
Shri MedhadakshinAmurti Stotram

श्रीमेधादक्षिणामूर्तिस्तोत्रम्

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Transliterated by : Rajani Arjun Shankar

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I meditate upon that indescribable Amrta that emerges from the churning of the ocean of Vedas, that illuminates all the directions with a radiance akin to that of a thousand spotless moons.

विष-भूषमपाकृत-दोषययं मुनि-वेष-विशेषमशेष-गुरुम् ।

धृत-चिन्मय-मुद्रमण्डं कलये गत-निद्रममुद्र-समाधि-विधौ ॥ ६ ॥

I meditate upon the one adorned with poison (in his neck), the one devoid of all defects, the one who has the garb of an ascetic, the Guru of everyone, the one holding the Chinmudra, the one who has overcome sleep (i.e. ignorance), in the state of un-self-conscious Samadhi.

दृढयोग-रसानुभवोत्कलिकं प्रसरत्-पुलकं कृतुमुक्-तिलकम् ।

भसितोऽलसितालिक-विरकुशितामल-दृक्-तिलकं कलितेन्दु-शिषम् ॥ ७ ॥ (कलयेन्दु-शिषम्)

(I meditate upon) the one inclined to deep Yogic experience, one whose body manifests goose bumps (due to his blissful state), the best among Devas, the one who has a fire-emitting eye on his forehead which shines with Bhasma (sacred ash), and who wears the moon on his crest.

वद शितं किंमात्तमभूद्-भवता भ्रमता बहुधाऽभिल-दिक्षु मुधा ।

निजशर्म-करं कुरु कर्म परं भवमेव भवापडमाकलय ॥ ८ ॥ (भयापडमाकलय)

Tell me, O mind, what has been gained by you wandering in all directions without purpose? Do that superior action which will cause your welfare, meditate on Shiva, the destroyer of births.

वर-पुस्तक-उस्तमपास्त-तमः श्रुति-मस्तक-शस्त-समस्त-गुणम् ।

मम निस्तुल-वस्तु पुरोऽस्तु वरं प्रणव-प्रवण-प्रवरानुगतम् ॥ ९ ॥ (प्रवरावगतम्)

May that incomparable thing manifest before me, that which has a great book in its hand, that has driven away the darkness of ignorance, that which has all the qualities extolled by the Upanishads, and is followed by the best of sages who are engaged in (worshipping, contemplating on) the Omkara.

पुरारि-पद-राज्जवमाज्जवं भजतां सताम् ।

कालस्तूलायते तादृक् कैलासः केविसौवति ॥ १० ॥

Yama is (insignificant as) cotton, and Kailasa becomes (easily accessible as) a sport-hill, to those good people who worship the lotus-feet of Shiva all their lives.

यत्कण्ठे गरलं विराजति सदा मौलौ य मन्दाकिनी

यस्याङ्गे गिरिजाननं कटितटे शार्दूल-चर्माम्बरम् ।

यन्माया छि रुराद्रि विश्वमभिलं पायात् स नः शङ्करः


जम्बूवज्र-जल-भिन्दुवज्र-जलजवज्र-जम्बालवज्र-जालवत् ॥ ११ ॥

May Shiva protect us, he in whose neck the poison shines like a Jambu fruit, in whose head Ganga seems to be (no more than) a drop of water, in whose form, the face of Parvati looks like a lotus, in whose waist the tiger-skin resembles clayey soil and whose Maya traps the entire world like a web.


ॐति श्रीमेधादक्षिणामूर्तिस्तोत्रं सम्पूर्णम् ।

The stotra with Tamil translation appeared in an old issue of the Tamil Magazine “Kamakoti Pradeepa.” One interesting fact about this Stotra, mentioned in the source itself, is that this Stotra is renowned for being chanted daily by Paramahansa Medha Dakshinamurti Upasaka Sri Achyutananda Saraswati Swami, also known as Varahur Periyava.

Encoded, proofread, and translated by Rajani Arjun Shankar

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