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About the Composer

Dr. Sri K. Parvathi Kumar has been teaching various concepts of wisdom and initiating many groups into the Path of Yoga of Synthesis in India, Europe, Latin America and North America. His teachings are many and varied. They are oriented for practice and are not mere information.

Dr. Sri K. Parvathi Kumar has been honoured by the Andhra University with the title Doctor of Letters Honoris Causa, D. Lit. for all his achievements as a teacher around the world. He works actively in the economic, social and cultural fields with spirituality as the basis. He says that the spiritual practices are of value only if such practices contribute to the economic, cultural, and social welfare of humanity.

Dr. Sri K. Parvathi Kumar is a responsible householder, a professional consultant, a teacher of wisdom, healer of a certain order, and is a composer of books. He denies to himself the title of being an author, since according to him, "Wisdom belongs to none and all belong to Wisdom".
The Publisher

INTRODUCTION

The Vedas extol Cow as the most sacred being. Cow is essentially celestial. As per the prayers of the planetary Devas it condescended to be on Earth also to nourish the beings with its milk, to restore health to the beings and to fertilise the Earth with its dung and urine. The presence of the Cow sanctifies the surroundings. Man's attitude to the Cow decides his wellbeing.

Harmlessness (Ahimsa), Love and Compassion are taught by the men of God and prophets alike. A human being who would demonstrate these three with regard to the Cow would surely progress says the Veda. Many men who were sick, who were in deep crisis and destituted, surmounted them by serving the Cow. There are many stories in Puranas and Itihasas relating to it to gain everlasting inspiration relating to Cow.

This book is a humble presentation to inform the thinking man the significance of Cow. May this help mankind to regain right orientation towards the Cow.

COW - The Symbol and its Significance

- Gow in Sanskrit is Cow in English. Gow through time became Gau. Gau further became Go. A + U becomes O grammatically. The three basic sounds relating to Cow are Gow, Gau and Go.
- The seed sound G stands for movement. A stands for First Logos, U stands for Second Logos. The sound Gau or Go is therefore considered to be the composite energy movement of Will, Love and Knowledge. Worship of Cow is considered beneficial for this reason.
- The Cow, the Mother of splendour, the Drink of immortality and the Tree of fulfilment have all emerged at the same time in the creational process and are considered to be most splendid embodiments of divinity. These four are called in Sanskrit Kamadhenu (Cow), Kalpavruksha (Tree of fulfilment), Amruta (the Drink of immortality) and Lakshmi (the Goddess of splendour).

- The secretions for formation of the seven planes of existence emerge from Kamadhenu and the related formation of creation is therefore considered by the Vedic seers as the form of Cow.
- Experience in creation by the beings of any plane is again considered as experience of the milk of that plane. And those who experience the seven planes know the Cow in its complete form.
- In Cow the Vedic seers located 33 Devas (The gist along with the related limbs of the Cow is given as annexure)
- The Cow milk, Cow yogurt, Cow ghee (clarified butter), Cow excrete and Cow urine are considered most sacred for varieties of purposes including medicinal purposes.
- Among the Cows coffee coloured (almost black) is considered most sacred. These cows are called Kapilas.
- Moon in Taurus is the Cow, Sun in Taurus is the Bull and Mercury in Taurus is Calf. Taurus has much to do with the family of Cow.
- The central star of Orion, Aldeberan (Rohini) sends special rays via Taurus through Sun whose embodiment on Earth is Bull. Through Moon the star Rohini sends the rays in Taurus whose embodiment on Earth is the Cow. Likewise, the rays of Rohini via Mercury in Taurus gives birth to Calf.
- Lord Krishna whose birth moon is in Rohini was known to be Gopala, the ruler of the Cow principle. Throughout his life there was not a single day where he did not serve the Cow.
- Cow (Kamadhenu), White Elephant (Iravatha), White Swan and White Eagle find place anywhere in the heaven, and hence are sacred.
- Among the above only Cow is worshipped even in the heaven. The Devas also worship Cow to fulfil their purposes.
- Worship of Cow and Bull is equivalent to worship of Parents, Pitris and Devas.
- Any place gets purified if the place is sprinkled with waters mixed in Cow dung.
- Even in places where horrible acts happened such as murders and other atrocities could be restored to purity if a group of Cows are made to reside therein for three days and three nights.
- Devotional songs sung on Cow, donation of Cows, early morning darshan of Cows bring much luck to human beings.
- Where a Cow stays agitated, hungry, thirsty or frightened there humans meet with excessive conflicts leading to unhappiness.
- Where the Cows live peacefully enjoying food and drink where its breath remains

rhythmic due to the poise, there the negative energies are warded off.

- If one wishes to fulfil himself he should offer food and drink to the Cow or to a Saint before he drinks and eats.
- Protection of Cow clears impediments on the way of life.
- Worship of and service to Cow would bestow the ability to regulate senses.
- If one arranges treatment to a sick Cow to restore it to health the Cow reciprocates to restore health to the one.
- If one protects Cow from fear, he transcends from the fear he suffers from.
- When difficulties surround man and when he finds himself in un-surmountable difficulties worship and service to Cow helps clearing the way.
- The one who hurts and kills the Cow would eventually suffer and would not be able to surmount suffering.
- When you find a Cow hungry and thirsty, do not neglect to attend to it.
- Killing a Cow denies one the path to the Divine.
- As long as man mishandles Cow so long he suffers on Earth and he would not find way to the super mundane world.
- Persons who kill Cows, eat Cow meat and those who support these two acts would suffer innumerable lives of sorrow.
- Natural wealth is more valuable than material wealth. Amidst the natural wealth, holding and serving the Cow is considered most precious wealth.
- Service and worship to Cow establishes one in the quality of poise (sattva) – a quality that enables ascent into higher planes of existence.
- Inhalation of the smell of Cow dung would neutralise the poison caused by scorpion bite and snake bite.
- Cow dung smoke is healthier than smoke coming from coal and gases.
- Daily after morning shower looking at the Cow, touching its hind and sprinkling the dust from the Cow feet upon oneself causes instant purification. Such purification is equivalent to taking bath in all the sacred rivers.
- If one donates land to provide shelter for Cows it brings much auspiciousness to the donor.
- If one plants and grows the feed for the Cow, he too would be equally wealthy.
- If one hinders the wellbeing of Cow in one way or the other he would fall in his

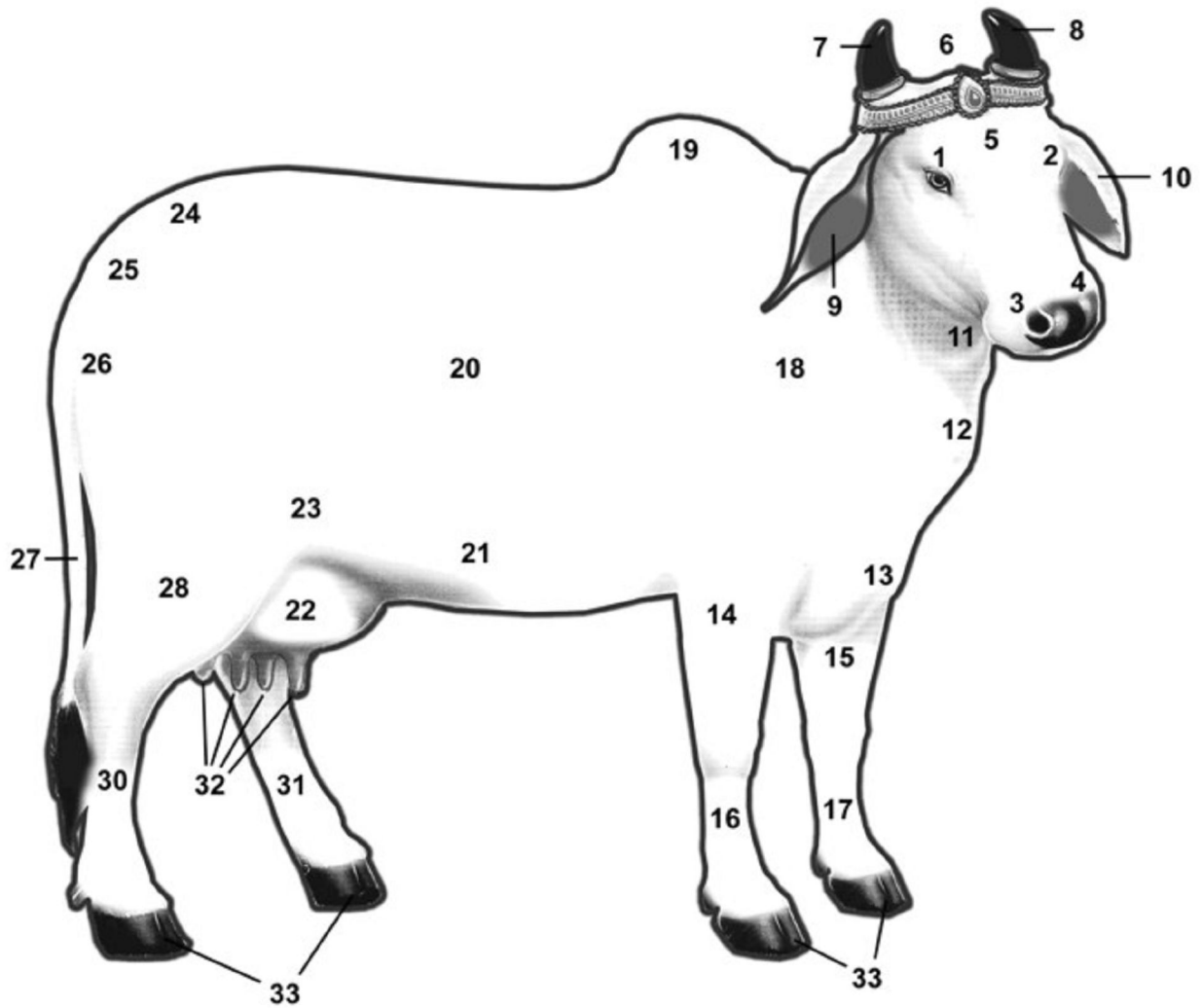
state of awareness.

- The one who ritualistically serves Cows would receive the same benefits as he would receive by conducting innumerable rituals and sacrifices.
- By mere act of touching the Cow daily one gets purified. If one serves the Cow one gets wealthy. If one donates Cow to the needy the result is inner Joy.
- There is no wealth on Earth equivalent to the Cows and there is no service equivalent to serving the Cow.
- Worship of Cow is equivalent to annual pilgrimage.
- Worship of Cow is equivalent to worship of Vishnu.
- Worship of Cow is equivalent to moving around the Earth.
- Worship of Cow is equivalent to recitation of the Vedas.
- The wise ones work for the growth, nourishment and the protection of the Cows. As many Cows one protects so much protection comes back to him.
- In Cow dung there is the energy of good luck coming from Goddess Lakshmi.
- In the Cow urine there are the vibrations of the sacred rivers.
- Cow ghee is equivalent to Amruta, the drink of immortality.
- Cow milk improves buddhi, discriminative will. Buffalo milk causes dullness to brains.
- Fire rituals done with Cow ghee could invite rainy clouds.
- Just as Goddess Lakshmi is present in the energies of Cow dung, Goddess Gauri (Parvathi) resides in the energies of Cow urine, says Manu Vaivasvatha.
- Worship of and service to Cow enables proper secretion of glands, thereby restituting good health and even good conduct.
- All beneficial secretions in creation are relatable to the secretion of Cow milk.
- The Winter Solstice, when Sun takes to northern coursing, the 7th ascending moon phase in Aquarius, the 14th descending moon phase every month are considered auspicious for Cow worship.
- The months of Scorpio and Sagittarius are generally considered auspicious for Cow worship.
- Ensure that the Cow milk is collected by humans, only after the calves have taken their due share. If the calves are denied of their share of milk, such milk taken by the humans will bring in much sorrow.

- Man's greed for money compels him to separate the calf from the Cow, by which act the cowherd would have done immeasurable un-conscious damage to himself. The Cow and the calf are inseparable energies and should be taken care of together by those who consider themselves devotees.
- The presence of Cow helps all theistic practices until their fulfilment.
- Service to Cow helps the three preceding and three succeeding generations.
- Cow supports land's fertility and land supports Cow's nourishment and growth.
- Cow urine is the best agent to maintain the pH levels of cultivable land.
- The Veda prescribes a preparation with five Cow products whose consumption in the size of a gooseberry is most beneficial to man in harmonising his energies. The five products are Cow milk, Cow yogurt, Cow ghee, Cow dung and Cow urine.
- Ayurveda considers the Cow products in variety of ways to cure different diseases.
- The Earth gets inspired by the presence of the seven sacred ones. They are the Cow, Master of Wisdom, Scriptures, Donors, Sacrificers and the Truth speakers.
- If one gets inspired to touch a Cow he would do well to touch the hind side than the forehead.
- Touch not the forehead of the Cow, it disturbs the Cow and such disturbance brings ill-health. Touch the tail and the back.
- The Cow is immensely pleased if one gently caresses the dewlap. (the skin hanging below the lower jaw)
- Frequently the seers look through the eyes of the Cow. The aspirants and the disciples do well to look into the compassionate eyes of the Cow.
- Worship of Cow shall have to be together with the worship of the calf. Worship of Cow without the calf is inadequate
- The energy of Cow exists in the sounds Guru, Ganga, Gayathri, Geeta, Gouri and Govinda. Service and worship to these is equivalent to service and worship of the Cow.
- Among the duties cast on mankind, service to and worship of Cow is considered as foremost by the Vedas and Puranas.
- Those who propagate this knowledge are also indirectly benefited by such service to Cow.
- Protect the Cow and get protected.

ANNEXURE

Devas in Cow's body



#	Body Part	Name of Deva
1	Right Eye	Sun
2	Left Eye	Moon
3	Right Nostril	Mitra
4	Left Nostril	Varuna
5	Forehead	Siva
6	Above Forehead	Kubera – The lord of North

		and Wealth
7	Right Horn	Jaya
8	Left Horn	Vijaya
9	Right Ear	Budha (Mercury)
10	Left Ear	Bhruhaspati (Jupiter)
11	Throat	Saraswathi - Goddess of Wisdom and Speech
12	Upper part of Throat	Vageeshwari - The vocal Speech
13	Lower part of Throat	Nakuli Vageeshwari – Subtle Speech
14	Right Thigh	Bhairav – Time as witness
15	Left Thigh	Hanuman
16	Right Heel to Ankle	Meru of the East
17	Left Heel to Ankle	Ameru of the West
18	Heart	Vishnu
19	Hump	Brahma – The creator
20	Stomach	Agni
21	Below Stomach	Bhoodevi – Goddess of Earth
22	Udder	Amrithasagar (Ocean of Immortality)
23	Above Udder	Hierarchy (Kumaras, Seven Seers and Naradha)
24	Tip of the Spine	Parvathi (Sakthi)
25	Hind	Sridevi – Goddess of Wealth
26	Below Hind	The celestial sacred waters (sacred rivers)
27	Tail	Serpent of Time
28	Right Thigh	Divine Path
29	Left Thigh	Path of Pitris
30	Right Leg – from Heel to Ankle	South Pole
31	Left Leg – from Heel to Ankle	North Pole
32	Teats	
	Front Right	Rig Veda
	Front Left	Yejur Veda
	Back Right	Sama Veda
	Back Left	Adharva Veda
33	Four Hooves	
	Front Right	Existence
	FrontLeft	Awareness
	Back Right	Thought
	Back Left	Action

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