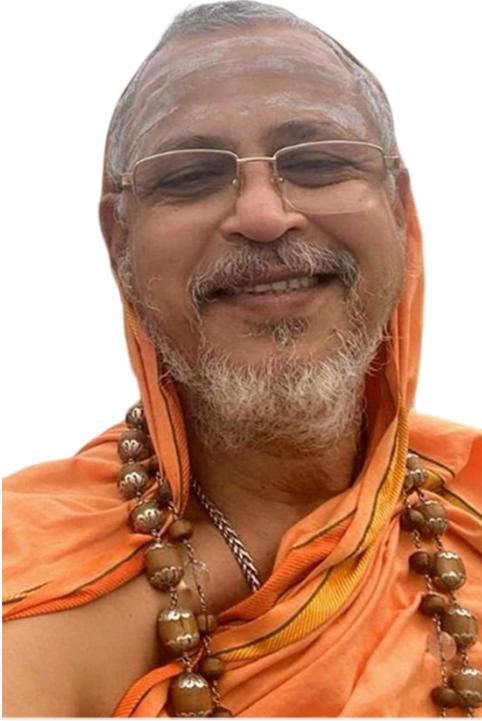


## Author



**Acharyar Swami.  
Krishnathmananda Saraswathi**

Deeply inspired by the Tamilnadu Sandeepani Sadhanalaya – Vedanta Gurukula, inaugurated in 1991 by Gurudev Pujya Swami Chinmayanandaji, the founder of Chinmaya Mission, Worldwide, the author joined the Spiritual Gurukula Course. This course, conducted in Tamil by Acharya Tava Thiru Swami Vagheesananda Saraswati of Chinmaya Mission, provided the opportunity to systematically study Vedanta Sastras for three years under his profound guidance.

Upon completing this traditional Spiritual Course, he received Naishtika Brahmacharya Deeksha in 1993 and dedicated himself to serving at the Chinmaya Mission branches in Siruvani and Coimbatore until 2002. Subsequently, he served as the Acharya of the Chinmaya Mission in Salem and Hosur until 2023. Being an instrument in developing and creating Mission Centre at both places. He was given with Sannyasa Deeksha in 2008.

He has conducted over 150 Jnana Yagnas, and organised many spiritual camps, and Integrated Personality Development Classes (IPDC) across various regions in India and Sri Lanka. Through these efforts, he has shared the profound wisdom of the Srimad Bhagavad

Gita, Upanishads, Kaivalya Navaneetam, Thiruvakasam, along with other Vedanta scriptures and Bhakti literature, guiding countless spiritual seekers on their journey toward self-realization.

He has meticulously taught all 18 chapters of the Srimad Bhagavad Gita in detail on three separate occasions, conducting these sessions as Shravana Sadhana Jnana Yagnas for spiritual seekers, thereby deepening their understanding of its profound teachings.

He has also led workshops and seminars in corporates for many years. These initiatives focused on Self management and Skills, Personality development, Empowering participants and Skills & Goal settings.

Also, he developed and consistently conducted Value Education classes in schools and colleges under the banner of C-VEP (Chinmaya Value-based Education Programme). These sessions aimed to instil personality traits rooted in strong values among students, drawing inspiration from religious and spiritual texts such as:

- **Ramayana** - Value vs Values.
- **Bhagavatam** - Young Leaders & Perfect Leader.
- **Hanuman Chalisa** - Personality Development.
- **Vibhishana Geeta** - Key to Success.

He possesses a remarkable simplicity, effortlessly conveying profound Vedic values and Tattvas in an easy-to-understand and often humorous manner. By drawing relatable examples from everyday life, he ensures that even the deepest concepts resonate with and inspire his audience.

Driven by a noble heart and an innate inspiration to guide spiritual seekers toward their goal, he focused on enabling a swift and accurate understanding of the Vedic Tattvas encapsulated by Bhagwan Sri Krishna in the 701 verses of the Srimad Bhagavad Gita.

**With this vision, he composed the entire Bhagwad Gita in Tamil as songs, titled “Amaithiyum Anandamum”, spanning three volumes.**

This book is undoubtedly a valuable resource for Tamil-speaking individuals, who find it challenging to read and comprehend the Sanskrit verses of the Srimad Bhagavad Gita. It offers them an accessible and meaningful way to embrace its profound teachings.

***In order to enable those Tamil speaking individuals who wants to know Srimad Bhagwad Gita in a nutshell, a shorter version of the Gita as Tamil songs titled “Jnana Sitharal” has also been composed by him. Jnana Sitharal gives the Essence of all 18 chapters of the Bhagwad Gita.***

***Studying and internalizing these Tamil songs is expected to empower individuals with the profound essence of the teachings, guiding them toward achieving the full benefits of spiritual progress.***

Hari: Om!