

---

Shri MedhadakshinAmurti Stotram

श्रीमेधादक्षिणामूर्तिस्तोत्रम्

Document Information



---

Text title : Medhadakshinamurti Stotram

File name : medhAdakShiNAmUrtistotram.itx

Category : shiva, stotra

Location : doc\_shiva

Transliterated by : Rajani Arjun Shankar

Proofread by : Rajani Arjun Shankar

Translated by : Rajani Arjun Shankar

Latest update : June 20, 2026

Send corrections to : sanskrit at cheerful dot c om

---

This text is prepared by volunteers and is to be used for personal study and research. The file is not to be copied or reposted without permission, for promotion of any website or individuals or for commercial purpose.

**Please help to maintain respect for volunteer spirit.**

---

Please note that proofreading is done using Devanagari version and other language/scripts are generated using **sanscript**.

---

June 20, 2026

*sanskritdocuments.org*

---

## ಶ್ರೀಮೇಧಾದಕ್ಷಿಣಾಮೂರ್ತಿಸ್ತೋತ್ರಂ



ನತಖೇಟ-ನಿಶಾಟ-ಕಿರೀಟ-ತಟೀ-ಘಟಿಪೋಪಲ-ಪಾಟಲ-ಪೀಠ-ತಲಂ .

ತಡಿದಾಭ-ಜಟಾ-ಪಟಲೀ-ಮುಕುಟಂ ವಟಮೂಲ-ಕುಟೀ-ನಿಲಯಂ ಕಲಯೇ .. ೧..

I meditate upon Dakshinamurti whose pedestal is reddened by the gems set in the crowns of Devas, Asuras and Rakshasas saluting him, whose crown is his matted hair that shines like lightning and whose abode is under the Banyan tree. (1)

ಸ್ಮರಣಂ ಖಲು ಯಚ್ಚರಣಾಂಬುಜಯೋಃ ಭರಣಾಯ ಭವೋತ್ತರಣಾಯ ಭವೇತ್

ಶರಣಂ ಕರುಣಾ-ವರುಣಾವಸಥಂ ಭಜ ಬಾಲ-ಸುಧಾಕಿರಣಾಭರಣಂ .. ೨..

Worship him as the refuge, the meditation of whose lotus-feet causes sustenance (in this world) as well as crossing the ocean of worldly existence, who is the ocean of mercy and who is adorned with the crescent moon (of ambrosial rays). (2)

ಪರಿಕೀರ್ಣ-ಸುವರ್ಣ-ಸವರ್ಣ-ಜಟಾ-ಭ್ರಮದಭ್ರ-ಸರಿಚ್ಚರದಭ್ರ-ರುಚಿಃ .

ಮುಕುಟೀ ಕುಟಿಲಂ ಘಟಿಯನ್ ಶಶಿನಂ ನಿಟಿಲೇನಲ-ಧೃಗ್ ಜಟಿಲೋ ಜಯತಿ ..

೩..

The lord with matted locks is resplendent with the divine river drifting inside his gold-coloured coiled locks strewn on all sides, who resembles the (white) autumn cloud in radiance, who wears a curved (crescent) moon on his head and who has a fire-emitting eye in his forehead.

ವಟ-ಭೂಜ-ತಟೀ-ಘಟಿತ-ಸ್ಫಟಿಕೋಪಲ-ಕುಟ್ಟಿಮ-ವೇದಿತಲೇ ವಿಮಲೇ .

ಸ್ಮಿತ-ಫುಲ್ಲ-ಮುಖಂ ಚಿದುಪಾತ್ತ-ಸುಖಂ ಪುರವೈರಿ-ಮಹಾಃ ಕರವೈ ಹೃದಯೇ .. ೪..

May I ever keep in my heart that radiance which destroyed the Tripuras, that has a face blossoming with a smile and is blissful due to the awareness of the self, (seated) on a clear platform made of crystal under the Banyan tree.

ಅಕಲಂಕ-ಶಶಾಂಕ-ಸಹಸ್ರ-ಸಹೋದರ-ದೀಧಿತಿ-ದೀಪಿತ-ದಿಗ್ವಲಯಂ .

ನಿಗಮಾಗಮ-ನೀರಧಿ-ನಿರ್ಮಥನೋದಿತಮಾಕಲಯಾಮ್ಯಮೃತಂ ಕಿಮಪಿ .. ೫..

I meditate upon that indescribable Amrta that emerges from the churning of the ocean of Vedas, that illuminates all the directions with a radiance akin to that of a thousand spotless moons.

ವಿಷ-ಭೂಷಮಪಾಕೃತ-ದೋಷಚಯಂ ಮುನಿ-ವೇಷ-ವಿಶೇಷಮಶೇಷ-ಗುರುಂ .  
 ದೃತ-ಚಿನ್ಮಯ-ಮುದ್ರಮಹಂ ಕಲಯೇ ಗತ-ನಿದ್ರಮಮುದ್ರ-ಸಮಾಧಿ-ವಿಧೌ .. ೬..

I meditate upon the one adorned with poison (in his neck), the one devoid of all defects, the one who has the garb of an ascetic, the Guru of everyone, the one holding the Chinmudra, the one who has overcome sleep (i.e.ignorance), in the state of un-self-conscious Samadhi.  
 ದೃಢಯೋಗ-ರಸಾನುಭವೋತ್ಕಲಿಕಂ ಪ್ರಸರತ್-ಪುಲಕಂ ಕೃತುಭುಕ್-ತಿಲಕಂ .  
 ಭಸಿತೋಲ್ಲಸಿತಾಲಿಕ-ವಿಸ್ಪುರಿತಾಮಲ-ದೃಕ್-ತಿಲಕಂ ಕಲಿತೇಂದು-ಶಿಖಂ .. ೭..  
 (ಕಲಯೇಂದು-ಶಿಖಂ)

(I meditate upon) the one inclined to deep Yogic experience, one whose body manifests goose bumps (due to his blissful state), the best among Devas, the one who has a fire-emitting eye on his forehead which shines with Bhasma (sacred ash), and who wears the moon on his crest.

ವದ ಚಿತ್ತ ಕಿಮಾತ್ತಮಭೂದ್-ಭವತಾ ಭ್ರಮತಾ ಬಹುಧಾಽಖಿಲ-ದಿಕ್ಷು ಮುಧಾ .  
 ನಿಜಶರ್ಮ-ಕರಂ ಕುರು ಕರ್ಮ ಪರಂ ಭವಮೇವ ಭವಾಪಹಮಾಕಲಯು .. ೮..  
 (ಭಯಾಪಹಮಾಕಲಯು)

Tell me, O mind, what has been gained by you wandering in all directions without purpose? Do that superior action which will cause your welfare, meditate on Shiva, the destroyer of births.

ವರ-ಪುಸ್ತಕ-ಹಸ್ತಮಪಾಸ್ತ-ತಮಃ ಶ್ರುತಿ-ಮಸ್ತಕ-ಶಸ್ತ-ಸಮಸ್ತ-ಗುಣಂ .  
 ಮಮ ನಿಸ್ತುಲ-ವಸ್ತು ಪುರೋಽಸ್ತು ವರಂ ಪ್ರಣವ-ಪ್ರವಣ-ಪ್ರವರಾನುಗತಂ .. ೯..  
 (ಪ್ರವರಾವಗತಂ)

May that incomparable thing manifest before me, that which has a great book in its hand, that has driven away the darkness of ignorance, that which has all the qualities extolled by the Upanishads, and is followed by the best of sages who are engaged in (worshipping, contemplating on) the Omkara.

ಪುರಾರಿ-ಪದ-ರಾಜೀವಮಾಜೀವಂ ಭಜತಾಂ ಸತಾಂ .  
 ಕಾಲಸ್ತೂಲಾಯತೇ ತಾದೃಕ್ ಕೈಲಾಸಃ ಕೇಲಿಶೈಲತಿ .. ೧೦..

Yama is (insignificant as) cotton, and Kailasa becomes (easily accessible as) a sport-hill, to those good people who worship the lotus-feet of Shiva all their lives.

## ಶ್ರೀಮೇಧಾದಕ್ಷಿಣಾಮೂರ್ತಿಸ್ತೋತ್ರಂ

---

ಯತ್ಕಂಠೇ ಗರಲಂ ವಿರಾಜತಿ ಸದಾ ಮೌಲೌ ಚ ಮಂದಾಕಿನೀ  
ಯಸ್ಯಾಂಗೇ ಗಿರಿಜಾನನಂ ಕಟಿತಟೇ ಶಾರ್ದೂಲ-ಚರ್ಮಾಂಬರಂ .  
ಯನ್ಮಾಯಾ ಹಿ ರುಣಧ್ವಿ ವಿಶ್ವಮಖಿಲಂ ಪಾಯಾತ್ ಸ ನಃ ಶಂಕರಃ  
ಜಂಬೂವಜ್-ಜಲ-ಬಿಂದುವಜ್-ಜಲಜವಜ್-ಜಂಬಾಲವಜ್-ಜಾಲವತ್ .. ೧೧..


May Shiva protect us, he in whose neck the poison shines like a Jambu fruit, in whose head Ganga seems to be (no more than) a drop of water, in whose form, the face of Parvati looks like a lotus, in whose waist the tiger-skin resembles clayey soil and whose Maya traps the entire world like a web.

ಇತಿ ಶ್ರೀಮೇಧಾದಕ್ಷಿಣಾಮೂರ್ತಿಸ್ತೋತ್ರಂ ಸಂಪೂರ್ಣಂ .


The stotra with Tamil translation appeared in an old issue of the Tamil Magazine “Kamakoti Pradeepa.” One interesting fact about this Stotra, mentioned in the source itself, is that this Stotra is renowned for being chanted daily by Paramahansa Medha Dakshinamurti Upasaka Sri Achyutananda Saraswati Swami, also known as Varahur Periyava.

Encoded, proofread, and translated by Rajani Arjun Shankar

---

——  
*Shri MedhadakshinAmurti Stotram*

pdf was typeset on June 20, 2026

——

Please send corrections to [sanskrit@cheerful.com](mailto:sanskrit@cheerful.com)

