

॥ परब्रह्म एवं वेदान्त प्रातःस्मरणस्तोत्रम् सार्थं ॥

.. parabrahma prAtaHsmaraNastotram.h ..

sanskritdocuments.org

July 25, 2016

---

# Document Information

---

Text title : parabrahma prAtaH smaraNa  
File name : parabrahprMean.itx  
Category : suprabhAta  
Location : doc\_deities\_misc  
Language : Sanskrit  
Subject : philosophy/hinduism/religion  
Transliterated by : Dhruv Chand  
Proofread by : Dhruv Chand  
Latest update : 1998  
Send corrections to : Sanskrit@cheerful.com  
Site access : <http://sanskritdocuments.org>

## ॥ परब्रह्म प्रातःस्मरणस्तोत्रम् सार्थं ॥

प्रातः स्मरामि हृदि संस्फुरदात्मतत्त्वं  
सच्चित् सुखं परमहंसगतिं तुरीयम् ।  
यत् स्वप्नजारसुषुप्तिमवैति नित्यं  
तत् ब्रह्म निष्कलमहं न च भूतसंघः ॥ १ ॥

I remember in the early morning, the self-effulgent  
Atma-Tattwa in the heart, which is Existence-Knowledge-Bliss,  
which is the goal of the Parmahamsa, which is the fourth state.  
I am that Brahman Who is eternal, attributeless,  
Who transcends and is superior to the states of waking,  
dreaming and sleeping, I am not the sum total of the  
elements.

प्रातर्भजामि मनसा वचसामगम्यं  
वाचो विभान्ति निखिला यदनुग्रहेण ।  
यं नेति नेति वचनैर्निगमा अवोचं  
स्तं देवदेवमजमच्युतमाहुरग्र्यम् ॥ २ ॥

I resort in the early morning to that God of gods,  
Who is described as the Unborn, the Imperishable, and  
the Foremost, Who is beyond the reach of mind and  
speech, by Whose grace all speech is illuminated  
and Whom the Vedas describe with statements of  
Not this, not this?

प्रातर्नमामि तमसः परमर्कवर्णं  
पूर्णं सनातनपदं पुरुषोत्तमाख्यम् ।  
यस्मिन्निदं जगदशेषमशेषमूर्तौ  
रज्ज्वां भुजंगम् इव प्रतिमासितं वै ॥ ३ ॥

I bow in the early morning to the eternal state  
called Purshottama, who is full, beyond darkness,  
brilliant like the sun, in whose secondless Being  
this entire universe is apparent like the snake in the rope.

श्लोकत्रयमिदं पुण्यं लोकत्रयविभूषणम् ।  
प्रातः काले पठेद्यस्तु स गच्छेत्परमं पदम् ॥ ४ ॥

One who recites these three sacred verses, which are the ornaments of the three worlds, in the early morning shall reach the Supreme State.



Dhrup Chand (dchand@concentric.net)

---

This text is prepared by volunteers and is to be used for personal study and research. The file is not to be copied or reposted for promotion of any website or individuals or for commercial purpose without permission.

---

Please help to maintain respect for volunteer spirit.

---

.. parabrahma prAtaHsmaraNastotram.h ..  
was typeset on July 25, 2016

Please send corrections to [sanskrit@cheerful.com](mailto:sanskrit@cheerful.com)

