
Shri MedhadakshinAmurti Stotram

ஸ்ரீமேதா⁴த³க்ஷிணமூர்திஸ்தோத்ரம்

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ஸ்ரீமேதா⁴த³க்ஷிணமூர்திஸ்தோத்ரம்



நதகே²ட-நிஸாட-கிரீட-தட-க⁴திடோபல-பாடல-பீ²-தலம் |

தடி³தா³ப⁴-ஜடா-படலீ-முகுடம் வடமூல-குட-நிலயம் கலயே || 1 ||

I meditate upon Dakshinamurti whose pedestal is reddened by the gems set in the crowns of Devas, Asuras and Rakshasas saluting him, whose crown is his matted hair that shines like lightning and whose abode is under the Banyan tree. (1)

ஸ்மரணம் க²லு யச்சரணம்பு³ஜயோ: ப⁴ரணய ப⁴வோத்தரணய ப⁴வேத் |

ஸரணம் கருணை-வருணைவஸத²ம் ப⁴ஜ பா³ல-ஸுதா⁴கிரணைப⁴ரணம் || 2 ||

Worship him as the refuge, the meditation of whose lotus-feet causes sustenance (in this world) as well as crossing the ocean of worldly existence, who is the ocean of mercy and who is adorned with the crescent moon (of ambrosial rays). (2)

பரிகீர்ண-ஸுவர்ண-ஸவர்ண-ஜடா-ப⁴ரமத³ப⁴ர-ஸரிச்ச²ரத³ப⁴ர-ருசி: |

முகுடே குடி⁴லம் க⁴டயந் ஸஸிநம் நிடி⁴லே⁵நல-த்³ரு³க்³ ஜடி⁴லோ ஜயதி || 3 ||

The lord with matted locks is resplendent with the divine river drifting inside his gold-coloured coiled locks strewn on all sides, who resembles the (white) autumn cloud in radiance, who wears a curved (crescent) moon on his head and who has a fire-emitting eye in his forehead.

வட-பூ⁴ஜ-தட-க⁴டித-ஸ்ப²டி⁴கோபல-குட்டி⁴ம-வேதி³தலே விமலே |

ஸ்மித-பு²ல்ல-முக²ம் சிது³பாத்த-ஸுக²ம் புரவையி-மஹ: கரவை ஹ்ரு³த³யே || 4 ||

May I ever keep in my heart that radiance which destroyed the Tripuras, that has a face blossoming with a smile and is blissful due to the awareness of the self, (seated) on a clear platform made of crystal under the Banyan tree.

அகலங்க-ஸஸாங்க-ஸஹஸ்ர-ஸஹோத³ர-தீ³தி⁴தி-தீ³பித-தி³க்³வலயம் |

நிக³மாக³ம-நீரதி⁴-நிர்மத²நோதி³தமாகலயாம்யம்ரு³தம் கிமபி || 5 ||

I meditate upon that indescribable Amrta that emerges from the churning of the ocean of Vedas, that illuminates all the directions with a radiance akin to that of a thousand spotless moons.

விஷ-பூ⁴ஷம்பாக்ரு³த-தோ³ஷசயம் முநி-வேஷ-விஸேஷமஸேஷ-கு³ரும் |
த்⁴ரு³த-சிந்மய-முத்³ரமஹம் கலயே க³த-நித்³ரமமுத்³ர-ஸமாதி⁴-விதௌ⁴ || 6 ||

I meditate upon the one adorned with poison (in his neck), the one devoid of all defects, the one who has the garb of an ascetic, the Guru of everyone, the one holding the Chinmudra, the one who has overcome sleep (i.e.ignorance), in the state of un-self-conscious Samadhi.

த்³ரு⁴யோக³-ரஸாநுப⁴வோக்கலிகம் ப்ரஸரத்-புலகம் க்ரதுபு⁴க்-திலகம் |
ப⁴ஸிதோல்லஸிதாலிக-விஸ்பு²ரிதாமல-த்³ரு³க்-திலகம் கலிதேந்து³-ஸிக²ம் || 7 ||
(கலயேந்து³-ஸிக²ம்)

(I meditate upon) the one inclined to deep Yogic experience, one whose body manifests goose bumps (due to his blissful state), the best among Devas, the one who has a fire-emitting eye on his forehead which shines with Bhasma (sacred ash), and who wears the moon on his crest.

வத்³ சித்த கிமாத்தமபூ⁴த்³-ப⁴வதா ப்⁴ரமதா ப்³ஹுதா⁴ஸகி²ல-தி³க்ஷு முதா⁴ |
நிஜுஸ்ரம்-கரம் குரு கர்ம பரம் ப⁴வமேவ ப⁴வாபஹமாகலய || 8 || (ப⁴யாபஹமாகலய)
Tell me, O mind, what has been gained by you wandering in all directions without purpose?
Do that superior action which will cause your welfare, meditate on Shiva, the destroyer of births.

வர-புஸ்தக-ஹஸ்தமபாஸ்த-தம: ஸ்ருதி-மஸ்தக-ஸஸ்த-ஸமஸ்த-கு³ணம் |
மம நிஸ்துல-வஸ்து புரோ³ஸ்து வரம் ப்ரணவ-ப்ரவண-ப்ரவராநுக³தம் || 9 ||
(ப்ரவராவக³தம்)

May that incomparable thing manifest before me, that which has a great book in its hand, that has driven away the darkness of ignorance, that which has all the qualities extolled by the Upanishads, and is followed by the best of sages who are engaged in (worshipping, contemplating on) the Omkara.

புராநி-பத்³-ராஜீவமாஜீவம் ப⁴ஜதாம் ஸதாம் |
காலஸ்தூலாயதே தாத்³ரு³க் கைலாஸ: கேலிஸைலதி || 10 ||

Yama is (insignificant as) cotton, and Kailasa becomes (easily accessible as) a sport-hill, to those good people who worship the lotus-feet of Shiva all their lives.


யத்கண்டே² க³ரலம் விராஜதி ஸதா³ மௌலௌ ச மந்தா³கிரீ
யஸ்யாங்கே³ கி³ரிஜாநநம் கடிதடே ஸார்தூ³ல-சர்மாம்ப³ரம் |
யந்மாயா ஹி ருணத்³தி⁴ விஸ்வமகி²லம் பாயாத் ஸ ந: ஸங்கர:
ஜம்பூ³வஜ்-ஜல-பி³ந்து³வஜ்-ஜலஜவஜ்-ஜம்பா³லவஜ்-ஜாலவத் || 11 ||

May Shiva protect us, he in whose neck the poison shines like a Jambu fruit, in whose head Ganga seems to be (no more than) a drop of water, in whose form, the face of Parvati looks like a lotus, in whose waist the tiger-skin resembles clayey soil and whose Maya traps the entire world like a web.


இதி ஸ்ரீமேதா⁴த³க்ஷிணமூர்திஸ்தோத்ரம் ஸம்பூர்ணம் |

The stotra with Tamil translation appeared in an old issue of the Tamil Magazine “Kamakoti Pradeepa.” One interesting fact about this Stotra, mentioned in the source itself, is that this Stotra is renowned for being chanted daily by Paramahansa Medha Dakshinamurti Upasaka Sri Achyutananda Saraswati Swami, also known as Varahur Periyava.

Encoded, proofread, and translated by Rajani Arjun Shankar

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