

ghora kaShToddhAraNa stotram

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घोर कष्टोद्धारास्तोत्रम्

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घोर कष्टोद्धारणस्तोत्रम्



श्रीपाद श्रीवल्लभ त्वं सदैव । श्रीदत्तास्मान्पादो देवाधिदेव ॥

भावग्राह्य क्लेशाहारिन्सुकीर्त । घोरात्कष्टाद्दुःखरास्मान्नमस्ते ॥ १ ॥

Lord of Lords, Shri Datta ! Shripada Shrivallabha ! One who only likes Bhakti, and who has good fame - you always protect us. Save us (deliver us, rescue us, extricate us) from awful, (hurtful, painful) difficulties. We bow down unto you.

त्वं नो माता त्वं पिताभोऽधिपस्त्वम् । त्राता योगक्षेमकृत्सद्गुरुस्त्वम् ॥

त्वं सर्वस्वं नोऽप्रभो विश्वमूर्ते । घोरात्कष्टाद्दुःखरास्मान्नमस्ते ॥ २ ॥

Prabho ! (one who has no God above, one who is God himself, highest authority). One who is Vishvamurti (entire universe is whose form), you are our mother, father, owner, relatives and Sadguru. You only sustain us and look after our daily activities and well being (YogakShema). You are everything for us, hence save us (deliver us, rescue us, extricate us) from awful, (hurtful, painful) difficulties. We bow down unto you.

पापं तापं व्याधिमाधि य दैन्यम् । भीतिं क्लेशं त्वं हराशु त्वदन्यम् ॥

त्रातारं नो वीक्ष्य षशास्तजूर्ते । घोरात्कष्टाद्दुःखरास्मान्नमस्ते ॥ ३ ॥

Hey Ishwara , you immediately deliver us from Papa (sin), Tapa (misery/ agony/ torment) bodily illnesses, mental agonies, poverty, fears and sufferings. Hey Lord , who saves us from difficulties, we cannot see, locate any other saviour other than you hence ..Save us (deliver us, rescue us, extricate us) from awful, (hurtful, painful) difficulties. We bow down unto you.

नान्यत्राता नापि दाता न भर्ता । त्वत्तो देव त्वं शरण्योऽकडर्ता ॥

कुवत्रियानुग्रहं पूर्यारते । घोरकष्टाद्दुःखरास्मान्नमस्ते ॥ ४ ॥

Hey God, we have no other Trata (protector) other than you, no other Data (giver) nor Bharta (Lord / Chief/ husband / master). You protect the ones, who surrender unto you and you get rid of their sorrows. Hey Atreya (son of Atri Rishi - Dattatreya) oblige us (Do Krupa on us) Oh Purnarate (One who has no desires / desireless) and Save us (deliver us, rescue us, extricate us) from awful, (hurtful, painful) difficulties. We bow down unto you.

धर्मं प्रीतिं सन्मतिं देवभक्तिम् । सत्संगासिं देहि भुक्तिं च मुक्तिम् ।
भावासक्तिं चाभिलानन्दमूर्ते । घोरकष्टाद्दुःखरास्मान्नमस्ते ॥ ५ ॥

Hey Akhilanandmurte Deva, (one whose very nature is of complete joy) grant us , love towards Dharma, Bhakti, and good Buddhi (good thought process / power of discrimination). Grant us Satsang (company of good people) , Bhukti (Fulfill our material needs) and also grant us Mukti (liberation) and give us deep attachment towards Pure Bhakti. Fulfill all our desires. Save us (deliver us, rescue us, extricate us) from awful, (hurtful, painful) difficulties. We bow down unto you.

श्लोकपंचकमेततद्यो लोकमङ्गलवर्धनम् ।
प्रपठेन्नियतो भक्त्या स श्रीदत्तप्रियो भवेत् ॥

All these five shlokas (couplets) one who recites or chants regularly with devotion, it will bring about (increase) Mangalam (auspiciousness and good fortune) among people in the world and he / she who chants it will be very dear to the Lord Datta.


एति श्रीमत् परमहंस परिव्राजकाचार्य
श्रीमद् वासुदेवानन्दसरस्वतीस्वामीविरचितं


घोरकष्टोद्धारणस्तोत्रं सम्पूर्णम् ॥

Thus the ghorakaShTa uddhAraNa stotram written by Shrimat,
Paramhansa, Parivrajakacharya, Shrimad VAsudevananda Saraswati
Swami is complete.

Encoded by Sunder Hatttangadi

Proofread by Sunder Hatttangadi, Narendra Kapre and Avinash Sathaye

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