mArgabandhustotram by Appaya Dixita

मार्गवन्युस्तोत्रम् अप्पवन्यदीक्षितेन्द्रे: विरचितम्

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A short life sketch of Shri Appayya DikShita (1520-1593 AD)

Shrimad Appayya DikShita was born at Adayapalam village, very near Arni, North Arcot District, Tamil Nadu in the year 1520 AD. His father Shri Rangarajadhari was the son of Shri Acharya DikShita - also known as VakShasthalacharya who was in the court of Shri Krishnadevaraya. “Appayya” was an endearing form of his real name, Vinayaka Subramaniam.

“The 16th century AD, in South India was an age of confusion when begotry and vigorous proselytism were rampant. Persecution of one sect by another with the help of the ruling dynasties was quite common. In such an age, the need was felt for a rare scholar with comprehensive vision and imagination, whose mission in life would be the reconciliation of the various creeds, cults and philosophies. Shri Appayya DikShita filled this essential need. He was a peace maker who pleade for harmony, tolerance and mutual goodwill and understanding at a time when people were quarrelling among themselves as to who was superior Vishnu or Shiva. (Dr. N. Ramesan IAS. Shri Appayya DikShita Page 3)

“DikShitar's culture was at once profound, libeal and wide. His characteristic impartiality never failed him even in his out and out militant works.” (A. V. Gopalachariar. Introduction to Varadarajastava 1927. P vi) DikShitar's learning, says Y. Mahalinga Shastri, was in the truest sense of the word encyclopaedic.
Shri DikShita is the author of not less than 104 works and had enjoyed the patronage of King Chinna Bomma of Vellore. He was offered “kanakAbhiSheka” by this king in 1582AD. He was patronised by Chinna Thimma and Venkatapati also. He lived upto the ripe age of 73 years and spent his last days in Chidambaram.

Some of his most famous works are Shivarka maNidIpikA, NyAya rakShAmAnI, siddhAnta lesa ngraha, parimala, chAturmata sAras ngraha, yAdavabhyudaya vyAkhyA, varadarAjastava and kuvalayAnanda. His stotras are simple, popular and effective, for example, mArgabandhu stotram, durgAchandrakalA stuti, ApitakuchambA stava, hariharabheda stuti.

Margabandhu stotram: This small hymn is about Lord Marga sahaya or Margabandhu of Virinchipuram, near Vellore, NA Dt., the family deity of DikShita. It is very effective when recited before and during journey to ward off accidents and ensure success.

(The above life sketch is taken from the book Shrimad Appayya DikShita, published by Shrimad Appayya DikShitendrar Grantha Prakasana Samiti, Hyderabad.)

The following abbreviations are used in the commentary:
(1) VS: Shri Vishnu Sahasranama stotram with Shri Shankara’s bashyam. (2) SS: Shiva Sahasranama stotram (called Vedasara sahasram) from Padmapuranam with the commentary (published by Tanjore Saraswati Mahal Library) of HH Shri Paramasivendra Saraswati - 57th pontiff of Kanchi Kamakoti Peetam and the guru of the well known saint composer Shri Sadasiva Brahmendra Saraswati. (3) BG: Bhagavat Gita (4) BH: Shrimad Bhagavatam (5) KU: Kathopanishad. (6) MU: mundakopanishad (7) SVU: Svetasvatara upanishad. (8) TU:
Taittiriyopanishad. (9) SA: Shri Shivanama Ashtottara shata stotram from Skandam with the commentary (called Shivatattva Rahasyam) of Shri Neelakanta DikShita (grandson of Shri Appayya DikShita’s younger brother), a great scholar and poet in his own right.

मागः = a way, road, path; बन्धु = relative or any one associated, well wisher. So the word मागबन्धु: means one who comes along with you giving company and protection नोऽम ् Stotram is a hymn praising the Lord गुणयुक्तकीर्त्तिनात्मक स्तोत्रम् (VS681) It talks about His qualities.

Stotram: At this point it is relevant to say a few words about stotram. Our scriptures are explicit in saying that the Supreme Being is one. It is without name, form and any other attributes. It is called brahman in our scriptures. This is not its name but one of its many attributes बृहत्तमवातः That which is big is brahman. Since the adjective ‘big’ is used simply without a noun to be qualified it implies that the bigness is unlimited. It is infinite and beyond time, space etc., unlike the objects and beings we see in the universe. The scriptures also aver that it is beyond our senses. The famous mantra from the Taittiriyopanishad (Anu IV) says that the brahman is beyond the reach of our mind and words यतो वाचो निवर्त्तन्ते अप्राप्य मनसा सह यह If so, how does a seeker think of it or pray to it? This is where our scriptures come to our help. They also describe the same God (who indeed is without a form or name) as having many forms and names. This helps a seeker to worship Him through prayers, puja, pilgrimages to holy places etc.. So we have gods like Rama, Shiva, Durga etc.. The worship of the Lord with form and name is called (सगुण उपासना ) saguna (sa = with; guna = attributes; upAsanA = worship). The names and forms conceal the esoteric truths mentioned in the upanishads. Thus they, like a map, give us some idea of something which is very vast and cannot be grasped by our senses. The
Lord graciously accepts the worship offered to Him in any form one may choose.

Krishna says

यो यो यो या तन्नुं भक्तः श्रद्धायांचितुमिच्छति ।
तत्स्य तस्याचूँ श्रद्धा तामेव विद्याम्यहम् । BG.7-21

He says that in whatever form a devotee seeks to worship Him with faith He upholds that faith and makes it steady.

स तथा श्रद्धा युक्तः तस्याराधनमीहते ।
लभते च ततः कामान् मनःैव विहितानन्हितान। BG.7-22

He adds that the devotee engages himself with faith in the worship (as said above) and from that he obtains his desires which are really conferred by Me alone. These statements of the Lord lend validity and sanctity to the worship of God with name and form who indeed is without any name, form or attributes. Later on the Lord says

तेषां सत्ततयुक्तानां भजतां प्रीतिपूर्वकम् ।
द्दामिब्रूढःयोगं येन मामुपयान्ति तेः। BG.10-10

He assures that to such devotees who worship Him with love He will give the clear wisdom by which they will reach Him. In this manner the saguna upAsana acts as a stepping stone to nirguna upAsana and through that the realisation of God.

Prahlada, the gem among the devotees, mentions nine kinds of devotion (BH .7-5-23). The first two amongst these (viz.) अवणम् listening to the Lord’s names and stories which bring out His glories and कीतन् chanting them are the simplest and easiest to practise. These can be done by anyone irrespective of age, caste or gender. They are suitable for the young and energetic as well as the old and decrepit, a pundit and also the ignoramus. Thus they are suitable for all. It is possible that their very simplicity deceives one to imagine that they are less potent than the other kinds of devotion. This is not so.
Our scriptures repeatedly assert that they can confer the highest benefits on the devotee. The vedas contain stotras like the Rudram, Shri suktam etc.. Our puranas contain many. In addition our acharyas like Shri Shankara and other saints have composed soul-stirring compositions in many languages. All these are ideally suited for recitation.

One remarkable common feature to be found in these stotras is that each one may be in praise of a differently named god like Rama or Shiva. It will praise the attributes of that deity (in saguna form). It will also refer to incidents to be found in the puranas. The Bhagvat Gita says that the Lord incarnates Himself from time to time to subdue the evil and protect the righteous people. The puranas contain details of the incarnations and the deeds performed by Him to fulfill His mission. Behind all the glorification they will refer to His nirguna (without attributes) aspect also.

The composition may be in praise of Shri Rama or Devi but it will also talk of the God as the Supreme Being. This clearly shows that the composer of the stotra was in fact praising the formless reality using the form of Shri Rama or Devi as a front. We can see this being done in this stotram also.

There is one more point to note regarding stotras. Poets have sung praises of nobles and kings for pecuniary gains. But these men and kings, howsoever great or rich they may be, are only human. They have their limitations and weaknesses. In view of this a poem in praise of a person has necessarily to overlook the subject’s foibles, exaggerate whatever virtues are to be found and if necessary innovate virtues! Exactly opposite is the case with God. He is pure and without limitations. As said earlier He is beyond the reach of the mind and words. So those who have composed stotrams in praise of the Lord have invariably felt severely handicapped because of their own limitations. We find such
verses confessing the feelings of inadequacy even in the compositions of great acharyas like Shri Shankara and Shri Vedanta Desika.

Now let us go to the Margabhandhu Stotram proper.

शंभो महादेव देव शिव
शंभो महादेव देवीश शंभो -
शंभो महादेव देव॥

The stotram begins with the recitation of the holy names of the Lord. The recitation of the Lord's names purifies the mind, makes it calm and fit for any serious undertaking. So they are normally repeated before commencing any work like pooja, religious discourse etc. Here one may recall the familiar verses recited at the time of commencing puja or any religious ceremony.

अपिवऽः पिवऽो वा सवा वां गतोऽिप वा ।
यः स्वप्तं पुण्डरीकाक्षं सं बाह्याभ्यन्तरं: शुचि: ॥
मानसं वाचिकं पापं कर्मणा समुपार्जितम् ।
श्रीरामस्मरपेनेव व्यपोहिति न संशयं: ॥
श्री राम राम राम॥

These verses say “Anyone - may be impure or pure or whatever may be his condition - if just thinks of th lotus -eyed Lord is certainly pure inside and out. Sins commited by mind, speech or action go away by thinking of Shri Rama. This is certain.” Thus the chanting of the Lord’s names flushes out the impurities in the mind and invigorates it. The author can then look to the successful completion of the work taken on hand - in this case the composing of the hymn. Happily these names may be taken to apply to both to Shiva and Vishnu. They may be seen in the sahasranamams of both Shiva and Vishnu.

SHAMBHU शाम्भु: । शं सुखं भावितति शाम्भु: (SS-74: VS-38) He blesses his devotees with happiness and prosperity शं = happiness, prosperity. All being go through the repeated cycle of birth and death. They experience varities of sufferings during each
During the dissolution of the universe He withdraws all beings within Himself - out of mercy - and after some time He releases them again at the beginning of the next kalpa so that they get relief and respite.

“From whom all beings come at the beginning of the kalpa and into whom they again merge at the end of the kalpa.” This implies that they are also sustained by Him during the period in between. This is mentioned in the TU (3-1).

“From whom all these beings emanate, by whom they stay alive and into whom they merge after death.”

He is worshipped by everyone. Also He is great because He pervades everything. He is called Mahadeva because of His superior knowledge and His greatness as the greatest of the yogis. Shivarahasya says that the sound “Mahadeva Maha-deva” is a divine medicine for those bitten by the serpent called samsara.

The word deva indicates lordship. His lordship is unrestricted He is effulgent. Krishna says ”I am the splendour of those who possess splendour,” BG(10-36) Accordingly, He is Mahadeva, the greatest of the yogis.
All these (the sun, the moon, the stars, the lightning and fire) shine only after Him. It is with the infinitesimal part of His luminosity that all these shine.

In the course of teaching of Gita at KurukShetra, Arjuna requests Krishna to show him His cosmic form as Iswara. The gracious Lord obliges and reveals His universal form. Arjuna is overwhelmed by the splendour of the form he sees. He feels as though a thousand suns had risen at once in the sky.

Here, as is usual with the scriptures, thousand is only indicative and stands for many or infinite. This is a popular verse and is said to have been quoted by the scientist Oppenheimer to describe the explosion of the first atom bomb which he witnessed.

Effulgence does not stand only for light. It also means wisdom. Shiva stands for infinite knowledge.

One who is omniscient and knower of all knowledge bears the shine of knowledge.

He is of the form of shining knowledge. His form is effulgent knowledge.

Shiva is the personification of auspiciousness. He is completely free from sorrows that characterise all created beings including plants, animals, birds, humans and devas like Indra and even Brahma the creator. He is the embodiment of supreme bliss. (SS18)

Also He is devoid of
the three qualities i.e. sattva(serenity), rajas(activity) and
tamas(inertia). These qualities constitute ignorance (of Brahman or
reality) and characterise all creation. So Shiva being free
from these is pure. Patanjali sums up all this in his Yogadarsana
(1-23) as क्रेशकर्मविपाकान्येपरामृष्टः
पुरुषविशेषः ईश्वरः \। क्रेशाः, अविद्या, अस्मिता, रागा,
द्वेषः, अभिनिवेशः, कर्म धर्माधिमां, विपाकाः
कर्मफलानि - जन्माधुर्यिंगाः, आशयो ज्ञानादि- वाशनाः,
एतैः कालनादपरामृष्टः पुरुषविशेषः ईश्वरः इत्यथः \।
स्मृतिमात्रेण पावनः शिवः He removes the sins of those who
just think of His name. DakShayani says this to her father
DakSha युध्मकर्म नाम पिरेरितं नृणं सकृतः
प्रसंगाद्ग्धामाशु हन्ति The celebrated two syllables SIVA
uttered with the tongue even once and that too casually, immediately
wipes off the sins of those (who utter them). (BH 4.4.13)
Shivarahasya says this about the sanctity of Lord Shiva’s names:
सर्वाणि शिवनामानि मोक्षदान्येव सर्वदा \।
तेघ्यप्रत्युत्तमं नाम शिवविश महासंजितम। All the
names of Shiva give mokSha no doubt. But amongst them the name
Shiva is the best and denominates brahman. The
name Shiva is considered as the best among the Lord’s names.
विरायसु श्रुतिरत्नकृष्ण रुद्रकादशामी श्रुता ||
तत्र पद्मकश्चर्च तस्य शिव इत्यक्षयदयम।
Of all the knowledge the vedas are superior. Among the vedas Shri
Rudram that consists of sixteen chapters is superior. In that
the PanchakShari is superior. In that also the two letters SIVA are
the best. The glory of the Lord’s names is dealt with in great
detail in Puranas and hymns of the saints.
DEVESHA देवेशः - प्रायाध्येन देवानामीशः देवेशः He is
the foremost among the gods like Indra, Agni etc.. VS(492) सुरेशः:
- सुराणां देवानामीशः सुरेशः He is the lord of the
devas. VS(85). He rules with a firm hand. None can dare to transgress
His commandments without facing serious consequences.

भाषास्मात् वातः पवते। भीषोदेति सूर्यः।
भाषास्मादिद्रश्येन घृं त्वृत्वां गतः

TU(VII-1) It is for fear of Him that the wind blows; the sun rises;
the fire and Indra perform their duties. It is for fear of Him
that death the fifth runs about doing his work with diligence. The
same is said by none other than Yama, the lord of death:

भयाद्सां भयात् तपित सूर्यः।
भयाद्स्थि वायुः मृत्युर्भार्तित पदमः। KU(3-3).

Now let us go to the stotram proper. It consists of five verses and a
sixth one - called फलावनमेति that gives the benefit of
reciting the hymn. In this hymn Lord Margabandhu is described as the
God with form as Shiva bearing weapons, as the
consort of Parvati. It refers to various incidents to be found in
puranas that reveal His unrivalled power and glory. He is also
praised in His aspect as the supreme reality, the attributeless
brahman whose nature is existence, wisdom and bliss.

१. फालावनमेति फालनेऽािचषा दुग्धण्येनुकीटमः।
शूलाहतारातिकूटं, शुद्धमर्गन्तुचूडः भजे मागऽिबुम्॥

श्रीमो ...

फालं - forehead; अवनॆ - descended or come down;
किीटं - crown: indicates that Lord Shiva wears a crown on the
head किीटी - किीटमयास्तीति किीटी (SS782). The crown implies
that Shiva wears other ornaments also हिरण्यः (SS273) and
हिरण्यवाङ्गः (SS387) सुवणवर्णः -सुवणस्त्येव वर्णोपरस्त्वति
सुवणवर्णः VS(737). One who is golden-hued and हेमाङ्गः -
हेमेवाङ्गः वपुरस्तति हेमाङ्गः VS(738) One with body like gold
are also His names. Shri Rudram salutes Him saying नमो
is another reading found in some books पादः = foot; implies that when gods like Indra bow down to salute Him their crowns touch His feet. The crown indicates lordship. Please see the comments on DEVESHA above. He demands respect and in fact He is the only one to be respected पूज्य:।

पूजायोऽ: पूज्य: सच्छं: इत्यथः: SS(70) He deserves to be worshipped by all. There is none equal to or greater than Him says Shri Suka while saluting Him before he begins to narrate Bhagavatam to King ParikShit निरस्तसाम्यातिशयेन राधसा स्वधामनि

ब्रह्मणं संस्थते नमः: BH(2-4-14)अनुतः: - तुलोपमानमस्य न विषयते इति अनुतः: He has none equal to Him. VS(355)

अनुतमः: - अविद्यमान उत्तमो यस्मात: स: अनुतमः: There is none greater than Him. VS (80). Further there is none superior to Him. VS(626) अनीशः: - न विद्यतेऽस्येश इति अनीशः:

All other devas including Brahma the creator are limited by time and are subject to sorrows प्रथम: - देवानं प्रधानमृत आयो वा प्रथम: He is the first and foremost among the devas.

SS(111). Shri Rudram says He is the foremost and is the inner self of the devas प्रथमो दैव्यः: Such is His glory

फालनेऽचिष्ठा दुःपश्चेेषुकीटं - नेत्रः = eye:

अरिमस: = fire: दृष्टि: = burnt: इषुः: = arrow: कीटः = a worm, insect पश्चेेषुः: is the name Mannmatha, the god of love, because he has five arrows: they are अरविन्दः: अशोकः: चूतः: नवमदिका: and नीलोलमं (lotus, ashoka, mango, jasmine and blue lotus). The five arrows are also said to be संमोहनः: उन्मादनः: शोषणः: तापः: and स्तम्भनः: They are fascination, intoxication or extravagance of love, emaciation, suffering pain and benumbing or stupifying respectively. Kalidasa vividly narrates the story connected with Shiva
destroying the god of love in his masterpiece Kumarasambhavam. Manmatha shot his arrow संमोहनं at Shiva who was deep in meditation. He wanted to seduce Shiva’s mind and make Him fall in love with Parvati who was attending on Him, but failed in his attempt. Shiva could sense that something was amiss and looked about. He saw Manmatha cowering at a distance. He just knit his brows in annoyance. In that moment fire shot out of His third eye and reduced the wretched Manmatha into a handful of ashes. Manmatha is contemptuously termed a worm or insect as he was foolish enough to try his tricks on none other than the great Shiva. So Shiva is known as कामारि: - कामस्य मन्मथस्य अरि: कामारि: SA(25)

Leaving the story apart, the implication is that there is no place for carnal desires in the presence of the Lord; just like there is no place for darkness in the presence of the sun. By the same logic, there will be no place for evil tendencies in the heart of a devotee who establishes the Lord therein.

Shiva’s third eye is situated in His forehead. So Shiva is known as फालनेऽः SS(159) and उल्टाकः: SA(28) It is to be noted that the third eye is unique. None of the human beings and gods including Indra and the creator Brahma possess such an eye. So Shiva is also known as विरूपक्षः विरूपाणि विरूद्धश्रुव्यपाणि तोकविरूद्धविषविशिष्ठाणि अश्रीणि यस्य सः विरूपाणि: SS(129). He has an abnormal third eye. The third eye situated in a high position (viz) forehead and stands for supreme knowledge उपन्यासानवरणिगुणशालित्वकीर्तिनेन विश्वोरस्त्रज्ञाशालित्वेऽ सूचितम् SA(28). With such an eye He could easily look into the inmost recesses of anyone’s heart and see the thoughts lurking there. So He could detect by a mere glance that the god of love has come to His presence with an evil thought and meted out severe punishment.
The Shiva-Mahimna stotram (15) says that for his foolishness Manmatha paid a heavy price with his life and became an object of memory. Manmatha is another name of Manmatha. His arrows have not failed anywhere in the world of gods, demons and men. So he became conceited. Smara became an object of memory. The moral of the story, says the poem, is that an insult to the great will produce serious consequences.

Bhartrihari in his Vairagya Satakam refers to this incident thus:

\[
\text{लीलादृधि-विद्यूलकाम शरभः} \quad (\text{i.e.}) \quad \text{who effortlessly burnt up the flippant god of love as a moth. A big fire instantly reduces a moth into ashes.}
\]

शूलः = the Trident of Shiva; आहत = struck; अराितः = enemy; कूटं = mass, heap: Shiva has destroyed His enemies with His Trident. But Shiva has no enemies. His enemies very easily with His trident. Arjuna tells this to sage Vyasa and asks who that radiant figure was. He adds that people think he has killed his enemies so valiantly though all the work was done by that figure. Vyasa says “You have seen Lord Shiva.” Krishna confirms this and says “Your enemies have already been killed by Me. Be a mere instrument.” BG(11-33)
The more dangerous “enemies” a devotee has to face are internal such as desire, anger etc. In reply to Arjuna’s question as to what impels a person to commit sins even though he may be unwilling, Krishna says “It is desire. It is anger. They are born out of rajo guna. It has huge appetite and makes one to commit sins. Recognise it as your enemy.” And later on He describes these as open gateways to hell that will destroy the self. He cautions Arjuna to be careful and avoid them. So a devotee in order to avoid these internal enemies installs Him in his heart and feels safe. Krishna tells Uddhava that once He is established in the heart evil tendencies like desires get destroyed. He destroys the desires of His devotees who seek liberation and the intentions of those who trouble them. Lord Shiva is the the earliest or the first guru. He teaches by demonstration. He shows He has destroyed His desires and wants His devotee to do likewise. He is only too willing to help him provided he makes his heart His temple. In view of this Bhartruhari describes a sadhu whose heart is pure as having devotion to Shiva with trident

Unfortunately a devotee has to contend with one more “enemy” - more pernicious than the enemies mentioned in the
preceding
para. It is attachment. Desire is a longing to possess something which we do not have and we feel that thing can give us satisfaction or pleasure or security. We try to get that thing and when someone or something thwarts the desire the desire turns into anger. Thus desire precedes anger or anger is the result of frustrated desire. Once the object of desire is got and is in our possession we tend to hold on to it. This inclination to bind ourselves to objects or people around us is known as attachment. We look to those objects or people to give us pleasure or security. Vedanta warns us to avoid getting attached to things or people; because firstly the objects of attachment are perishable as anything in the world is. If we develop strong attachment to something, then parting with it can be a very painful experience and we may sink under the load of the resultant grief. That was the case with Dasaratha who was excessively attached to his son Rama. He could not bear the pangs of separation from Rama who had to leave for the forest for fourteen years. He died in agony.

Secondly it is wrong to look to such objects or people for security as they are perishable and so are themselves insecure. Hence they cannot confer security on us. We will be left in the lurch. Attachment is called (ईषणा) IshanA. Three types of attachments are mentioned in our scriptures. They are attachment to (1) the money (2) wife/husband and (3) children. Further it is said that attachment, once developed to something, is very difficult to get rid of. It is like a blob of coaltar that has some how got stuck to our body. It will take a long time and repeated washing to get rid of it. So we are warned to be wary of developing attachment to anything or any person. This does not prevent us from showing love to others.

Prahlada gives a description of these attachments (BH .7-6) in his
advice to his friends. Talking about the attachment to money he says को न्यर्थत्राणं विसूचित प्राणेश्योधयं इस्मितः। यं क्रीणात्यसभुः प्रेमेस्तस्त्सकरः सेवकां विपिनं। (BH 97-8-10) He says that money is valued higher than life itself and so who can give up attachment to it? The thief, the soldier and the merchant trade their dear life for money. In view of this he warns all to stay away from the objects of attachment and seek the Lord. The boy Nachiketa said न वितेन तपणीयो मनुष्यः: He said man can never get satiated with the wealth when Yama offered him immense wealth in exchange for the teaching about self.

Kunti, the mother of Pandavas, in her prayer to Krishna before He leaves for Dwaraka says ग्रःपाशिममं वृप्पशु। She prays to the Lord to cut her attachment to her relatives so that her mind can think of Him without distractions. BH(1-8-41)

The foregoing introduction is to explain the other implication of shula or the trident of Shiva. The three sharp points of the trident can destroy the three kinds of attachment that can assail a devotee and hinder his progress.

The devotee shakes off his attachments to the worldly objects first. This was what Vibhishana did before surrendering to Rama. As the brother of Ravana and his minister he was very powerful. He was immensely rich. He had palaces, loving wives and children. But he gave up every thing and rushed to Rama without even taking leave of his wife and children. He said त्यत्त्वा पुत्रांश्र दारोश्र राघवं शरणं गतः: Renouncing my wives and children I have surrendered to Raghava and again परित्क्ष्यत्र मया ठिढ्ठा नित्याणि च धनानि च Lanka, friends and all wealth had been left behind by me. (Ramayana-Yuddhakanda-17-16 and 19-6).

Then he transfers his attachment to the Lord and enshrines Him in
his heart. Then the devotee ties His feet firmly with the cord of love and so He becomes immobilised.

Thus firmly stationed in the devotee’s heart He destroys the evil tendencies therein.

Further it is said

- The trident represents the three gunas (traits). Shiva holding it in His hand shows He is in control of maya of which they are the constituents.

- Forever He is free from maya (the illusion by which one considers the unreal universe as really existent and as distinct from the Supreme Spirit) and spiritual ignorance. This is made explicit by what is said about the moon next.

- The moon represents His infinite wisdom. Please see notes under Deva above. It is to be noted that the crown that Shiva wears does not cover the moon. This implies that Shiva’s lordship over the universe - His omnipotence - does not veil His wisdom. The
shining moon announces to the world that one who yearns for knowledge should come to Him. Shankaracharya says in his Prasnettara ratnamalika को हि जगदुर्लुक्तः? शंभः;
श्यान कृतः? शिवदेव। Who is the universal teacher? Shambu.
From where can one get wisdom? From Shiva only. So we have the saying ज्ञानमिच्छेत महेश्वरात्” One should pray to Maheswara for wisdom.”

भजे = worship: मागबुं = the Lord Margabandu.
I worship Lord Margabandu who wears a crown, who destroyed the insect like god of love with the fire from His eye in His forehead, who destroyed the enemies (of gods) with His Trident, who is pure(i.e.) beyond maya and ignorance and who wears the moon on His head as an ornament.

2. अङ्गे विराज्ञदुञ्जनं
अंभ्राज्ञातर्ज्ञामिरामितां
अंकारावार्तीकुञ्ज निद्रंसंवितान्द्रि
भजे मागवन्युः । शंभो ...
अङ्गे विराज्ञदुञ्जनं -
अङ्गं = limb; may mean hand, or leg; विराज्ञ = shining or appearing prominently; भुजगः = serpent, snake;
Lord Shiva is decked with snakes सप्तभूषः: - सप्तः: भुजगः:
भूषा: भूषणानि यस्य स: सप्तभूषः: (SS43) His other names are सप्ष्टाः: सप्ष्टाः: नागः: ते हारः: यस्य स: (SS494)
and नागचूडः: - नागो वासुकि: कोटिरचन्दनारथ चूडायां
यस्य स: नागचूडः: (SS736). Shiva wears a garland of snakes and has tied Vasuki -the king of snakes - around His head to keep His locks of hair in place.

Snakes:-
We fear snakes because we identify them with death. And everyone is afraid of death कस्माच्यमिह? मरणात says
Sankaracharya in his Prasnottrara ratnamalika. The symbolism is used
in our scriptures frequently. For example: मस्तं
कालहिनाास्तमान कोत्तन्यखातमस्थ्रान्: BH(11.8.41)
meaning “who else, other than the Lord can save one seized by
the serpent of Time? When Gajendra, the lord of the elephants was
seized by a crocodile and found that he could
not extricate himself from its grip he called the Lord saying
यः कश्चनेषो विलिनोडन्तकोणगात्र प्रचण्डवेगादिभिधायतो भृशम्। BH(8.2.33)
He says “Whosoever be the almighty God, who protects one, who has
surrendered to Him being very much afraid of the
powerful snake in the form of Death - that is very fast and is after
him - and from fear of whom Death himself runs hither and
thither, let us seek Him as our refuge.”

Kala means the Supreme principle which devours everything and Yama
the god of death who is also known by the names
Antaka and Mrutyu. So at level one He is Yama मृः
सर्वहर्शाहम् Krishna says “I am Death who seizes all
life.” BG(10.34) He is Antaka अन्तकः - अन्ते करोति
भृतामिति अन्तकः VS(520). He causes the end of all life.

At the higher level He is the kala or Supreme principle which
destroys everything including Yama, the god of death at the time of
dissolution. Lord Kapila gives a description of Kala to His mother
Devahuti. BH(3.29. 36-45). He says it is none other than
Vishnu who draws everything into Himself कालः - कलयित
सर्वमिति कालः: - कालः: कलयतामहम् - गीता १०.३० इति
भगवद्वचनात् VS(418) and SS(33). The Lord is not limited by
time or space or by any material अनन्तात्मा। देशः: कालः
वस्तुत्तथापरिच्छेदत्वात् अनन्तात्मा VS(518). He is not
subject to destruction or anything that causes destruction.
अमृः । मृःयुर्विनाशः तद्देतुर्व्यस्य न विच्छेदते इति
अमृत्युः VS(198). In fact it is He - the seer and all knowing who had created the gods (including Yama) and assigned to them their duties says Isavasyopanishad.

कालकालः: यथातत्थयतोऽर्थांन्यवदाच्छाश्चतीमिः समाभ्य:

So the snakes, representing kala or death, cannot harm Him but He wears them implying He uses Death for His services.

Yama himself says मृत्युः यथातत्थयतोऽर्थांन्यवदाच्छाश्चतीमिः Death to Him is like pickles or achār - a thing He uses in the process of consumimg the creation. KU(1.3.25). Remember that one uses a small quantity of pickle only to push in a large amount of food - the main dish. Similarly the Lord uses the services of Yama in a small measure for His main work.

कालहः। कालस्य मृत्योपसेचनाः SS(83) and कालकालः: ।

कालः: यमः: तस्यापि कालः: , . SA(29) are His names. He destroyed even Yama, the god of death to protect His devotee Markandeya. The name also indicates that He is the supreme Lord who withdraws everything, the entire creation, including the god of death into Himself at the time of dissolution and releases them again at the beginning of the next cycle of creation. His other names are मृत्युः यमः: मरणं स्वभावाः मृत्युः जयति, स्वोपासानादिना परिहरति इति

मृत्युः: SS(123), SA(71). He removes or avoids the death of His devotees. The sage Markandeya confidently sings

चन्द्रशेखरमध्ये मम विकालिष्टवते वै यमः：“1

take refuge in Lord Shiva. What harm can Yama do to me?” This is also said symbolically in the story of Dhruva. Towards the end of the story it is said that a chariot came to take him to the place reserved for him in the skies. The Lord had told him that it was a special place because there will be no return to this world again meaning he had crossed death and will not be reborn. At that time Yama - the god of death - approached him and bowed down. Dhruva
stepped on Yama’s head and climbed into the vehicle.

At this point let us take a small detour and see what our scriptures have to say on the subject of life and kala or death. This may sound a bit morbid: but since it is literally a matter of life and death we should know some details.

One who is born has to die and one who dies is reborn. जातस्य हि ध्रुवो मृत्युः: द्वेव जन्म मृत्युः BG(2.27).

From this it appears that this is a never ending process. One can view it in either of the two ways as follows.
1 - One does not believe in the existence of the other world. There is no inclination to think about or enquire into the process. Such people are known as Nastikas.
2 - This one - known as Astika - believes in the shastras and the existence of the other world. He tries to find a way out of it.

The shastras say that the people coming under the first category are to be pitied. The human birth is superior to other forms of births. Only humans are endowed with free will and ability to discriminate between the right and the wrong: the good and the bad. Only they have the ability to work for their own and other’s uplift. The animals do not have free will. Their life is governed by instincts. Because of this they do not incur any sin for their actions. One obtains a human birth after going through the inferior births and as a result of some good deeds and blessings of the Lord. It is therefore incumbent on us to use this privileged position to our advantage and seek higher goals including liberation from death. But if one fails to seize the rare opportunity that has come his way but fritters his life on petty sense pleasures and garnering pelf he falls from his status and is considered an ignoramus. BH(11.7.74)
The question of escaping death has been discussed again and again in our scriptures. We will structure the discussion as answers to the following questions.

1 - What leads to rebirth?
2 - What is wrong with rebirth or why rebirth is to be avoided?
3 - What is the process called death? and
4 - Can death be avoided and if so how to avoid death?

1 - What leads to rebirth?
Everyone has to work, at least to keep the wolf from the door. In adddition people work to improve their standard of living, to provide for the rainy day, old age etc. All these activities - called karma - can be classified as good or bad. The good ones are those that are enjoined by our scriptures and those that can be called virtuous, selfless and such. The bad ones are those that are prohibited by our scriptures and those that are motivated by greed, anger, selfishness etc. Both acts produce results which are to be “enjoyed” by the doer.

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Yama - the god of death - tells the same to Nachiketa: “One who is infatuated with wealth; not having a thought for the other world; such an ignorant person believing there is no such thing as hell or heaven comes within my clutches again and again.”

So the doer of the deeds has to be prepared to enjoy or suffer the fruits. If the fruits cannot be exhausted in one lifetime one has to take another birth and try to exhaust them.

The problem, according to our shastras is, that everyone of us had taken countless number of births, done karmas in these births and accumulated vast amounts of the karmas. This accumulated store waiting to bear fruit is called संचितं karma: sanchitam karma.

In addition we continue to do karma in this life also and add to the stock of sanchitam karma thus necessi tating more and more births. Out of this vast stock a chunk begins to yield the results. This chunk is called प्रारंभम: prarabdham.

There is no escape from the results of the prarabdham. It determines the duration of life, the wealth, education and the mode of death even as one is born आयुः कर्म च विच्च च विद्या निधनमेव च। पश्चातात्मिन विविध्यन्ते जायमानस्य

deहिनः। We have to infer the impressions of the past deeds only when we are confronted with the results. Kalidasa says this in Raghuvamsa (1.20) फलानुमेयाः प्रारंभाः संरक्षाः: प्रान्तना इव

2 - What is wrong with rebirth or why rebirth is to be avoided?

If one asks what is wrong with being born, saints like Shri Shankara want us to think and find out if anything is right with it?

maargabandhu.pdf
The problems start right from the beginning. Sage Kapila points out that nothing can equal the pain one suffers while in the womb. When one is born, one is assailed by worries and sickness. He is all the time growing old imperceptibly.

नैसंसारोऽं चिरतमनुपंयािमकुशलं (Bhartruhari Vairagya Shatakam).

Sage Capila points out that nothing can equal the pain one suffers while in the womb. When one is born, one is assailed by worries and sickness. He is all the time growing old imperceptibly.

व्याघ्रीव लिष्टिति जरा परितर्जयचति, रोगाश्च शत्रव
इव प्रहरितित देहम says Bartruhari in his Vairagya shatakam. He says that old age is crouching there like a tigress frightening us, and diseases attack our bodies like enemies. Then there is the fear of the inevitable death. In view of all these Krishna describes rebirth as the seat of pain and impermanent.

भोक्तामहासरसंम दुःखं न भूतं न भविष्यति BH(3.31.9).

Later on He again says this world is impermanent and joyless अनित्यमसुखं लोकमिमं BG(9.33). We clearly see that everything in this world is impermanent. This includes our bodies, our relations, friends and possessions. The question then is how can one feel happy when thrown into such a situation? Time is constantly gnawing at our life quietly. Bhartruhari says life is oozing away like water leaking from a pot with a crack.

आयुः पिरॐवित आयुः पिरॐवित आयुः पिरॐवित
अनित्यमसुखं लोकमिमं बीजगंगास्तिवामः

Death is imminent and can strike anyone at any time. This being the case, Krishna asks “how can one find pleasure in wealth or enjoyment? It cannot please him, who like an animal, is being dragged to be slaughtered.”

BH(11.10. 20)

कोन्वर्तः सुखयात्येन कामो वा मृत्युरत्निति।
आधारं नीत्यमानस्य व्यसेव न तुषिदः।

Next, Krishna said this world is joyless. This is because the
pleasures are transitory. They have a beginning and an end and so
are fleeting by nature. Their departure may leave a void and a trail
of sorrow. Or they may make one to hanker for more of it
and leave him restless and unhappy. So He says that one endowed with
discrimination will not enjoy them ये हि संस्कारश्राता भोगा:

ङ्:ख्योनय् एव ते। आधिन्तबन्तः कौन्तेय न
तेषु रमते बुधः। BG(9.22) Such sensory
pleasures are trivial and cannot be termed as
pleasures in the true sense.

In view of what is stated here, rebirth is not desireable and one
should, if possible, avoid it.

3 - What is the process called death?
This is mentioned briefly in clinical fashion in the
Brihadaranyopanishad. It says that as the end approaches the
individual’s
breathing becomes hard and he starts gasping. His pranas, along with
the sense organs, withdraw from their respective foci and
gather around jivatma - the individual soul. As he (jiva) departs,
the pranas and the sense organs follow him. He gets a body as
in a dream and enters another body. The impressions of his karma and
the knowledge about brahman that he had acquired in
that birth also follow him. He gets a body suitable to his karma in
this world or some other world.

एवेंवाल्यामानमान्तकारे सर्वं प्रणा: अभिसमायान्ति
यत्रैतह्वं्व्यांच्यामी भवति। (4.3.38)
तमुक्तामान्ते प्राणोऽन्तूकामाति प्राणंनूतकामात्ते
सर्वं प्रणा अनूत् कामाति सविद्यानोभवति
सविद्या मेवान्वकामाति ते विद्याक्षर्माणि समन्वास्मं च च। (4.4.2)
अयमात्मेदं शरीरं निन्त्यावियो।
Krishna says that the knowledge he had acquired in the earlier birth carries him forward in his next birth and he progresses in the spiritual path. He does not have to start ab initio.

Some puranas describe it in detail making it sound a bit scary. Sage Kapila gives a description in His talk to His mother. This is on the same lines as stated above in the Upanishad. He says that the individual soul living in the gross body has, in addition, a subtle body called Linga Shariram or SukShma Sariram which is invisible. It is made up of seventeen components (viz.) the five sense organs of perception (called gnanendriyas), the five sense organs of action (called karmendriyas), the five pranas, the mind and the intellect. It requires the gross physical body for functioning. It does not perish when the gross body perishes in the process called death which takes place at the end of prarabdham karma. The Jiva just migrates to another body (called birth) with the Linga Shariram according to the nature of past karmas and generates new karmas which add on to the sanchitam karma and becomes the seed for future births.

4 - Can death be avoided and if so how to avoid death? Luckily there is a way to escape death and the birth that follows. Krishna says “on reaching Me there is no rebirth.”

The question, now is: ”where is He? and how to reach Him?” The answer to these questions form the main topic of discussions in our scriptures like Gita, Upanishads and puranas like Shri Bhagavatam and is beyond the scope of this essay and so is not attempted. One has to learn it from a qualified teacher.

शक्तिभ्रमणं सः - 
अं = sky; गंगा = the river Ganges. So the word
The river Ganges was, according to our scriptures, originally flowing in the heavens. The story of Lord Vishnu’s incarnation and His seeking three feet of land from the king Bali is familiar to all. When He lifted up His foot to measure the heavens, Brahma the creator, seized the rare opportunity and washed the holy foot of the Lord that has come his way with water from his water pot. The waters became the holy river Ganga.

The story of the descent of Ganga to earth is also familiar. It is mentioned briefly in Bhagavata in skanda 4 - chapter 17 and skanda 9 - chapter 9. It is given in detail in the Balakanda of Ramayana. Sage Viswamitra narrated it to Rama and LakShmana as he was taking them to Mithila after he had successfully completed his sacrifice with protection offered by the brothers. King Bhagirata - a scion of the ikShvAku dynasty to which Rama belonged - was instrumental in bringing the river to earth by performing severe penance. At his request Shiva received the mighty flow of Ganga falling from the heavens and released it as a stream on the earth. A large gathering comprising the residents of
the higher worlds and great seers came to witness the wonderful event. They, along with the people of this world, praised the waters of the river Ganga as pure because of its contact with Lord Shiva भवाज्ञ पलितं तोयं पवित्रमिति
परम्परा: (1.43.28).
Hence the saying काँयां तु मरणान्मुक्तिः (ie.) death in Kasi, now known as Varanasi, brings about salvation.
King Parikshit decided to spend the last seven days of his life at the banks of the river because of this reason कर्तानां न सेवेत मरिष्यामाणः: 1 BH(1.19.6) It asks “which dying man will not resort to such a holy river?”
Ganga:-
Now let us get behind the story of Ganga and see what it means.
Brahma to whom Bhagirata prays blesses his efforts. But He cautions the king that he should pray to Lord Shiva and involve Him in this matter because the earth cannot withstand the fall of Ganga from the heavens. He adds that no one other than Lord Shiva is capable of receiving the torrent from the heaven. This is because Brahma knows that Shiva is firm and unshakeable.
स्थाणुः: 1 शिरत्वात् (VS 28). Also SA(72) स्थाणुः: वृक्षः
तत्सामायतः स्थाणुः: 1 वृक्षं इव स्तव्यं दिवि
तिष्ठत्वेकस्तेनेदं पूर्णं - पुरुषेण सर्वम्

The ग in the name Ganga stands for Gayatri which represents the eternal, supreme Brahman. In Gangashtakam, she is addressed as the very embodiment of Brahman, पूणंवहस्त्वरुपे. She is eternal and formed by the fusion of the powers extracted from the three - Brahma, Vishnu and Shiva. So Gayatri is worshipped in their forms during the three times it is recited (viz.) morning, noon and the evening. In view of this Shiva has placed her on the head - in the chakra called Brahmaandram.
The scriptures define six chakras or seats of power in one’s body.
The chakra on the head is above all these and is the seat of Brahma. This is also the seat where one visualises one’s guru in the form of Brahma and meditates on him because one’s guru is not different from Brahma. The fact that she is formed from the powers of Brahma, Vishnu and Shiva is stated symbolically in the story of Ganga.

This says that “you Ganga started as water in the water pot of Brahma, then came into contact with the foot of Vishnu and again became the crown jewel on the locks of Shiva etc.”

Placed on the head of Shiva who is Himself the embodiment of knowledge the stream of Ganga is symbolic of knowledge. So Shankaracharya refers to it in his Kasi Panchakam as ज्ञानप्रवाही विमलद गंगा

The stream of right knowledge is the pure original Ganga. Again later he says त्रिभुवनजननी व्यापिनी ज्ञानगंगा (ie.) the Ganga of knowledge is the mother of the three worlds. This Ganga who is Gayatri and Brahma and is kept in the chakra in the head by Shiva is same as Uma or Parvati can be deduced from the following references. These are taken from the well known Lalitasahasranamam (LS).

1 - She is of the form of the three gods, Brahma, Vishnu and Rudra.

2 - She is Gayatri गायत्री LS(420)

3 - She is Bhavani भवानी LS(112). Durga दुर्गा LS(190). Parvati पार्वती LS(246). Uma उमा LS(633)

4 - She is seated on the head in the Brahmaramdhram.
So Ganga is Brahman, is Gayatri and is Uma or Parvati. She proclaims the Ardhanari (the inseparable combination of the male and female principles) concept (अर्धनारी स्वरूपम्) of Shiva which is not explicitly seen in His representations (where Uma is shown as a separate figure). Thus one who knows Ganga knows Shiva and vice versa.

Krishna says चोतसामासिम जाह्वी Of the rivers I am the Ganges. So it is not an ordinary river that the Lord had placed on His head. No wonder, then, that the very utterance of the name Ganga washes away one’s sins even when one is miles away from the river. This is said in this popular verse that is normally recited before taking bath.

The avadhuta saint Sadasiva Brahmacarman has composed a song in praise of Ganga (jaya tungatarange gange जय तुंगतरंजे गंगे) wherein he salutes Ganga as one who purifies the worlds and cuts asunder the manifold bonds of mankind (कमलभवाण्डकमण्डपविच्र, बहुविधवन्धच्छेदलविच्रे। लविच्र = sickle; instrument for mowing).

Shri Gangashtakam says that if one dies on the banks of Ganga he goes to higher lokas compared to which even the world of Indra looks very inferior.

We can make one observation on the story of Bhagirata bringing down Ganga. The Lord - being the father - always gives much more than what one seeks from Him though this fact is not appreciated. He is कामप्रदः | भक्तेम्यः कामान्तःप्रकर्षण ददातीितलघुः: VS(298). He knows what the devotee asks and
why he asks for it. The Lord not only gives what is asked for but goes further and fulfills his mission though unasked. In the case of Bhagiratha, he could have asked Shiva for salvation for himself and his forefathers and got it. Instead, he just asked Him to bear the Ganga as she came down from the heaven. But Lord Shiva helped the king not only in bringing down the river but also gave salvation to his forefathers then and there itself. Please carefully look at what Shiva told the king when He appeared before him. He said “I am pleased with you. I will do what is dear to you.” Ramayana (1.43.3 and 4)

उमापति: पशुपति: राजानिमदमृवीत्।
ूीतेऽहं नरौे किरािमी तव औषयः।

We all know what was dear to the king and what was it that had been haunting his mind for years and made him do severe penance, once to Brahma (for thousand years eating once a month and so on) and again to Lord Shiva. The king’s idea was to then lead the river to the place where the ashes of his forefathers were lying for ages and perform their final rites so that they will attain release. But this was what he got as bonus. In addition he got salvation for himself also though he did not ask for it.

Ganga represents Brahman and Shiva is DakShinamurthi - the giver of knowledge about the Brahman. Thus the story of the king getting the Ganga with Shiva’s help implies he got the knowledge of Brahman directly from the Lord which knowledge results in salvation.

This was what happened in the case of Arjuna also. He met Krisna at Dwarka and asked His help during the KurukShetra war. Krishna agreed to help but He said He will not take up arms. But even at the time when Arjuna made his request Krishna knew what was the mission for which he was seeking His help. And He fulfilled it then and there. Later on when
teaching Gita before the war had even started He told Arjuna:

“These enemies of yours had been killed by me already. You just be the instrument and enjoy all the glory.”

At the time, Arjuna was unaware of the greatness of Krishna whom, as he admits later on, he considered as his friend only. He laboured hard and “fought the war” but it was over even before it started. He “won” it and got all the glory.

In the same way King Bhagirata took the trouble to drive ahead of Ganga all the way to the seas and then to the nether world where he saw the ashes of his forefathers, performed the last rites with the holy waters from Ganga and “got them salvation.” which was already an accomplished fact.

The Ganga was named after him as Bhagirath. This was the case with Dhruva, who wanted to be a king but he got that and also a permanent place in the heavens.

A similar reference is seen in Chandogyopanishad (2.23.3)

श्री कृष्ण ने गीता (10-25) में कहा है, “मैं मेरे मन में हूँ।” गिरामस्मयेकम्क्षरम् Manu, the famous law giver, says that the letter OM by itself represents the ultimate reality - the Brahma एक्क्षरं परं ब्रह्म He adds that the creator Brahma extracted the three letters from the three vedas and so the syllable Om is the essence of the vedas A similar reference is seen in Chandogyopanishad (2.23.3)
Shri Bhagavatam says that sound OM was acquired spontaneously by Brahma - the first born when he was in deep meditation. BH(12.6.44 and 39). It says that the origin of the sound consisting of three parts is unmanifest. It flashes by itself and it reveals the nature of the almighty and supreme spirit.

Manu says further that a student (during his gurukula days when he learns the vedas) should utter OM both when beginning and ending his studies. The reason, he says, is that without uttering OM in the beginning the learning perishes and if OM is not said in the end what is learnt will not be retained.

In view of this Kalidasa compares Manu -the first of kings in the solar dynasty to OM in a grand simile:

Pranava:

Pranava :-

We can see discussions about pranava in Mandukya, Shiva Atharvasikha, Prasna and Nrisimha Uttaratapini upanishads. This is also mentioned in Vicharasagaram. Here we will see it in brief.

He is in the form of pranava represented by OM. He is not different from the creation. So pranava represents both brahman and the universe. Sage Patanjali also has said this in his Yoga Sutra (1.26)
stotram mentions the attributes or the qualities of the subject of
the stotram. Thus pranavam indicates the auspicious qualities of the
Lord and obtains His blessings to one who
chants it. Patanjali adds (1.27): तज्जपस्तद्यभावनम्॥

The chanting of pranava with understanding and faith is meditation
on the Iswara.

Pranava is made of the three letters A,U and M. These three letters
represent the consciousness presiding over the three states -
waking, dream and deep sleep states which one passes through every
day. The consciousnes is same but it functions differently in these states. The Mandukya
upanishad views pranava as
being composed of two parts: one having sound and the
other without sound. The OM as specified above made up of the three
letters is pronounced and constitutes the “sound” part.
The upanishad says that the brief interlude that proceeds and
succeeds this “sound” part forms the “silent” component - the fourth letter

अमात्रश्वतुर्यो द्व्यवहार्यः प्रपशोषःशः शिवो ुर्द्वेत
एवमालार्यात्मेऽव सवशत्नायात्मानं, य एवं वेदं, य
एवं वेदं(Mandukya 12)
They represent the two aspects of God (viz.) with form and without
form respectively. The “sound” part signifies the saguna
Iswara and the “silent” part the nirguna Iswara. Thus one
can worship OM as God with form. This is like invoking our favourite deity in an idol or
saligrama stone. Here we invoke the God
about whom we do not have firsthand knowledge but learnt
from scriptures or from some other source in the idol or some other
form of representation and worship. The representation is known as pratikam प्रतीकम्.
Meditating on the fourth or
the silent part as “I the Self” is known as
Ahamgrahadhyanam अहमग्राह्यद्यानम् One who meditates like
this is called a muni मननात मुनिनिरुच्यते In this type of
meditation there is no difference between the meditator and Iswara or the object of meditation. As a result of this meditation the muni is blessed with the knowledge of the Self and crosses over the samsara.

Thus is explained Shiva's name ओमकाररूपः। ओमकाररूपं स्वरूपं यस्य सः तथा। ओमकाररूपतः च तदभिधानत्वः, तद्भिधानत्वः तदभिधानत्वः ओमित्यक्षरमित्ययादिना प्रसिद्धम्। ओमकार प्रतीकत्वं तु यः पुनरें सिमाग्रेश्चेत्यादिना प्रशोपनिषदादिव प्रसिद्धम्। परं चापरं च ब्रह्म यदोम्कार इति श्रुतिः: VS(138).

The question, now is, if He is Himself omkara or the pranava, why then say He is the deer in the park called OM? The answer is that He is OM the park as Paramatma as well as the deer the individual Jivatma. They are one and the same but look different to the uninitiated. The deer, unaware of its status, roams around in the park feeding and enjoying itself. This is an echo of the famous Mundakopanishad mantra

द्वारा सूर्यम् समुज्जास् समानं वशं परिश्रस्वजाते। तत्योरत्वं पिपलं स्वात्मत्त्वन्नन्यो अभिवाकाक्षेर्तिः। MU (3.1.1)

This mantra talks of two friendly birds sitting side by side on a tree. One is eating and relishing the fruits and the other one is quietly watching it. Here one of the birds represents the Jivatma. Eating the fruits is enjoying the results of the past karma and the other bird which looks on is the Paramatma as He is not attached to the fruits of action. Similarly Devi is described as ओमकारपाराकारी a female parrot in the cage called OM in the Devi Navaratnamala. The saint composer Thiagaraja of Tiruvaiyaru addresses Rama as ओमकारपाराकारी a parrot in the cage called OM in his famous song beginning Jagadanandakaraka. Similarly the saint composer SadasivaBrahmam talks of Krishna as प्रणवपद्योरुघर्घर्गेन्द्रकारी one who is hidden inside the lotus of pranava (in his song kridathi
The word siddha शिद्ध means accomplished or perfected. Linking with the earlier word, the muni meditates on the pranava. ओकारं बिन्दुसंयुः नित्यं ध्यायन्ति योगिनः: Once he understands that he, the meditator, and the Iswara the object of meditation represented by pranava are not different, then he achieves his goal and becomes a siddha purusha. The Mandukya Upanishad sentence quoted earlier says this only (viz.) that one who realises the true meaning of the Omkara - that it stands for the non-dual, indescribable Shiva obtains his goal which is his own Self. Shri Shuka mentions this in his prayer before he begins to narrate Bhagavatam to King ParikShit.

Such a realised sage abides in his Self. So it is said तत्त्वात्मनः: BH(2.4.21)

Hanuman is such a siddha who has immersed himself in the sacred Ganga and drank deep its water of knowledge. So he is known as बुद्धिमतः वरिष्ठः: = best among the knowledgeable people. He sees his Lord Rama within himself all the time. Whenever His name is mentioned the
Ganga within him wells up and flows out as tears of joy and his hands go up over his head in salute यत्र यत्र रघुनात कीर्तिनं तत्र तत्र कृतमस्तकाजः बाप्यवारिष्परिपृज्ज्ञेश्वर्य भावुकं नमत
राक्षसान्तकम् says a popular verse about Hanuman. So his being shown as seated at the feet of Rama brings out the idea that siddhas worship the feet of the Lord.

Truly speaking a siddha has nothing to worship as he has no second to him. Whatever he does becomes an act of worship. Sankaracharya says this in his Shiva mAnasa puja आत्मा त्वं गिरिजा मति: सहचरः प्राणा: शरीरं गृहं पूजा ते विष्णुपोषोगरचना निद्रा समाधिस्थतिः।
सचाराः पदयोः प्रदक्षिणविधि: स्तोत्राणि सर्वो गिरे: यथात्मकम् करोमि तत्तदकिंतु शोभो तवाराधनम्।

Since the siddha has identified with Ishwara he is detached from his body. He knows that he got his body because of prarabdham and it will continue to hang on as appendage as long as the the vestige of prarabdham remains. He is aware that prarab dam will take care of it. So he is not concerned about it just as drunkard does not overly bother about his dress. Krishna says this to Uddhava: देहं च न पराब्रह्मस्थितमुत्थि वा सिद्धे न पश्यति
यतोध्यगमनत्वरूपम्।
देवाध्येतमुत्तदेववश्चामुत्त वासो यथा परिकृतं
मदिनामदानं:। BH(11.13.36)

Once his prarabdham is exhausted the body drops off. There is not death in the usual sense. His soul does not go anywhere as in the case of death of ordinary people but just merges in the all pervading brahman. This is like a pot getting broken. The space within the pot is not disturbed but just becomes one with surrounding space. This is said clearly in Brihadaranyakopanishad (4.4.3)
This was what is said to have happened in Bhishma’s case.

This verse is the third among the five verses that make up the stotram. Thus it forms the centre-piece and is loaded with precious vedantic truths. It was said earlier that a stotram will describe the Lord with form and will also refer to His formless aspect. We see the formless aspect of the Shiva being emphasised here

नित्यं विद्वानन्दरूपं - नित्यं = eternal, ever lasting, imperishable चिन्त = pure intelligence आनन्द =supreme bliss रूपं = form.

These words are the repetition of the famous upanishadic mantra सत्यं ज्ञानमनन्तं ब्रह्म

TU(2.1.2) that says Brahman is satyam, jnanam and anantam. This is one of Shiva’s names सचिदानन्दरूपं: । सत्यदेव कालक्षणावाच्य स्वरूपमुच्यते। चिन्त्यदेव प्रकाशान्तरिणपेषक्ष्या प्रकाशानाम। आनन्दपदेव निरस्तिश्वेप्रमाप्यदत्ता सुखरूपं एतचित्तियात्मकरूपं यस्य स: सचिदानन्दरूपं: । SS(653). Rama’s form is existence,
knowledge and bliss सत्यज्ञानानन्दशरीरी says the saint
Sadasiva Brahmendra in the song खेलित मम ह्रुदये (kelati mama hrudaye). So is Shri Lalita’s form: सचिदानन्दरूपिणी। सत्येचित्मानन्दश्रृंखल पविच्छानसंतम परमसंहारयमस्या इति सचिदानन्दरूपिणी। LS(699)

नित्य - Nityam implies eternal existence - that is - it never ceases to be. It is not limited by time. Terms like the past, present and future are not applicable with reference to it. Lalita is known as Nitya

लित्या भारतपिप्यवाध्या। अविनाशी वा अर्थमात्मे तित्रुते: | LS(136).

शाश्वत: and सत्यम are two other names that have the same meaning as Nityam

शाश्वत: । सर्वेषु कालेषु एकरूपतया भवतीति

शाश्वत: "शाश्वतोयं"

पुराणः इति श्रुति:। SS(398).(ie.) He exists in all times in the same form or without any change शाश्वत सर्वेषु कालेषु भवतीति शाश्वतः;

"शाश्वतं शिवमच्युतम्। इति"

श्रुते:। VS(56).

satyam सत्यम। कालानातयाचार्य

सत्यम। SS(432)अविनाशकृप्तवात् परमात्मा सत्यः सत्यं ज्ञानमनस्तं श्रधा। इति

श्रुते:। VS(106) In the invocatory verse to Shri Bhagavatam Shri Vyasa salutes the Lord saying सत्यं परेश्रीमयिष्ठ(ie.) we meditate on the supreme Reality that is not affected by the three time periods - the past, present and the future. BH(1.1.1)

. He also winds up with the same words सत्यं परेश्रीमयिष्ठ BH(12.13.19) implying what is discussed in between the beginning and the end or the subject matter of the purana is none other than Brahman which is Satyam.

Shri Lalita is known as सत्यज्ञानानन्दरूपा। सत्यं ज्ञानं
Bhartrihari, in the invocatory verse to his Satakatrayam salutes the Lord saying दिकालायनवच्छिद्धा अनन्तचिन्मात्रमूर्तिे।

He says that God is of the form of eternal consciousness unlimited by spatial direction, time etc दिशः प्राच्यादिदिवदेशः, काला भूतभविष्यद्विमानरूपा, आदिशाब्दंसूरूहीतानि वस्तुमिति तथा च दिकालाय आद्यो येषां तानि दिकालाय।

तैरनवच्छिद्धापरिकृता। विभूताचिन्तितवादिकचतवात्र देशतः कालतो वस्तुदशापरिच्छिद्धेयथ:। अत एव अनन्तापरिमिता। प्रियविधपरिच्छेद्ययत्वा दर्पणद्वारायमाते त्यथः।

चित्वः। चित्वी चिदभेदाचित्वी चिदात्मा। चिद:।

Also SS(829). Devi is described as चिन्मय:। चिन्मयश्रेद्धप:।

Now let us go back to the reference from Bartruhari:

(ie.) अनन्तचिन्मात्रमूर्तिये।

चिन्मात्रा ढानधना च।

यिच्छेर्कसेति यावत्। तादत्री मूर्तिऽपयत्य तस्मै।

एतूपायत्थः। No doubt brahman is without any limitations mentioned above. But it is not void or empty like space which also seems unlimited. It is not inert but shines in the form of consciousness. This
is clarified here.

From where did He get His wisdom? In reply the invocatory verse in Shri Bhagavatam referred to earlier says: अभिष्रवादान् स्वेत: स्वेतेव राजते वर्षाम । वः सिद्धान्मित्यर्थः। He is omniscient. His knowledge is inherent and not obtained from anyone else or any other source. It is knowledge itself without a trace of ignorance.

Ananda: Brahmnn is of the form of pure bliss आनन्दो ब्रह्मणं व्यजानात् TU(3.6.1). The Taittiriypansionhad has a chapter exclusively devoted to the ananda aspect of brahman. This chapter is hence known as Brahmanandavalli or Anandavalli. This chapter is unique in that it talks of several grades of ananda experienced by different beings. It starts with the maximum happiness that is possible to be experienced by a human being as the unit of measure. The next higher grade of ananda is hundred times this unit. Thus several grades are mentioned (including that of Indra and Brihaspathi) and the top most one mentioned is that of Brahma the creator. But a wise person who has studied the shastras and got discrimination knows that even Brahma’s happiness is fragile and limited. The Brihadaranyopansionhad says that any ananda experienced by any being is just a droplet derived from the bliss that is Brahman एतर्येवानन्दस्य अन्यानि भूतानि मात्रामुष्मण्वन्ति(4.3.32)

Incidentally this is one of the names of Shri Lalita. (LS365)

The commentator Bhaskararaya explains this name referring to these quotations only. He says स्वस्यं आत्मरूपो च आनन्दस्य लवीभूता इन्द्रायानन्दस्यतद्वित्वोत्तरोचनया सागरायमाण्वनालयवः अपि देवानंसागरस्य तवः: संपथ्यानाः: ब्रह्माद्वीपाः सृष्टिकृतविद्यविम्मिगशायाः: ब्रह्मविष्णुद्राणामान्दनाः संततवः: संवकस्मूहा यथा: सा। " एतस्येवानन्दस्यान्यन्ति: भूतानि मात्रामुष्मण्वन्ति" ति श्रुते:। तैत्तिरीयमानुषामार्थ्य उत्तरोतरायान्तिक्षवण्ढमाणामान्दनाः मध्ये परिगणितानां प्रजापतियान्यान्यानामपि परिच्छिल्लेवन

maargabandhu.pdf
One may wonder why should the Upanishad take the trouble to describe the many grades of ananda starting from the bliss that can be enjoyed by a human being. The answer is that the detailed description is a carrot the Upanishad is dangling before us. It wants to reveal the fact that even the highest degree of happiness that one could enjoy is just a particle of that limitless ocean of bliss. It wants us to get excited at this revelation. It wants to prod us to strive hard and reach the pinnacle of bliss that is brahmananda and not be content with merely scratching its surface. The following are the Lord's names in this context:

नन्दी। परमानन्दिवियश्यो नन्दी। "विज्ञानमान्द्रें ब्रह्माति
श्रुतिः । SS(189) and VS(618)आनन्दी। सुसखसुरुपत्वात्
आनन्दी VS(560)। Also ब्रह्मानन्दः । ब्रह्मरूप
आनन्दी ब्रह्मानन्दः । आनन्दे ब्रह्म मां
ज्ञाता न विमेऽति कुलशान्ति ति
पाण्ड आनन्दे
ब्रह्मण्डो विद्विस्तति ति श्रुतिः । SS(560) and सदानन्दः ।
कालसयाशापतितिसतांसुसखरूपः सदानन्दः ।
विज्ञानमान्द्रे ब्रह्मः ति श्रुतिः ।
SS(673)

निहतसशौष्पोकेरथिरितौतपम् - निहत = eliminated
अशेष = without remainder लोकः = lord of the universe -
here it refers to Indra जैसिन् = enemy प्रताप= =dignity, glory, valour.

Shiva is the destroyer of the valour and pride of Ravana who was the enemy of Indra. Once Ravana tried to lift Kailasa as he felt he was strong enough to carry even the abode of the Lord. He was inebriated with power.
because he could conquer even Indra and other gods. He forgot that all his might and glory were only due to the blessings of the Lord. He even said that Shiva has not known that a danger has come to Him! This incident is mentioned in Ramayana (Uttara Kanda - canto 16). Shiva wanted to teach him a lesson and curb his pride. So He playfully pressed His toe. The pressure applied by Him crushed Ravana under the mountain.

Ravana struggled hard but was not able to extricate himself from the tight spot. Finally he prayed to the Lord and got himself released. So Shiva gets the name अशुरिशरसा लक्ष्मानाथदपहर:। अशुरिशरसा पादाङ्गेण लक्ष्मानाथस्य रावणस्य दर्प गर्वं हरतीति हर:। इदं च रामायणादौ प्रसिद्धम्। शिवरहस्ये - अमुष्य त्वस्वासमधिगतसारं भुजवनं बलाचैवसंसैंशीवतिषं त्वदिविवसतो विकमयत:। अंभ्यापातालेश्वलसचित्ताङ्गहरैरसि प्रतिष्ठा त्वासीद्वमप्पंतो मुद्र्यति खल इति।।

"नमः सहमानाय सवधिन" इति श्रुति:। SS(623).

Ravana was the grandson of the great sage Pulastya and the son of an equally great sage Vivasva. He was born as an asura due to a curse. Krishna gives a description of asuric nature in the 16th chapter of Gita entitled दैवासुर सम्पद्विभागयोगः and also in the 18th chapter. He says that people with asuric nature are given to ostentation, arrogance, lust, anger and insolence. They will nurture innumerable hopes. These tendencies will pave the way for their downfall. We see that Ravana’s character fits this description exactly. These qualities lead
to his ruin. Ravana was vastly learned (as is indicated by ten heads): but was foolish enough to think he could shake the Lord who is नित्यः: all pervading, firm and unshakeable सर्वगतः: स्थाणुः: अचतः:।
BG(2-24). In fact if He shakes the universe will shake and without His will one can not move even a blade of grass. This is graphically described in a story in Kenopanishad. Thus Ravana committed a great mistake but Shiva curbed his pride and let him off

कार्त्तिकावरागेन्द्रचापम् - कार्त्तिकावरम् = gold: अगः = mountain:
इन्द्रः = lord and in this context means best: चापः = bow:
This refers to Shiva using Meru - the famed mountain of gold - as a bow in His fight against the three asuras. The three demons named KamalakShan, DarukakShan and Vidyumnali were very powerful because of the boons they obtained. They lived in three cities built by Maya the divine architect. They troubled the devas to no end. The devas entreated Shiva to save them from these asuras. When Shiva started to fight them the devas wanted to take part in the fight. The earth became the chariot, the sun and the moon became the wheels, Meru the bow, the snake Seshan the bow string, Vishnu the quiver and so on. But Shiva felt that all these elaborate paraphernalia was superfluous for the task. So He discarded them and destroyed the three cities just with a smile. When the asuras repented Shiva forgave them and took them into His service. This deed of Shiva is often referred to in hymns श्रीणी यस्य रथो रथांचुगद्धः

चन्द्रार्क-बिम्बद्वय
कोर्त्त: कनकाचतो हरिरभूतः बाणो
विविध: सारथि:।
तूणीरो जलधि-हंया: श्रुतिचयो मौर्वी
भुजाधिपः
तस्मान मे हृदयं सुखेन रमतां शांभे
परजापण।

So He gets the following names पुरुषद्र:। सुरश्रृणां पुराणां
दारणातपुरुषद्र:। त्रिपुराः। स तिस्म: पुरो।
भिवे तिः
श्रुति: । SS(45) and VS(335). One who shattered the cities of the enemies of the gods पुराणतिनि। पुरातन स्त्रियाः

पुराणतिनि। आदिकपुराणोऽर्थोऽर्थ
हस्तितमाध्यायायेत।

अथ रुद्रस्य देवस्य निर्मितो विश्वकर्मणाः। सर्वस्वकर्मयो दिव्यो रथो यलन सादरम्॥

इति प्रस्तुतिः

सर्वस्वकर्मोऽर्थोऽर्थस्य सक्षणिविशिष्टः अर्थार्थनिर्मितान्तरं रथार्द्धे परस्यस्य, मेरो चापे विष्णवादो

बाणपुरः प्रह्लादे

प्रेतिः, अन्तः देवानाः,

अनादिसिद्धतोऽर्थम्यक विष्णूमेव पशुस्त्राः।

इदमिप रहस्यायतः

उँच शिवरहस्ये- रथः क्षोणी

यंता शतपृथितमः खनुराः।

रथाङ्गे च च यज्ञान्तरविभवः

दिव्यक्षेत्रः कोकय त्रिपुराणमांदवविभवः

विष्णुः: कृष्णं न खलु परतन्त्रः विभुविवः॥

इति

इदमिपि रहस्यायतः

साहामिके वधुषा

प्रविराजमां द्रव्यस्यपुरुषोऽणाशान्तमदहस्तम्॥
One who conquered the three cities and whose bow is Mount Meru. SA(65).

Incidentally, this episode shows that the Lord is capable of using anything as a weapon. As Rama He used just a piece of straw to chase Kakasura who misbehaved with Sita. In the case of Tipura He chose to use a mountain as His bow. He can do without any weapon also. He discarded the bow and burnt down the three cities with a smile. He subdued Ravana with a little pressure from His toe. He destroyed Manmatha with a mere look.

The Tripura episode conceals the essence of Vedanta as do the stories in our puranas. Krishna mentions this fact to Uddhava in His final advice परोक्षबाद्वा अर्थयः: ”The words of the sages are indirect in their import.” BH(11-21-35). The reason is that these great truths are meant only for those who have faith in the words of the shastras and the teachers who expound them, are sincere and are ready to put in the needed effort to learn them. They cannot be laid bare to those who are not qualified to receive them. In fact such people run the risk of misunderstanding the teachings and being mislead by them. That
is why Krishna, after concluding the teaching of Gita, warns Arjuna that the valuable lessons taught to him should not be imparted to one who is not devoted etc., as said above \[सङ्गीतम \] नायाकाय नामकाय कदाचन। न चाशुष्वेव वाच्यं न च मां। योःभ्यसूयति। BG(18-67). Great truths, like precious diamonds are not meant to be hawked in the streets like cheap vegetables. A diamond merchant keeps the diamonds carefully locked in an iron safe in his shop. Only a handful of people out of several millions in the city will be fit to enter the shop and enquire about them. The merchant, will welcome the customer, engage him in small talk and enquire about his requirements. By then he would have assessed the customer’s worth and seriousness to do business. Then only will he unlock the safe, bring out his wares and show them to the customer. Similarly vedantic truths are invaluable and are to be guarded carefully and given only to the deserving. Brief explanation of the Tripura episode follows.

It was said that our body is viewed as being made of three layers - the gross body, the subtle body and the causal body. These three bodies are the three puras or cities. The paramatma who is of the form of chaitanyam or consciousness is omnipresent and is present in the body also, and enlivens it. The body itself, being mere bundle of matter, is inert. Krishna says this \[इदं शरीरं कौऽेय \] \[च मां \] \[िवि\] सवेषु भारत। BG(13-1 and 2). The consciousness present in the body is known as atma or jiva or jivatma. But it is not a part or product of the body that is liable to decay and destruction. Such modifications of the body do not affect the jivatma. Even on death it is the subtle body which travels to take another body (as stated earlier). The atma being all pervading does not travel anywhere. It is like a pot being made. We may call the space confined in the pot as
pot-space (to distinguish it from the total space though really there is no such division) but it was not created when the pot was made. When the pot is broken, it is pot that is destroyed and not the “pot space.” It has nowhere to go. The confines of the pot having gone it just merges with the total space that is out side the pot also. Thus the atma has nothing to do with the body. This is said in Tattvabodha clearly as आत्मा कः? What is the Self?

Thus there is no birth or modifications or death for the jivatma as is the case with the body. Krishna says this: न जायते भ्रमते वा कदाचि-न्यायं भूत्वा भविता वा न भूयः। अजो नित्यं: शास्त्रतोऽव पुराणो न हन्यते हन्यमाने शरीरेः BG(2-20).

The pot because of which the infinite space (that has nothing to do with the pot) gets the apparent limitation as “pot space” is called upadhi. In the same way the body mind complex is upadhi for the paramatma and it gets the name jivatma (though both are one and the same). Its glorious state gets covered by the veiling power of maya (called avidya or ignorance) and it gets bound. This leads the jiva to identify itself with the limitations of the three bodies. It imagines it is a finite creature, helpless and subject to sorrows like sickness, old age, death etc. This is known as samsara. Truly speaking the jivatma being none other than the paramatma and of the form of pure wisdom does not act or undergo any change. Since it does not act it does not also reap the fruits of action called कर्मफलम् (ie.) joy or sorrow. That is, it is not
a कर्ता or भोक्ता (i.e.) doer or enjoyer or in other words
atma is said to be akarta and abhokta (अकर्ता and अभोक्ता).
One who has shed his identity with the body and clearly established
his oneness with the Self is, therefore, not bound by the results of
actions. The mistaken identification with the body and imaging he or
she is an individual who has to act etc., is called ego or ahamkara and
is the cause of all the problems.

Prakruti: कृयमाणानि
गुणे: कर्मोपि सर्वेः।
अहम्काराल्पम् अतर्हंभिति मन्यते। BG(3-27).

An example will illustrate this peculiar situation. A person goes to
sleep in his cozy house after a sumptuous meal. After some time he
enters the dream world. In his dream he travels to a distant land and
is stranded. He has lost his belongings and is famished. But he has no
money to buy anything. The person is not used to such a privation and
so is feeling miserable. This goes on for some (dream) days. Ultimately
the intensity of the suffering becomes too much to bear and he wakes up
with a start. To his utter delight he realises all that had happened was
only a dream and he has not left his comfortable bed. He feels sheepish
to think of the suffering he had gone through.

In the case narrated above all the suffering and misery was unreal. But
it appeared real because the person identified himself with the dream
body that was not his. The dream body was merely a projection of his
mind and so had no substance. When the dreamer woke up he gave up the
identification and was free from sorrow. In the same way vedanta says
that the individual’s bondage and ensuing samsara are imaginary and due
to wrong identification with the body-mind complex. This mistake is the
result of ajnanam or ignorance. It will go when the individual sheds
his ignorance and realises that he is not the body-mind complex but
the atma whose nature is नित्यं चिदानन्दस्यम्, as said in the
first line of this verse. Krishna says this to his friend Uddhava:
देहस्थोऽधि न देहस्थो विद्भास्माच्छयोत्पत्तिः।
A wise man, though he appears to be in the body, has no identification with the body like the one who had woken up from a dream. But a man without discrimination is like one having a dream. He has chosen to (dis-identify with his true body and) identify with his (dream) body (and suffers the consequences). The dream body is only thought in the mind but the thought is so powerful that it makes him identify himself with the dream body, undergo the vicarious suffering and forget his real body that is ensconced in the bed.

Thus there has to be a second waking up, as it were, from our so-called waking stage to the real awakened stage with the advent of knowledge or jnanam. Till then one is in the clutches of agnanam or ignorance which forces us into karma or action that brings in the fruits of action which in turn results in rebirth etc.. The grace of the Lord confers this wisdom and takes one beyond the three bodies that envelop the jiva. This is said in the DakShinamurthy Stotram as

When the dreamer wakes up from the nightmare the dreamer merges with the waker (if we may so call the one who has woken up) and not “become” the waker. He alone remains. He does not see the waker but claims himself to be the waker. This claiming is साक्षात् कुरुते So also in the case of self-knowledge one does not experience or “become” the atma; but स्वात्मानं अद्वयमेव साक्षात्कुरुते owns up his true nature as atma.

Shiva’s names relating to Tripura are त्रिपुरान्तः । त्रिपुराणि त्रिपुरा-पराणि, त्रिपुराणि
अन्तः: त्रिपुरान्तः । त्रिपुराणि शरीराणि, "पुरस्चे शरीरसिद्धान्तपुरोषो हृदः"
The abodes of the gods like Brahma are situated on the peaks of the mountain. Lalita

SA(68). Krishna tells Uddhava that He is Himself Shiva who destroyed the three cities त्रिपुरस्मो धनुमतां BH(11-11-20).

Meru mountain. The Meru mountain is mentioned in our puranas, Mahabharata and Ramayana etc. It is said to be rich in gold and other precious jewels and is said to be in the center of the earth. The Himalayas are in the southern part of the Jambudwipa in whose center is the Meru. The Bharathavarsha (India) is in the south of the Himalayas. One of the mountains surrounding the Meru is the Mandhara which was used by the gods to churn the ocean of milk. Shri Suka mentions this when he gives a description of the creation

एषं मध्ये इलावृत
नामाद्विनंतरवर्ष
वस्य नन्यामवसितं: सर्वं: सौवर्णं: कुलगिरिराजो
मेरुदीपायामकमुन्नारं: कर्णकामुकं: कुवलकमलस्य
मूर्धनि
ध्रुतिरात्सहस्योजनविरतो मृते षोडशहस्त्रं
तावतान्तर्भूमिया
प्रविष्टः: 1 BH(5-16-6).
is said to reside on one of the peaks of Meru and so gets the name
सुमेरुमण्डलम्। सुमेरुरघुमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलमण्डलম ।

and the moon are said to go round the mountain. Our poets mention this
fact often. Kalidasa refers to the sun going round Meru in his Raghuvamsa
(7-24). He says that Aja and Indumati going round the sacred fire during
their wedding was like the day and the night revolving round Meru

Krishna says that He is Meru among the mountains मेरूः:
श्यामरिणामेः BG (10-23) and
धिण्यानामस्येः मेरूः । BH(11-11-21). All these show that meru

is considered a very holy mountain

कृतिवासं। कृति: = bark of a tree, skin, hide
वासः = dress. Shiva is reputed to be dressed in the bark of
trees and skins of tiger and elephant. Once some rishis of Daruka
forest performed a sacrifice. It seems they were very proud of
their spiritual accomplishments. Shiva wanted to test their mind-set
and teach them a lesson. So He passed by in the form of a shabbily
dressed mendicant. The sages were furious to see the mendicant. From
the sacrificial fire they created a ferocious elephant and a tiger
and set them to attack the mendicant. But Shiva killed the animals,
and wrapped Himself in their skins. The sages were humbled. They
realised their mistake and surrendered to Shiva. So He gets

the following names. व्याप्रत्रम्मवरः। व्याप्रचर्म
अम्बरः यस्य सः। तथा पिनाकहस्तः:
कृतिवासा
इति श्रुति:। SS(108). गजचर्मवरः। गजासुरस्य
चर्मकृतिरम्मवरः वासः यस्य सः:
गजचर्मवरः। श्रुतिरुक्तः। SS(158). कृतिवासः। कृति
दासकावनस्थ-मुनिकृतस्थभिचारोत्पत्त्वाधार्यः चर्म
वासः यस्य स तथा। अथवा काइयां शिवभक्तजिगांसयागतस्य
गजासुरस्य
कृतित्रत्र विवक्षिता। " प्राणेश्वरः कृतिवासः:
पिनाकः"
श्रुतिः । SS(909)
कृतिवासः । कृतिः:
दासकावनस्थ-मुनिकृतस्थभिचारोत्पत्त्वाधार्यः चर्म
वासः वक्षः यस्य स तथा। यथोक्त स्कान्दः " ततो व्यायो
महानकुम्भः
आजगाम नखायुः । तेषामृपीणाः
मर्मस्यः कोपोऽयं निर्गतो यथा।।
तं चादाय
tच भित्वा तदा चर्मं वरोऽभवत। श्रुतुभे चर्मं नारणियुतेन " इति ।
तेन
नानावर्ण्युतेन " इति ।
अथवा काइयाः
शिवभक्तजिगांसयागतस्य गजासुरस्य कृतित्रत्र
विवक्षिता।
यथोक्त स्कान्दः पव
" "वाराणस्यः
पुरायातो गजरूपः महासुरः । तापसाजित्वा भक्ताशः
निहन्तः कोपदीपितः " इत्युपक्रमः
" हत्वा तं
कुश्रेण भीमभृष्यं दिग्गजेनि। पादहस्तस्तु चर्म
विद्यायच्छिद्य तेन
वै। प्राणेश्वरामात्मामात्मेशः
स्तूयमानोऽविवेषः सुरःः " इति SA(67).
दुर्बासः । दुर्बारैः वासो गजसिंहवायांग्रांमादिदृष्टं यस्य
सः तथा। SS(566). Kalidasa wonders at Shiva, dressing Himself
in the bark and skins of animals though He is the supreme lord, and
profusely showers blessings on His devotees — Malavikagnimitra (1.1).

These incidents show that the Lord is capable of vanquishing his enemies with ease. They are meant to warn one like Ravana who takes Him lightly that they will have to face dire consequences. But His nature is to subdue pride wherever it shows up - be it in an asura like Ravana or god like Manmatha or even great rishis who should have known better. This is because pride is an obstacle to the spiritual progress. Once they realise their mistake and give up their pride Shiva blesses them.

Now a few words about Shiva wearing the bark or skins of animals: First this kind of dress, His matted locks etc., proclaim that Shiva is beyond all varnas or grades of society - like brahmin, kShatriya etc., - and ashramas or stages of life - like student, householder etc.. In other words He is an अतिवर्गाधिमी Such a one is not bound by any rules or regulations applicable to any varna or ashrama. He only gave out the scriptures to enable us to become mature spiritually and realise Him. So He is known as bhandhu or well wisher बन्धुः । बन्धुकृत्य हिताहितोपदेशं सृष्टिसमृतिलक्षणं कृतवानिति। स नो बन्धुनीतितिः श्रुति: । SS(581). So these very same rules cannot bind Him. The description of Shri Suka in Shri Bhagavatam matches the above description of a paramahamsa. It says तत्राभवद् भगवान् व्यस्मुनो यदद्द्या गामतमानोपनेऽपि: । अलश्यत्मस्त्त्रो निजलाभतुष्पिः वृत्तश्चवाचरवधूतवेषः । BH(1-19-25).

Secondly, the bark of the tree and the skins that Shiva wears represent the cessation of birth. Birth and rebirth have been discussed earlier. We saw earlier while discussing the implications of Tripura that one’s mistaken identity with the body is the cause of all problems starting with karma resulting in fruits of karma and then birth(s) to “enjoy” the results of karma. The dawn of wisdom will dispel the ignorance about the reality and reveal one’s true status. This will end the cycle of birth
and death. Lord’s grace can give us the wisdom. So Shiva is called Hara हरः।

The late Paramacharya of Kanchipuram had explained the incident of Shiva burning the three cities with a smile thus. “The All-pervasive, All-knowing Supreme alone can liberate us from the cycle of birth and death by vouchsafing us the jnana to throw off the fetters of this restricting human body and to find bliss supreme in the merger of the jivatma with the paramatma. Shri Parameswara destroyed Tripura by the smile that appeared on His face on a contemplation of the humour of the situation. In relation to ourselves, the Tripura is the physical body in the three states of sthoola, sookShma and karana. The consciousness of these three states of our body can be overcome only when we realise the supreme bliss that radiates from Iswara.” (Acharya’s Call-Part1- P251).

The body is the result of prarabdam and another one is just waiting around the corner when this drops. So one should not get attached to it but be ready to leave it without regret when the prescribed hour comes. Instead, one should use one’s lifetime to gain discrimination and not chase the shadows. The avadhuta sage tells this to king Yadu लुभ्या सूक्ष्मभैरिमिंद बहुसंभावते मानुषयमर्थ्यदमनित्यमपीह धीरः।

The human body is invaluable as it is got after innumerable births. No doubt it is frail and impermanent. But it is with this human body alone one can work to attain the life’s goal. Plants and animals come lower in the rung of evolution. They face many limitations. So our shastras say that if one fails to properly use the rare human birth but lives to eat and leads a hedonistic life-style without a thought about the hereafter he is most unwise and incurs incalculable loss. In fact they say that such a one is no better than a brute or a tree. Harsh words indeed but they are
born out of anguish and meant to rub in the point तरवः कि न जीवन्ति भक्षा: कि न श्वसन्त्युत। न खादन्ति न मेहन्ति कि ग्रामपशवरोपे॥।

श्वविहारोऽखरैः संस्तुतः
पुरुषः पशुः। न यत्त्वर्णपथोपेतो जातु नाम गदायणजः।

BH(2-3-18 and 19). “Do not trees live? Do not bellows breathe? And do not the domestic animals (other than the human beast) take their food and indulge in sex? The human beast who has never heard of the story of the Lord has been declared to be as good as a dog, swine, a camel and a donkey.” But the Lord who is an ocean of mercy is ready to save such a person also if he wants to turn a new leaf and worships Him with single minded devotion. Krishna says he will be considered a righteous person. BG(IX-30,31)अपि चेत्त्वुदुराचारो भजते मामनन्त्यभाक। साधुरेव स मन्तव्यः सम्यग्व्यवसितो हि स:॥।

क्षिण भवति धर्मात्मा श्वच्छान्ति निगच्छति। कौन्तेय प्रेतिजानीहि न मे भक्त: प्रणयति॥। The bark and animal skins that Shiva wears proclaim this fact symbolically. They convey the above assurance that those who turn to Him with devotion will be saved from repeated births irrespective of the kind of life they might have lived. So Shiva has the following names भेषजम्- संसाररोगस्योष्ठ्यं भेषजम् VS(578)भवहेितसंसारःतस्य हैितरायुथं संसारःच्छेतः। भवस्य हैित्यैः

जगतां पतय इति श्रुतिः। SS(272)
तारकः। तारयित समसारार्दिति तारकः। SA(07)
तारणः। संसारसागरातारयतिः। तारणः। VS(337)
तारः। गर्भजनमजरामष्कुशक्रणादं भयातारयतिः। तारः।

VS(338)तारः। गर्भजनमजरामरणसंसारमहाभयातारयतिः।
भजे दिव्यसन्मार्गवन्यम्। दिव्य = divine सन्मार्गवन्यम् = a companion to one who treads the righteous path भजे = I worship; means I worship the lord who is a companion to one who takes to the righteous path. This line provides more than one interpretation.

सन्मार्ग: । संध्यासो मर्गेश सन्मार्ग: । means the virtuous path: the path trodden by the saints and noble people and that is in keeping with the shastric injunctions महाजनो येन गत: स पन्था: । says Mahabharata. It being very difficult to understand and interpret the scriptures it is safe to follow the path trodden by the great men as they have followed the path and realised the results. The guru, in Vivekachudamani, tells the disciple who had approached him for instruction that he will show the path which ascetics took for crossing samsara संसारसिन्धोस्तरणेऽस्स्तुपाय: । येनेव याता: यत्योऽस्त्रय पारं तमेव मार्गं तव निर्दिष्टामि।

Krishna says that if one chooses to neglect the path laid out by the scriptures it will lead to his downfall. So He urges Arjuna to follow them य: शास्त्रविधिमृत्सृज्य वर्तते कामकार्त: । न स सिद्धिमवाप्रोति न सुखं न परां गतिम्। । तस्माच्छार्ष्य प्रमाणां ते कार्याकार्यविवर्धिताः। ज्ञातव शास्त्रविधानातीतः कर्म कर्तुमिहाहासि। BG.(16-23,24.) For those who follow the virtuous path He becomes a friend and guide. But for those like Ravana, who out of vanity or arrogance choose the prohibited path He is not a friend but metes out severe punishment by casting them into inferior births.

तानहं द्विषत: कृराृत्संसारेषु नराधमान्।।
क्षिपास्यजसमथुमानसुरीश्वेष योनिषु। BG(16.19)

Sankaracharya explains “inferior births” as cruel beings such as tigers,
lions and the like अजस्रं सन्ततं अशुभान्त् अशुभकर्मकारिणः: 
आसुरीचेव कृतकर्मप्रायायसु 
व्याघ्रसिद्धानिपु योनिषु

क्षिपामि. Kalidasa prays in the invocatory verse in Malavikagnimitra

सम्मार्गभोकनाय 
व्यपनयतु स वस्तामस्ती वृत्तिमीशः।

He prays to lord to remove the ignorance born out of lethargy to enable us to perceive the right path or the virtuous path. तत् Sat also means that which really exists or existence and means brahman अवितथं परं ब्रह्म सत्, सदेव सोमेदम् (छा.उ. ६११८१) इति

श्रुते:। VS(478). Thus Margabandhu is brahman only सन्तासी मार्गबन्धुश्च सन्मार्गवन्युः।

Being brahman He is the best guide and companion one can get on the way to liberation. The path of self knowledge, says Yama, is very difficult to tread upon. It is just like walking over the sharp edge of a razor शुरुस्त्र धार निषिद्धता

दुरश्या दुरं पथस्तत्कवयो वदन्ति KU(3-14). The knowledge about the Lord is most profound. The means to get it is difficult for the unprepared mind. When one gets struck on the path He (being with us all the time and very much within us), like a sign post, points the way to the next stage. He is a guide and companion as long as a seeker looks for Him. Like the rain bearing clouds He showers His grace on His devotees without expecting anything in return. Mundane bandhus (relatives) are the cause of bondage and ensuing misery. In fact they are called bandhus only because they bind themselves with us बंधाति मनः: 

क्षेत्रादिना इति But lord Margabandhu is a unique bandhu who causes all bondage to drop off (as He is Sat) सत्यात्रं निरस्तायत्वम्

says Shri Sankara in Bhajagovindam. So every one prays to Him for getting free from bondage च्यम्बकं यजामहे सुगमस्य पुण्डिरिक्षणम्।

उर्वरसक्षिम वन्यनाम्यृत्योम्पश्चीय मामुन्तात। Ignorance is like a thick layer of scum covering our wisdom. When the scum is removed the underlying wisdom shines. Wisdom shows the seeker that he is
himself Margabandhu. The seeker realises there is no where to go and the seeking ends. So He is known as मार्गः । मुमुवः मार्गः । परमानन्दो चेन प्राप्ते स मार्ग ।


VS(365). He is sought by people who want liberation. He is the path through which one can get infinite bliss. Only by knowing Him liberation is attained यं विद्वान् अमृतवस्ते योगिनो मुमुवः स एव पथः मार्गः । नान्यः पथः विच्यतेऽयनाय ।


Why say दिव्य सत्वमर्गवर्णम्? The poet says दिव्य सत्तमार्गवर्णम्। The scriptures talk of the paths the jiva can take after the fall of the physical body. They are the dark path (कृत्य गति:) and the bright path (शुचिगति:) . The former path is available to those who perform duties and sacrifices prescribed in the vedas. Karmas may be performed with desires also (known as sakama karma). One may, for example, perform a sacrifice for achieving wealth or property or even swarga loka. The karmas done properly produce results without fail. One who does the prescribed karmas go to world of manes or pitruloka पितुर्लोकः: after death through the dark path.

One can also do the karmas without any desire (known as nishkamakarma). They are done as offering to the Lord and the results are accepted as gifts from Him. Such karmas naturally do not have a binding effect but result in (चित्तशुचि:) purity of the mind. So, now one with a purified mind can add meditation or upAsana (उपासना) on the Lord in any chosen form, that is saguna Iswara, like Krishna, Rama, Shiva etc. This becomes a powerful combination and and gives better results(i.e.) they go to devaloka through the bright path. These are said to be superior worlds as the pleasures enjoyed are superior. एतेषु यशस्ते भ्राजमानेषु यथाकालं चाहूतयो द्यादायन।
We saw earlier that even the worlds of gods are finite and so one who attains such a place has to come down and be reborn after his merits are exhausted. So it is not considered wise to keep on doing karmas. Those who take to a combination of karma and upasana can practise austerities and develop mental maturity and detachment. They go to Brahmaloka through the bright path.

Note the use of the word विद्वीताः, that is they are not yet jnAnis but on the way to become a jnAni. A jnani is liberated while alive in this world itself. He is known as a jivanmukta (जीवमुक्ति: ). But those who go to the Brahmaloka study vedanta at the feet of Brahma. They get realisation. At the time of pralaya they, along with Brahma merge with brahman. They do not return to this world. This is what is known as gradual emancipation or kramamukti (क्रममुक्ति: ). The lord is a companion and guide to those who take to the bright path that leads to Him.

Meaning of the verse.

I worship Lord Margabandhu who is eternal, of the form of consciousness and bliss, who curbed the pride of Ravana, who used Meru the golden mountain as a bow, who wears the bark of a tree and skins and who is a companion to those who choose to tread the spiritual path leading to liberation.

4. कृत्यपद्पर्वप्रभाषाः
   कालकण्ठं महाशं महाव्यामकेंद्रं
   कुस्ताभद्वतं सुरेशं कोटिसूर्यप्रकाशं
   भजेमार्गंवन्धुम। शंभो ...
removing or curing. So दप्त्रध्यम् means one who removed or cured the pride. Shiva cured or removed the pride of Manmatha, the god of love.

This statement lends itself for more than one interpretation.

1 - Though formless and without attributes Lord assumes various forms such as Shiva, Krishna, Rama, Uma, LakShmi etc., to gladden the hearts of His devotees. Words can not adequately describe the beauty of these forms. Manmatha is said to be the paragon of beauty. But even his famed beauty appears drab and insignificant when one thinks of the lord’s bewitching form. Shri Suka describes Krishna as साक्षात् मन्नथमन्नम्, जग्नमोहनस्य कामस्यापि मनस्युद्गृहत्: कामः साक्षात्तस्यापि मोहक इत्यथः। BH(10-32-2), that is His beauty will cast a spell on Manmatha himself. So where is the question of his feeling proud in the Lord’s prescence? In view of this He is known as

रुद्र: । द्वात्रिशशास्त्रक्षणोपेत: सुन्दर: । कामाय कामरूपिण इति श्रुतिः। SS(416). Also सुन्दर: । विश्वातिशास्त्रमन्त्रायांगशालित्वात् सुन्दर: । VS(791). One who is more beautiful than anyone else

सुदेहः । शोभनो देहो वस्त्र स सुदेहः। मज्जलायतनं देवं युवानमतिसुन्दरम्। ध्यायेकत्यतरोमुख्ये सुखासीनं सहोमया।” इति। शिवायन्यति श्रुतिः। SS(249)

शुभाङ्: - सुन्दरांतरं धारयन् शुभाङ्: । VS(586). Also शुभाङ्: - शोभनेत्रायांगशालित्वात् शुभाङ्: । VS(782).

Saints and devotees have lost themselves in singing about the beauty of the lord. Let us savour some samples.

This description of Shiva is from Navaratnamala by the saint Shri Sadasivabrahmendra कंदर्पकोटिसातागुणसुन्दरदिव्याकृतिः शिवं वन्दे. Shiva’s divine form is millions of times more beautiful than that of Manmatha.

Likewise the saint Shri Narayana Tirta in his Krishna Leelatarangini
repeatedly calls Krishna as कामकोटिसम, मनसिजशतकोटिमश्लुतवेष. मीनाङ्ककोटिमोहन, कोटिमदनसुन्दर, जगन्नोहन, that is Krishna is millions of
times more beautiful than Manmatha. Such being the case his beauty is
completely eclipsed in the presence of the Lord: just like the
feeble light of the stars is lost in the blazing light of the sun.
Let us look at another example. This one is from Shri
Krishnakarnamrutam by Lilasukha. He is amazed at the sweet form of
Krishna and could only exclaim “Oh! He is sweet, sweet, the very
embodiment of sweetness.”
मधुरं मधुरं वपुरभो इवभो मधुरं मधुरं मधुरं
Shri Vedanta Desika should have had the same sentiment as Shri DikShita
and addresses the lord at Tirupathy as कन्दर्पदपर्व पुरुष सुन्दर
dिव्यपूर्ति! “the One whose beautiful form destroys the
pride of Manmatha” (in Venkatesa suprabatam).
The use of the word कन्दर्प for Manmatha is significant. The
name means that he was proud right from birth. Even the pride of such
a being vanishes in the presence of the Lord.
2 - We are in the habit of describing things that have no defined
form or have no form as beautiful if they please our senses. Thus we
say the weather is beautiful or a smell is beautiful when it is is
pleasing to our senses. Similarly we describe the nature, for example
the sun rise, as beautiful because it is colourful and it is also
cool at that time. We do not call the scene beautiful after a couple
of hours when the sun is sizzling! In the same way we describe the
formless Lord as beautiful as He confers bliss on us. Further weather
etc., can give happiness in a very limited manner, that is for a
limited time or in a limited quantity only. Soon they tend to pall or
they will turn sour. So we may not call them really pleasing.
Considering this Krishna says
ये हि संभवज्ञा भोगा हुः। यथायतयात् ।
आद्यन्तवत्: कृष्ण स न तेषु रम्यते। बुधः। बगः। BG(5-22).

In sharp contrast the Lord is of the form of unlimited bliss and so
infinitely beautiful. And it never gets stale. One never gets sated
with looking at the form. Lilasukha is charmed by Krishna’s form and
describes it in his Shri Krishnakarnamrutam thus:
प्रतिपद्धारिताभ्यां, प्रत्येक नूतनाभ्यां,
प्रतिमुहुरिधिकाम्याभ्यां। It appears beautiful every time one looks at
it. It seems ever fresh and more lovely than it appeared last time
when one saw it.

So He is known as सुचाः, सुतरां दशा नीयावहः,
निनितिशय विज्ञानमानवताः। विज्ञानमानवताः
शृंगारतिः शृंगारतिः। SS(818), and रम्यः -
सुवृम्भावदयः। ये वै भूमा तत्सुखामिति
शृंगारतिः। SS(924).

Devi Lalita is known as सर्वाजसुन्दरी - सर्वाणि च तानि
अज्ञानि च अवयवः: शिरः पाण्यादयः;
तेषाणं नूतनतिरिरिनभवचताः। यथासामुद्रिका-क्लक्षणं तद्वतेन
सर्वाजसुन्दरी। अवयवारः अभवचताः। शरीरं च
शान्तिसहस्त्रादिगतं अत्यन्तिगतम्यात्मतां
सुन्दरपदार्थावलाभाभवाभ्यावत्यावतात्।
तथा। (Lalitatrishati No. 130, Shankara’s commentary).

3 - At a different level we may say that Manmatha was not destroyed
really as it is said. He came on a mission but failed miserably. But
Shiva was in total control of Himself and so could not be shaken. He
has many names that attest this fact. Some of them are:
शान्ति: विषयसुवाच्यसांक्तां शान्ति: निष्कर्षः
निन्द्रियः शान्तम्। (श्रे. उ. ६। १९) इति शृंगारः। VS(582)
and SS(9)विरागः - विरागः रागो यस्य विरागः।
कथमोनेत्रश्च निधिनोत्ततिः शृंगारः। SS(89).
विरागः - विनिवर्तं रत्मस्य विषयस्वावामिति विरागः।
Manmatha was no match to Shiva. He totally lost himself in the presence of Shiva. This is said to be the destruction of Manmatha. Shiva’s anger was a flash and disappeared soon after as is wont with noble souls सदृशः क्षणिको कोपः। The punishment was a token. Shiva yielded to Rati’s pleadings and brought Manmatha back to life as he has a role to play in the creation.

Relating to the preceding episode of Manmatha this epithet fits Shiva perfectly as He conquered him who was famed to be invincible in all the three worlds. He made Manmatha feel small and acknowledge Shiva’s overwhelming superiority.

कालकूटम् - काल = black or dark-blue colour कण्ठः = throat.
This means one whose throat has a dark colour. It refers to Shiva whose throat has a bluish hue. This is said to have happened after he swallowed the poison that was given out by the serpent Vasuki when the ocean was churned by the devas and asuras. Like Manmatha in the episode narrated above, the poison also lost its virulence and became impotent in Shiva’s presence. So Shiva has the following names.

नीलकूटः: - नीलः कण्ठे यस्य सः:  नीलकूटः। शिवस्य कण्ठे नैत्यः  
विष्णुवादिः सकलप्राण्यांतिकर-हलाहल-विषष्ठारणप्रयूक्तम्। -"नीलकूटः 
प्रशान्तमिति श्रुतिः।। SS(5). The name नीलाकृष्णव: for Shiva appears in several places in Shri Rudram. Also:

श्रीकूटः: - श्री: कालकूटजनिता शोभा। तदान्तः कूटः यस्य सः।  
तथा कालकूट-जनित-मातिन्यमधिषोभेव परमेश्वरस्य। 
"विकारोऽदि स्वाध्यो भवन-भयभक्त-व्यसनिन"
This says that even the dark patch generated by the poison added to the beauty of Shiva’s throat. This is said in the following verse in the Shivamahimna Stotram also.

The following names of Shiva are based on this incident.

The story of churning of the ocean is mentioned in the puranas. It appears in 8th book of Shrimad Bhagavatam. Some verses from this are given for reference.

"Seeing that effervescent, unbearable and irresistible poison..."
possessing tremendous force and spreading in all quarters, as well as above and below, and finding no protection (anywhere), living beings along with their leaders got much frightened and flew for protection to Lord Sadasiva (the ever-auspicious one).” They prayed to Shiva to protect them. They said

“O god of gods! O supreme deity! the protector, nay, the very self of all created beings! save us who have sought refuge in You, from this poison that is burning all the three worlds.”

Shiva saw their plight

“How distressing it is, O Bhavani, this calamity that has come up on these people from the poison Kalakuta that had appeared during the churning of the ocean of milk.”

“Protection must be given by me to these people who are concerned about their lives. To protect the afflicted is the main concern of the great (who is endowed with power).” Saying this Shiva swallowed the poison He had gathered in His hand

Observing the benevolent act of Lord Shiva those who approached Him, Sati, Brahma and Lord Vishnu praised it.

Refering to this episode of Shiva swallowing the poison and the
wearing Ganga on His head, the author Shri DikShita says that the Lord performed these acts not because the poison was tasty or Ganga has purifying power: but only to save the world and because of extreme compassion. And these two acts could not have been performed by anyone else.

गांगा धूता न भवता शिव पावनीति नास्वादितो मधुर इत्यपि
कारकूट: ।
संरक्षणाय जगतां करुणातिरिक्त-कर्मित्वं
करित-मेतद-नन्यसाधन्यम्। (Brahmatarkastavam)
महेश्वर: - महा is a substitute for महत् meaning big or great ईशः is synonymous with ईश्वर: and means lord or master महेशः is the name of Shiva महाश्रावीश्चर यज्ञोऽस: महेशः: । च: पर: स महेशर: इति
श्रुति: । SS(26): महेशः -
स्वर्गादित्विनिशिचितत्वोपणाधीनतेन हि
इन्द्रादित्वमत्तयति: यदादाय शशीश्राविष्तः उत्तात्तिनि
प्रकरणं इन्द्रमादिदिशु ईशराय सवाहा "इति मनः
प्रवृत्तः: शिवस्तु महेशर: तेपामपीतरतात्,
"ध्येय: सर्वश्चर्यसंपस्त: सर्वश्चर:
शेषेरुकायामायेः इति श्रुतेः:। सेन्द्रादिषु च
देवेषु तस्य लेख्यमुच्यते इति भारतवचनाच।
एतदेशमेव स औध्यमेव च
"महेशरश्च भूताना महत्तमीतरश्च स: इति
भारतवचनम्। महत: प्रणिन इन्द्रादित्वमत्तयति यददिशिततव्यं
वर्तते:। इदमेव एतदिशितत्वस्क महत्वमिति इति
Indra and other gods like Yama may be lords of their respective quarters and have powers but the Shiva is their Lord also. Their lordships and powers were given by Him only. And it is to Him only they all rush for protection when they see a danger to all, as happened in the story just narrated.

Later on it is said अतः इतरदेवतासाध्यकार्याध्यक्षतत्वात् श्रवणातिरिक्ततत्वात् महाधिशितत्वमेवति महेश्वर: इति
While receiving the Ganga when she was coming down from the heavens, Shiva spread out His hair which appeared to cover the sky. Hence the name. It is also one of Lalita’s names. Her (universal form) is larger than the sky. This is an additional meaning given for the name and is applicable to Shiva also. Because the sky was first created and came from Him only. Then other things were created from the sky. Thus Ganga came from the same source from which the entire creation started and so the river occupies a lofty position in our esteem. Besides it has an unique sacredness attached to it that is not attached to any other river or even to the rain water that falls from the sky. In fact the rain water is considered to be ordinary. It stays for a short time and is lost: but Ganga’s flow is perennial and is symbolic of His grace.

Ganga came from the heaven. Her waters came in a big torrent. Because the water fell from a great height the stream got scattered into fine spray and came down as an immense cloud. Shiva spread out His hair to cover the sky so that the cloud of spray got in and was trapped. Ganga lost her way and could not come out. This was done to curb her pride. She was released again when Bagiratha prayed to Shiva.

The use of the adjective महा in the word महायोमकेशम् meaning great or big is significant महायोम meaning “the
big or the great sky” is said to distinguish it from the “small sky” that is mentioned in the Upanishads.

अथ यदिद-मरिमन ब्रह्मपुरें दहरे पुण्दरीकं वेदम
दहरोऽसिम्मन्तराकाश-स्तरिमन्यदन्त-स्तदन्वेयव्यं तद्व
विज्ञासितव्यमिति। Chandogyopanishad.(8-1-1). What is mentioned here is known as Dahara Vidya. Ordinarily people may may find it to visualise brahman that is described to be without a form, name or any other attributes. It may appear to be something like a vacUm. It is the intention of Dahara Vidya to provide them something gross on which they can meditate upon.

Daharam means small (दहरं अत्यं) and ब्रह्मपुरं is our body. Briefly stated this says that there is a small space within the heart in the body in which one can visualise brahman and get all his desires fulfilled. The upanishad says that this is because the space that is inside the heart encompasses all that is there outside.

कुन्दभदन्तम् - कुंदम् = jasmine flower आभः = likeness, resemblance दन्तः tooth. Shiva’s teeth are white and have the luster or the soft glow like the jasmine flower. They are uniform and packed closely like the petals of a jasmine flower. They are specifically mentioned as they are in the mouth of the Lord that is the birthplace of all sounds, grammar and the vedas. It is said that the vedas are the very breath of the Lord. Shiva has several names based on this fact. Some are given here
Thus the sacred vedas in the form of His breath are always wafting in His mouth and are in constant touch with His teeth making them very pure and endowing them with unique sacredness. For these reasons the comparison of the teeth with the jasmine flower is to be found often in the compositions of the saints and devotees. Some examples are given here. Shri Narayana Theertha addresses Krishna as कुन्दश्रद्धालोकसंगीतवादिनंकरोतितमवेदः इत्यादि
Shri Suka salutes Him saying this निरस्तसाम्यातिशयेन राधसा स्वधामनि ब्रह्मणि रंगस्यते

Shiva is the lord of gods like Indra, Brahma. He could ward off Yama also. Thus all the gods could not assess and understand His greatness and glory. That is why they were naive enough to plan and send Manmatha on that infamous mission. He was also worshipped by asuras like Ravana who subjugated the devas. He could crush Ravana and make him realise his helplessness and finally surrender to Him. There is none equal to Him or greater than Him. So Shri Suka salutes Him saying this निरस्तसाम्यातिशयेन राधसा स्वधामनि ब्रह्मणि रंगस्यते

Shridhara’s
commentary). Shri Sadasiva Brahmendra bows to Him saying (in Navaratnamala- 12) निन्तुलमहिमानानरासम शिवम्।

तुलना = comparison. So he says “I salute Shiva of incomparable glory.”

कोटिसूर्यप्रकाशम - कोटि = 10 millions प्रकाश brilliant,
bright, shining. The Lord shines like a million (infinite) suns.

There are so many suns and stars in the universe. The Lord gives them their brightness and He also shines because of His own glory without depending on anyone else. So He has these names

The Lord who is brighter than a million suns, who is eternal and never failing is the most dependable one to light our way. Let us pray to Him and seek His grace. So भजे = I worship मागबंधु = the Lord Margabandhu.

I worship Lord Margabandhu who removed Manmatha’s pride, who has kept poison in His neck, the great Lord who is more extensive than the space, whose teeth have the sheen of the jasmine flower, who is the Lord of the gods and who shines like millions of suns.
This is the fifth and the last verse in the stotram to be followed by the फलौितः, a verse that states the benefit of reciting the stotram.

The preceding verses referred to some incidents to be found in the puranas. These incidents were used to highlight some qualities of Shiva. They also mentioned some aspects of His form, like the moon and Ganga on His head. Of course the references are to His समुृण aspect or aspect with name and form as Shiva. In His निरृण aspect He is without name, form and qualities. These references brought out the greatness of the Lord like His compassion, readiness to come to the help of the distressed etc. Thus, He destroyed Manmatha because he commited a serious offence. But when entreated by Rati (Manmatha’s wife) He readily granted his life back. This shows His infinite compassion.

Whatever be the name or form by which we choose to address Him, be it Shiva or Rama or Hari, we find that His qualities are endearing and draw one to Him. Shri Kulasekara states this in this popular verse in his Mukundamala (No:18) as follows

वा्ना - 
बाटल्या-दभयूदानसमया-दाता-निवांणात्
औदार्या-दहशोषणा-दरणिणि-श्रेयः-पद्मांणात् ।
सेव्यः श्रीपतिर एव सततं सन्त्यत्र षट्ष साक्षिणः
प्रहाद्ध्रव विभीणश्रव कृर्रार्ट पाद्वात्ल्यहल्या श्रवः: ॥
मन्दारभूतेरहुः

मन्दार: = It is the name of one of the five trees in Indira’s paradise. It is said to be capable of granting one’s desires like the famed Kalpa tree, also of the paradise भूृि: = grandeur, dignity, riches उदारम् = generous, liberal. So the word मन्दारभूतेरहुः means that Lord Shiva is more generous in
granting one’s wishes than the Mandara tree. So He is known as
कामप्रदः - कामने प्रकर्षण ददातीति कामप्रदः।
VS(298). He gives all that His devotees may need in abundance. Shri
Vedanta Desika cites the case of Kuchela as an example and says
धानामुद्रमुचे कुचेलमुनये ददीति च विशेषाताम्। meaning
that He made His devotee Kuchela rich as Kubera in return for a
handful of pounded rice he offered Him.
He is also known as वरदः - अभिमतान वरान ददातीति वरदः।
VS(330). He grants boons desired from Him. Also वरदः:
भक्तानामिन्ध्रपदः। वरदं देवमुखं मिति श्रुतिः। SS(107). And उदारः:
भक्तार्किण्
उदारः। आसातमस्थलकृप्तस्मि मिति श्रुतिः।
SS(315).
Saint Sadasiva Brahmandra calls Him as नतमन्दारः -
“the
wishing tree of heaven” in his song भजे गोपालम् - Bhaja
tre Gopalam. Again he calls Him as सेवकजनमनिदर्मन्दारः-
“the Mandara tree planted in the residential quarters of His
devotees” in the song मानस संचरे - Manasa sanchara
tre.
We find the mantra नमो वृक्षेष्यो हरिकेशेः in the eighth
anuvaka of Shri Rudram. The explanation states that Rudra, who can
take any form, has assumed the form of trees to help the world. He
stands in the form of Palasa, Bilwa, Peepal and other holy trees
which can be used in sacrifices for gaining heaven and the form of
heavenly trees like Kalpaka, Mandara, Parijata etc., which grant all
wishes. So He gets the following names
पारिजातः - पारमस्थातिति पारि, समुद्रः, तस्माजातः पारिजातः:
देववुक्षः, तद्वृत्तवदेवोपि पारिजातः, भक्तजननिद्रप
इत्यतः। SS(264) and वृक्षाणां पति: - वृक्षा
अथत्थादयः।
The tree is one of the creations. May be it is in the heaven and so has some special features unlike those found here in this world. But places like the heaven are only finite. Gods like Indra who rule there are also finite though they may be known as अमरः. The tree Mandara also has a limited life. Since it has only a limited life, whatever it can give will also have limited life and perish eventually giving cause for unhappiness or sorrow. In view of this Krishna names those who seek petty favours (which are finite only) from Mandara and even gods like Indra, Brahma etc., as men of small intellect. He says

अन्तवच्चु फले तेषां तद्ववत्त्यत्पमेधसाम। BG(7-23).

Sankaracharya, in his commentary, points out that एवं स्माने अपि आयासे मामेव न प्रतिपद्यन्ते अनन्तफलाय, अहों खङ्कु कहितरं वर्तीरं, इत्युक्तोशों दर्शितयि भगवान्। “though there is the same amount of exertion (in the two kinds of worship), people do not resort to Me so that they may attain infinite results. Alas! it is very miserable” -thus the Lord expresses His anguish. This is the reason for calling them as “men of small intellect.”

But, unlike the tree, the Lord is नित्यः eternal as said in verse No. 3. He is not subject to decay etc., as the tree. So He is capable of granting finite material benefits like good health, wealth etc., besides liberation or mokSha (i.e.) that is ever lasting or infinite. In fact He is willing to give Himself to His devotee.

स्मरतः पादकमल-मात्मानमपि यच्छति। BH(10-80-11). This idea is repeated by Shri Kulasekara in his Mukundamala (31)सेव्ये स्वस्त्य पदस्य दातारि सुंरे नारायणेन तिष्ठति। The infinite thing obviously includes the finite things. The true devotees know this and so do not seek benefits that are finite from Him. The Lord
is very dear to them and they are very dear to Him प्रियः हि
ज्ञानिनोष्ट्यथम च मम प्रियः BG(7-17). So He
naturally takes care of them. Has not He said तेषा
नित्यानित्यानां योगक्षेत्रम् वहामयंहम् ? “To them who are
ever devout, I secure them gain and safety.” BG(9-22). Here
योगः and क्षेत्रः “gain and safety” is explained by
Shri Sankara as योगः अपाप्य प्राप्यं, क्षेत्रः तदक्षणं,
तदुभयं प्राप्यामि अहम। (i.e.) Gain implies securing what is
not already possessed; and safety means preservation of what is
already possessed. Shri Sankara adds that while the lesser devotees
work themselves for their gain and safety the true devotees do not.
The Lord alone is their refuge. Wherefore the Lord Himself secures to
them gain and safety केवल एवं भगवः चरणः: तेष अत
भगवान् एव तेषा योगक्षेत्रम् वहतीति। Thus the true devotees
do not lack anything. If their be any lack, it is taken care of by
the Lord. The safety of their possessions is also taken care of by
the Lord. What more can one desire? They are carefree and therefore
relaxed. The Tamil saint Manikkavachakar said that the Lord was more
centered about him than the mother of her new born child. He said
that He anticipated his needs and fulfilled them. The brahmin Kuchela
was another such devotee. Outwardly he appeared to be very poor but
inwardly he was very rich: he was totally contented and never felt
any want यहाँ योगमवलन बलां मृत्युअगानी ।
BH(10-80-7).

मन्दराणित्यरम्
मन्दरः = is the name of a mythical mountain अगः = mountain.
इत्रः = the first or the best (of any class of objects). So the
word मन्दराणित्र means Mandara, the best among the mountains.
सारं = strength.

Mandara was used by the gods and demons to churn the ocean to get
the nectar. It is said to be situated adjacent to the mountain Meru.
Of the four sides of Mount Meru stand the Mandara, Merumandara, Suparswa and Kumuda mountains forming its buttresses (as it were) and having a length and height of 10,000 yojanas. BH(5-16-10). Shiva is said to be as strong as Mandara, the best among the mountains. He is unmoving, like a mountain.

Because He is all pervading, He is stable like a pillar. Because He is stable He is firm. BG(2-24). The proof is that the mighty Ravana tried to lift His abode Kailasa and was crushed. But His unlimited strength is not demoniac but it is mellowed with kindness: so when Ravana realised his mistake and pleaded, He pardoned him and let him go. So He is known as महाबलः - वलिनामापि वलवत्चात् महाबलः. He is stronger than those who are said to possess great strength.

VS(172)

महाबलपरः - महद्वरः शारीरं सामवर्य सेनवर्ष्यं वा येशं ते महावलः. इन्द्रपेत्रतंयंत्यं: तेषां परः: श्रेष्ठः परमेश्वरः। तमीठराणों परस्म महाभरमिति श्रुतिः। SS(604). In fact He is known as अत्रः - अद्रिद्रप्रकम्याः. परंरचल इति यावत्।

शान्तमचलात्मिति श्रुतिः। यद्य श्रीशैलाचलाणामतिवस्त्रन्तरः त्यद्य पुरनस्त्म न विचयते इति, कार्यं तु मरणान्मुक्ति:, स्मरणादुरखाचलात्मिति च स्मारणात्। वनानि श्रीभूगुरुंयश्च श्रीभूगुरिति स्कान्दे। सर्वां ध्येय रुद्रं इति श्रुतिः। SS(856).

वनानि श्रीभूगुरुंयश्च श्रीभूगुरिति स्कान्दे। सर्वां ध्येय रुद्रं इति श्रुतिः। SS(856).

भगवानः - महैरीरुस्तेन धर्मतित महाभरं: वनानि विद्वा गिरि ऋषियो दिशां ति विष्णु-२-१२-१८ इति.

पराशरोऽकेः। VS(369). He held up Mandara during the churning of...
the ocean and lifted the Govardana mountain as Krishna. So He gets the name महादिरूपकः- महान्तमद्रि गिरि मन्द्रें गोवर्द्धनं च अमृतमयोऽ समायतने गोर्क्षणेन च धृतवान्ति महादिरूपकः || VS(180).

The fact that He is mightier than the mightiest and has compassion makes Him the ideal protector. Shri Vedanta Desika has expressed this idea beautifully in his works अभित्तेतोरनुवत्तीनियं नाथ त्वदन्त्यं न विभावयामि । भर्त चुत: स्यात्व विच सानुकर्ये रक्षा चुत: स्यात्व त्वं जातरोषे ॥
(Ashtabhujashtakam - 5) त्वं रक्षा स्वरं रक्षके: किमन्ये: त्वं चारक्षति रक्षके: किमन्ये: । इति निश्चितं धी: श्रयामि नित्यं नृहे वेगवती तदाथ्रयं त्वाम ॥
(Shri Kamasikashtakam - 8).

He asks: “When one is protected by You what use is there of other protectors? Again, when You are angry and decide to punish someone, what use is there of other protectors?” This reminds us of the famous incident of Kakasura in Ramayana.

The asura misbehaved with Sita when she was in the forest with Rama. Rama was furious at his conduct and sent an arrow that chased him wherever he went. He ran to Indra, Brahma etc., for protection. But they hurriedly turned him away when they learnt that he had incurred Rama’s wrath and is being hunted by Rama’s arrow. Finally, feeling helpless, he surrendered to Rama Himself who forgave him readily. This incident was mentioned by Sita to Hanuman. She said त्रीन लोकान संपरिकम्य तमेव शरणं गत: । स तं निपितं भूमी शरणं क्षरणागतम् । वधार्मिको काकुल्यम् कृपयार्यपालयत ॥
(Ramayana. Sundara Kanda. 38-32,3).

Great asuras like Ravana obtained wonderful boons from Brahma and other gods. With those powers they could subdue the three worlds.
They were very proud of their powers and were convinced they were invincible and safe. But in the end they found themselves helpless when their time was up. Ravana bemoans this fact when he sees his army being decimated in the fight with Rama

अहो सुक्तवान् रामो महद्भक्तः च वै ।
यस्य विक्रममासाच्य राक्षसा निधनं गता: ।
ते मन्येव राघवं वीरं नारायणमनामयम् ॥ (Yuddha kanda 72-10,11).

In contrast young devotees like Prahlada were under His protection. They faced trials and tribulations with the assurance that the Lord will protect them. So no harm could befall them.

We also referred to the episode of Markandeya being saved by Shiva from the jaws of death and mentioned that one of His names is मृत्युजयः SS(123) and SA(71). Shri Ramana Maharshi explains how the Lord Mrityunjaya saves His devotees from death. He puts it in a unique way in his work Sat-darsanam. He says

मृत्युजयं मृत्युभियाग्नितान- महेंमतिमृत्युमुपैति पूर्वम् ।
अथ स्वभावादमृतेषु तेषु कथं पुनःमृत्युपियोऽवकाशः ॥

The Maharshi says that when a devotee seeks the protection of the Lord from fear of death He protects him by destroying the individual! This sounds alarming and confusing. But what the Maharshi means is that normally one identifies himself with the body-mind complex and not the Self that is one's true nature. Thus the individual feels separate from the Self which is immortal and not subject to destruction. This separative idea is formed in the individual's mind. As long as one cherishes this mistaken notion one is in the grip of the viscous samsara. He is subject to repeated birth and death. This wrong notion that makes one to identify himself with the body is known as ahamkara or ego. When one surrenders himself to Lord Mrityunjaya who is very much in everyones heart the ahamkara loses
itself. It is only a chimera that thrives as long as one’s ignorance of his true nature persists. The Lord’s grace confers the wisdom that destroys the ignorance. Consequently the ego gets stripped of all its coverings and ceases to be the ego. Rid of the ego the Self shines in its pristine glory. The individual finds his original nature and thus he goes beyond birth and death. He becomes immortal.

Parvati महागौरी means great or glorious Gauri अदूरम् = close by, not far away दूर = distant or far off.

Gauri or Parvati is the consort of Shiva and is said to take up half of His body. In view of this it is said here that She is not far off from Him. So Shiva is known as अर्धनारीश्वर:- नाया अर्घ अर्धनारी, अर्धनारीमिलित इश्वर: अर्धनारी:। नायेश्वरिमीटोऽऽराश्यार्थमित्यतः।

तदुक्तमाचारः:-

"प्रवालप्रभाशोभममरिधः
महस्त्वमणिश्रीमहद्वयमरिधमः।
गुणस्यूमेकं वपुःशैवम्
स्माय: स्मरापतिसम्पत्तिहेतु: " इति \[\text{SS(437)}\]

dेहाधकाः:- देहस्य अर्घ वामभागः, कान्तात्मकः यस्य स: देहाधकाः। भविष्योपपुराणे.-

"अर्थ: प्रवालसौरिर हरिनीलमरिधः
नागाजनमवरस्तो वरस्त्रमरिधः।
कान्तास्वरकार्यमथ दीसजरातुमरिधः
dिव्य: महः: सततमच्छतास्वरस्त्रमः " इति \[\text{SS(568)}\].

"दरिद्रनीलस्वोहत्य इति श्रुतिः। इति श्रुतिः। इति श्रुतिः। इति श्रुतिः। इति श्रुतिः। इति श्रुतिः। इति श्रुतिः। इति श्रुतिः।

Krishna has said पितादस्त्रय: जगतो माता धाता पितामहः।

BG(9-17).

“I am the father of this world, the mother, the dispenser of the fruits of action and the grandsire.” That He is both the father
and the mother is symbolised by the Ardhanari form. Kalidasa says this in the invocatory verse to his great poem Raghuvamsam

वार्षाविव संपृक्तः वागरथ्यासृतिपत्तयः।

जगतः पितरी वन्दे पार्भीपरमेश्वरी॥

“I salute Parvati and Parameswara who are the parents of the universe and who are inseparably united like the speech and the sense, for obtaining the correct knowledge of the words and their meaning.”

Thus Krishna says that He is both the intelligent cause and the material cause of the creation. He is

करणं - क्रियत इति कर्मं जगत्स्य कर्ता॥ यो वै बालक प्लेत्याः पुरुषाणि कर्ता वर्तम वै तत्त कर्म स वेदितव्यः॥

कौ-उ-४-१४ इति श्रुते: ॥ VS(316).

करणं - जगदुप्तां साध्यं करणम् । VS(378)

कारणं - उपादानं निमित्तं च कारणम् । VS(379)

विकर्ता - विविधं भुवनं क्रियते इति विकर्ता स एव भगवान्

विष्णु: ॥ VS(381).

The material cause is also known as prakriti which Krishna called as His inferior aspect in BG Chapter 7. Prakriti is also called maya that deluding power of Iswara

मायां तु प्रकृतिः विद्यामायिनः तु महेश्वरम् । SVU(4-10).

Prakriti is maya and the Lord Maheswara is in control of it.

Krishna says that His maya is very powerful and very hard to overcome दैवी होषा गृहमयी मम माया दुरत्ययः । BG(7-14).

“This divine illusion of Mine, made up of gunas, is hard to surmount.” So He is known as महामायः - मायाविनामपि

मायाकारित्वात महामायः, मम माया दुरत्ययः इति

भगवद्विमानात ॥ VS(170).

Krishna says that in fact He is both: the intelligent cause and the material cause called prakriti. Thus मूलप्रकृति: is one of His names मूलभूतानि। मूलप्रकृतिः: जगदादिकारणं,

तत्त्वमात्स्यापादानत्मकं वहोत्तरः ॥ तद्वैश्चात् बहुस्यां
The prakriti mentioned as the mother is symbolised as the Lord’s consort and is variously called as Parvati, Ambika, Gauri, Bhavani, LakShmi etc. प्रकृति, विष्णुपुली, नारायणसमाधिता are names of LakShmi to be seen in LakShmi Ashtottarashatanama stotram. Thus

the Lord as brahman is one but, as Iswara and Devi appears as two.

This is stated beautifully in the उमामहेश्वरस्तोत्रम्
(Umamaheswara stotram) as follows

नमः शिवायाः नवयोवनाः दर्च्छराष्ट्रवपुर्णराम्यम्।

I salute the two Shivas who are eternally young and whose bodies are entwined with each other.

Krishna also adds that we the created beings are in the clutches of prakriti and go through the cycle of birth and death till wisdom dawns on us but He is beyond it and maya, however powerful it may be has no influence on Him. So He is known as

मायातीतः - मायाया अतीतः - मायाया वा अतीतः।

सत्यादिः गुण-सामान्यरूप-प्रकृतिविवर्जित इत्यर्थः।

"अतमस्कममयमिति श्रुति:। SS(41). and

निर्माय: - मायाया निर्गत: निर्माय। यथापि मायाः तु
Bartruhari states the fact that the Lord is not in the clutches of maya in his own way in his Vairagyasatakam.(17)

He says that among sensual persons Shiva is unique sharing half His body with His beloved. It appears from this that as though He cannot bear separation from her even for a second. But, he adds, that again among the dispassionate there is none superior to Him, unattached to the company of women.

The prakriti is subservient to Him. This is depicted in our puranas by showing Parvati and LakShmi as serving the Lord with great dedication. For example, Devahuti, the daughter of Manu, is said to have served her husband, sage Kardama, with the same delight as Goddess Parvati looks after Her consort, Lord Shiva नित्यं पर्यंचरः प्रीत्या भवानीव भवं प्रभुम्। BH(2-23-1).

The following names are thus derived from the facts stated above पार्वतीपितः - पर्वतः हिमवानु तस्य पुत्री पार्वती। तत्स्या: पति:। तदुक्त सूतसहितायं।।

"सा शिवा करुणामूर्तिर्ज्ञमन्माता त्रयीमयी। शिवाभिष्टा परानन्दा शान्तरस्यापि शान्ती। स्वेच्छा हिमस्तुत्री स्वभक्तजनवस्त्र, तत्स्या: पति: प्रियः। परमेश्वरः।।" अभिकापतय उमापत्ये नमो नमः। इति श्रुतिः।। SS(24) and

अभिकापति: - पार्वत्या: प्रियः अभिकापति:। हिरण्यपत्रेप्पिपिकपतयं इति श्रुतिः।। SS(429).
Devi Gauri is called महं or great or glorious because of Her greatness. 

But one has to remember that She is dependant on Him for Her greatness. Shiva’s greatness is revealed by the fact that He married Her though She was only the daughter of the mountain Himavan. This marriage conferred greatness on Parvati and Himavan also. Similarly as Vishnu He married LakShmi, the daughter of the ocean, and conferred honour on LakShmi and the ocean also. This is stated symbolically in our puranas.

For example, DakShayani wanted to attend and participate in the sacrifice organised by Her father DakSha. Shiva told Her not to go and warned that if She disregarded His advice and went to the function She will meet with humiliation. But She went to the function overriding His advice only to be met with a barrage of insults in the assembly. Unable to bear the insult, She sacrificed Her body and was reborn as Parvati. She had to perform severe penance to please Shiva and married Him again.
A similar incidence is narrated in Ramayana also. Sita spent happy days with Rama in the forest till She saw the golden deer and became infatuated with it. She sent Him away from Her to capture it. This invited trouble for Her. The moment Rama turned His back on Her, Ravana appeared on the scene and carried Her away to Lanka. She was incarcerated for a long time and suffered greatly.

सिन्दूरदूरपचारम्
- सिन्दूरम् = red lead
- दूर = distant,
far off प्रचारम् = going away. That is, Shiva’s complexion is very red and it outshines the colour of the red lead.

Shri Rudram says असौ यस्ताभ्रो अरुण उत्त बहुः सुमिज्जलः।
This says that Rudra is ताभ्रः = copper coloured, अरुणः = rosy,
- बहुः = golden yellow, सुमिज्जलः = highly auspicious and beneficient. Only a few can understand and worship the avyakta or impersonal God. A larger number can contemplate Rudra as residing on Kailasa. For the benefit of the others, who form the majority of mankind, He stands in the form of the sun. The sandhya vandana mantra says सूर्य आत्मा जगतः तत्स्युप्पुष्ठ = the sun is the self of the world, movable and immovable. The sun is the most acclaimed and worshipped power of nature. It is said that असौ यस्ताभ्रो इत्यनेन आदित्यमुपपितियते।
The votary should praise and worship the sun by means of the rik असौ यस्ताभ्रो in the Rudram. So ताभ्रः - अत्यन्त-रक्तस्ताभ्रः। नमस्ताभ्राय चे ति श्रुति: ||

SS(572) is one of His names.
Also He is compassionate. The quality is represented by the red colour. So His form is suffused with that colour. He is known as दयाळुः - दयाशीलो दयाळुः। अनेन परमेथरस्य या शान्ता तनू सर्वभादूरुपिणी सा प्रदसिता। या ते रुद्र शिवा तनू। रिति श्रुति: SS(155)
सिन्धुराजातिधिरेष- सिन्धुः = the sea, ocean राजन = a king
or chief. It is used to qualify something very great or glorious. For example Kalidasa describes the Himalaya as नगाधिराजः in his Kumarasambhava. अति = a prefix used to mean very, too, exceedingly etc धीरं = strong minded, wise, resolute. सिस्मुराज meaning the chief of the oceans : indicates a mighty ocean. The Lord is very resolute, wise and strong minded like a mighty ocean.

Kalidasa defines धीरः as one who is endowed with a mind that does not waver even when assailed by deleterious forces that are capable of perverting it. धीराः सति विक्रियन्ते चेता न चेतांसे तथ धीरा:॥ (Kumarasambhava-1-59). Gita and the upanishads use the word to mean a person of wisdom or discrimination.

Gita and the upanishads use the word to mean a person of wisdom or discrimination. Just as in this body the Self passes into childhood and youth and old age, so does He pass into another body. The wise man has no delusions in this regard and so is not troubled in the mind. Arjuna had delusion in this regard. He admitted in the end that his delusion had been destroyed as a result of Krishna's teaching. He said

नन्देि मोहः स्मृतििः तत्ततसादानमयाःधीरः॥
BG(18-73).

Again

यं हि न व्यतस्तत्तते पुरुषः पुरुषर्वम्॥
समसु:िखसुिर धीरं सोिमृतस्तवाय कल्पते॥ BG(2-15).

Here Krishna says a wise man who is not afflicted by pleasure and pain is fit for immortality. Such a man of wisdom is called as धीरः and also as स्थितप्रजः, स्थितधी: etc.

The upanishads use the word धीरः to indicate a man of wisdom and realisation. This example is from Kathopanishad.
“The indwelling Lord of all beings; who is one without the second and has everybody under His control; transforms His one and single entity into multifarious; those wise persons who always observe (meditate upon) that Lord abiding in self; (it is they who) enjoy that eternal bliss; not the others.”

One other interpretation of the word is धीर: - धियं
ईरयित ईरयित ईर = to urge, elevate, bring to life. Thus the word धीर: means the Lord who is behind the intellect and gives life to it. We worship Him through the Gayatri mantra as धियो यो न: प्रचोदयात्। Shiva is known as
gायऽीवद्वधम्भ: - गायऽीवद्वधम्भ
gायऽीवद्वधम्भ। SS(179).

The avaduta sage lists the similarities between a realised man and the ocean in his conversation with the king Yadhu. The story is seen in Shri Bhagavata. He says:
मुनि: प्रसत्रणाभीरो दुर्विगाह्यो दूरत्वाय।
अनन्तपारो द्वायोभ्य: स्तितिमिदो द्वाांर्वाणवः।।
समुद्रकामो दीनो वा नारायणपरो मुनि:।
नोल्कर्षत न शुच्येत सरिद्दिरिव सागर:। BH(11-8-5 and 6).

The conversation is narrated by Krishna in His advice to Uddhava.
The avaduta says: The sage should be placid and profound, difficult to fathom and to cross over, illimitable and immovable, like the ocean with its mass of waters at rest. And whether he has an abundance of enjoyable things or he has none, the sage, who has set his heart upon the Lord, neither overflows nor shrinks, like the ocean on account of the waters of the rivers.

These verses say that a jnani’s mind is clear. He is mature and गंभीर: deep or profound. Describing the qualities of Rama, Narada tells the sage Valmiki that Rama was profound like the
The sage will appear to be simple, but his depth of knowledge and maturity cannot be measured: तुविर्गायः. Because of his immense wisdom he cannot be overcome or overpowered. He is firm. He is beyond time and space as he has found he is अनन्तः and अपारः। अपारः means shoreless. A jnani is limitless and all pervading as he has found his true nature स्वरूपम्. He is unshakeable; this refers to his emotional strength. On this point Krishna says तुःखेनवुद्धीर्मनः सुखेषु विगतःपृहः। वीतरागभयबोधः स्थितिर्मूच्छितस्य। BG(2-56).

His heart is not distressed in calamities. It does not long for pleasures. He is free from attachment, fear and anger. He is called a sage, a man of steady knowledge.

The sage is not disturbed by his experiences, be they favourable or unfavourable. King ParikShit was such a person. He was born in the royal family and brought up in the lap of luxury. He was said to be calm and serene like Lord Shiva प्रसादे गिरिशोपमः। BH(1-12-23). But adversity hit him hard in the form of a curse. He had only seven days left to live. But though he was initially upset, he gathered his wits and immediately started thinking of what he should do next. He renounced his kingdom, went to the banks of Ganga and sought the advice of sages about what one in his condition should do.

The jnani has realised his fulness पूर्णत्वम्. So he has no wants. His sensory experiences are like the rivers: they may bring in flood waters or may dry up. But the ocean does not swell or shrink in size. It retains its fullness. This is with reference to material possessions also. So whether he owns all desirable possessions समृद्धकामः or has none, he treats both situations like नारायणपरः: gifts from God. Ramayana gives a fine example in Rama for this. He was to be made the king but this was not to be. He was asked to go to the forest instead. But this sudden change of fortune did not upset Him in the least. Valmiki says:
No change of mood was perceived in him,-any more than in a (master) yogi who surpasses all (common) men (because of his having risen above all pairs of opposites),- even though he was ready to retire to woods and was renouncing the sovereignty to the globe.

The man of wisdom does not become arrogant or depressed. Rama was said to be like this.

Bala (1-16). He was always sought by the righteous even as the ocean by the rivers. The commentators explain that just as the ocean maintains its level even when rivers flow into it, Rama was level-headed even though sadhus were regularly calling on Him.

It emerges then, that in the case of a man of wisdom real possessions are not material possessions and adversity is not poverty. Prosperity for him is remembrance of the Lord and calamity is forgetting Him.

It is possible that in adversity one’s weakness shows up and all thoughts of Lord recede into the background. But this does not happen in the case of a true devotee. He is not daunted by reverses. In fact Kunti, the mother of the Pandavas found from experience that calamities made her think of Him and so she prayed that she should be regularly visited by them!

A jnani has realised his oneness with God. So there is no question of his forgetting Him.

So, let us pray to the great Lord Margabandhu to show us the way.

भजे मागबंधुम् -: भजे = I worship मागबंधुम् = the Lord Margabandhu.
In this verse the poet uses four similies to glorify Shiva’s generous nature, His strength, His complexion and His wisdom. Talking about figures of speech one has to note that they are used by poets to highlight some quality or emphasise some thing. This works all right with the things in the universe (i.e.) with finite things. But when one tries to use similies while talking about God who is not finite but infinite they fail. The desired effect cannot be produced. One cannot find something equal to or greater than Him. Shri DikShita says this in his poem Varadarajastavam

He says that one cannot describe His beauty directly, or by comparing it with a like object or by exaggeration. Describing it directly is not possible because His form is very subtle and cannot be grasped by words. There being none equal to it, one cannot use a simile and offer a comparison. Also one cannot use exaggeration to highlight His form. For example Kalidasa says that King Dilipa was tall like a tree साल प्रसूः: Raghuvamsa (1-13). This makes nice reading and sounds definitely better than saying that Raghu was exceptionally tall. But exaggeration will not work when talking about His qualities as nothing can excel them. Still poets resort to the use of the figures of speech as with the worldly objects while praising Him. This is done in their enthusiasm to sing His glory and we accept it in the right spirit.

Meaning of the verse. I worship Lord Margabandhu who is more generous than the divine Mandara tree, who is stronger than the Mandara mountain, who is close to the great Gauri, who is of crimson colour and who is more profound than the mighty ocean.

6. अष्टपद्यक्षेत्रे गीतं स्तोत्रराजं पठेयस्तु भक्त्या प्रयाणे
This verse gives the benefit or the fruit of reciting the poem and is known as फलौुितः। फलं means the fruit, the result or the reward. The author says that one who reads the poem with devotion during a journey will be successful and attain his goal or wishes. In addition he will feel secure and be protected by the Lord on the way. What is the nature of the Lord? He is महेशः the Lord of the lords like Indra and Brahma. It is to Him that they all rush when they are confronted by fear or serious danger. This name was explained in verse No. 4 where it occurs. But though He is the supreme Lord a devotee can easily please Him by offering items that can be obtained without difficulty. He is known by following names:

सुलभः - पत्रपुष्पफलादिभिः भक्तिमात्रसमपर्ते सुवेन
लभ्यत इति सुलभः। "पत्रेषु पुष्पेषु तोषेषु
अकीर्तिलभ्येषु सदैव सत्सु। भक्तेषु-लभ्येषु पुरुषे पुराणे
मुच्चे कथे न कियते प्रयतः। "इति महाभारते।"

VS(817). He is easily pleased by offering some leaves, flowers or fruits. The lowly woman Sabari could please Lord Rama by offering Him some fruits she had gathered in the forest. Krishna accepted with great delight some pounded rice which the poor brahmin Kuchela brought Him.
Shri Krishna says that His devotees can attain the highest results by just offering a leaf, a flower, a fruit or water

पत्रं पुष्यं फलं तोरं यों में भक्त्या प्रयत्चित्ति ।
तददं भक्त्युपहतं मथामि प्रयत्तचतम् ॥

BG(9-26)

Shiva is known as:

करवीरिलियं - करवीरिप्रियत्वं शिवस्य पुराणादिदुः प्रसिद्धम्।
एकेन करवीरेण सितेनाय्यसितेन वा । हरि हरं वा संपूज्य ब्रह्मभूयाय कल्यं इति ।
अनेन शिवपूज्य्यां सौलभ्यमुक्तम्। शिवं पूजनीयं इति च ॥

SS(326).

Shri Lalita’s names also states this fact

सुखारा – सुखेन उपवासादिद्वेपकाय क्रिययं ध्येयस्वरुपं - नियमनिर्बल्लधितं चान्तरेणाय्याराध्या ॥

LS(680).

Prahlada says that it does not need much effort to please Him. One need not

न हृद्यच्छत प्रीणयतां वद्यसोचसुरात्मजः ।
अत्मत्वात्ब सर्वभूतानां सिद्धवादिद्व द्वित ॥

BH(6-6-19).

He is the very Self of every being and He is available everywhere.

There is an apocryphal story that once the author Shri DikShita was

preparing to go to a nearby village on some work when he received

information that some people who were ill disposed to him were

hatching a diabolical plot to attack and kill him on the way. The

poet composed this stotram and prayed to the Lord to ensure his

safety during the journey. As a result the enemies could not carry

out their plan and Shri DikShita could complete his travel in complete

safety. We too can recite this stotram and be protected by the Lord

in our travels.

It is our tradition to mention the फलश्रुति: or the fruits of reciting or listening to stotras or puranas or other holy texts. This is usually said in the end of the text but sometimes is mentioned in
the beginning of the text or in both places. The purpose of the
पलःत्रिति: is to interest one in reading or listening to the
composition. The author in this case had lead a religious life. He
had built two temples in his native village. He had performed
several sacrifices as is expected of a brahmin. So he gets the
apellation dikShita appended to his name. He also states this fact
by calling himself as यजवन्. The Manusmrithi states that
performing sacrifices is one of the duties of a brahmin
अध्यापनमय्यन्ते यजनं याजनं तथा । दानं प्रतिग्रहं
चैव ब्राह्मणानामक्षपऽतः ॥
Kalidasa says that the kings of the solar dynasty tended the
sacrificial fires by means of offerings and honoured the guests also.
यथायविध हुतामीया यथाकामार्थममय्यन्ताः (Raghuvamsa-1-6).
Manu further says that the noble ones should eat only the remains of
this yagna as only it is worth eating. One who cooks for himself eats
sin
अध्य चेत भुहृष्य य: पञत्यात्मकारणात् ।
यज्ञशिष्टाश्च देहत्सतामत्रं विधायते ॥
Krishna talks at length about various kinds of sacrifices in Gita (in
chapter IV). He eulogises the performance of sacrifices by saying
यज्ञशिष्टं मूत्वमं यानीति ब्रह्म सनातनम् । नाते
लोकोपस्य yज्ञस्य कुरुतन्त्यः कुरुसःत्तम ।
Eating the ambrosia, the remnant of the sacrifice, they go to the
eternal brahman. Even this world, which is common to all beings is
not for one who does not perform the sacrifices mentioned. How can
there be to him another world which can be secured only by superior
means? (BG 4-31).
The Lord Himself is called yagna यज्ञः- सर्वयज्ञस्यरुपःपत्वाद्
यज्ञः;यज्ञो वै विष्णुः। (तै-सं-१-७-४)
इति
श्रुते: । VS(445). Also यज्ञः- सर्वयज्ञस्यरुपःपत्वायहः: ।
"तवं यज्ञस्तय विष्णुपरिति श्रुति: ॥ SS(160).
The performance of prescribed duties or what is known as karmas is necessary to get purification of the mind. This is the necessary first step in the path of spiritual progress \( \text{चित्तस्य शुद्धिः कर्म} \) says Shri Sankaracharya in his Vivekachudamani.

He defines such a person who has been regularly performing the sacrifices as noble minded \( \text{महात्माः अभूद्रचित्ताः} \) in his commentary (BG-19-13). Anandagiri elaborates the definition as \( \text{महान् यज्ञांश्रेष्ठ ध्येयं} \) - those whose minds have been purified by sacrifice etc.

Such a person who is sincere, performs the duties expected of him and is broad minded is known as \( \text{आत्म:- आत्म: यथार्थवर्तमानः} \) - a credible, trustworthy person. Such persons speak from experience. So we need not question their sincerity but accept what they say as the truth with complete faith. Thus our tradition says \( \text{आत्माः} \text{प्रमाणम्} \)

Great men act and speak for the good of the world only. They have no axes to grind.

King ParikShit mentions this point when he greets the great sages who had come to see him in his last days

\( \text{समागताः सर्वं एव सर्वं वेदः यथा मूर्तिपराश्रिते} \)

The king said “shining like the vedas you have all come together from every quarter. You have no purpose of your own in this world (to achieve) in this world or in the next, except doing good to others, which is your innate disposition.” BH(1-19-23).

Shri Sankaracharya also talks about this trait of great men:

\( \text{शान्ता महात्मा निवसन्ति सन्तो वसन्तवज्रोक्षिः चरन्तः} \)

There are good souls, calm and magnanimous, who do good to others as does the spring, and who, having crossed this dreadful ocean of birth and death, help others also to cross the same, without any motive.
whatsoever

gītā = sung, chanted. The poet says that he had sung the poem.

Does it mean he had not composed it? For example, one of the
definitions of the word भगवद्गीता is that it was sung or
chanted by Krishna: श्रीमता भगवता गीता. This implies that
He was not the author of the work (न कृता) but was merely
repeating what had been said by someone else earlier. Krishna
Himself told Arjuna that He had imparted the same teaching long back
to the Sun (Vivasvat) at the commencement of evolution by Him. This
was then handed down in regular succession among the royal sages (men
who were at once kings and sages). Thus it was an ancient teaching.
The text may be different but the contents are essentially the same.
They can be found in the upanishads also. One of the Gita Dhyana
states this:

सर्वोपनिषदो गावो, दोम्धा गोपालनन्दनः । पार्थौ वत्सः,
सुधीभाजका, दुर्घे गीतामृतं महत् ॥

The upanishads are like the cows. Gopala is the one who milks them.
Partha (Arjuna) forms the calf. The pure minded one is the partaker
and the supreme nectar Gita is the milk.

In the same manner, in this case also the poet had glorified the Lord
by stringing together some of His attributes. These attributes are to
be found in the puranas etc., and so were known long back. Also the
fact that singing the glories of the Lord will confer great benefits
is also known from time immemorial. In the introduction to the Vishnu
Sahasranama Bhishma tells Yudhishtira:

I will tell you some of the renowned names of the Lord culled from
various sources (such as the vedas and puranas) by great sages.

These names will confer all merits

यानं नामानि गौणानि विस्वातानि महात्मनः । ऋषिभिः परिगीतानि तानि
वक्ष्यामि भूतये ॥

Thus, the use of the word “sung” (गीतम्) seems
appropriate.
Why this piece is called स्तोत्र राजा a great or splendid piece of work? In the beginning of Chapter 9 of Gita, Krishna talks of the knowledge of brahman and to glorify the subject He calls it राजविच्छा राजगुम्यम् “the sovereign science, the sovereign secret.”

It is called sovereign because it talks of brahman and not of any lowly subject. It shows the way to wash off one’s sins and attain brahman. Similarly this stotra glorifies the Lord who is brahman, who is limitless and thus supreme. It does not talk of some thing that is inferior or perishable like a monarch or gods like Indra and Brahma who are all in the clutches of time.

It says then पठे भम् भूयाणे तस्य अर्थिसिद्धि विघ्यते । (i.e.) whoever reads this with devotion during a journey, the mission will be completed successfully. The emphasis is on the word भत्त्वा - with devotion. This implies that such great hymns should not be read or chanted mechanically, by rote but with devotion. One should put his heart and mind in it. Bhishma says so in the introduction to Vishnu Sahasranama : “Among the dharmas prescribed the one I am going to say namely, worshipping the Lord by singing His glories with devotion is, I consider the best.”

This is in reply to King Yudishtira’s question to him “which among the dharmas or duties you have mentioned is, according to you the best?” को धर्मः सर्वधर्माणां भवतः परमो मतः?

Bhakti (devotion) while chanting the names of the Lord is mentioned more than once in the end after the stotram also. For example it is said: भक्तिमानुः सदोत्थाय युज्यतात् मर्मस्तवाय वायुदेवस्य। सहस्रस्य नामामेवत् अश्वत्तस्मानसः। युज्यतात् मर्मस्तवाय। अश्वत्तस्मानसः। कृष्णरथभक्तिभेत्। ॥ १३२॥
Shri Sankaracharya, in his commentary, says:

Thus a great deal of emphasis is laid on devotion and faith. The Lord is always awake and very sensitive. With them He can hear even prayers muttered softly. With His long proboscis He can detect even the faintest aroma of piety. He loves sincere prayers offered by His devotees and blesses them. He has the name: स्तवप्रियः VS(680). This does not mean that He loves adulation. He has no need for it. It is we who benefit by singing His glories.

It was said (i.e.) whoever reads this with devotion during a journey, the Lord will ensure that the mission is completed successfully. In addition he will feel secure as he will be protected by the Lord on the way. We noted that the word प्रयाणम् means departure, or journey. But if we scratch a bit deeper we find that the word also means death or departure from this world. This latter meaning puts the statement in a different perspective and introduces a very important topic viz., the last moments of one’s life and how it is to be managed. Both प्रयाणकालः and अन्तकालः mean the same thing. The Bhagavatha Purana is very relevant in this context as it deals with this subject elaborately. It presents case histories of the last moments of many people to illustrate the theories that are stated in it. This subject is introduced by Krishna at the end of chapter 7 of Gita and dealt with in detail in the next chapter. He says
Who at the time of death, thinking of me alone, leaves the body and goes forth, he reaches My being; there is no doubt in this. BG(8-5).

And;

Thinking of whatever Being at the end a man leaves the body, Him alone, O son of Kunti, he reaches by whom the thought of that Being has been constantly dwelt upon. The word Being may mean any personal God (इदेवता) (like Shiva or Devi) other than Krishna or any friend or relative or anything else (may be his house or bank balance or even his pet) that had been occupying the person’s thought. This is mentioned in the upanishad also.

An example is to be found in the story of the sage Bharatha that is familiar to all. This is told in the fifth book of Bhagavatham. The great king ruled over the entire country. It is because of him that the country has come to be known as Bharatam

The king was - महाभागवत: a great devotee of the Lord. After ruling the country for a long time he handed over the kingdom to his sons and retired to the forest. There, in the forest, he devoted his time in the worship of the Lord and derived great satisfaction. But he developed an infatuation for a fawn. His mind got diverted from the worship of the Lord. He was engrossed in protecting and caressing the young deer. Even as he was spending his time playing and protecting the deer the hour of death approached him. He died looking on the deer intently.
As a consequence he was born as a deer. BH(5-8-27). Shri Suka says in anguish that Bharatha, a great devotee, instead of attaining the supreme goal, died like other common people and was reborn. A person with unfulfilled desires at the time of death gets the birth suitable to the fulfilment of the desires. So to one who wants to avoid rebirth Krishna says:

Therefore at all times you meditate on Me and fight; with mind and reason fixed on Me you shall doubtless come to Me alone. Here “fight” means doing one’s allotted duty.

This means that if one thinks of Him in his last moment he will attain Him. “Attaining” means realising Him by knowing His true nature. Krishna says this a bit later in clarification. He says –

That Purusha, O Arjuna! within Whom all beings dwell, by Whom all this is pervaded, may be won by means of exclusive devotion. Shri Sankaracharya in his explanation says that “exclusive devotion” means exclusive devotion, characterised by jnana or knowledge of the self. Of them (the four types of devotees mentioned in verse No.16) all, the knower, ever steadfast and exclusively devoted excels. Shri Sankaracharya says that the wise man knows the truth and so is steadfast. He is exclusively devoted;
for none else is seen deserving of devotion.
Attaining Him means liberation from the repeated cycle of birth and death. Bhishma mentions this fact as he lay dying on the bed of arrows. Krishna was present by his side. He prepared to shed his body at the auspicious time since he had the power to do so. He praised Krishna for His kindness to be present by his side at the crucial moments. He says:

भक्तवाणीस्वेतम् मनो यस्मिन् वाचा यज्ञाम कीर्तितम्। त्यजनः
कलेवरं योगी मुच्यते कामकर्मभि:॥ BH(1-9-23).

A yogi who casts off his body with his thought fixed on Him through devotion and chanting His name with his tongue is rid of all hankerings and released from the bondage of actions. Then Bhishma stopped the wanderings of his senses and praised the Lord

निबुत्स्वेदिः स्ववृत्तिविभ्रमस्तुयाव जन्यः
विसुज्जनानांदनम्। BH(1-9-31).

The first verse he said in praise of the Lord shows that he had shed his attachments and he was surrendering his pure mind to Him

इंति मलिनकपलिप्ता वितृषणा भगवति सातवतपुज्जवे विभृष्णी
स्वसुखमुपगते कथिदु विह्रतु प्रकृतिमुपेयुषि यदु
भवप्रवाहः। BH(1-9-32).

He said that on the eve of his departure from this world he offers his mind which is free from all thirst for worldly enjoyment to the Supreme Lord. He begins by saying इंति - “thus or in this manner.” “In this manner” means “in the manner as advised by You.” Has not Krishna promised earlier that:"

with mind and reason fixed on Me you shall doubtless come to Me alone?” मय्यपर्चैतमनोवुद्धी मोमेवेष्यस्यश्चयः। BH

Thus Bhishma said that he was offering his mind that was free from all hankerings to Him and was thus qualified for liberation.

Now, because such attainment of the Lord is the ultimate goal one can desire, saints pray to Him to bless them with His thoughts in their
last moments. Thus Lilasuka prayed:

व्यत्यस्तपाद-मवतंिसत-बिहबहः, ।
साचीकृ तानन-िनवेिशत-वेणुरम् ।
तेजः परं परमका णकं पुरा, ।
ूाणूयाण-समये मम सि ध।

He prays that he should be blessed with the vision of his favourite God Krishna that is at once bewitching and radiant, and a picture of kindness, standing with His legs crossed, decorated with a peacock feather tucked in His hair, playing the flute with His slightly inclined head, in his dying moments.

Now, Krishna says that by thinking of Him in one’s last moments one can escape death and get relief. So can one be “smart” and think of Him only in his last moments but after leading a wayward or a “busy” life that had left him no time to think of the world to come?

“No,” say our scriptures and saints. The reason is that the last moments can be very traumatic for a variety of reasons. As one grows old and infirm his will power becomes steadily weaker. His subconscious is saturated with numerous thoughts. These thoughts will take over and his free will will not be able to function. If a person had laboured hard chasing “success” in life, accumulating wealth and all the appurtenances that go with it then he would have developed strong bonds with all of them. The thought of having to leave all those hard earned possessions behind will be hovering in his mind and be very painful. Thus he will die thinking of his money and perhaps worrying how all that is going to be managed in his abscence. Or one may be very attached to his family members. The thought that he will soon be whisked away from them can be very excruciating and occupy his mind at that critical moment. Or it is possible that one may live long but may be overcome by debility and sickness in the old age. The suffering can be so intense that any other thought is rendered impossible.
Further no one can predict precisely when the end will come. So it is not possible to plan and work on thinking of the Lord in the last moments.
Thus, there can be many reasons for not being able to think of Him. So one should practise thinking of Him right from young age and at all the time possible. In this way the mind, slowly but steadily, gets saturated with the thought of God. Then there is a good chance of the thought surfacing at the right time. The words अन्तकल्ठे च literally mean “in the final moments also.” The “also” means, not only the final moments, but also the time preceding the crucial moments - “all through the life” as then only one can expect to be blessed with the thought of the Lord.
The devotee Kulasekara prays

कृण त्वदीय-पद-पण्डजप्रेमरान्तः, अचौवेव मे विशालु
मानस-राजहंसः ।
प्राणप्रयाणसमये कफ-वात-पित्तः, कण्ठावरोधविधारीं
स्मरण कुष्टते ॥

He prays to Krishna that his mind should now itself surrender to Him. He asks how it will be possible to think of Him in the final moments when the throat will be choked with phlegm etc. and consequently there will be acute suffering. The celebrated vaishnavite saint Periazhwar makes a similar request. He says that the last moments will be painful. His physical strength will be depleted. His faculties will not be functioning properly. In such a situation he will not be able to think of Him. Because of these reasons he says that he is surrendering to the Lord now itself when the body has strength and mind is functioning properly.
Then what happens to the atheist who keeps himself busy earning for himself, his family with no thought of the hereafter and perhaps leads a sybaritic life? It is a sad situation, say our scriptures.
Lord Kapila in His advice to His mother Devahuti gives a graphical, albeit terrifying picture of the last moments of such a person. He
(At the approach of death) his eye-balls are shot out by the action of the life-breath trying to find an exit: his wind-pipe gets choked with phlegm, coughing and breathing cause him exertion and death-rattle is heard from his throat.

Lying (in his bed) surrounded by his sorrowing relations and caught in the noose of Death, he cannot utter a word even when addressed. Thus a man of uncontrolled senses, who is absorbed exclusively in worldly concerns, dies with a mind afflicted and stupified, and with his relatives standing by, crying with grief.

Further it is said that in the case of such person the memory of the present life slowly fades. The आरत्म pertaining to the next birth is ready to take over and the person gets a vision of the next birth to come. In addition, Sage Kapila says that, the person will also have a vision of the messengers of Death who have come to lead him away from this world.

He then sees before him two emissories of Yama, huge in size and menacing with their terrific eyes. The sight makes him shudder and evacuate in fear. BH(3-30. 16 to 19). Kapila says further: Thus a man who lives his life entirely for the pleasure of his body and for the support of his family is wrenched away from both and subjected to the sufferings of purgatory. BH(3-30-30).
The body which a man has nourished by exploiting and inflicting cruelty on other creatures, he will have to abandon here and go alone to hell with the wages of his sins as his sole asset. BH(3-30-31).

A man who lives in this world merely for supporting himself and his family by thoroughly unrighteous means will certainly reach Andhatamisra, the hell of utter darkness. BH(3-30-33).

Then attaining again to this world, he passes through various animal bodies one after another as part of his punishment until, having paid for his sins, he is purified. He is then born again as a man. BH(3-30-34).

Now, let us hear the same thing from the horse’s mouth. Yama the god of death told the boy Nachiketa:

Hypnotised by the attraction of wealth he fails to take notice of the other world. For him the visible world is everything, and there is nothing like the other world (heaven or hell). Such a person comes within my clutches again and again.

Having gone through the above material about the “last moments” let us seek the answers to the following questions:

1- why does one fear death?
2- when do the “last moments” begin?
3- how should one prepare himself for the “last moments?” and
4- how much time the preparations will require?
We will try to answer the questions here.

1- why does one fear death?

One can be expected to fear or abhor or shun some experience if he had had previously tasted it and found it unpleasant or painful. But death can not be such an event. One could not have experienced death earlier in this very life and carry on the experience of it in the same life. We find that even insects try to avoid death. Because of this reason our scriptures say that this fear is inherited from previous births. The sage Patanjali mentions this in his Yogasutras and calls the fear अभिनवेशः। He says that the fear affects the wise people also.

स्वरसवाही विदुषोपयितथा रूदोपनिवेशः। साधनपादः-९।
स्वस्त्र स्त्रेय संस्कारणेव वहतीति स्वरसवाही।
अपितव्यद्वस्मुचितमविद्वर्तां तथैति तत्च्छन्दः।
परामृश्चति।
रूदः प्रसिद्धः। तथच यथातविदुषः। तथा विदुषोपयि
स्वरसवाहित्वह्यतुना यज्ञातीयः। यत्तेनो भयावर्यः।
प्रसिद्धोपसिद्धो सोपनिवेशः इत्यथः। विदुषामपि
मरणाःक्रृतं भयमस्ततिति भाष्यकृतोत्तमः।
पूर्वपूर्वपूर्वतनमसु
मरणकार्ते यत्रासो जातो" मा न भूवं भूयांसमः।
इत्युत्क्रणेत्वा रूपः भयनामा तजनिति संस्करमात्रा-।
दुविदुषामिवा। तयविदामपि स जायते। म तत्राविदांस्दिकं
कारणंस्मिति।

2- When do the “last moments” begin?

Suppose a person plans to go on a long trip, say, to Kasi and he had never been there earlier. One can easily imagine the excitement that wells up in his mind. He will start running around, gathering all the information about the place. He will start looking for people who can provide the information, the train fare and numerous other details. All these activities will be occupying his mind constantly as there
will be some associated tension also. He may be physically present in his home town but his mind has already gone to the other place. So we may say that the journey begins the moment it is conceived of. The actual travel is also there and will follow. Similarly our journey begins the moment we start thinking of the other world. The pilgrimage to Kasi may come through or not: but this journey we are talking about has to be undertaken by everyone. The details are plunged in mystery. So it is incumbent on everyone to start knowing the complete details about the travel and making the preparations. All these are to be done now and without delaying it any further.

It is said that death takes birth along with our birth. BH(10-1-38).

Vasudeva points this out to Kamsa.

मृत्युः जन्मवतं वीर देहेन सह जायते। अथ वा अन्यशतानते वा मृत्युर्व प्राणिनां ध्वरम्॥

From that moment it never leaves us even for a moment. Rama says this to Bharata when the latter meets him in Chitrakoota. Bharata is inconsolable at all the tragic events that had happened in his absence. His father had died leaving his three mothers widowed, Ayodhya was plunged in grief and to cap it all his dear brother Rama had been expelled from the kingdom. Rama consoles him and points out that death is inevitable. There is no use in grieving over the dead as every one is inexorably moving towards his own end. So Rama advises him to stop crying over the king who is gone and instead to grieve for himself.

अहो रात्रिणी गच्छन्ति सर्वं प्राणिनामिह। आयूषि क्षपयन्त्यायशु ग्रीष्मे जत्मिवानाशः॥

Passing days and nights quickly end the life-span of all living beings in this world, (even) as sunbeams suck up the water in summer.

आत्मानन्दनुशोच त्वं किमन्त्यमनुशोचसि। आयुस्त्र हीयते यस्य स्थिरतस्यायं गतस्य च॥

Grieve for yourself (alone), why do you grieve for another? In fact, the life-span of each and every creature, whether staying (at home)
or departed (for another place), gets shortened (every moment).

Death ever walks with us (when we are walking) and remains seated with us (while we are sitting). (Nay,) having travelled a very long distance (with us) death returns with us (on our return). (Ayodhya Kanda -105-20, 21 and 22).

Thus, one has to be alive to the fact that death is shadowing us.

Because of this reason there has to be a sense of urgency and every moment has to be considered as the last moment. This is where the glory of Shrimad Bhagavatham becomes evident. If Ramayana teaches us the art of living then Shrimad Bhagavatham becomes an excellent treatise on the art of dying. This is because this purana gives in detail the answer to the third question:

3- How should one prepare himself for the “last moments?”

This is one of the two questions asked by the king ParikShit to the sage Suka as the king is left with just a week to live. He asks:

अत: पृष्ठामि सरिसिद्धि योगिणां परमं गुरुम्। पुरुषस्येहं यत्र कार्यं श्रीयमाणस्य सर्वथा॥

“I enquire of you, the greatest preceptor of the Yogis, the character and the means of the highest realisation. What should be done under all circumstances by a man who is on the verge of death?” BH(1-12-37). The answer to the questions is given in the Book II of Bhagavatam and has been elaborated in the further Books also. This is similar to what is said in chapter 8 of Gita.

We have seen that those who are soaked in samsara and lead a Bohemian life get inferior births. Those who perform their duties and rituals with desires सकाम कर्मं get births suitable for the fulfilment of the desires.

Those who perform desireless karmas निष्काम कर्मं and also upasana (which includes offering prayers, worship of the Lord in any particular form etc.) form the next higher category. Krishna advises
that such people should, at the time of departure, cut off all attachments. Then they should concentrate on the Lord in His cosmic form as Virat Purusha or Viswarupa Iswara and leave the body. They attain liberation in stages called कम्ममुक्ति: ।
प्रयाण काले मन्साचलेन भक्त्या युक्तो योगबलेन चैव ।
भुवोर्मध्ये प्राणमावेय जम्यक सं परं पुरुषामुपैित दिव्यम ॥ BG(8-10) .
But a person of wisdom - jnani- who has realised his true nature does not worry about death as it is meaningless to him. He is free and liberated - मुक्त: । He is totally detached from the body.

The celebrated Tamil saint Pattinaththar presents this matter in his own unique rather blunt way. The body by itself is inert only. It is the presence of the consciousness in it that keeps it alive. Thus the only difference between a living body and the dead one is the presence of the animating life in the living body. And sooner or later the living body will also become dead or a corpse. So the saint, who was the personification of detachment, calls it as the “will-soon-be-dead” corpse! Or to put it in his language one is a dead corpse and the other a “will-soon-be-dead corpse” only. If one accepts this truth then one need not grieve over death. This is a well known fact only, but comes as a rude revelation. He is amused at the sight of a group of people surrounding a dead body and crying over it. He asks Lord Shiva at the famous Kanchipuram temple “O Lord! whence is this confusion; some will-soon-be -dead corpses falling and crying over a dead-corpse?” A pregnant, though a very disturbing one, statement that leaves us much to ponder.

4- How much time the preparations will require?
The “preparation” is for escaping death and it is meaningful only for one for whom “death” has meaning. As pointed out earlier “death” is irrelevant for a person who has gained wisdom. “One can escape death only by knowing Him.
There is no other way to escape death.” So assert the shahtras.

SU(3-8). Thus the one who has gained wisdom is clear that death can destroy only the body and not him. So he has no fear of death.

Yama-the Lord of death says this to the boy Nachiketa who sought wisdom from him:

"अशरीरँशरीरेषुअनवैवर्वितम्। महात्मेनिवभुमा धीरो नशोचित ॥"

The wise person does not grieve. He knows that the all-pervading, the greatest Supreme Self is present without body among all the perishable bodies. KU(1-2-22).

Thus the preparation is relevant only to others who are in various stages of spiritual progress. They have to gain wisdom first to be able to reject death. This is illustrated by the story of Markandeya.

He was a devout worshipper of Lord Shiva. He knew death was imminent. When the hour of death approached he embraced Shiva (who is the very embodiment of knowledge) implying he got wisdom and with the wisdom rejected death and as a result he became immortal.

The question now becomes how long does it take to gain wisdom about ourselves. Unfortunately Krishna says it is a very long process and may involve many births

बहुनांजन्मनां-मन्तेज्ञानवान् मां प्रपधते। वासुदेवः सर्वमितिस महात्मा सुदृढः॥ BG(7-19).

At the end of many births, the man of wisdom comes to Me, (realising) that Vasudeva is the all: he is the noble-souled, very hard to find.

Shri Sankaracharya explains in his commentary that these many births are required to gain the mental maturity to make him fit enough to acquire and assimilate the supreme wisdom that liberates him.

बहुनां जन्मनां ज्ञानर्थसंस्काराध्यायणं अन्ते समासी ज्ञानवान् प्रासपरिपक्वज्ञानं मां वासुदेवं प्रत्यगात्मानं प्रत्यक्षतं प्रपधते। He then realises the goal
to be reached is Vasudeva who is the inner self of all. Why such a
person is extremely rare to find? Krishna had said earlier:

मनुष्याणा सहभेषु कक्षिणितति सिद्धवे । यततामपि
सिद्धानां कक्षिणां वेति तत्वतः ॥ BG(7-3) .

Just one man among thousands strives to win the knowledge: among
those who know and strive, only one comes to know Me in truth.

What is the reason for this unfortunate situation? Why are people not
interested in the path of knowledge that assures them liberation?
The reasons can be many. One is that we have tenanted the body in
innumerable births and have become attached to it. The attachment is
so great that we have come to take the body to be ourselves. It
sounds preposterous to hear that we are not the body, but something
occupying it. It is naturally difficult, almost impossible to shake
off the attachment that we have so assiduously nourished over such a
long time.

Secondly all the talk about the other world and liberation etc.,
sounds very theoretical. Things like heaven and God appear nebulous
and remote. What they are said to offer is not certain. So one tends
to prefer the bird in the hand and not the promised land.

We do not come across any who had been there and could narrate their
experiences. All that we hear about is only culled from various
books. Thus it is very difficult to get a lively interest in the
subject.

Then there are enough discussions on other mundane topics that can
veer us away from the subject. The influences of the media, the alien
religions, the many incidents that happen around us and some of our
own experiences add to the scepticism and help to slacken what little
interest one might have developed in the subject.

Then the preparatory steps that one is expected to go through to
become a qualified student for taking up the study of vedanta can be
daunting. They too can put off one from taking serious interest in
the subject. Because the steps known as साधन
or the four fold qualifications include things such as control of the mind to curb its wandering tendencies so that it becomes focussed on a subject, control of the sense organs so that they become disciplined, detachment to the pleasures of the world.

Thus the reasons why people are not interested in the topic of liberation can be many. One is busy during the active part of the life. The general tendency is to put off religion for the post retirement period. But then it may be too late! Old age will bring with it its own problems. So Shri Sankaracharya wails:

वाटस्तावत् कीटासकः तस्तुस्तावत् तरणीसकः।
बृद्धस्तावमिचितसकः परेच्छ्राणि कोणि प न सकः।

So our scriptures advise one to start the practices early in life before one gets sucked into the whirlpool of life. Prahlada tenders this considered advice to his friends:

कौमार आचरेत्माझो धर्मान् भागवतानि। BH(7-6-1). When young the mind is fresh, receptive to advices and is not yet polluted by the pulls and pushes of the world. Kalidasa mentions that the kings of the solar dynasty, about whom he writes in his great work Raghuvamsam, acquainted with this subject even when young. He says

शैशवेऽवि यानांं। (1-7). Our tradition says that only that learning that leads to liberation can be called education.

सा विद्या या विमुक्तये। Shri Sankaracharya also defines education as आत्मनो बोधः while commenting on the popular verse beginning विद्या विनयसंपन्ने ब्राह्मणे गवि हर्तिन। BG(5-18). It is knowing about Self. Thus Devi (LakShmi, Lalita) is called Vidya विद्या। The commentator's explanation is:

मोक्षप्रद्धानस्वस्पत्वादिव्या। (Lalita Sahasranamam. No 549).

Other subjects are learnt only to eke out a living. They will not be useful beyond a point of time. Thus they are inferior. So a wise person will not fail to give utmost importance to this subject. This is said in our upanishads.
These mantras say that there are two Vidyas worth knowing to men - Para and Apara. Out of these two; the vedas, and all their branches through which one can gain the worldly and otherworldly enjoysments is the inferior one and is called Apara Vidya. Para or the superior one is that through which the imperishable brahman is known.

Yama also tells this to his student Nachiketa:

Yama also tells this to his student Nachiketa:

The Tamil saint Tiruvalluvar also points this out in his great work Tirukkural. He asks what profit have those derived from learning if it does not lead to the worship of the Lord who is possessed of pure knowledge?

But generally all these warnings and advices fall on deaf ears.

Consequently we have to take the long path for salvation. The story of Gajendra, the elephant narrated in the eighth book of Bhagavata illustrates this point. The elephant symbolises one covered with ignorance. The elephant has a large family comprising of she elephants and baby elephants - a typical samsari. He was “enjoying” the life. He was afflicted with the heat and entered a lake full of fragrant waters. The fragrant waters represent the vAsanAs or the latent tendencies accumulated in previous births. He enjoyed a refreshing bath, sprayed the cool waters on the female elephants as well as their young ones and made them also drink. This he did out of attachment to his own herd. Shri...
Suka adds - like a householder यथागृही । Such a one steeped in samsara normally does not imagine there can be trouble around the corner. Thus the elephant could not foresee the imminent problem - नाच्छ कृपणोऽजमायया । A crocodile representing kala - caught hold of the elephant. The elephant struggled hard to free himself but did not succeed. The gods looked on the struggle without coming forward to help. The struggle went on for thousands of years. This long time represents the numerous births one wrapped in ignorance has to take. The elephant found that his family members left him one by one. He was left alone, drained of energy and helpless. At this point the distraught animal cried to the Lord for help. Indra, Brahma and similar gods did not respond as they too are in the grip of time. The appearance of the Lord shows the dawn of wisdom. He killed the crocodile and released the elephant meaning that with the gaining of wisdom one is released from samsara or the cycle of birth and death.

Shri Suka gives another example of the king Khatwanga of the solar dynasty. He was very powerful and on several occasions had helped the gods in their fights against the asuras. Once, after such a fight the devas wanted to offer a favour in return for the help they have received from the king. The only favour the king wanted was to know the duration of life remaining. Much against their will the devas had to inform him that he had only about an hour to left to live. The king at once rushed back to earth, renounced everything, meditated on the Lord in that brief period of time and got liberation

ख्यातः नाम राजर्षिः ज्ञातेयत्तात्मिनियुषोऽ। भृगुत्ततः सत्यमुत्सुज्ञ गतवानाम्य हरिम्॥ BH(2-1-13). Most appropriately Shri Suka calls the king राजर्षिः or royal sage, a saint like king.

How can this be possible when Krishna had said that one can get liberated only after repeated births? The answer lies in the fact
that
one has to take several births before coming to the path of devotion: but having stepped into the right path he will get births suitable for his spiritual progress

तत्रं तं बुद्धिः संयोगं लभते परिवर्तिकम् च यतं च ततो
भूयं संस्कृतम् कुरुनन्दनं॥ BG(6-43).

Krishna says that in his new birth he gains touch with the knowledge that was acquired in the former body. He strives with greater vigour than that with which he strove before for perfection. Thus the progress continues and does not stop till one gains wisdom mentioned in our shastras. At that stage one’s preparations are over. Thus the king too was making progress. He got birth in the right environment i.e., the solar dynasty. He got the right education even as a child just like Kalidasa said of the kings of the solar dynasty

शैशवेऽविनोिवानाम् । The story of Khatwanga is told in book nine of Bhagavatha. The king, on being informed of the short span of life left did not panic or get agitated: but was smart enough to take appropriate steps without delay. He said that even as a child he knew what was reality and was not attached to sense pleasures offered by his vast kingdom. Thus, thanks to the right education he had received in his early days he had wisdom. He could renounce his kingdom etc., without hesitation and sit in meditation.

These characteristics were also typical of the kings of solar dynasty i.e., यथाकालूबोिधनां they were alert at all times when vigilance was called for and then at the end (of their lives) they abandoned their bodies by means of meditation

योगेना तनुजाम् । This is mentioned by Kalidasa in his Raghuvarasam.

No wonder, then the king got the result he wanted in a short time.
Shri Suka gives the example of a great monarch to king ParikShit: not that of an ordinary person or a sanyasi so that ParikShit will get confidence that even a king like himself who had lived in the lap of
luxury could work and get liberated in a short time. But in his case ParikShit had one full week to get freedom. So Shri Suka advises him to shed fear first as there was ample time.

Then it was said that the one who reads the stotram with devotion will feel secure as he will be protected by the Lord on the way.

It was stated earlier that our journey has already started and so we are on the way. The question, now, is how can reading the stotram with devotion confer security on the way? This becomes more relevant as the upanishads say आनन्दं विद्यानु विद्यान्। न विभेदति कदाचनेनितिः। the person having experienced the bliss of brahman ever fears not. (TU-II-4-1) that only by realising the Self one can shed his fears. We are long way from realising brahman. We very much seek security. We have the constant fear that the things that we consider as contributing to our security may get damaged or destroyed or leave us. Thus we worry about sickness, loss of money, friends or relatives etc.. The remedy for this feeling of insecurity is to realise that all these listed above can not last for ever. Either they will leave us or we will have to leave them some day. Everyone knows this but wants them to last for ever. Thus we want the body to be youthful and last for ever. One is unwilling to grow old and end one’s days. Being insecure themselves nothing on the earth can confer security. This is a fact and has to be accepted howsoever bitter this may be. But strangely no one is prepared to accept this. Acceptance requires wisdom and it is not got in a day. It is a difficult process. The recital of the stotrams and other texts like the puranas pave the way for gaining the knowledge. They describe the endearing qualities of the Lord in a manner that will make our heart turn to Him. Once He gains entry into our heart He clears the accumulated sins and brings in the wisdom. Krishna has given this assurance in Gita (10-10)

तेषां सततं-युक्तां भजतां प्रीति-पूर्वकम्। ददामि।
“To these, ever devout, worshipping Me with love, I give that devotion of knowledge by which they come to Me.” Thus devotion develops where even the seed of it was absent earlier. This is the power of listening to His glories

Such devotion dispels grief, infatuation and fear. Shri Suka lays stress on the fact that this happens even one decides to listen to the Lord’s stories \(\text{(शूर्यमाणायाम)}\) leaving us to imagine what benefits it can confer when one actually takes to listening to them.

Shri Vedanta Desika states this clearly in his poem Abhitistavam (5).

He says:

रेष्यां वै शूर्यमाणायां कृणोऽपरमपूर्णे। भक्तिरुपंधते
पुंसः: शोकमोहभयापहा। BH(1-7-7).

This was what happened to the king ParikShit when he listened to Shri Bhagavatham. The experience totally transformed him. He shed the fear of death, gained wisdom and got release.

God grants us the wisdom that removes the fear. So he is called

भयापहः।- भयं संसारं पुंसामप्तानं, भयापहः।

VS(935). But there may be fear from foes and elements etc. God removes them also. Shiva is known as सहायः -
He protects even gods like Brahma in times of danger. Lalita is called "Aanand Brahma Vidhata Bimeti" kutaschniti shukt: Tatha cha vaayupuraang aranyd pranatere vaapi jalo vaapi sthetespi va. Vyakhrambhochorbhya bhavasthe vijaye: Aadhyapich ch sarveshu devinanami kirtneyaati.

We do not realise the fact that He is never away from us even for a moment. We are used to looking out for security and not within. The devout Pandavas knew that they could get His help readily whenever it was needed. Kunti, the mother of Pandavas, acknowledged this fact gratefully. She said:

विषः मुः मुः मुः नेनकमहाराथाख्वतो द्रोणया वहः।
हरेऽभयरि ते मृधे मृधे ऽनेकमहारथा वसतो।

BH(1-8-24). She said that Krishna protected them from poison, from a conflagration, from the look of man-eating demons, from the assembly of evil people (Duryodhana and his associates), from the many perils met during their stay in the forest, from the missiles of many great warriors (like Bhishma, Drona etc.) in every battle and lastly from the missile discharged by Aswatthama (the son of Dronacharya).

The gopis also stated that Krishna saved them time and again from death from poisonous water, demons in various disguises, showers, storm and lightning and other perils

विषजन्ययादु व्यातरक्षासादु वर्षमारुतादु वेद्युतानावतः।
वृषमयात्मजादु विश्वतोभयाटेषभ ते वयं रक्षिताः।

BH(10-31-3).

Thus the truly devout people never miss Him and are, therefore do not feel insecure on the way. The “way” or मार्ग: may be viewed allegorically also. Our scriptures talk of many ways to worship Him. These are meant for people with differing tastes based
on their temperaments. The Shiva-Mahimna Stotram says this:

त्र्यी सार्व्यं योगः पशुपतित्मतं वेण्यवनिति
प्रभित्त्य प्रस्थाने परमिदमदः पश्यनिति च।
रूचिनां वैचिच्यासुकुटिल-नानापथ्यनुषां
नृणामेको गम्यस्तवमसि पयसामर्णविव।॥ (7).

There are different paths (of realisation) as enjoined by the three vedas, Samkhya, Yoga, Pasupatha doctrine and Vaishnava shastras. People follow different paths and each considers some particular path to be the proper one. This is because of the difference in their temperaments. But ultimately they all reach You only just as the rivers enter the ocean.

Krishna says that all paths of worship lead to Him only and It is He who rewards them, just in the way they seek Him

ये यथा मां प्रत्यान्ते तां स्वस्त्वेव भजाम्यहम्। मम
वर्त्त्यैवत्तन्ते मनुष्यः पार्थसर्ववेशः।॥ BG(4-11).

Shri Rudram salutes Lord Shiva who is in the form of various paths. It says - पथीनां पतये नमः। पथीनां = शाधोक्तः
दक्षिणोत्तर-तृतीय-मार्गाणां पतिः। This says that Rudra is the protector of the three paths described in the sastras. Later It again says: नमः स्वत्त्वाय च पथ्याय च। Salutation to Him who is in the narrow foot paths and in the broad highways स्वत्त्वः देवलोकमागः, पथः ब्रह्मलोकमागः। The narrow path indicates tortuous religious beliefs and practices. Krishna talks about this

मूढ़हार्णात्मनो यत्पीड़क कियते तथः। परस्योत्साद्धारां वा
तत्तामसमूदाह्रम।॥ BG(17-19).

The penance which is performed obstinately, with self-torture, or for the purpose of ruining another is declared to be Tamasic. The broad and firm ways represent the beliefs and practices inculcated by the great teachers. They are the safe ways and are intended to be trodden by the common people महाजनानां चेन्यतः स पश्यः। says Mahabharatha. Saint Thiagaraja talks about this in his famous song
“Sakkani raja margamu undaga.” He asks “when there is the well-laid king’s highway of devotion to God, why do foolish people stray into hard, tortuous and thorny footpaths and suffer?” Saint Manickavachagar has stated the same idea in his Tiruvachagam. He says “I was straying in the company of fools who did not know the path to liberation. The Lord pointed out to me the path of devotion and how to shake myself free from my past acts. He flushed out the impurities in my mind. He made me Shivam or the auspicious one and ruled me with grace. Oh! who had received in full measure the bounty God has showered on me? I mistook the wrong paths to be the right ones. He prevented me from following the small pathways and showed me the broad ones for obtaining His divine grace.”

Again Shri Rudra says नम इरिण्याय च प्रपध्याय च।

Salutation to Him who abides in saline tracts and in trodden pathways.

इरिण्याय Irinyaya: signifies arid tracts and has a reference to samsara.

प्रपध्यः बहुभिधि सेवितो मार्गः प्रपधः, तत्र भवः:

प्रपधः। "नम इरिण्याय चपपध्याय चैति

श्रुतिः:

SS(346). Prapathyaya: pathway trodden or resorted to by many.

The Lord helps all who seek Him by following various paths. He says:

मच्छत: सर्वदर्शिणि मत्यसादतरिण्यसि। Fix your heart in Me. You shall, by My grace, cross over all difficulties.

So let us latch on to Him and win His grace.

Thus we have come to the end of this gem of a poem. Quotations from various sources have been given to stress the point that the Lord is one but known by various names and forms. We can find that though this is a small piece of work it condenses in itself the gist of vedantic truth and is very suitable for regular recitation. I submit
this commentary of mine at the feet of my preceptor Shri Vedanta Desikachariar Swami. He literally flooded me with ideas on this poem. But my bird brain could retain only an iota of what he communicated to me. I trust this work will receive the approval of the readers. Namaste. Om Tat Sat.

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