திதி²ரேஷா மம ப்ரியா **ll**

Later the infinite form transformed Itself Into a lingam. The Lord said that whoever fasts on that day or worships Him will get all that is good in this life and will escape rebirth. He also said that the lingam will get installed in all the temples and the place where the lingam appeared first will be known as Arunachalam. Aruna means red - the colour of the flame. Achalam means mountain. Shiva in this place is known as Arunachaleshvara.

போ⁴கா³வஹம் இத³ம் லிங்க³ம் பு⁴க்திமுக்த்யேக ஸாத⁴நம் ↓ த³ா்ரை-ஸ்பா்ரூந-த்⁴யாநாஜ்ஜந்தூநாம் ஜந்ம மோசநம் ↓

அநலாசல-ஸங்காரம் யதி³த³ம் லிங்க³முத்தி²தம் **l** அருணுசலமித்யேவ ததி³த³ம் க்²யாதமேஷ்யதி **ll**

This have occured in Tiruvannamali where the lingam in the temple is known as tejolingam (தேறோலிங்க³ம்). The event is celebrated as an annual festival in that town. A big lamp is lighted at the top of the hill behind the temple to mark the event. Thousands of people gather to witness the light.

Shivaratri day is celebrated with great deal of fervour in Shiva temples all over the country. This is a vratam and so is marked by pujas, fasting and offering prayers throughout the night. After having bath one should wear vibhuti, necklace of rudrakSha beads, worship the Lord with bilva leaves, chant thr sacred panchakShara mantra and visit Shiva temple and participate in the pujas that are done throughout the night. Fasting is prescribed as an aid to curb the wandering tendency of the mind so that it can concentrate on the job on hand - in this case the puja of the Lord. This is known to us for long. Shri Krishna mentions this in Bhagavad Gita (2-59).

விஷயா விநிவர்தந்தே நிராஹாரஸ்ய தே³ஹிந: | Some verses from the Shiva puranas that extol the important day are given here with rough translation. மாக⁴க்ரு'ஷ்ணசதுர்த³ம்யாம் உபவாஸோ\$திது³ர்லப:⁴ | தத்ராபி து³ர்லப⁴ம் மந்யே ராத்ரௌ ஜாக³ரணம் ந்ரு'ணும் **II** Fasting on the chaturdashi day in the fortnight following the full moon day in the Magha month (ie) on Shivaratri day is not something that is easily got by everyone. Still more difficult to get is the possibility of keeping awake duringthe night on that day.

அதீவ து³ர்லப₄ம் தத்ர மிவலிங்க³ஸ்ய த³ர்மாநம் ஸுது³ர்லப₄தரம் தத்ர பூஜநம் பரமேமிது: II It is very difficult to have darshan of the Shiva lingam. Still more difficult is a to get a chance to worship the Lord.

ப⁴வ-கோடி-ஸதோபாத்த-புண்ய-ராஸி-விபாகத: I லப்⁴யதே வா புநஸ்தத்ர பி³ல்வ-பத்ரார்பணம் விபோ:⁴ II Even in performing that worship to that omnipresent Lord the good fortune to

offer bilva leaves to Him is got only by the fructification of good deedes done in innumerable births.

வர்ஷாணுமயுதம் யேந ஸ்நாதம் க³ங்கா³ஸரிஜ்ஜலே I ஸக்ரு'த்³ பி³ல்வார்சநேநைவ தத்ப²லம் லப்⁴யதே நரை: II What merit one earns by taking bath in the river Ganga for ten thousand years is got by worshipping Lord with the bilva leaves on Shivaratri day.

அத்ரோபவாஸ: கேநாபி க்ரு'த: க்ரதுமூதாயதே ராத்ரௌ ஜாக³ரணம் புண்யம் வர்ஷ-கோடி-தபோதி⁴கம் Fasting on the night of Shivaratri is equivalent to performing hundreed vedic sacrifices. Keeping awake on that night is superior to austerities performed in ten million years.

ஏகேந பி³ல்வ-பத்ரேண மிவ-லிங்கா³ர்சநேக்ரு'தே l த்ரைலோக்யே தஸ்ய புண்யஸ்ய கோ வா ஸாத்³ரு'ம்யம்ரு'ச்ச²தி ll Nothing in all the worlds equals the merit one earns by offering one bilva leaf to the Lord on that holy day.

அஹோ ப³லவதீ மாயா யேந ஸைவீ மஹாதிதி:² l நோபாஸ்யதே ஜநை-ர்மூடை:⁴ அதிமூர்கை²ரிவ த்ரயீ ll OH! great is the power of maya. Ignorant people do not observe Shivaratri which is so glorious. This is just like the ignorant people not caring to study the vedas.

உபவாஸோ ஜாக³ரணம் ஸந்நிதி:⁴ பரமேரிது: I கோ³கர்ணம் மிவலோகஸ்ய ந்ரு'ணும் ஸோபாந-பத்³த₄தி: II Fasting on Shivaratri day, keeping awake during that night, visiting the temple of the Lord, the holy place of Gokarna constitute the steps for one to reach the abode of Lord Shiva.

THE SUMMER FESTIVAL:-

The summer festival (March-April) lasts for ten days. It attracts huge crowds from in and around the city of Chennai. We can have the darshan of the Lord riding on the bull Nandi on the fifth day. One of the Lord's name is ரு'ஷபா4ரூட:4.The bull or rishabha (ரு'ஷப:4) represents dharma which showers all desired results like dharma. artha kama and also gives purity of mind that helps in pursuing mokSha. The commentator says :-வரு'ஷ ஸேசநே வர்ஷணுத் ஸர்வகாமாநாம்வரு'ஷப:4, த4ர்மரூபதயா ஸர்வகாமப்ரத³த்வாத், தமாரூட:4; வரு'ஷப4வாஹந: இத்யர்த:²1SAN(40). The Lord also has the bull as the mark in His flag. Because of this He also has the name வரு'ஷாங்க:1SAN(39).. This shows the great importance the Lord attaches to dharma.

On the seventh day we have the car festival when He goes round the streets in a car. It is very popular and attracts huge crowds. It is said that one who can have the darsan of tha Lord in the car will escape rebirth. $\eta g^2 \dot{\omega} g^2 \dot{\omega}$

வாமநம் த்³ரு'ஷ்ட்வா புநாஜ்ந்ம ந வித்³யதே I The car represents the body.

ஆத்மாநம் ரதி²நம் வித்³தி⁴ மாரீரம் ரத²மேவ ச | μ^{3} த்³தி⁴ம் து ஸாரதி²ம் வித்³தி⁴ மந: ப்ரக்³ரஹமேவ ச ||says Katha Upanishad (1-3-3). The Self within the body is the charioteer, the one who rides in the chariot. The வாமந: or dwarf mentioned herein refers to the Self, Supreme Being, the size of the thumb, who resides in the body, in the small chamber of the heart of everyone. The Katha Upanishad says this. (KU-2-1-12).

அங்கு³ஷ்ட²மாத்ர: புருஷோ மத்⁴ய ஆத்மநி திஷ்ட²தி ↓ ஈராநம் பூ⁴தப⁴வ்யஸ்ய ந ததோ விஜுகு³ப்ஸதே **Ⅱ**

Even though the Self is all pervading, It is conceived as a dwarf residing in the heart to facilitate meditation on It.

Another important festival is the day when the 63 saivaite saints, known as Nayanmars are taken in a procession and the Lord follows His devotees. A popular Tamil poet Avvaiyar has said in one of her poems that a devotee of the Lord is greater than the Lord Himself as he has the Lord enshrined in his heart! This will remind us of what Sri Krishna told about His devotees to His friend Uddhava in the Uddhava Gita.

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நிரபேக்ஷம் முநிம் ராந்தம் நிர்வைரம் ஸமத<sup>3</sup>ர்ரூநம் 
அநுவ்ரஜாம்யஹம் நித்யம் பூயயேத்யங்க்⁴ரிரேணுபி:⁴ 
(Srimad Bhagavatam-11-14-16).
He said that He invariably follows His devotees.
This festival is celebrated on the eighth day.
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On the ninth day one can have the darshan of the Lord as II4 apprints: a mendicant going around the streets with a begging bowl. The question now arises as to why the Lord is reduced to state of nothingness? Puranas tell that Lord Shiva took on the role of a beggar with a dishevelled appearance to teach a lesson to some sages who were staunch adherents of the path of karma and ignored the higher path of jnana. They were proud of their of achievements in this path that got them some supernatural powers also. The beggar was extremely handsome. On seeing Him many of the men and women in the ashram precinct lost their balance and started following Him. When the sages saw this they were furious. They cursed him and let loose some demons created by their spiritual power. But their attempts to harm the beggar utterly failed and they felt humiliated. They surrendered to the Lord.

The ten days festival concludes with the wedding of the divine couple (Lord Kapali and Devi Kalpakambal). The function is celebrated with great deal of enthusiasm by the people as they consider it as a marriage happening in their own house. Everyone brings presents to the bride and groom in the form of silk sarees and silk dhoties etc. Many offer pieces of jewellery. They also bring sweet and savoury items prepared specially for the occasion. Thus the marriage turns out to be a memorable occasion. After the function gets over the devotees are given prasad offered to the divine couple. The wedding signifies the union of the Jivatma and Pramatma who were never separate, but felt separated due to the veil of avidya or nescience. The Lalithasahasranamam describes Devi Lalitha as காமேரை-ப³த்³த₄-மாங்க³ல்யஸூத்ர-ரோபி₄த-கந்த₄ரா I Devi's neck shines with the Mangalya thread tied by the Lord who, therefore has the name அம்பி³காநாது:² = அம்பி³காயா நாத:² பதி: 1 இத³ம் சார்த²த: ம்ருதி-ப்ரஸித்³த⁴ம் நாம I நமோ ஹிரண்ய-பா³ஹவே ஹிரண்ய-வர்ணுய ஹிரண்ய-ரூபாய ஹிரண்ய-பசுயே**5**ம்பி³கா-பசுய உமா-பசுயே பரு-பசுயே நமோநம:**!**

We also have the float festival (in January-February) when the Lord goes round the tank in a float. This symbolises the fact that the Lord Siva, like a boatman, goes in a boat or raft, scours the ocean of samsara and looks for people who are struggling in the ocean and seeking His help to come out of it. So Siva has these names .

ஸம்ஸாரார்ணவ-மக்³நாநாம் ஸமுத்³த4ரண ஹேது: -ஸம்ஸார: ஜநநமரணுதி³ஸமூஹ: ஸ ஏவார்ணவ:, ஸமுத்³ர: அபாரத்வாத்,

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தத்ர மக்<sup>3</sup>நாநாம் ஸர்வதா<sup>3</sup> து:<sup>3</sup>க²நுப⁴வித்ரூ'ணும்,
 து:<sup>3</sup>க²நாரகரப்லவாதி<sup>3</sup>ரவிிதாநாம், ஸமுத்<sup>3</sup>த⁴ரணே,
 தேஷாம் து:<sup>3</sup>க<sup>2</sup>நாஶநே ஹேது: காரணம் வேதா<sup>3</sup>ந்தமஹாவாக்யஜந்ய-
 வ்ரு'த்த்யாரூட:⁴ ஸந் ஸம்ஸரபாரவிச்சே<sup>2</sup>த³கரத்வாத் Ⅱ
 .
ஜ்ஞாத்வா தே³வம் ஸா்வபாராபஹாநிரிதி↓ ருருதி: 川 SS(408) and
 விஷயார்ணவமக்³நாநாம் ஸமுத்³த⁴ரணஸேது: -
 விஷயரப்3தே3் விஷயாநுப₄வருபஸம்ஸார உச்யதே∥ ஸ ஏவார்ணவ:
 ஸமுத்<sup>3</sup>ர: விஷயார்ணவ:, தஸ்மிந் ஸம்ஸாரஸமுத்<sup>3</sup>ரே மவறதி,
 அவித்<sup>3</sup>யாகாமகா்மப்ரப⁴வது: ்கோ²த³கே தீவ்ரரோக³ஜராம்ரு'த்யுமஹாக்³ராஹே
 அநாதா³வநந்தே5பாரே நிராலம்பே³ விஷயேந்த்³ரியஜநிதஸுக²லவலக்ஷணவிப்⁴ரமே,
 பஞ்சேந்த்<sup>3</sup>ரியோத்த<sup>2</sup>த்ரு'ண்மாருத– விக்ஷோபோ⁴த்தி<sup>2</sup>தாநா்த<sup>2</sup>ரைமஹோா்மிணி,
மஹாபாதகாத்<sup>3</sup>யநேகநிரயக<sup>3</sup>தே, (து<sup>3</sup>ர்வாரவாரிசரக<sup>3</sup>ர்பே⁴) ஹாஹேத்யாதி<sup>3</sup>-
 கூஜிதாக்ரோருநோத்³பூ⁴தமஹாா்ணவே மக்³நாநம் ஸமுத்³த⁴ரணே ஸம்யகு³த்³த⁴ரணே
ஸேதுரிவ ஸேது: |
 க்ரிருந்நதம் ஸ்தா<sup>2</sup>ப்ய ஸமம் ராரீரம்
     ஹ்ரு'தீ<sup>3</sup>ந்த்<sup>3</sup>ரியாணி மநஸா ஸந்நிவேய்ய
ப்<sup>3</sup>ரஹ்மோடு<sup>3</sup>பேந ப்ரதரேவ வித்<sup>3</sup>வாந்
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ஸ்ரோதாம்ஸி ஸா்வாணி ப⁴யாவஹாநி II இதி ம்ருதி: II SS(477).

This will bring to our mind the verse from the popular Karavalamba stotrAm wherein Shri Shankaracharya beseeches Lord Laxmi Narasimha to extend His hand and pull him out of the fearsome ocean of samsara.

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ஸம்ஸார-ஸாக<sup>3</sup>ர-நிமஜ்ஜந-முஹ்யமாநம்
தீ<sup>3</sup>நம் விலோகய விபோ⁴ கருணுநிதே⁴ மாம் \
ப்ரஹ்லாத<sup>3</sup>-கே<sup>2</sup>த<sup>3</sup>-பரிஹார-பராவதார-
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லக்ஷமீந்ரு'ஸிம்ஹ மம தே³ஹி கராவலம்ப³ம் 🛚 (10) 🖉
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Every individual is struggling in the ocean of samsasra, but does not know how to reach the shore. Also he does not have the ability to know the means. In such a precarious situation the kindly acharya tells us that reaching out to the Lord is the only way. One struggling in the sea for a long time swallows the bitter water, feels weak and faint. In the same way one caught in the ocean of samsara takes in the poison of pleasures and pains through the senses and is befuddled. The acharya herein gently reminds the Lord that saving someone caught in the sea is not something new to Him. On an earlier occasion He had rescued Prahlada who was bound to a big slab of stone and thrown into the sea by saying ப்ரஹ்லாத³-கே²த³-பரிஹார-பராவதார l The kindly Lord is one who is capable of helping us to get out of samsara and administer the required treatment. He is renowned in the vedas as the foremost and devine physician. Shri Rudram says this.அத்⁴யவோசத³தி⁴ வக்தா ப்ரத²மோ தை³வ்யோ பி4ஷக் l Krishna says that He will lift up those who have exclusive devotion to Him from the ocean of samsara. Gita (12-7).

தேஷாமஹம் ஸமுத்³த⁴ர்தா ம்ரு'த்யுஸம்ஸாரஸாக³ராத் ↓ ப⁴வாமி ந சிராத்பார்த² மய்யாவேரிஅதசேதஸாம் **॥**

There is a separate temple inside the main temple for Devi who bears the name Kalpakambal. It is said that She took the form of a peacock and worshipped "the Lord here to demonstrate the power of devotion. Peacock is called mayil in Tamil. Thus the place has come to be known as Mailai or as Mayilapuri and as Mylapore.

Kapali is one of Shiva's names. (No.24-Shiva 108 namavali). Kapala means a skull. Siva wears a garland of skulls. Each skull in His garland is said to be that of one Brahma, the creator god after Brahma's demise at the time of resolution or pralaya. Brahma is only the name of the post, like that of the President or the Prime Minister. When the post is vacated by the occupant another suitable person takes up the post and the work of creation continues. This period is known as கல்பம் kalpam. At the time of Kalpam, Shiva withdrws the creation within Himself and releases it at the beginning of the next Kalpa. Krishna says this in Gita-(9-7).

ஸர்வபூ⁴தாநி கௌந்தேய ப்ரக்ரு'திம் யாந்தி மாமிகாம் கல்பக்ஷயே புநஸ்தாநி கல்பாதௌ³ விஸ்ரு'ஜாம்யஹம் **II** Brahma has a very long life according to our calendar. We may get an idea about Brahma's longevity from the following figures. 360 human years = 1 year of devas. 12,000 years of the devas = The duration of 4 yugas. 2000 such periods = One day of Brahma. Brahma has a life of 100 years made of such days and is equal to 432 million years of mortals. Thus, it is very very long as per our reckoning. Still, Brahma has a finite life only, however long it may be. It has an end. So, every one, including Brahma, is absorbed by Lord's Prakriti and released again. Shiva wearing a garland made of skulls of Brahmas indicates that Shiva is beyond time, is eternal and lasts even after other lesser gods like Brahma who are in the grip of time meet their end. Shri Nilakanta DikShita explains this in his Shivatattvarahasyam as follows. SAN(24).

கபாலீதி - கபாலம் ப்³ரஹ்மகபாலம் அஸ்யாஸ்தீதி கபாலீ∣ ஏதேந அநேக-ப்³ரஹ்மாத்யய–த³ா்ரித்வ–லக்ஷணம் ஸநாதநத்வமுக்தம் ப⁴வதி ㅣ

Now we are faced with a peculiar problem. What can we ask of Kapaleeshvara, who Himself goes around with a begging bowl (kapalam or skull) in His hand? Shri Shankaracharya too faced this problem and had come out with an ingenious solution. He had seen that wandering beggers usuallu keep with them dogs, monkeys and such small animals. They make the animals do some simple tricks, entertain the people and collect alms. He says that he has a monkey called his mind that is very frisky, mischevous and uncontrollable. He beseeches the Lord to tie it with the cord of devotion and take it with HIm. Please look at this entreaty that is addressed to Kapali.

ஸதா³ மோஹாடவ்யாம் சரதி யுவதீநாம் குச-கி³ரௌ நடத்யாராராகா²வடதி ஜ∷ஹடிதி ஸ்வைரமபி⁴த: ↓ கபாலிந்! பி⁴கேஷா! மே ஹ்ரு'த³ய-கபிமத்யந்த-சபலம்

த் 3 ரு'ட 4 ம் ப 3 த் 4 வா மிவ ப 4 வத 3 த 4 நம் குரு விபோ ${}^{4}!$ H SL (20).

Thus, the hymn that follows is about the Infinite Supreme Being who appears as Kapali for the benefit of devotees and who is none other than Lord Shiva. Devi Kalpakamba is His Maya shakti also known as Prakriti. The Supreme Being associated with maya is known as Ishwara or Maheshwara. This is said in the Svethasvaropanishad as: மாயாம் து ப்ரக்ரு'திம் வித்³யாந்மாயிநம் து மஹேர்வரம் I Maya has names as Parvati, ShivA, Uma etc. Shiva means auspiciouness. SS(18). ரிவோ மங்க³ளரூப: I நிர்மாஷ்ட²-நிகி²ல-து:³கா²நிஷங்க³-பரமாநந்த³-ரூப இத்யர்த:² I So is also Devi Kalpakamba who has the name Mangala (meaning auspicious). The following popular verse from Saptasloki Durga says this clearly.

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ஸாவமங்க³ளமாங்க³ல்யே மிவே ஸாவாா்த²ஸாதி⁴கே l
ரூரண்யே த்ா்யம்பி³கே கௌ³ரி நாராயணி நமோSஸ்து தே ll
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Thus, by saluting them whose very names spell auspiciousness, one is bound to get all that is good in life here and hereafter. The following popular verse says this.

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ய: மிவோ நமரூபாப்4யாம் யா தே<sup>3</sup>வீ ஸர்வமங்க<sup>3</sup>ளா l
தயோ: ஸம்ஸ்மரணுத் பும்ஸாம் ஸர்வதோ ஜய மங்க<sup>3</sup>ளம் ll
The Kaivalyopanishad (7) says:-
உமாஸஹாயம் பரமேம்வரம் ப்ரபு4ம்
த்ரிலோசநம் நீலகண்ட<sup>2</sup>ம் ப்ரமாந்தம் l
த்4யாத்வா முநிர்க<sup>3</sup>ச்ச<sup>2</sup>தி பூ4தயோநிம்
ஸமஸ்தஸாக்ஷிம் தமஸ: பரஸ்தாத் ll
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that one, by meditating on the highest Lord who is allied to Uma, supremely powerful. three eyed, has a blue neck and tranquil reaches Him who is the source of all, the witness of all and is beyond darkness (ignorance or avidya).

This is said in the following verse also.

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கல்பகாம்பா³-கபாலீஸௌ ப⁴க்தரக்ஷண-தத்பரௌ ।
தயோ: அநுக்³ரஹோ யத்ர வா்ததே தத்ர மங்க³ளம் ॥
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ஸ்ரீகபாலீர்வராஷ்டகம்



🛚 ஸீ கபாலீர்வராஷ்டகம் 🗎 கபாலி-நாமதே⁴யகம் கலாபி-புர்யதீ⁴ர்வரம் கலாத⁴ராா்த⁴-யேக²ரம் காீா்த்³ர-சா்ம-பூ⁴ஷிதம் **।** க்ரு'பா-ரஸார்த்³ர-லோசநம் குலாசல-ப்ரபூஜிதம் குபே³ர-மித்ரமா்ஜிதம் க³ணேரு-பூஜிதம் ப⁴ஜே **川** 1 **川** ப⁴ஜே பு⁴ஜங்க³-பூ⁴ஷணம் ப⁴வாப்³தி⁴-பீ⁴தி-ப⁴ஞ்ஜநம் ப⁴வோத்³ப⁴வம் ப⁴யாபஹம் ஸுக²ப்ரத³ம் ஸுரேர்வரம் **l** ரவீந்து³-வஹ்நி-லோசநம் ரமா-த⁴வாா்சிதம் வரம் ஹ்யுமா-த⁴வம் ஸுமாத⁴வீ-ஸுபூ⁴ஷிதம் மஹாகு³ரும் **川** 2 **川** கு³ரும் கி³ரீந்த்³ர-த⁴ந்விநம் கு³ஹ-ப்ரியம் கு³ஹாருயம் கி³ரி-ப்ரியம் நக³-ப்ரியா-ஸமந்விதம் வர-ப்ரத³ம் **ا** ஸுர-ப்ரியம் ரவி-ப்ரப⁴ம் ஸுரேந்த்³ர-பூஜிதம் ப்ரப⁴ம் நரேந்த்³ர−பீட²–தா³யகம் நமாம்யஹம் மஹேஸ்வரம் **川** 3 **川** மஹேர்வரம் ஸுரேர்வரம் த⁴நேர்வர-ப்ரியேர்வரம் வநேர்வரம் விருத்³த⁴-சித்த-வாஸிநம் பராத்பரம் **।** ப்ரமத்தவேஷ-தா⁴ரிணம் ப்ரக்ரு'ஷ்ட-சித்ஸ்வரூபிணம் விருத்³த⁴-கா்ம-காரிணம் ஸுரிக்ஷகம் ஸ்மராம்யனும் **II** 4 **II** ஸ்மராம்யஹம் ஸ்மராந்தகம் முராரி-ஸேவிதாங்க்⁴ரிகம் பராரி-நாஶந-க்ஷமம் புராரி-ரூபிணம் ஶுப⁴ம் **l** ஸ்பு²ரத்-ஸஹஸ்ர-பா⁴நு-துல்ய தேஜஸம் மஹௌஜஸம் ஸு-சண்டி³கேரபு இதம் ம்ரு'ட³ம் ஸமார்ரயே ஸதா³ 🛚 5 🖷 ஸதா³ ப்ரஹ்ரு'ஷ்ட–ரூபிணம் ஸதாம் ப்ரஹாஷ–வாஷிணம் பி⁴தா³ விநாஶ-காரண ப்ரமாணகோ³சரம் பரம் **ا**

(மதா³ ப்ரவ்ரு'த்த-நா்தநம் ஜக³த்பவித்ர-கீா்தநம் நிதா³நமேகமத்³பு⁴தம் நிதாந்தமாஸ்ரயேஹ்யஹம் **Ⅱ** 6 **Ⅱ** அஹம்-மமாதி³ தூ³ஷணம் மஹேந்த்³ர-ரத்ந-பூ₄ஷணம் மஹா-வ்ரு'ஷேந்த்³ர-வாஹநம் ஹ்யஹீந்த்³ர-பூ₄ஷணுந்விதம் **ا** வ்ரு'ஷாகபி-ஸ்வரூபிணம் ம்ரு'ஷா-பதா³ர்த²-தா⁴ரிணம் ம்ரு'கண்டு³ஸூநு ஸம்ஸ்துதம் ஹ்யபீ⁴தித³ம் நமாமி தம் **II 7 II** நமாமி தம் மஹாமதிம் நதேஷ்டதா³ந-சக்ஷணம் நகார்தி-ப₄ஞ்ஜநோத்³யதம் நகே³ந்த்³ர–வாஸிநம் விப₄ம் **ا** அகே³ந்த்³ரஜா ஸமந்விதம் ம்ரு'கே³ந்த்³ர விக்ரமாந்விதம் க²கே³ந்த்³ர-வாஹர-ப்ரியம் ஸுக²ஸ்வரூபமவ்யயம் **||** 8 **||** ஸுகல்பகாம்பி³கா-பதி-ப்ரியந்த்வித³ம் மநோஹரம் ஸுகூ³ட³காஞ்சிராமக்ரு'ஷ்ண யோகி³ரிஷ்ய ஸம்ஸ்துதம் **ا** மஹாப்ரதோ³ஷ புண்யகால கீர்தநாத்ரூப⁴ப்ரத³ம் ப⁴ஜாமஹே ஸதா³முதா³ கபாலி மங்க³ளாஷ்டகம் **∥** 9 **∥** கபாலி துஷ்டிதா³யகம் மஹாபதி³ ப்ரபாலகம் த்வபீ₄ஷ்ட-ஸித்³தி₄-தா³யகம் விரிஷ்ட-மங்க³ளாஷ்டகம் **ا** படே²த்ஸக்ரு'த்ஸுப⁴க்கித: கபாலி ஸந்நிதௌ⁴ க்ரமாத் அவாப்ய ஸாவமாயுராதி³ மோத³தே ஸுமங்க³ளம் 🛚 10 🖷 இதி கூ³ட³லூர் ஸ்ரீராமக்ரு'ஷ்ணுநந்த³யகீந்த்³ரமிஷ்ய ஸ்ரீராமசந்த்³ரேண விரசிதம்

🛚 ஸ்ரீ கபாலீர்வராஷ்டகம் ஸம்பூர்ணம் 🛛

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Please send corrections to sanskrit@cheerful.com

