

घोर कष्टोद्धारणस्तोत्रम्

ghora kaShToddhAraNa stotram

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February 17, 2018

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Sanskrit Document Information

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Text title : ghorakaShTodhAraNastotra

File name : ghorakaShTodhAraNastotra.itx

Category : deities\_misc, dattatreya, stotra, vAsudevAnanda-sarasvatI

Location : doc\_deities\_misc

Author : Swami Vasudevananda Saraswati

Transliterated by : Sunder Hatttangadi sunderh at hotmail.com

Proofread by : Sunder Hatttangadi, Narendra Kapre and Avinash Sathaye

Description-comments : Available at <http://www.sreedattavibhavam.org/>

Latest update : August 11, 2007, November 19, 2011

Send corrections to : [Sanskrit@cheerful.com](mailto:Sanskrit@cheerful.com)

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श्रीपाद श्रीवल्लभ त्वं सदैव  
श्रीदत्तास्मान् पाहि देवाधिदेव ।  
भवग्रहक्लेशहारिन् सुकीर्ते  
घोरकष्टादुद्धारास्मान् नमस्ते ॥ १ ॥

Lord of Lords, Shri Datta ! Shripada Shrivallabha !

One who only likes Bhakti, and who has good fame - you always protect us.  
Save us (deliver us, rescue us, extricate us) from awful, (hurtful,  
painful) difficulties. We bow down unto you.

त्वं नो माता त्वं पितामोऽधिपस्त्वं  
त्राता योगक्षेमकृत् सदुरुस्त्वम् ।  
त्वं सर्वस्वं नो प्रभो विश्वमूर्ते  
घोरकष्टादुद्धारास्मान् नमस्ते ॥ २ ॥

Prabho ! (one who has no God above, one who is God himself,  
highest authority). One who is Vishvamurti (entire universe  
is whose form), you are our mother, father, owner, relatives and  
Sadguru. You only sustain us and look after our daily activities  
and well being (YogakShema). You are everything for us, hence  
save us (deliver us, rescue us, extricate us) from awful, (hurtful,  
painful) difficulties. We bow down unto you.

पापं तापं व्याध्यादीं च दैन्यम्  
भीतिं क्लेशं त्वं हराशु त्वदन्यम् ।  
त्रातारं नो वीक्ष इषास्तजूर्ते  
घोरकष्टादुद्धारास्मान् नमस्ते ॥ ३ ॥

Hey Ishwara , you immediately deliver us from Papa (sin), Tapa

(misery/ agony/ torment) bodily illnesses,  
mental agonies, poverty, fears and sufferings. Hey Lord , who saves  
us from difficulties, we cannot see, locate any other saviour other  
than you hence ..Save us (deliver us, rescue us, extricate us)  
from awful, (hurtful, painful) difficulties. We bow down unto you.

नान्यस्त्राता न पीडान् न भर्ता  
त्वत्तो देव त्वं शरण्यो शोकहर्ता ।  
कुर्वत्रेय अनुग्रहं पूर्णरते  
घोरकष्टादुद्धरास्मान् नमस्ते ॥ ४ ॥

Hey God, we have no other Trata (protector) other than you, no  
other Data (giver) nor Bharta (Lord / Chief/ husband / master).  
You protect the ones, who surrender unto you and you get rid of  
their sorrows. Hey Atreya (son of Atri Rishi - Dattatreya) oblige us  
(Do Krupa on us) Oh Purnarate (One who has no desires / desireless)  
and Save us (deliver us, rescue us, extricate us) from awful,  
(hurtful, painful) difficulties. We bow down unto you.

धर्मे प्रीतिं सन्मतिं देवभक्तिं  
सत्सङ्गाप्तिं देहि भुक्तिं च मुक्तिम् ।  
भाव शक्तिं च अखिलानन्दमूर्ते  
घोरकष्टादुद्धरास्मान् नमस्ते ॥ ५ ॥

Hey Akhilanandmurte Deva, (one whose very nature is of complete joy)  
grant us , love towards Dharma, Bhakti, and good Buddhi (good  
thought process / power of discrimination). Grant us Satsang  
(company of good people) , Bhukti ( Fulfill our material needs )  
and also grant us Mukti (liberation) and give us deep attachment  
towards Pure Bhakti. Fulfill all our desires.  
Save us (deliver us, rescue us, extricate us) from awful, (hurtful,  
painful) difficulties. We bow down unto you.

श्लोकपञ्चकमेतद्यो लोकमङ्गलवर्धनम् ।  
प्रपत्तेन नियतो भक्त्या स श्री दत्तप्रियो भवेत् ॥ ६ ॥

All these five shlokas (couplets) one who recites or chants regularly with devotion, it will bring about (increase) Mangalam (auspiciousness and good fortune) among people in the world and he / she who chants it will be very dear to the Lord Datta.

इति श्रीमत् परमहंस परिव्राजकाचार्य  
श्रीमद् वासुदेवानन्द सरस्वती स्वामी विरचितं  
घोर कष्टोद्धारण स्तोत्रं सम्पूर्णम् ॥

Thus the ghorakaShTa uddhAraNa stotram written by  
Shrimat, Paramhansa, Parivrajakacharya,  
Shrimad VAsudevananda Saraswati Swami is complete.

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Encoded by Sunder Hatttangadi sunderh at hotmail.com

Proofread by Sunder Hatttangadi, Narendra Kapre and Avinash Sathaye

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pdf was typeset on February 17, 2018

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