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# Parabrahma Gayatri Mantrah

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**परब्रह्मगायत्रीमन्त्रः**

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**Document Information**



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Text title : Parabrahma Gyatri Mantrah

File name : parabrahmagAyatrImantraH.itx

Category : deities\_misc, mantra, brahma

Location : doc\_deities\_misc

Transliterated by : Durga Sharma

Proofread by : Durga Sharma

Latest update : June 17, 2026

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June 17, 2026

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## Parabrahma Gayatri Mantrah

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### परब्रह्मगायत्रीमन्त्रः

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गायत्रीमन्त्रः -

ॐ परमेश्वर्याय विद्महे, परतत्त्वाय धीमहि, तन्नो ब्रह्म प्रचोदयात् ॥

अथ विनियोगः ।

ॐ अस्य श्रीपरब्रह्ममन्त्रस्य सदाशिवऋषिः, अनुष्टुप्छन्दः,

परब्रह्मदेवता, परब्रह्मसिद्धयर्थं जपे विनियोगः ।

अथ ऋष्यादिन्यासः ।

ॐ सदाशिवऋषये नमः शिरसि ।

ॐ अनुष्टुप्छन्दसे नमः मुखे ।

ॐ परब्रह्मदेवतायै नमः हृदि ।

ॐ विनियोगाय नमः सर्वाङ्गे ॥

अथ षडङ्गन्यासः ।

ॐ सच्चिद्ब्रह्मणे हृदयाय नमः ।

ॐ सच्चिद्ब्रह्मणे शिरसे स्वाहा ।

ॐ सच्चिद्ब्रह्मणे शिखायै वषट् ।

ॐ सच्चिद्ब्रह्मणे कवचाय हुम् ।

ॐ सच्चिद्ब्रह्मणे नेत्रत्रयाय वौषट् ।

ॐ सच्चिद्ब्रह्मणे अस्त्राय फट् ॥

अथ वर्णन्यासः ।

ॐ सः हृदयाय नमः ।

ॐ च्छिः शिरसे स्वाहा ।

ॐ द्वः शिखायै वषट् ।

ॐ ह्रः कवचाय हुम् ।

ॐ णं नेत्रत्रयाय वौषट् ।

ॐ ॐ अस्त्राय फट् ॥

Note :

The above mantra does not require any additional special puja practices. Its purashcharana is 32,000 jaap, and it can be chanted either with or without a mala; a yantra is not required.

If a guru is available, it is beneficial to receive guidance, but according to MahaNirvana Tantra third patal, it may also be chanted without a guru, as the mantra does not contain any harmful elements that require expert supervision or astrological alignment.

Om is Safest, and if one wants to do संपुटिकरण, then in place of Pranav , Vakbeej, Lajjabeej(Mayabeej), Kurchabeej, Vadhubeejam,kamla beej, Nijabeej, Nilbeej or any beej can be placed.

Encoded and proofread by Durga Sharma

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pdf was typeset on June 17, 2026

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