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Shri Lalita Chatuhshashti Upachara Sangraha

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ಶ್ರೀಲಲಿತಾ ಚತುಃಷಷ್ಟಿ ಪಚಾರಸಂಗ್ರಹಃ

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## ಶ್ರೀಲಲಿತಾ ಚತುಃಷಷ್ಟ್ಯುಪಚಾರಸಂಗ್ರಹಃ

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Five, ten, sixteen and twenty-four Upacharas are generally offered to deities during Pooja or Archana. However, sixty-four Upacharas are prescribed during the Navavarana Pooja of Shri Lalita Mahatripurasundari Rajarajeshwari ParAbhattArikA in the Shrichakra. These sixty-four Upacharas are detailed in Vamakeshwara Tantra and in the Parashurama Kalpasutras. Though it is not possible to physically offer all these sixty-four Upacharas to Shridevi, by mentioning these Upacharas and offering the same at the lotus feet of Shridevi using one's imagination, the merit of actually offering these Upacharas to Shridevi are obtained. The truth of this statement is confirmed by Shri Bhaskararaya in his Setubandha and also by Shri Rameshwara Suri in his commentary on the Parashurama Kalpasutras.

Shri Lalita Chatuhshashtyupachara Samgraha is a hymn, which beautifully summarizes these sixty-four Upacharas. This hymn, composed from a high state of consciousness, is the masterpiece of Brahmasri K. P. Narayana Shastrigal, the late Asthana Vidwan of Mysore State and DakShinamnaya Shringeri Sharada Peetham and retired professor of Advaita Vedanta, Chamarajendra Sanskrit College, Bangalore. A scholar par excellence and a highly accomplished Upasaka of Shri Mahatripurasundari and Shri Chandramouliswara, Shri Narayana Shastrigal was held in a very high regard by the Shankaracharyas of the Amnaya mutts and by scholars across the sub-continent. Most of his disciples went on to become Mahamahopadhyayas and scholars

of great repute. He spent a greater part of his life in the holy city of Varanasi and was popularly referred to as 'Kashivasi' Narayana Shastrigal. He was instrumental in editing and publishing the first ever copy of Skandadeva's Rudra Bhashya. He accepted Turiyashrama towards the end of his life. It is popularly remembered to this day in Kashi that when the great man attained Siddhi, a Bana Linga had materialized on his body. It is indeed due to the limitless compassion of Shridevi that I was fortunate to have as my Guru Brahmasri K. P. Shankara Shastrigal, younger brother of Shri Narayana Shastrigal, an equally brilliant scholar and an equally accomplished Shrividya Upasaka. It is recorded that one afternoon, after performing Nirajana to Shridevi, Narayana Shastrigal burst into a hymn and a disciple noted it down. The then Shankaracharya Mahaswamigal of Shringeri read the hymn and declared that it was indeed Shridevi who had spoken through Shastrigal. The following hymn, which is a composition of Brahmasri Narayana Shastrigal, has been reproduced over the ages in various books like the Shrividya Ratnakara of Karapatri Swamin, Saubhagya Ratnakara Valli of Purnananda, Shrividya Saparya of Dattatreyanandanatha, by various Guhananda Mandali books and many books dealing with Shrichakra Pooja and Devi Stotras in Sanskrit, Hindi, Tamil, Telugu, Kannada, Bengali and Malayalam. One may estimate the greatness of this hymn by simply considering the fact that this hymn was included in their Saparya Paddhatis by great men like Chidanandanatha and Karapatri Swamin. It is unfortunate however that none of these publications have given any credit to the author of this supremely beautiful hymn by at least mentioning his name.


ಶ್ರೀಲಲಿತಾ ಚತುಃಷಷ್ಟ್ಯಪಚಾರಸಂಗ್ರಹಃ


ಓಂ ಹೃನ್ಮಧ್ಯನಿಲಯೇ ದೇವಿ ಲಲಿತೇ ಪರದೇವತೇ .  
 ಚತುಷ್ಷಷ್ಟ್ಯಪಚಾರಾಂಸ್ತೇ ಭಕ್ತ್ಯಾ ಮಾತಃ ಸಮರ್ಪಯೇ .. 1..  
 ಕಾಮೇಶೋತ್ಸಂಗನಿಲಯೇ ಪಾದ್ಯಂ ಗೃಹ್ಣೀಷ್ಟ ಸಾದರಂ .  
 ಭೂಷಣಾನಿ ಸಮುತ್ತಾರ್ಯ ಗಂಧತೈಲಂ ಚ ತೇಽರ್ಪಯೇ .. 2..  
 ಸ್ನಾನಶಾಲಾಂ ಪ್ರವಿಶ್ಯಾಽಥ ತತ್ರಸ್ಥ ಮಣಿಪೀಠಕೇ .  
 ಉಪವಿಶ್ಯ ಸುಖೇನ ತ್ವಂ ದೇಹೋದ್ವರ್ತನಮಾಚರ .. 3..  
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 ಅಭಿಷಿಂಜಾಮಿ ಪಶ್ಚಾತ್ತಾಂ ಸೌವರ್ಣಕಲಶೋದಕೈಃ .. 4..  
 ಧೌತವಸ್ತ್ರಪ್ರೋಚ್ಛನಂ ಚಾರಕ್ಷಪೌಮಾಂಬರಂ ತಥಾ .  
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 ಮಾಣಿಕ್ಯಮುಕುಟಂ ಮೂರ್ಧ್ನಿ ದಯಯಾ ಸ್ಥಾಪಯಾಂಬಿಕೇ .. 8..  
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 ಪಾಶಂ ವಾಮೋರ್ಧ್ವಹಸ್ತೇ ತೇ ದಕ್ಷಹಸ್ತೇ ತಥಾಂಕುಶಂ .. 15..

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 ಪುಷ್ಪಬಾಣಾಂಶ್ಚ ದಕ್ಷಾಧಃ ಪಾಣೌ ಧಾರಯ ಸುಂದರಿ .. 16..  
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 ತಾಳವೃಂತಂ ಗಂಧಪುಷ್ಪಧೂಪದೀಪಾಂಶ್ಚ ತೇರ್ಪಯೇ .. 21..  
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 ದುಗ್ಧಾನ್ನಂ ಮಧುಶರ್ಕರಾದಧಿಯುತಂ ಮಾಣಿಕ್ಯಪಾತ್ರಾರ್ಪಿತಂ  
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