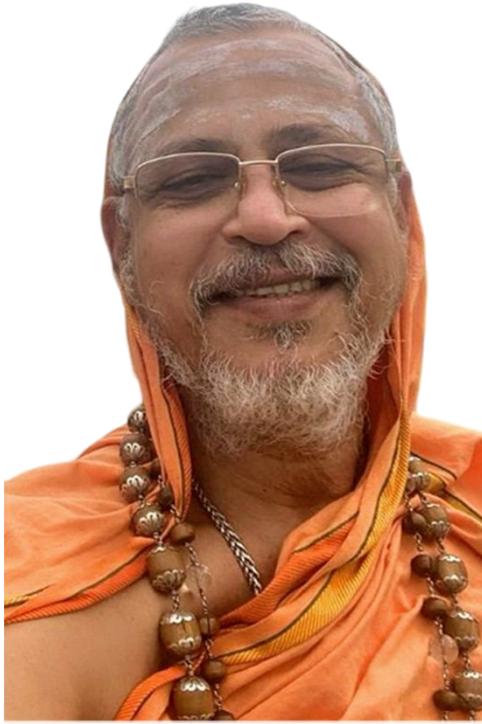


Message by Acharya Swami Krishnathmanada Saraswathi on this e-book



**Acharyar Swami.
Krishnathmananda Saraswathi**

Srimad Bhagavad Gita is a Vedantic teaching imparted by Lord Sri Krishna to Arjuna on the battlefield. Bhagwan deliberately chose Arjuna as a representative of all humanity, using him as a medium to teach the eternal lessons of life to everyone engaged in the battlefield of Samsara. To guide those who seek liberation and prevent them from sinking in the ocean of Samsara, often referred to as the 'Soka Moha ocean' [the ocean of sorrow and delusion]. Lord Sri Krishna blessed us with this Jnana-sara [the essence of the Vedas/Vedanta]. This divine nectar of wisdom is what we now cherish as the 'Gita.

The word 'Sahasranamam' is widely recognized as 'Vishnu Sahasranamam,' just as the term 'Gita' is universally known as 'Srimad Bhagavad Gita.

Gita uses a two- step process in the redemption of humanity:

- **First step:** The Gita guides to transform uncultured, materialistic individuals (Prakruta Purusha) into refined, spiritually inclined individuals (Samskruta Purusha) by immersing them in Bhakti and Dharma. Through Karma Yoga, it purifies the human mind by encouraging the dedication of all actions to the Lord and the acceptance of all outcomes as His Prasad or Grace. At this stage of spiritual evolution, Individuals who once depended on the world transition into being wholly dependent on God.
- **Second Step:** Ultimately, the Gita aspires to elevate religious individuals into Spiritual seekers by offering the profound nectar of Atma Jnana—the knowledge of the Self, or Brahma Jnana. Through this transformative Wisdom, the Gita empowers one to transcend the Ocean of Samsara and attain Eternal Bliss. As Bhagwan declares in Bhagavad Gita 4.9: 'One who truly understands the divine nature of My birth and actions, upon leaving this body, is not reborn; instead, abides in Me, O Arjuna'.
- Thus, those who comprehend and live by the teachings of the Gita undergo a profound transformation. Initially, they evolve from being world-dependent individuals to becoming God-dependent in the intermediate stage. Ultimately, they discover themselves as Brahman - the Self - Independent Self. **Meaning:** Revels in everlasting peace and happiness within their own Inner Self.

Glory of Gita can be fully understood with just two quotes, even though innumerable quotes are available.

- In '**Gita Mahatmiyam**', a sloka beautifully highlights Lord Shiva's words to Devi Parvati: 'Ekam Sastram Devaki Putra Gitam,' which means that the only scripture everyone needs to learn and live by is the Gita, given by Devaki's son, Bhagwan Sri Krishna.
- Similarly, Sri Adi Shankaracharya, in his Bhajagovindam, emphasizes the immense power of even a small engagement with the Gita, stating that for anyone who reads it, even to a minimal extent, there will be no fear of Yama, the Lord of Death.

Countless Great Sages have composed profound commentaries on the Gita, delving into its timeless wisdom. Additionally, its teachings have been shared and expressed in diverse forms, including books and songs, making its message accessible and inspiring to people across generations

Chinmaya Mission, established by Pujya Gurudev Swami Chinmayananda, along with his devotees and Disciples, has been instrumental in imparting the wisdom of the Upanishads and Srimad Bhagavad Gita to countless spiritual seekers. The teachings conducted in English as well as in numerous Indian and foreign languages. This has ensured that even those unfamiliar with Sanskrit can grasp the profound teachings of the Gita and apply them in their lives in meaningful ways.

My Acharya, Gnanapizhambu Solvalachelvar, Tava Thiru Swami Vagheesananda Saraswati of Tamilnadu Chinmaya Sandeepani Sadhanalaya, shared profound guidance upon the completion of our three-year Spiritual Gurukula Course (1991–1993). He said, 'During this course, you have all gained a clear understanding of the essence of Vedanta, encapsulated in the statement, "Brahma Satyam Jagat Mithya". As you embark on your life's journey, each of you should select a Vedanta text as your preferred sadhana book. Dive deep into its concepts, reflect on its teachings, and let it enrich your spiritual practice.

My fellow students selected a text to focus on, such as Thiruvassagam, Thiruppugazh, the Upanishads, etc. When my turn arrived, I humbly requested my Acharya to recommend one for me. He instructed me to take up Srimad Bhagavad Gita and study it thoroughly as a lifelong sadhana guide. From that moment onwards, understanding the Gita and aligning my life with its teachings became my goal and life mission.

After dedicating many years of serving in humanity Chinmaya Mission, and with the with his guidance and Blessings of my Guruji, Pujya Swami Tejomayanadaji of Chinmaya Mission, I stayed at Pujya Swami Sivananda Maharaj's ashram in Rishikesh in January 2017 to engage in 'Vedanta Mananam' and sadhana. During that period, in November of the same year, an inspiration arose within me to compose the entire Bhagavad Gita Sanskrit Slokas as Tamil songs. This endeavour was envisioned as a comprehensive personal sadhana for spiritual upliftment. I then resolved to present the Gita Slokas in Tamil in a manner that would clearly convey the meaning of each word from the original Sanskrit slokas.

For this purpose, I read the works of many great saints such as Bhagavan Sri Adi Shankara's Gita Bhashya, Gurudev Swami Chinmayananda's Gita Bhashya, Sri Tapovan of Tirukovilur Mutt's Tamil translation of Shankara Bhashya, Gita Press's Tattva Vivechani, Swami Chitbhanananda's Gita commentary, Swami Dayananda Saraswati's Veeadu Thorum Gita commentary, Sri Krishnawariyar's Shankara Bhashya English translation, Madusudana Saraswathi Commentary, TTD Devasthanam Publications, My Acharya Class Notes and Sri Gyaneshwarar's commentary, .

The remarkable aspect of this endeavour is the spiritual resolution to compose all 701 verses of the Srimad Bhagavad Gita in Tamil, at a pace of five verses per day. This journey began in Rishikesh, where Maa Ganga descends from the Himalayas to the plains, and was completed in Udupi, in the sanctum of Sri Krishna.

I feel a deep sense of fulfilment and joy in witnessing how the guidance and blessings of my Acharya Swami Vagheesananda Saraswati —to embrace the Srimad Bhagavad Gita as a lifelong sadhana text—has beautifully manifested as Gita Songs in Tamil.

It is my hope that this Tamil rendition of the Gita will serve Spiritual Seekers who are familiar with Tamil but find it challenging to comprehend the original Sanskrit verses.

I offer heartfelt prayers to Bhagwan Sri Krishna, seeking His blessings for all such spiritual seekers to attain the sacred Atma Jnana, transcend the ocean of Samsara, and remain forever immersed in the realm of Eternal Bliss.

Subham.
Hari Om!
Om Namo Narayanaya.