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A Celebration of Death



Introduction:

Death is one of the imponderables that one invariably encounters. Often, death is perceived as the final act in one's life. A tumultuous parting of ways of consciousness (the soul) with the mortal coil where the soul remains behind like a lamp of light, carrying with it memories of love, passion, understanding, knowledge and perception. Jainism believes that consciousness can never be extinguished. Death is merely an exchange of the corporeal self. A comma in the chain of existence which is eternally free of full stops.

We regret that we are not aware of the identity of the original writer of this concise work in Sanskrit. But whosoever he/she may be, he/she has left behind a beautiful text which gives solace and guidance to all.

ૐ હીં શ્રીપાર્શનાથાય નમઃ l જય જીનેન્દ્ર અથ મૃત્યુમહોત્સવઃ l મૃત્યુમાર્ગે પ્રવૃત્તસ્ય વીતરાગ દદાતુ મે l સમાધિબોધૌ પાથેયં યાવન્ મુક્તિપુરી પુરઃ ll ૧ ll I have begun my journey on the path of voluntary death. May the supremely detached ones provision me for my journey With profound meditation and enlightenment Until I reach my destination - liberation. કૃમીજાલ સમાકીર્ણે જર્જરે દેહપગ્જરે l ભજ્યમાને ન ભેતવ્યં યતસ્ત્વં જ્ઞાનવિત્રહઃ ll ૨ ll O soul,

This frail body is infested with worms.

Do not fear its destruction

For you are the embodiment of knowledge.

(And distinct from the body).

જ્ઞાનિન્ ભયં ભવેત્ કસ્માત્ પ્રાપ્તે મૃત્યુમહોત્સવે l સ્વરૂપસ્થો પરં યાતિ દેહી દેહાન્તરસ્થિતિ ॥ ૩॥

O soul,

Why fear death?

For the wise, death is a celebration.

You will retain your identity

Even when the body is exchanged for another.

સુદત્તં પ્રાપ્યતે યસ્માત્ દૃશ્યતે પૂર્વસૂત્તમૈઃ । ભુજ્યતે સ્વર્ભવં સૌખ્યં મૃત્યુભીતિં ત્યજેત્ શનૈઃ ॥ ४॥ O soul.

Give up the fear of death!

It is evident from the scriptures that,

Your conduct is responsible

For the happiness you attain.

આગર્ભાદ્ દુઃખસન્તમઃ પ્રક્ષિમો દેહપગ્જરે \\ નાત્મા વિમુચ્યતેડન્યેન મૃત્યુભૂમિપતિં વિના \| પ\| O soul.

Since the time of conception,

You have been scorched by sorrows.

You are imprisoned by this body.

Only the king named death can set you free.

સર્વદુઃખપ્રદં પિણ્ડં દૂરીકૃત્યાત્મદર્શિભિઃ l મૃત્યુમિત્રપ્રસાદેન પ્રાપ્યન્તે સુખસમ્પદઃ ll ૬ ll O soul.

This body is the root of all sorrow.

Thanks to the friend called death,

Those who perceive the true self,

Rid themselves of the body

And attain the wealth of bliss.

મૃત્યુકલ્પદ્રુમે પ્રાપ્તે યેનાત્માર્થો ન સાધિતઃ l નિમગ્રો જન્મજમ્બાલે સ પશ્ચાત્ કિં કરિષ્યતિ ॥ ૭॥

O soul,

Those who do not pursue the path of spiritual perfection,

Even when faced with the wish-fulfilling tree called death,

What will they do when confronted

By the quagmire of transmigration?

જીર્ણ દેહાદિકં સર્વ નૂતનં જાયતે યતઃ ! સ મૃત્યુઃ કિમ્ ન મોદાય સતાં સાતોત્થિતિર્યથા ॥ ८॥ O soul.

When death causes the worn-out, aged body

To be exchanged for a brand new one,

Then why not rejoice at death,

Especially since death is instrumental

In the salvation of saints?

સુખં દુઃખં સદા વેત્તિ દેહસ્થશ્ચ સ્વયં વ્રજેત્ I મૃત્યુભીતિસ્તદા કસ્ય જાયતે પરમાર્થતઃ II ૯ II O soul.

When you are shackled to the body,

You have to constantly suffer pleasure and pain.

You even take another birth on your own.

So why fear death?

સંસારાસક્તચિત્તાનાં મૃત્યુભીતિર્ભવેત્ નૃણામ્ I મોદાયતે પુનઃ સોડપિ જ્ઞાનવૈરાગ્યવાસિનામ્ II ૧૦ II O soul.

Death terrifies those

Who are enmeshed in the world

But delights those

Who are wise and free from worldly desires.

પુરાધીશો યદા યાતિ સુકૃતસ્ય બુભૃત્સયા ! તદાડસૌ વાર્યતે કેન પ્રપગ્ચૈઃ પગ્ચભૌતિકૈઃ ॥ ૧૧॥

O soul.

When lifespan determining karmas cause you to leave the body,

Then how can anything hold you back?

So do not concern yourself with the five elements, etc.

મૃત્યુકાલે સતાં દુઃખં પ્રભવેત્ વ્યાધિસમ્ભવમ્ **!** દેહમોહવિનાશાય મન્યે શિવસુખાય ચ **!**! ૧૨ **!**!

O soul,

Sorrow and disease afflict saints at the time of death

To annihilate their attachment for the body

And help them attain eternal bliss.

જ્ઞાનિનોડમૃતતુલ્યાય મૃત્યુસ્તાપકરોડિપ સન્ ! આમકુમ્ભસ્ય લોકેડસ્મિન્ ભવેત્ પાકવિધિર્યથા ॥ ૧૩॥ O soul.

The anguish caused by death

Is like ambrosia for the learned ones.

Because it is well known

That an earthen pitcher has to bear the heat

Before it may be used for cooking.

યત્ ફલં પ્રાપ્યતે સદ્ભિ વ્રતાયાસવિડમ્બનાત્ l તત્ ફલં સુખસાધ્યં સ્યાત્ મૃત્યુકાલે સમાધિના ॥ ૧૪॥

O soul,

Upon venturing forth on the path of voluntary death,

You will comfortably attain the spiritual wellness

Which would, otherwise,

Only be attained

By ascetics through extreme penance.

અનાર્તઃ શાન્તિમાન્ મર્ત્યો ન તિર્યડ્ગ્ નાપિ નારકઃ I ધર્મધ્યાની સદા મુક્તો મર્ત્યો નિત્યં મહેશ્વરઃ II ૧૫ II O soul,

One without saturnine meditation dies peacefully.

And is reborn as a human being,

Not as a sub-human or a hellish being.

One who has pious meditation is always free

And, upon dying, is sure to attain the great wealth of liberation.

તપ્તસ્ય તપસશ્ચાપિ પાલિતસ્ય વ્રતસ્ય ચ 1

પઠિતસ્ય શ્રુતસ્યાપિ ફલં મૃત્યુઃ સમાધિના ॥ ૧૬॥

O soul,

Those who practise penance,

Follow the vows and study the scriptures

Attain serene, peaceful voluntary death.

અતિપરિચિતેષ્વવજ્ઞા નવે ભવેત પ્રીતિરિતિ હિ જનવાદઃ 1

ચિરતરશરીરનાશે નવતરલાભે ચ કિં ભીરુઃ ॥ ૧૭॥

O soul.

It is well known

That familiarity breeds contempt, and

That one is fascinated by novelty.

When the older body is destroyed,

You will get a new one.

So why fear death?

Epilogue

સ્વર્ગાદેત્ય પવિત્ર નિર્મલ કુલે સસ્મર્યમાના જનૈઃ

દત્વા ભક્તિવિધાયિનાં બહુવિધં વાડ્છાનુરૂપં ધનમ્ I

ભુકત્વા ભોગમહર્નિશં પરકૃતં શિત્વા ક્ષણં મણ્ડલે

પાત્રાવેશવિસર્જનામિવ મૃતં સન્તો લભન્તે સ્વતઃ ॥ ૧૮॥

O soul.

The pious ones descend from heaven,

Take birth in families with pure conduct

and are worshipped.

They never lack for wealth, and

(*)Indulge in sensual delectation day and night.

This is how they spend a short time on earth.

At the end, just as actors shed one persona to don another,

They shed this body and attain liberation.

- Manish Modi

(*)The Jain religion does not promote sensual indulgence or any behaviour that increases the soul's attachment to the body, to other people and worldly objects. What the epilogue says is that even those who indulge in temporal delectation can attain liberation provided they take up the path of asceticism and shed all attachment.

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